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NOVA SCOTIA SANATORIUM

VOL. 50

APRIL, 1969

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Health Rays



HEALTH RAYS

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Sanatorium Visiting Hours

NOVA SCOTIA SANATORIUM

POINT EDWARD HOSPITAL

DAILY: 10:15 — 11:45 A.M. Monday — Saturday: 3:30-4:30; 7:30-8:30 P.M.
 DAILY: 3:15 — 4:45 P.M. Sunday and Holidays: 3:00-4:30; 7:00-8:30 P.M.
 DAILY: 7:30 — 8:30 P.M.

Absolutely NO VISITORS permitted during


QUIET REST PERIOD 1:00 P.M. - 3:00 P.M.

Patients are asked to notify friends and relatives to this effect.

In Memoriam



DR. J. E. HILTZ
Medical Superintendent, 1947-1969



On Saturday, the 22nd day of March, 1969, the Nova Scotia Sanatorium, the Department of Public Health, the people of Nova Scotia and, in particular, the patients at the Nova Scotia Sanatorium suffered a grievous loss. On that day, Doctor J. Earle Hiltz died suddenly while in attendance at an Acadia University function.

Virtually the whole of Doctor Hiltz's medical career was involved with the Nova Scotia Sanatorium and with the care of persons suffering from tuberculosis. He was a nationally and internationally recognized authority in the field of the care and prevention of tuberculosis.

The Province of Nova Scotia was indeed fortunate that Doctor Hiltz devoted his lifetime to his work for the benefit of the people of this province. He was a dedicated and competent physician. He was a painstaking and thorough Admin-

istrator and, above all, he was a man with a high social conscience.

Besides his professional activities, Doctor Hiltz identified himself with social, religious and educational pursuits. In each of these fields, he gave generously of his time and energy and contributed much to the welfare of the community.

Doctor Hiltz will be greatly missed by all who had come to depend upon him so much. This includes myself because during my time as Minister I have always been confident that the needs and welfare of tuberculosis sufferers were in concerned and competent hands.

Doctor Hiltz's successor will have to achieve high standards to live up to his accomplishments. To his sorrowing wife who was a constant support to him, I send my deepest and most heartfelt sympathy.

Sincerely,
Richard A. Donahoe
Minister of Public Health



I have asked the editors of Health Rays to grant me a small space in this memorial issue to my beloved husband to say my sincerest thanks and deepest appreciation to all who expressed their sympathy to me at this time. I cannot find words to say how helpful it has been, and to the many whom I have not been able to thank personally I do so here and now from the depths of my heart.

Eileen M. Hiltz
(Mrs. J. E. Hiltz)



The Sanatorium Cracker Barrel

J. E. HILTZ, M.D.



What is wrong with laughter? The answer, of course, is "nothing." It is good. It is a cheerful sound. It is a sign of happiness. But does it do anything for you that a smile will not do? Yes, it will tear a healing area of lung tissue to shreds. No doubt you have all squeezed out a sponge

at some time or another and then pulled it back to full size quickly. Did you notice the fibres break? Well, your lung is really a sponge filled with air. A forceful laugh squeezes the air out and when you breath in after the laugh (stretch it suddenly back to full size) you may well tear and break down delicate portions of a lung trying to heal. The old song: "Smile, darn you, smile!" had something after all.

October 1956

* * * * *

"To those of you who have wondered why I have not been having admission or discharge appointments with you, I feel it is only fair to say that it is not through any lack of interest in you but because I have, as of October 1st, taken on the directorship of the Tuberculosis Control Program for our whole province. This means that I must be absent from the Sanatorium more frequently but I shall continue as administrator of the Sanatorium and shall be available for consultation with our physicians each week."

November 1956

* * * * *

Some of you were upset by the article in the **Halifax-Chronicle Herald** written by Miss Mary Casey, who referred to "Hospital Problem Children." For a number of years our annual reports have contained figures showing the number of patients who leave our institution against medical advice or are asked to leave on account of anti-social behaviour. The problem is continent-wide, and is much worse in west coast U.S.A. than in Nova Scotia. One wonders why Miss Casey chose this time to write about refractory patients, but she did say some things that needed to be brought out into the open. We cannot go around like ostriches with

our heads buried in the sand. Facts are facts, and must be faced. Fortunately only a relatively few patients are "problem children." Alcoholism does play a part, but not very frequently. The big problem is the so-called intelligent patient who makes a poor decision by deciding to go home too soon. He may be admired as a person and others are led to follow the example set by him. Truly we are "our brother's keepers." Unfortunately, the persons who leave "irregularly" are the ones who contribute so largely to our re-activation and readmission rates.

April 1960

* * * * *

Those of you who attended the Patients' Conference on April 25 may remember that I tried to make a distinction between pleasure and happiness. Perhaps this bears repeating. Watching a good television show, getting a letter from home, playing a good game of checkers, hearing a good story or reading a good book, may all provide pleasure. True happiness, on the other hand, is more lasting and depends upon certain fundametal factors which produce a sense of inner contentment and peace of mind. No one can be truly happy who is not contented, and no one can be contented, if, among other things, the recovery of health is not a possibility. We have, in the past, seen persons who sacrificed permanent happiness for transitory pleasures which faded away leaving only discontent and despondency.

In this day and age, nearly everyone may expect to recover from tuberculosis and over come it completely. This may require some immediate sacrifice of pleasures, but the subsequent years of health and happiness are well worth it.

May 1960

* * * * *

A few days ago someone brought to my attention that it costs \$7,500. to get lung cancer—two packages of cigarettes a day for twenty-five years! I had not realized before that lung cancer was such a luxury.

May 1966

* * * * *

Those who complain about the way the ball bounces are often the ones who dropped it.

May 1967

One Friday afternoon recently we were listening to a phonograph record during Journal Club. This record was made by a panel of psychiatrists. The subject under discussion was patient-doctor relationships. I was interested to hear a quote from Mark Twain to the effect, "Always tell the truth. Then you don't have to remember what you said." This is excellent advice, of course, and a principle that we as a medical staff have tried to follow faithfully over the years. How else could a staff of eight physicians keep from getting their stories mixed up as they gave reports to patients. Besides, each patient has a right to expect to hear the truth.

February 1966

* * * * *

Recently a patient mentioned to me that another patient (Mr. B.) was re-admitted and was boasting and laughing about how long he had stayed out since leaving here against medical advice one month after a wedge resection six years ago. Mr. B. now has extending tuberculosis within both his lungs, has a serious tuberculous complication of another part of his body, his sputum is strongly positive for tubercle bacilli, and so he may have passed his tuberculosis on to a number of other persons. Big joke!! Pardon me, I find it difficult to laugh.

April 1966

* * * * *

There was a saying in our family, attributed to my mother who probably got it from her mother. It was "This and better might do, but this and worse will never do." It might be worth remembering it when one gets sort of fed up and inclined to let things slide or relax one's efforts. There is no place in this world for discouragement or lack of effort if one is going to come out on top.

This and better might do.

This and worse will never do!

September 1966

* * * * *

I hope most of our patients have noticed our birds this year. At our house, we have been feeding about one hundred evening grosbeaks for the past two or three months; also eight blue jays, innumerable English sparrows, some chickadees, two fox sparrows, a few robins from time to time, juncos, a pair of nuthatches, and downy and hairy woodpeckers. These are constant visitors, disturbed sometimes by a visit from a sharp-shinned hawk. Bird watching, and bird feeding, can be a very absorbing pastime.

March 1968

It is a very competitive world into which young people enter these days. Our experience is that, generally speaking, persons who have had tuberculosis do better at their work than those who have not. There may be two reasons for this. One is that they have had more time, while on the cure, to prepare themselves for life ahead of them. The other is that they know that they must be just a little bit better at their job than a competitor needs to be because their prospective employer must have some very valid reason for choosing them ahead of someone who has had a good health record in the past. At the Sanatorium, our staff members who were patients at one time have a better health record than those who were not, and they have a special interest in other patients who face the same problems they once faced.

September 1967

* * * * *

During January I was asked to speak on the subject of Tuberculosis to the Rotary Club of Wolfville. When the meeting was over a number of the Rotarians expressed great surprise to have learned that tuberculosis is still a very considerable problem in Canada. These worthy gentlemen are knowledgeable about most matters, so I am sure their surprise is duplicated among other citizens throughout the length and breadth of our land. Therein lies one of our problems. A false sense of security leads, of necessity, to complacency and this allows further inroads by tuberculosis into our communities. In 1964, 1965 and 1966 in Nova Scotia there were discovered 168, 201, and 217 new cases, respectively. This is no cause for complacency. Let us spread the word!

February 1968

* * * * *

Our **Health Rays** Golden Jubilee Fund is off to a good start, as indicated elsewhere in this issue. Individual donations have varied from \$10 to \$50 each. So far I have been able to acknowledge each contribution with a personal letter and shall continue to try to do so. All donations of whatever size are most welcome. If you think that **Health Rays** is doing a worthwhile job, please let us hear from you.

November 1968

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JOSEPH EARLE HILTZ - 1909 - 1969

J. J. Quinlan, M.D.

Surgeon, Nova Scotia Sanatorium

During the early evening of March 22, 1969, while, as Vice-Chairman of the Board of Governors of Acadia University, he was about to attend the dinner in honour of the first Chancellor, death came suddenly to Dr. Earle Hiltz. He had planned to do a lot more but his contributions to his profession, the community at large, and humanity in general, were such as only a few men are privileged to give.

Joseph Earle Hiltz was born in Truro, March 15, 1909. He received his early education in his home town and entered Dalhousie University, at which institution he obtained his science degree in 1930 and from which he graduated in medicine in 1934. He was Resident Physician at the Victoria General Hospital from 1934 until May 1935. His intention at that time was to enter general practice and to obtain some training in the diagnosis and treatment of tuberculosis, he came to the Nova Scotia Sanatorium for three weeks. He was to remain for 34 years.

He was appointed staff physician at the Sanatorium in 1935 and became Assistant Medical Superintendent in 1937. From 1944 to January 1946, he was Acting Superintendent at the Victoria General Hospital in Halifax. In January, 1946, he went to Shelburne where the Royal Canadian Naval Hospital had been made available to the Province. He established it as Roseway Hospital for the treatment of tuberculosis and with a small general hospital wing. From September 1946 to May 1947, he attended the School of Public Health and Hygiene at the University of Toronto, obtaining his Diploma in Public Health in May, 1947. Preparatory to his return to the Nova Scotia Sanatorium, he spent the summer of 1947 on tour of tuberculosis treatment centres in Canada and the United States. On October 1, 1947, he was appointed Medical Superintendent of the Nova Scotia Sanatorium, a position he continued to hold until he died.

While he was most desirous of doing everything possible to restore the health of people with tuberculosis, he was equally insistent that every effort should be made to prevent tuberculosis developing in the individual. At the Nova Scotia Sanatorium he gathered around him a loyal and capable staff and, over the years, making the best use possible of rather primitive buildings, he made certain that

every worthwhile advance in the diagnosis and treatment of tuberculosis and, later, of all respiratory diseases was utilized to the fullest advantage. In 1956, he became Administrator of Tuberculosis Control for the Province of Nova Scotia, and the various Health Unit Directors who are responsible for the actual control routine will bear witness to his zeal in tuberculosis prevention.

His formal duties were only a part of the tremendous effort he put forth throughout all his professional life. The Nova Scotia Tuberculosis Association knew him well, he organized the Nova Scotia Thoracic Society, he was President of the Canadian Tuberculosis Association, and had a great deal to do with the formation of the Canadian Thoracic Society. He was a very active member of the International Union Against Tuberculosis and his biennial vacations were busman's holidays to wherever in the world the meeting of the International Union was being held. Few committees having to do with the subject of tuberculosis or respiratory diseases did not count Earle Hiltz either as chairman or a prominent member, were they provincial, national, or international. Yet he found time to lecture to the affiliate student nurses at the Sanatorium, the medical students at Dalhousie University, to the students of the Dalhousie School of Nursing, and he did not neglect research. His contributions to the medical literature, provincial, national, and international, totalled at the time of his death some sixty scientific articles. He was certified in Internal Medicine by the Royal College of Physicians and Surgeons of Canada, he was a Fellow of the American College of Chest Physicians, and a member and past director of the American Thoracic Society.

He was a very active figure in organized medicine. He was disturbed by the attitude held concerning salaried physicians by many of their medical confreres and did much to alter it. He seemed to be continually a member of committees of the Valley Medical Society and the Medical Society of Nova Scotia and rarely missed a meeting of these organizations. He was a prime mover in the setting up in the Medical Society of Nova Scotia of the Section for Salaried Physicians.

While it might be considered that such involvement with his profession as here-

tofore related would be enough to keep any man fully occupied, Dr. Hiltz found the time to accomplish many other things. He was a past chairman and a continuing member of the Board of Directors of the Fundy Mental Health Centre; he was a member of the Board of Trustees of the Maritime School of Social Work; he was a past chairman of the Institute of Pastoral Training, and he was keenly interested in the activities of the Nova Scotia Institute of Science. For many years, the Valley Chapter of this Institute has held its March meeting at the Nova Scotia Sanatorium. He was long actively engaged in the work of the St. John Ambulance Association and, at the time of his death, was Provincial President, Nova Scotia Council.

While he had never attended Acadia, the University occupied a very special place in his affection. He had long been a member of the Board of Governors and for the past several years was vice-chairman of the Board. He had been Chairman of the Acadia University Institute since its inception. He worked hard for Acadia particularly during the period of rapid expansion of the University which has been going on for the past fifteen years. The appointment of the first chancellor whose installation took place just before Dr. Hiltz died was a source of particular gratification to him.

Civic responsibilities did not escape him. He served two terms as President of the Kentville Gyro Club and was past chairman of the Board of Stewards of the United Church of Saint Stephen and Saint Paul of Kentville, N. S. He was a member of the Kentville Board of Trade. Up until 1959 when he ceased to have any spare time he was an ardent curler and remains one of two skips in the history of the Glooscap Curling Club who negotiated an eight-end.

He was one of Canada's best known philatelists and possessed the most complete collection of Danish-West Indies stamps in existence. He was a director and past president of the Valley Stamp Club, a member of the Royal Philatelic Society of Canada and Canadian Armed Services Stamp Exchange Club.

When a man has accomplished so much usually he has had the help of a good woman and Earle was fortunate in having one of the best. He married Eileen MacKay, New Glasgow, N. S., in 1937. She and his sister Margaret, Mrs. E. G. Jarvis, Halifax, survive him.

It is going to be very difficult to get along without Earle Hiltz. He undertook

many tasks and strove for perfection in all of them. His enthusiasm, his example, his leadership could not but inspire those associated with him to try to excel in all they did. He would wish us to carry on to the goals he had set for himself and for us. That, we shall endeavour to do.

**HEALTH RAYS
GOLDEN JUBILEE FUND
DONATIONS IN MEMORY OF
DR. J. E. HILTZ**

Century Patrons:	
Mrs. A. F. Miller	\$100.00
Dr. Helen Holden	100.00
Dr. J. J. Quinlan	100.00

Patrons:	
N. S. Sanatorium Patients	
Nursing Assistant Class 69B	
Dr. and Mrs. D. S. Robb	
Staff, Point Edward Hospital	
Dr. and Mrs. J. D. Archibald	
Nursing Department	
Violet Silver and David	
Rehabilitation Staff	
Laboratory Staff	
S. S. Sweet and Maintenance Staff	
Administrative Staff	
Mrs. John B. Holden	
Laundry Department	
R. J. Gerrard	
Nursing Assistant Class 70A	
Miss E. Quinlan	
Acadia Students Union Inc.	
Mrs. G. G. Harris	
Housemother and Housekeeping Staff	
Lic. Daniel Gibson	
Dietary Staff	
William Muir	
The Salaried Physicians Section	
of the Medical Society of	
Nova Scotia	
Cumberland County Tuberculosis	
Society	
Mrs. George Chase	
Mr. and Mrs. G. L. Calkin	

Grand Total	\$985.35
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Dr. J. E. Hiltz - In Memoriam

Dr. D. S. Robb
Medical Superintendent
Point Edward Hospital

Memories . . . How can one pay adequate tribute to one who has been both a senior colleague and a personal friend for over a quarter of a century?

Memories . . . My mind tries to skim the highlights of these years . . . my first years at the San when I was a junior staff physician and Doctor Hiltz was Doctor Miller's assistant medical superintendent, anaesthetist, radiologist, internist, and my mentor and friend . . . our months together at Roseway Hospital in Shelburne when he was superintendent and I his assistant and together we opened a new Tuberculosis hospital and introduced free treatment for tuberculosis to the Province, and at the same time operated a small general hospital as an annex to the Tuberculosis Service . . . our years when he, as Superintendent of the N. S. Sanatorium and Administrator of Tuberculosis Control Services, was the one to whom I turned with medical or administrative problems. During some fifteen years at Roseway and eight years at Point Edward Hospital I found Earle always ready with an attentive ear, a keen understanding, and a deep store of the knowledge, wisdom and sympathy from which to bring forth solutions to a wide variety of problems.

Memories . . . I try to recapture some of the moods of those past years . . . THE HUMOROUS, when, as superintendent of a brand new small hospital with still poorly organized internal and external communication he received a phone call from the husband of a patient admitted to the maternity ward shortly before, and was able to assure the caller that he was now a proud father and that both mother and child were doing well. That, to the hospital superintendent, was the important information, but the father wanted to know more: "Is it a boy or is it a girl?" he asked, and Doctor Hiltz was compelled to reply: "I'm sorry, I don't know, I can't tell you." But the phone connections were poor, and the operator repeated the message: "They don't know; they can't tell!" THE PATHETIC, when it was necessary to break the news that the fight to save the life of a loved one had been lost.

THE JUBILATION, as when patients who had been admitted with apparently hopeless disease responded to new and improved methods of treatment, and when successive annual reports showed deaths rates from Tb tumbling to new lows. Or THE FRUSTRATION, when patients showing good initial improvement and an excellent promise of complete recovery risked or threw away their future by ignoring medical advice, or perhaps the even greater frustration when members of "the medical team" failed to follow through with those steps which must be taken to assure the long-term control of tuberculosis in individuals and in the community.

Memories . . . My mind drifts to some of the settings in which I have known him. In MEDICAL CONVENTIONS, joining in discussions with specialists from across the country and around the world, reporting results of investigations and treatment here in Nova Scotia, learning from the experiences of others, demonstrating that tuberculosis treatment in his native province was second to none. In COMMITTEE MEETINGS, where he was always ready with factual details, constructive suggestions and proposals, and was always ready to accept yet another task which the rest of us thrust upon him because we knew he would do it so well. In the SOCIAL EVENTS, where he knew everybody, and yet was not content merely to enjoy fellowship but took pains to see that others not so well known were introduced and made at home. In his own home, Earle was the perfect host . . . and in ours, the perfect guest.

Memories . . . but one mustn't ramble on. For there is both too much to say and yet so little that others have not already said. His sudden departure was a shock to us all. In time our sense of grief may be dulled, and history assures us that the world will go on. Others will continue his battle to control tuberculosis, and eventually to eradicate it from our midst. Without his guiding hand the battle may take longer, but it will nevertheless be won.

AS THEY KNEW HIM

Following are excerpts taken from the hundreds of letters received by Mrs. Hiltz from individuals and organizations which speak according to their association or relationship with Dr. Hiltz through the years of his active life. These letters of high tribute do honour to his memory as they knew him.

* * * * *

"My journey yesterday (March 26) was one of the saddest. I have so many happy memories of visiting you and Earle in your home, and these memories were with me all the time I was with you yesterday. My remembrances of Earle will always be of his great kindness and consideration, of his great concern for so many good and important causes, and his tremendous dedication and devotion to all his interests. You may know that we have just finished a booklet "Diagnostic Standards," which Earle really wrote. We would like to dedicate this booklet to him."

Dr. C. W. L. Jeanes,
Executive Secretary,
C.T.R.D.A., Ottawa

* * * * *

"Earle's incentive to identify himself with worthwhile and progressive activities in the communities, which were not only confined to those of the medical profession, and his generous, sincere encouragement has always been an outstanding characteristic of his bountiful abilities. These have been rewarded by achievements which compliment his exemplary representation of our profession, and the appreciation and recognition of this, by his fellow physicians, will forever be remembered and possibly serve as one of his greatest rewards."

Dr. G. D. Denton,
Chief of Staff,
Eastern Kings Memorial Hospital

* * * * *

"The Sanatorium has possessed something rather special for its employees. We've taken pride in our relationships with one another and sought to preserve this "family" feeling. Dr. Hiltz, as the head of our "family," held us together, heard and solved, or helped to solve, our problems, and strove to point us in the right direction. Several of our gals mentioned today that he always remembered one's first name."

Helen Morse,
Senior Technician,
Sanatorium Laboratory

"Dr. Hiltz was very kind to me as a patient in 1938-40, and I have always felt very warm toward him. He broke sad news to me once and was so gentle in doing so—I had always been used with the utmost kindness and thoughtfulness by the staff of the San during my stay there; and Dr. Hiltz's talks to me were very rewarding, and I am so well today. I felt you should know how one of his patients feels after all these years."

Mrs. Dorothy Snow,
Port Wade, Annapolis Co.

* * * * *

"We at Acadia have also suffered a great loss. Earle has for many years performed yeoman work on behalf of the University. As a matter of fact, I doubt that any other member of our Board spent nearly as much time as did Earle on our affairs. When one adds to these responsibilities, so cheerfully assumed and carried out so well, the many others that he had taken on in his own community and in the province and in the Atlantic region, there was more than it was reasonable to expect any one man to do."

Dr. J. M. R. Beveridge,
President,
Acadia University

* * * * *

"I recall happy and friendly association with him while it was my privilege to be the minister of the United Church in Kentville. I held him in high esteem not only as a very able and dedicated doctor but also as a noble Christian gentleman."

Rev. Dr. Emerson Curry,
Yarmouth

* * * * *

"As President of the Nova Scotia Society of Internists, I wish to convey our sympathy . . . Earle was one of the founders of our organization, and continued his guidance and energetic participation through the years. We were honoured to number a man of his stature as our colleague and friend."

Dr. Denis R. S. Howell

* * * * *

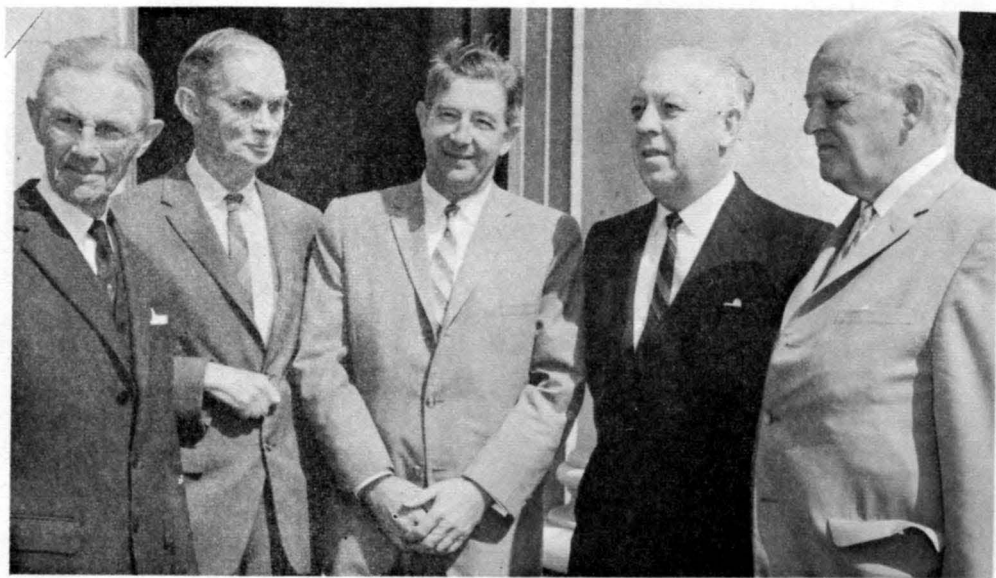
"As President of the Nova Scotia Council of St. John and lately as an Executive Officer he did a simply outstanding job for the Priory of Canada. Those of us who got to know him well realize why he rose to the top of so many various types of organizations."

Ian MacLaren, Chancellor,
Priory of Canada,
The Order of St. John of Jerusalem



**A LIGHTER MOMENT AT AFTERNOON TEA
WOLFVILLE, AUGUST 1964**

**Mrs. Hiltz, Mr. and Mrs. Cyrus Eaton, Cleveland, Ohio,
and Dr. Hiltz**



ACADIA WELCOMES A NEW PRESIDENT

In 1963 Dr. J. M. R. Beveridge arrived on campus to take over the duties of President. Left to right: Dr. L. DeV. Chipman, Dr. Watson Kirkconnell, President Emeritus, Dr. Beveridge, Dr. Hiltz, and the late Dr. R. S. Longley.



BEHIND THE GREAT DESK
Dictaphone at the ready



INVESTITURE AT GOVERNMENT
—By Lieutenant-Governor E. C. [unclear]
of St. John of Jerusalem (St. [unclear])



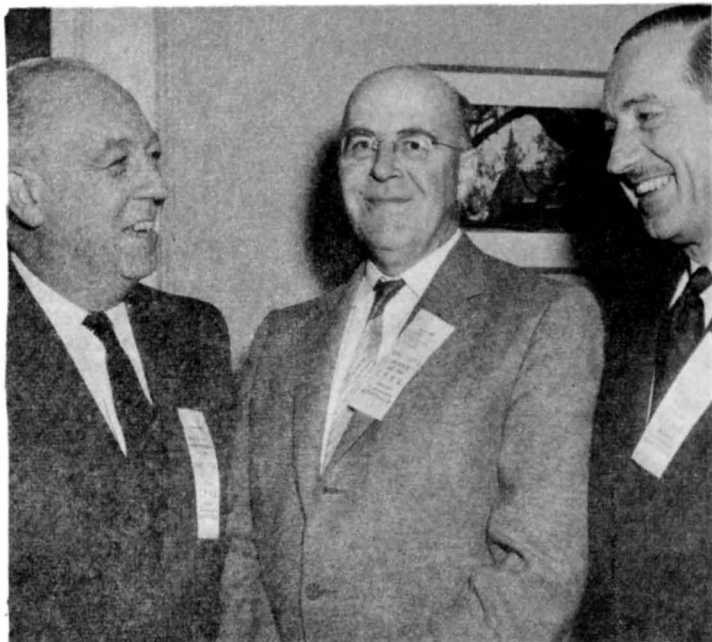
AT THE OPENING OF EATON HOUSE,
RESIDENCE FOR MEN, ACADIA UNIVERSITY, 1966



THE FAMOUS 8-END, 1956.
achieved at the Glooscap Curling Club
right: 1st Stone, Don MacDougall; 2nd Stone,
Mate, Jaro Ptacek; Skip, Dr. F. [unclear]



...ENT HOUSE, HALIFAX, 1959
... Plow on behalf of the Order
(John Ambulance).



THREE OLD FRIENDS SHARE A JOKE — Dr. Hiltz, Dr. J. S. Robertson, Deputy Minister of Health, Nova Scotia, and Dr. C. G. Shaver, Medical Superintendent of Niagara Peninsula Sanatorium, St. Catherines, Ontario, at the annual meeting of the Canadian Public Health Association, Atlantic Branch, 1959.



One of the two 8-ends ever
ling Club, Kentville. Left to
all; 2nd Stone, Horace Morton;
Hiltz.



AT THE 1950 SANATORIUM HALLOWE'EN PARTY



Dr. Hiltz chatting with Their Excellencies at the reception which followed the meeting.



THE TEAM
circa 1942



**THE FIRST
AND THE SECOND**

Dr. A. F. Miller, Medical Superintendent 1910 - 1947, and his successor, Dr. J. E. Hiltz, Medical Superintendent 1947 to 1969.



THE CTA CELEBRATES ITS 60th BIRTHDAY

On the invitation of Governor-General and Madame Vanier the Canadian Tuberculosis Association held its Diamond Jubilee meeting at Rideau Hall, Ottawa, June 1960. Dr. Hiltz, President of the Association, presided at the meeting. Shown above, Governor-General Vanier welcoming the delegates.

"I knew Earle as my physician when I was a patient at the San., as a teacher when a resident (VGH), and finally as a co-worker to whom I could go for and receive help at any time. He will be sadly missed by me."

Dr. G. M. Smith, Director,
Fundy Health Unit, Windsor

* * * * *

"It would be difficult to over-estimate the extent of loss that so many worthy causes have suffered because of his death. I think particularly of the Institute of Pastoral Training, in which he was one of the outstanding pioneers. Not only was he one of our best Presidents, but he was always on the alert to facilitate and support the many facets of the Institute's work, and at the time of his death he was making further plans to extend the training programme at the San . . . We shall miss him as a true friend and a self-giving community leader."

Dr. Leonard F. Hatfield, President,
The Institute of Pastoral Training

* * * * *

". . . It is not very consoling at this moment to say that time alone gives relief and even restores serenity. There is, I know, comfort in knowing that Earle did not suffer, and that he lived a life far more useful than even the more highly honored "go-getters" of our society. I believe I said in your presence, and possibly in his: 'I should like to have been like him'"

Dr. G. S. Graham,
Rhodes Professor of Imperial History,
University of London, England

* * * * *

"The kids from Clare were shocked to hear of the sudden death of your beloved husband. He had been very good to all of us during our stay at the San."

Josephine Muise,
Clare District High School

* * * * *

"I enjoyed working at the Sanatorium so much, and you can only enjoy your work if you have faith and respect for your superiors. Dr. Hiltz was a very easy man to have faith in and respect for. He made you feel like a person who was needed. He always seemed to catch me at something . . . like running up the stairs three at a time. Dr. Hiltz just smiled and said 'Getting your exercise, Miss MacLeod?' He was really a wonderful man, and I will miss him, as many others will also."

Heather (MacLeod) Johnston, R.N.,
R.R. 1 Hopewell, Pictou Co.

"We were associated with Dr. Hiltz on many occasions in connection with the Student Centre Building Committee. His experience and attitudes were instrumental in shaping the concept of the new building. We think that the new Student Centre Building at Acadia will serve, in some small way, as a memorial to Dr. Hiltz's warm humanity and interest in young people."

Terry MacMullin, President,
Acadia Students' Union

* * * * *

"It was, I think, the most impressive funeral service that it has ever been my sad privilege to attend. I was most impressed by the eulogy given by Rev. K. G. Sullivan, especially when he said that we all share a responsibility in this great man's passing. He carried a load far too heavy for any one man, capable though he was."

M. H. Sarty, Provincial Secretary,
St. John Ambulance (N. S. Council)

* * * * *

"Over the years that I have sat with him on the Board of Governors of Acadia University, I have come to have a great respect for him as an individual and his ability for handling monumental detail in such a precise unemotional manner. He will be missed at Acadia by all of us, for his work, I feel certain, was one of love for an institution of higher learning."

Graham W. Dennis, President,
The Halifax Herald Ltd.

* * * * *

". . . I think you know of my personal admiration for Earle, through the years. Nova Scotia and the whole of Canada have lost one of their greatest physicians."

Dr. Eric Found,
Director of Tuberculosis Control,
P.E.I.

* * * * *

"In my first months of work with the Newfoundland Tb. Association in 1952, Fred Barrett invited me to attend a Rehab. Workshop in Kentville. I was 'green as grass' at the time, and I shall always be grateful for the advice, help and encouragement that I received so graciously from Dr. Hiltz. In the intervening years he has been equally kind and thoughtful and I know that I shall be conscious of a deep, personal loss at future C.T.A. meetings."

E. G. House, Executive Secretary,
Newfoundland Tb. Association

"I was one among many people in tuberculosis work in Canada who admired Dr. Hiltz greatly, accepted him as one of the leaders and pioneers in the tuberculosis field and frequently sought his counsel. I'll miss him very much."

Dr. Stefan Grzybowski,
Associate Professor,
Faculty of Medicine,
University of British Columbia

* * * * *

"We shall miss Dr. Hiltz at the club. Not only was his philatelic knowledge extensive but, like so many other organizations, we shall miss his unfailing willingness to take on added responsibilities."

Anne-Marie Belliveau, Secretary
Valley Stamp Club

* * * * *

"There were many CTA (Canadian Tuberculosis Association) annual meetings which I did not get to over the years, but when I did manage to attend, it was always such a pleasure to renew acquaintance with Earle. He was one of the solid rocks on which the CTA continued to be built and expanded. Though long associated with the TB work, he never, in my estimation, seemed to fall into the category of 'old timers.' His work on behalf of the CTA was invaluable, and I am happy to have been counted as one of his friends."

Dr. W. S. Barclay, Vancouver, B. C.
(Superintendent of Indian Health
Services, retired)

* * * * *

"There are many people in Nova Scotia and elsewhere who are enjoying good health due to the work which Earle had done through his life."

Dr. G. E. Maddison,
Director of Tb. Control
for New Brunswick

* * * * *

"Acadia has lost a most devoted servant, and we of the Faculty have lost a good friend."

Prof. John Connor, President,
Acadia University Faculty Association

* * * * *

"Having known and worked with Earle over so many years in the Canadian Tb. Association I felt very close to him and I am sure the feeling was mutual. I always envied him his drive and dedication to the work. I feel a real personal loss in his passing."

Dr. Gordon Kincade,
Director of Tb. Control,
British Columbia

"Words cannot adequately express our feelings about Dr. Hiltz, who as the administrator of the Nova Scotia Sanatorium, was a friend and advisor to the nursing staff, as he was to all staff. From students to members of the nursing staff he guided us in our work and helped solve our problems. We all felt he knew us and was interested in us. His passing leaves us saddened and bewildered.

Mrs. Hope M. Mack, R. N.,
Director of Nursing,
Nova Scotia Sanatorium

* * * * *

"I will refrain from recalling the myriad instances in the past when Earle's presence, actions or influence were an important element in the situation — the many committee meetings, the sense, patient manner he achieved when others became irritated and short-tempered or showed too much prejudice for the good of the cause."

Electa MacLennan, Director,
Dalhousie School of Nursing,
Halifax

RESURRECTION

On a rough wooden cross
The king of glory died.
They set Barabas free,
My Lord, they crucified.

Betrayed by a kiss,
Denied by His friend,
Willingly He went to Calvary
To die for sinful men.

Lo, the grave could not hold Him,
The stone was rolled away.
The women found the empty tomb
On that first Easter Day.

Mae D. Price
—San-O-Zark

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RON ILLSLEY

ESSO SERVICE STATION

Chaplain's Corner

Prayer Offered By
 Rev. Kenneth G. Sullivan
 At The Funeral
 Of
 Dr. J. Earle Hiltz

On March 25, 1969, funeral services were held for Dr. J. E. Hiltz in the United Church of St. Paul and St. Stephen, Kentville. During the service Rev. K. G. Sullivan, minister of the church, offered in prayer the following tribute to his life and work.

* * * * *

"O Lord God, who hath revealed Thyself through our Lord Jesus Christ, we come to Thee in this time of sadness, for in Thee is the comfort and strength we need. Walking through life we frequently become so wrapped up in ourselves that we feel sufficient, but when we are confronted with the life of an active, prominent figure suddenly ended, we recall the uncertainty of any tomorrow. Therefore, O God, teach us to number our days and apply our hearts unto wisdom. Out of the Old Testament, O God, comes the wisdom of the preacher who had tried power and education and found that they were not the answer, but at last did discover what it was that really made life meaningful. This awakening he passed on to those beginning life — 'Remember now Thy Creator in the days of thy youth.' We thank Thee, O God, for the life of this one whom we mourn today. He knew, and was unafraid to admit, that God was his God and the One who had granted him the wisdom and the talent to achieve the heights he reached. Unlike some with these talents, he was not puffed up with his own achievements, but acknowledged from whence had come his strength. This ability which came from Thee he used in the service of mankind. He served Thee in Thy church and was willing to give his witness. He served Thee in many avenues of labour for the sick. He was concerned about research. He was interested in those desiring education. Yea, O God, truly he gave himself, and his sudden passing was an evidence of the extreme tension those positions placed on him. A tension of which

some of us may be guilty in failing to shoulder some of the duties ourselves, but allowing him to add to his already heavy burden. O God, cause us with humility to give Thee thanks for this life, which was unafraid to use the talents Thou didst give. Be with the bereaved family. This time is a heavy one and while the support of friends is a comfort, may they be aware that Thine arms are round about and underneath them. He was a good son, a considerate brother, and a loving husband. Especially be with his life partner that she may feel Thee as her personal shepherd and know that with Thy rod and staff Thou wilt guide and comfort her. These prayers we ask in the name of Jesus Christ, our Lord.
 Amen."



Chapel Notes

Mrs. Lloyd of the staff played the piano at the morning Protestant Service on Sunday, February 23rd. The following Sunday, Mrs. Wright was pianist. Our sincere gratitude to both of these ladies.

* * * * *

A world Day of Prayer Service, especially arranged for the Sanatorium patients, was held in the Chapel at 3:30 on Monday afternoon, March 10th. Representatives from the United Baptist Church, the United Church of St. Paul and St. Stephen, St. James Anglican Church, and the Catholic Women's League of Kentville, and Bethany Memorial Church of Aldershot were present.

A special choir under the direction of Miss Jacomb, organist of the Kentville Baptist Church, provided the music. The message was delivered by Mrs. (Capt.) Kennedy of the Salvation Army.

This was a rare and wonderful privilege for togetherness in worship, and we are happy to say that a goodly number of patients took advantage of it.

* * * * *

Miss Fayne Veinot, student Nursing Assistant, was soloist at the morning service, March 16th. The selection sung was "Come, Let Us Sing of a Wonderful Love."

Editorial Comment

The news of Dr. Hiltz's death came as a shock to all of us and we know that for a long time we are going to experience the same sense of deep personal loss that we feel today. His influence was felt in every facet of our life and work at the Sanatorium, and will continue to be felt even though he is no longer with us. We have long been impressed, and often amazed, by the way in which he continued to pursue his many and varied interests with such boundless energy. This was characteristic of Dr. Hiltz's life and work and though we came to expect it of him we continued to marvel that he could fit so many activities into his day. The enthusiasm which he demonstrated for his work was genuine, and served as an inspiration to all who worked with him. As Director of the Tuberculosis Control Program he directed his efforts toward the eventual eradication of tuberculosis in Nova Scotia. His concern for prevention, early diagnosis, treatment and follow-up was well known to all who work in the field of public health. Yet, despite his involvement in the wider program on the provincial, national and international levels, Dr. Hiltz maintained his unflinching interest in life at the Sanatorium. We are convinced that he read and remembered all reports, data and correspondence that crossed his desk. In continuing to guide and direct us in our day-to-day work it is apparent that he worked long hours in order to have time for his other commitments.

All readers of **Health Rays** will know that Dr. Hiltz took a great personal interest in the publication of this magazine. He constantly strived to improve the quality of its content and encouraged articles of local origin. It is mainly due to his own enthusiasm that **Health Rays** has continued to exist. It was Dr. Hiltz's decision that the Jubilee Fund be established as a safeguard against future financial crises. It was a source of satisfaction to him that the November issue will represent fifty years of continuous publication. Because of his keen personal interest in this, the **Health Rays** Jubilee Fund has become something of a memorial to Dr. Hiltz.

This April issue of **Health Rays** is dedicated as a tribute to the memory of Dr. Hiltz. Mrs. Hiltz has selected a few excerpts from the hundreds of letters already received from far and near. This, we are certain, has been an emotionally exhaust-

ing task. It can truly be said, however, that this is a labour of love and in undertaking this task Mrs. Hiltz is making her own contribution to the sincere tributes which are put so nicely into words. Such feelings are difficult to put into words — and they become more difficult the closer one's association has been with a person.

We will conclude with two tributes in the form of editorials, the first from the **Halifax Chronicle-Herald** of March 25th:

"Dr. J. Earle Hiltz was an eminent Nova Scotian and an outstanding public figure. His death has deprived the province of a man whose name will be long and gratefully remembered.

Because he was a person who lived close to human aspirations, the roll of his activities is a lengthy one. Primarily, he was a man of medicine who exercised the talents of a physician with such a vision and application as made him a widely recognized partner in the victories which, in recent years, have been won over tuberculosis and respiratory diseases.

His sensitivity to suffering and need made him also a foe of the ignorance in which these enemies of mankind breed. Consequently, he participated actively in education. Indeed, death came while he, the vice-chairman of the board of governors of Acadia University, was sharing in the events surrounding the installation of the new Chancellor of the university.

He followed duty, he loved reason, he served zealously, and he cherished the deep things of the spirit."

The second is from the **Kentville Advertiser** of March 27th:

"Efforts to control and defeat the ravages of tuberculosis in Nova Scotia extend back over many years, but during that long time they have been under the direction of just two men.

Under Dr. A. F. Miller the province made its first provision for the treatment of tuberculous patients and their segregation from the general public. During his regime the Sanatorium grew from nothing to a large and effective institution.

The other man was Dr. J. E. Hiltz, who devoted the whole of his professional life

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to this cause, and became chief of the Sanatorium upon Dr. Miller's retirement in 1946. His regime coincided with the development of drugs which made the actual treatment of T.B. easier, shorter and more effective. It fell to Dr. Hiltz's lot to move from defence to attack. Facilities for prevention and early detection were established within the framework of general public health activities . . .

Dr. Hiltz's unfortunate death last week brings to an end his own particular contribution to this field of Public Health, but he will always be remembered for his share in a notable endeavour.

His energy and interests found many other outlets — often with creative result. He was largely responsible for organizing the Acadia University Institute, and guided it as chairman from its founding. The Institute in turn was a sponsor of the Fundy Mental Health Clinic.

These institutions in the performance of their valuable public services grace the memory of a man who devoted his own life to the service of the public."

The above are fitting and well-earned tributes to a man who has contributed so much, in such a wide field of endeavour, throughout his entire professional career.

Health Rays Golden Jubilee Fund

Contributions to this fund may be addressed to:

Health Rays Jubilee Fund
Nova Scotia Sanatorium
Kentville, N. S.

An official receipt will be sent to all contributors. Your donation will help **Health Rays** to survive.

The standing of this fund as of April 17, 1969, was:

Previously acknowledged:

Century Patrons	\$100.00
Patrons	297.88

Total	397.88
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Recent contributors:

Century Patrons	Nil
Patrons	\$27.00

Allan and Helen MacKinnon

Matilda Burke

Marion Lacey

Percy McKinley

Lyda Spencer

Total Contributions	\$424.88
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Total Memorial Contributions	985.35
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Grand Total	\$1,410.23
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PATIENT ACTIVITIES

St. Patrick's Day Party

On May 19th a St. Patrick's Day party, sponsored by the Olympic Chapter IODE, Kentville, was held in the patients' dining room. Present as hostesses were Mrs. J. H. Buntain, President; Mrs. G. Kloss, convener of the party; Mrs. J. E. Hiltz, Mrs. V. Schaffner, Mrs. A. F. Miller, Mrs. C. Ross, and Miss Irene White.

The room was well decorated for the occasion with shamrocks, leprechauns, pipes, and other reminders of the "Emerald Isle."

After the ladies were introduced by Dr. Hiltz, Bingo got underway. Mr. Jack Bowser was master of ceremonies. Prizes were won by the following: Joseph Cormier, Mrs. Catherine Conrod, Nina Meuse, Mrs. Mary Dixon, Norma Cameron, Wilfred Fraser, Darrell Cook, Nancy Langille, Leighton Dillman, Lepean Mosher, Rachel Winters, Raymond Williams, Phares Judge, Florence Belbin, Bill Archibald, James MacKinnon, Joan Chamberlain, Angus Rankin, Mrs. Gladys Hudgins, and Mrs. Ethel Fortier.

A highlight of the evening was the presentation of a lovely birthday cake to Mrs. Fannie Coolen, after which all present joined in singing "Happy Birthday" to the honored guest.

A delicious lunch, provided by the sponsors, was served by the Dietary Department.

Mrs. Mary MacKinnon, representing the Rehab. Department, thanked the ladies of the I.O.D.E. for providing such an enjoyable party.

LOVELIEST OF TREES

Loveliest of trees, the cherry now
Is hung with bloom along the bough,
And stands about the woodland ride
Wearing white for Eastertide.

—From the poem by A. E. Housman

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Question Box

J. J. Quinlan, M.D.



Q. What are rales? Is the word pronounced as spelled?

A. First of all with the letter "a" sounded as in "catch," the word is pronounced as spelled. It is French and its English equivalent is "rattle."

Rales are abnormal sounds heard with the stethoscope on a person's chest. These sounds signify the presence of moisture in excessive quantities in the lungs and so they may be heard in a multiplicity of lung diseases including tuberculosis.

Q. Does climbing stairs have any effect on tuberculosis patients?

A. In the patient whose tuberculosis is coming under control with effective chemotherapy and in whom there are no signs of constitutional activity such as fever or rapid pulse, climbing of stairs has no deleterious affect. As a matter of fact it can be a very valuable form of graduated exercise, besides increasing the ability of the lungs to function properly and increasing the efficiency of heart action.

Q. Can a person have pleurisy and yet have so little pain that he is actually unaware of having had the pleurisy?

A. While the pain usually accompanies the early stages of pleurisy, it disappears once fluid forms between the two layers of pleura. However, this initial pain may be so transient that the patient may not even notice it and it is not unusual to open the chest for the purpose of carrying out a lung resection and find that the entire pleural cavity is completely obliterated by adhesions. This fact indicates the presence of a rather extensive pleurisy at sometime in the past and yet the patient gives no history of having had any pain in the chest.

Q. Should one afflicted with tuberculosis smoke?

A. While the tuberculosis disease in the patient's lung is little affected by smoking, it certainly would be better if the patient with the disease gave up cigarettes. Smoking cigarettes produces a chronic bronchitis and eventual emphysema in many cases. This is serious enough when no other disease is present

in the lung and the hazard is much greater when a destructive process such as tuberculosis is present.

In the presence of tuberculous bronchitis and tuberculous laryngitis, smoking is absolutely contraindicated.

Q. Can any significance be attached to the time it takes a culture to show growth?

A. The person's whose sputum is positive for tubercle bacilli on culture has active tuberculosis whether it takes three weeks or twelve weeks for the typical growth to appear on culture media. There are various factors that affect the rapidity of the appearance of the culture but the single important factor is that the culture does or does not appear.

APRIL

O the wealth of pearly blossom, O the woodland's emerald gleam!
 O the welcome, welcome sunshine on the diamond-sparkling stream!
 O the carol from the hawthorn and the trill from dazzling blue!
 O the glory of the spring-time, making all things bright and new!
 Though we know there may be tempests, and we know there will be showers, Yet we know they only hasten summer's richer crown of flowers.
 Blossom leads to golden fruitage, bursting bud to foliage soon;
 April's pleasant gleam shall strengthen to the glorious glow of June.

—Frances R. Havergal

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Old Timers — (concluded)

in 1963 to 1965. We were glad to see George looking so well, and he told us that Mrs. Mullen (Daisy) and their two boys, Mark and Jeffrey, who were all here at the same time, are in good health, also. At present George is working in the woods, but is contemplating taking a course that will fit him for a less strenuous occupation.

OLD TIMERS

A gush of bird-song, a patter of dew,
A cloud and a rainbow's warning;
Suddenly sunshine and perfect blue,
An April day in the morning!

Indeed, we shall be well along in April when this column is read, whether or not every morning has been as delightful as Harriet Spofford's foregoing description! And Anne Marie will have returned from her tour of the "Cajun" Country (Louisiana), to which she is now excitedly looking forward. She tells us that some folks from Preston in Halifax County, who visited the Sanatorium recently, had very good news of two of our ex-patients, originally from that place — Willie Willis and his sister, Beatrice. Willie came to the San in 1949 at a very tender age, and got the first three years of his schooling here. He is in good health now and has employment in a factory in Toronto. Beatrice, who left here in 1967, also enjoys good health, and is employed in a post office in the same city.

Father Charles LeBlanc of Stellarton, who cured here in 1965, sent stamps to Anne Marie for her ever-growing collection. At the same time he sent regards to other members of the staff. Father Cameron enjoys excellent health, and continues to maintain an active interest in the youth projects in his parish.

Anne Marie met Kay Martin while in town shopping one day. Kay, who was here in the late Forties, is well and still employed in Kentville.

Louise LeBlanc, who was one of the Clare District students here in 1967, is now in training at the Yarmouth Regional Hospital. Recently, the Halifax **Chronicle-Herald** carried a picture of a tea held by the nurses, Louise being one of the group. She is President of her class.

Florence Belbin kindly passed on the following interesting bits of news to Anne Marie. Vivian Talamini of Long Island, New York, who cured here in 1945, summed up her description of a recent snowstorm in that area thus: "It was about the worst snowstorm in twenty years." Mrs. Sophie Grandy of Halifax, who left us about two years ago, is still keeping her knitting needles flying, and Mrs. "Vangie" Way, here in 1966, keeps busy with her favorite hobby — sewing. Another 1966-er, Margaret Hurley of Amherst, is well and kept busy with her household duties.

Mr. D. Brown of the Rehab. Dept. saw ex-patients Mrs. Evelyn Clark of Enfield

and Hope Balsor of Black Rock when they were in for check-ups. Mrs. Clark, who was at the Sanatorium from 1964 to 1966, has made a remarkable recovery and walks without so much as the aid of a cane. Miss Balsor is well and has been employed at Morden for the past three years.

Word comes from Anne LeBlanc of Grosses Coques, Digby County, that she is well. Anne was a patient here in the early Sixties.

Our former Rehab. Director and **Health Rays** editor, Mr. F. G. Barrett, was a welcome visitor to the Rehab. Dept. one day in March. Mr. Barrett left us in October, 1967, to transfer to the Adult Education Division of the Department of Education, and has his office in Bridgetown.

We read in the March issue of **The Lighthouse** that Miss Frances Setchell was the guest of honour at a retirement dinner party given by the public health nurses and nutritionists from the Glace Bay, New Waterford, Sydney Mines, and Sydney offices at the Wandlyn Motel, Sydney. Miss Setchell, who is retiring after more than twenty years with the Department, was praised for her sincerity and devotion to duty by the supervisor of nurses for Cape Breton North, Miss Agnes Taylor, and was presented with a corsage and gifts. She was also the recipient of a Public Service Award presented by Miss Phyllis Lyttle, director of Public Health Nursing. Miss Setchell was a Sanatorium patient in 1963, and to her go our best wishes for the future.

A recent letter from Miss Grace Jones of Ellershouse, who was a member of our academic teaching staff a few years ago, says that she is reviewing her French, as she is a strong believer in bilingualism. Grace also stated that she was quite thrilled when her father, returning from a mid-March conference in the City of Quebec, brought her a book with an inscription — all in French — the gift of the late Premier Johnson's sister, whom Mr. Jones had met at the conference.

George Mullen of Plympton, Digby County, while visiting at the Sanatorium one day in March, called at the Rehab. to renew acquaintances of his curing days
(See Previous Page)

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PETERS' LUNCH

∴ In and Outs ∴

NOVA SCOTIA SANATORIUM

Admissions: February 16 to March 15

MRS. ELIZABETH MARY CAMERON, 6 3rd Crescent, Greenwood; WILLIAM ARTHUR CARRUTHERS, Tatamoguche, Box 181; DARRELL COOK, Kings County Hospital (695 West Main St., Kentville); JANET BEATRICE DOWNEY, North Preston, Halifax Co.; LINDA, EDITH FARRELL, 288 Abercrombie Road, New Glasgow; HILDA RAE GALLIE, Kentville; CLYDE HAMILTON GREENE, Hebron, R.R. 2, South Ohio, Yarmouth Co.; BRIAN GILBERT HIRTLE, Waterville, Kings Co.; LLOYD KNOWLES, Lower Sackville, Halifax Co.; BERT KNUT LUNDGREN, 1124 Barrington St., Halifax; ALEXANDER DANIEL MacDONALD, Harbour Road, New Glasgow; MRS. ELIZABETH MacDONALD, Bridgeville, Pictou Co.; MRS. ELIZABETH PHILLIPS, Whycomagh; MICHAEL WADE POTTIE, 21 Circle Drive, Spryfield; JOHN JOSEPH REID, East Bay, Cape Breton Co.; MRS. MARIE REGINA SAULNIER, Saulnierville, Box 48, Digby Co.; JAMES ELIAS SMITH, Canso; MARY PAULINE SMITH, Middleton, Box 494.

Discharges: February 16 to March 15

BERNARD FRANK AMERO, Weaver's Settlement, R.R. 2, Weymouth; WILLIAM ARTHUR CARRUTHERS, Box 181, Tatamoguche (Deceased); JOHN ARTHUR DEVEAU, Weymouth Mills, R.R. 4, Weymouth (Deceased); CURTIS LEONARD DeWOLFE, Heatherton, Antigonish Co.; ARDENA MARIE LEWIS, Box 582, Dartmouth; MRS. RUTH ANN LISCOMBE, 9 Church St., Truro (Deceased); MRS. MARIE REGINA SAULNIER, Saulnierville, Box 48, Digby Co.; MARY PAULINE SMITH, Box 494, Middleton (Deceased); MRS. SOPHIE TONEY-PERRO, Bayfield Road, Afton P.O., Antigonish Co.

POINT EDWARD HOSPITAL

Admissions: February 16 to March 15

GEORGE STANLEY BURTON, Margaree Centre, Inverness Co.; JOSEPH ALEXANDER FITZGERALD, Aspy Bay, Victoria Co.; JAMES ARTHUR GILLARD, 43 Highland St., Glace Bay; ALFRED GEORGE HAWLEY, Ingonish Ferry, Victoria Co.; MRS. MADELINE MARSHALL, Eskasoni; FORBES KENDRICK MacDONALD, Box 358, Reserve

Mines; MICHAEL DANIEL MacDONALD, South West Margaree, Inverness Co.; PETER MacDONALD, Tower Road, Cape Breton Co.; ALEXANDER CAMERON MacINNIS, West Bay, Inverness Co.; MRS. MARY MAE MacINNIS, Deep Cove, Gabarous; JOHN ARCHIBALD MacKINNON, 35 Guy St., Sydney Mines; PAUL NICHOLSON, 41 Brook St., Dominion; DONALD BEATON RILEY, South West Margaree, Inverness Co.; JAMES GARFIELD ROGERS, R.R. 1, Balls Creek; EUGENE PAUL WHITE, Louisdale, Richmond Co.

Discharges: February 16 to March 15

WILLIAM J. BEATON, 276 6th St., New Aberdeen; GEORGE STANLEY BURTON, Margaree Centre, Inverness Co.; JAMES ARTHUR GILLARD, 43 Highland St., Glace Bay; THOMAS LEONARD GUY, 617 Kings Road, Sydney; ALFRED GEORGE HAWLEY, Ingonish Ferry, Victoria Co.; CHARLES RAYMOND HOLMES, 756 Westmount Road, Cape Breton Co.; MRS. LOUISE ISAAC, Barra Head, Richmond Co.; NOEL JOHNSON, Barra Head, Richmond Co.; MRS. MADELINE MARSHALL, Eskasoni; HUGH GREGORY MacINNIS, Judique, Inverness Co.; CHARLES HECTOR MacNEIL, 32 Rigley Road, Sydney; JAMES IGNATIUS MacNEIL, 35 Heelan St., New Waterford; JOHN PHEIFER, 20 MacLeod Ave., New Waterford; MRS. ELIZABETH PHILLIPS, Whycomagh, Inverness Co.; HARRY PORQUET, 82 Emerald St., New Waterford; JOHN JOSEPH REID, East Bay, Cape Breton Co.; GARFIELD ROGERS, Ball's Creek, Cape Breton Co.; MRS. PATRICIA MARY YOUSEN, 19 Youden's Ave., North Sydney; LILLIAN DORCAS YOUNG, Scotch Lake, Cape Breton Co.

FLOWERS

Buds and bells! Sweet April pleasures
Springing all around,
White and gold and crimson treasures,
From the cold, unlovely ground!
—Frances R. Havergal

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Nova Scotia Sanatorium

H. M. Holden, M.D., C.R.C.P. (C)	Acting Medical Superintendent
J. J. QUINLAN, M.D., C.R.C.S. (C)	Surgeon
F. J. MISENER, M.D.	Radiologist
A. LARETEI, M.D.	Physician
MARIA ROSTOCKA, M.D.	Physician
G. A. KLOSS, M.D.	Physician
E. W. CROSSON, M.D.	Physician
V. D. SCHAFFNER, M.D., C.R.S.C. (C)	Consultant Surgeon
D. M. MacRAE, M.D., C.R.C.P. (C)	Consultant Bronchoscopist
B. F. MILLER, M.D., F.R.S.C. (C)	Consultant Orthopedic Surgeon
E. J. CLEVELAND, M.D., C.R.C.P. (C)	Consultant Psychiatrist
D. H. KIRKPATRICK, M.D.	Courtesy Consultant in Anaesthesia
C. E. JEBSON, M.D., C.R.C.S. (C)	Consultant Urologist
MRS. HOPE MACK, R.N.	Director of Nursing
MISS EILEEN QUINLAN, B.Sc., P.Dt.	Senior Dietitian
DONALD M. BROWN, B.A., B.Ed., M.S.W.	Director of Rehabilitation
RONALD GERRARD, B. Comm., C.A.	Administrative Assistant

Point Edward Hospital

D. S. ROBB, M.D.	Medical Superintendent
T. K. KRZYSKI, M.D.	Physician
W. MacISAAC, M.D.	Consultant Bronchoscopist
D. B. ARCHIBALD, M.D.	Consultant Urologist
MISS KATHERINE MacKENZIE, R.N.	Director of Nursing
MISS JOYCE LEWIS	Dietitian
MISS HELEN J. MacKENZIE, R. N.	Supervisor of Rehabilitation

Church Affiliation

NOVA SCOTIA SANATORIUM

ANGLICAN

Rector—Archdeacon L. W. Mosher
Sanatorium Chaplain—Rev. W. A. Trueman

Co-ordinating Protestant Chaplain

Rev. Dale MacTavish

BAPTIST

Minister—Rev. A. E. Griffin
Lay Visitor—Mrs. H. J. Mosher

ROMAN CATHOLIC

Parish Priest—Rt. Rev. J. N. Theriault
Curate—Rev. G. E. Saulnier

SALVATION ARMY

Capt. H. L. Kennedy

CHRISTIAN REFORMED

Minister—Rev. J. G. Groen

UNITED CHURCH

Minister—Rev. K. G. Sullivan
Sanatorium Chaplain—Dr. (Rev.) Douglas Archibald

PENTECOSTAL

Minister—Rev. Robert Cross

The above clergy are constant visitors at The Sanatorium. Patients wishing a special visit from their clergyman should request it through the nurse-in-charge.

POINT EDWARD HOSPITAL

ANGLICAN

Rev. Weldon Smith

UNITED CHURCH

Rev. Robert Hutcheson

ROMAN CATHOLIC

Parish Priest—Msgr. W. J. Gallivan

PRESBYTERIAN

Rev. E. H. Bean

SALVATION ARMY

Mr. William Brewer

The above clergy are visitors at this hospital. Besides the above named many other protestant clergy from the surrounding areas alternate in having weekly services for our patients.



The Canteen . . .

**IS OPERATED FOR YOUR CONVENIENCE
AND BENEFIT**

So Remember . . .

- A good stock of all occasion cards and stationery
- Gift suggestions, Novelties, Cups and Saucers
- Clocks, Watches, and Costume Jewellery
- A wide variety of grocery items
- Ladies' and Men's wear — Nylons