



RESOURCE LIST

For Newcomers and Refugees in Canada

February 2020

Disclosure

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The aim of this resource guide is to provide refugee youth and their service providers with lists of services available across different cities in Canada. This guide is divided by city and under each city, it is divided by nature of services such as settlement, education, employment, mental health, and social/recreational. This resource guide can also be used as a tool for service providers who work with refugee youth; as well as government agencies such as Immigration, Refugees and Citizenship Canada (IRCC).

TORONTO

| Type of Resource | Organization | Contact Person | Contact | Website | Age | Services Available | Cost |
|--|---|---------------------------|---|---|---|---|---|
| Mental Health Resources | | | | | | | |
| | Across Boundaries | N/A | 416-787-3007 | http://www.acrossboundaries.ca | 16 years and older | Range of support and services to people of color in the Greater Toronto Area who are experiencing severe mental health problems/serious mental illness. | none |
| | Resilience | Amjed Abojedi | 2263744457 | https://resiliencecc.ca/?fbclid=IwAR0n4JKiWsqTY98j_IAMWrEFHUYDMEIXm-8dvfP-o1FAPD-JQizMZ-gXY8 | no specific age | Culturally sensitive services in domain of counseling, psychotherapy and program development. | Some are covered |
| | Full Circle Art Therapy Centre | N/A | 647-245-3344 | https://www.fullcircleartc.com | 8 and up | Mental health service through Art Therapy for the people of Toronto. | None |
| | Self-Help Resource Centre | N/A | 416-487-4355 1-888-283-8806 | http://www.selfhelp.on.ca | all ages | The Mission of the Self-Help Resource Centre of Greater Toronto is to promote self-help/mutual aid | None |
| | Mental health services for Children and Youth | N/A | (905) 451-4655 | http://www.peelcc.org/en/services-for-professionals/centralized | Children and Youth | Counselling services, Crisis responses, dealing with Trauma and community support. | None |
| | East Metro Youth Services | N/A | 416-438-3697 | http://emys.on.ca | Youth up to 29 | Mental health and counselling walk-in service. The clinic provides children, youth, young adults and their families immediate counselling for a range of issues. | None |
| | The Canadian Centre for Victims of Torture (CCVT) | N/A | 416-363-1066 | http://ccvt.org/what-we-do/programs/ | Youth and all ages | Treatment, tools and support that allow refugees to heal from trauma and become active community members. | None |
| Settlement Resources | | | | | | | |
| | WelcomeHomeTo | Craig Edwards | craig@welcomehome.to | http://welcomehome.to | New comers and refugees | Connecting communities, public events, sharing opportunities and storytelling. | None |
| | Youth Gravity | Sal-Sabila | sabila.sal01@gmail.com | http://youthgravity.org/?fbclid=IwAR1L71qRCZB7QZ2_gakqyTL-LkNkmZafYCz9PBNHwuJ4ANFHKHWFOfdtB1k | By youth for youth | Provides a platform to young leaders to pursue projects that they are passionate about. | None |
| | Culture Link | Iman - Esmael - Mania | | Culturelink | All ages | Work mostly with seniors and children, but they're also working on youth projects. | None |
| | COSTI Immigrant Services | N/A | 289-842-3124 | http://www.costi.org/programs/program_details.php?program_id=195 | This program was designed for youth | Connecting immigrants and refugee minority youth with existing community services available to minority and newcomer children and youth in the GTA. | None |
| | Catholic Crosscultural Services – Settlement Service Centre | Farhana | 416-757-7010 | http://cathcrosscultural.org/settlement-services/ | all ages | Working closely with youth at high schools and they offer programs to connect them in the community. . | None |
| | FCJ Refugee Centre | N/A | 416 469-9754 | http://www.fcjrefugeecentre.org | youth refugees | Assistance with paperwork, translation and interpretation, accompaniment, referral to immigration lawyers connected to their organization, orientation to local social services, skills development, and counselling to support a healthy and positive start to life in Canada. | None |
| Social Resources | | | | | | | |
| | | N/A | | | newcomers all ages | A photo voice project for newcomer's youth to share their stories and connect with community. | None |
| | Syrian Canadian Foundation | Marwa Khobieh | mkhobieh@syrincanadianfoundation.ca | https://syrincanadianfoundation.ca | Youth | Art, summer and winter camps | None |
| | City of Toronto | N/A | 311 / or 416-338-0TTY (0889) | https://www.toronto.ca/explore-enjoy/recreation/ | youth | Leadership programs, gambling awareness, travel and exchange programs, youth housing/ internships. | None |
| | The YMCA of Greater Toronto | N/A | 416-928-9622 | https://ymcagta.org/youth-programs | Newcomers Youth (Arabic Speaking communities) | Tours, workshops about the city, fun activities, art and more | None |
| | NMCCESI | Sara - Rob or Rasha | nmccesi@gmail.com | NMC CESI | | | |
| Education/Training | | | | | | | |
| RCJP has partnered with Wes to connect and provide educational services. | Jump Start Talent | Mustafa Alio (Co-founder) | mustafa@rcjp.ca - 6476866300 | http://www.rcjp.ca | Newcomers Youth (Arabic Speaking communities) | Supports refugees and newcomers in their entry into both the education and job markets | None |
| | NMCCESI | Sara, Rob, Rasha | nmccesi@gmail.com | NMC CESI | For newcomers youth/ young adult in Canada | NMCCESI hosts weekly workshops are unique in their "exchange" principle: UofT students learn Arabic from Syrian newcomers, who learn English from UofT students through worksheets on topics related to Canadian society. | None |
| | Newcomer's educational support Canada | Hanan Nanaa | Hanannanaa20@gmail.com | https://www.facebook.com/groups/378428829179909/ | all ages | Self supporting group, sharing educational opportunities and answering questions related to education as well as organize uni/college info sessions. | None |
| | Canadian Educational Services | N/A | 1 647 340 7133/ info@educatoinexpress.ca | http://www.canadianeducatoinexpress.com | Students all ages. | Educational support, workshops, connecting students. They run different educational programs | talking to advisors/ some workshop are free |
| | World education services | N/A | 416 - 972-0070 | https://www.wes.org/ca/ | | They evaluate and advocate for the recognition of international education qualifications. | |
| | | N/A | | | | | |
| Employment | | | | | | | |
| | Jump Start Talent | Mustafa Alio | mustafa@rcjp.ca - 6476866300 | http://www.rcjp.ca | Refugees and newcomers to Canada | Jumpstart supports refugees and newcomers in their entry into both the education and job markets | None |
| | Youth Employment Services | N/A | 416-504-5516 / yes@yes.on.ca | https://www.yes.on.ca | youth | Yes leads the Canadian youth sector with innovative programs that empower disadvantaged and vulnerable youth to become self-sufficient contributing members of society. | None |
| | polycultural services | N/A | 416-439-1293 | http://www.polycultural.org | Youth/ Have PR, out of school and don't work | They have a special program for youth looking to find jobs, they offer a two weeks paid training for youth to connect, build up their resumes and get the canadian experience, Youth who complete the training will get a job placement position. | None |
| | Access employment | N/A | 416.921.1800 | http://accessemployment.ca/about-us | All ages | Offer trainings, connect and find jobs | None |
| | YWCA | N/A | 416.961.8100 | https://www.ywcatoronto.org/ | | They help women and girls flee violence, secure housing, find jobs, establish their voices, enhance skills and develop confidence | None |
| | Community Resources for Immigrant and Refugee Youth | N/A | | https://www.kidsnewtoCanada.ca/health-promotion/youth-resources | Youth | Connecting newcomer adolescents with community services | None |

VANCOUVER

| Type of Resources | Agency Name | Contact Person | Number | Website | Age | Services | Cost |
|--------------------------------|--|----------------|----------------|---|---|--|------|
| Mental Health Resources | | | | | | | |
| | Vancouver Coastal Health | | (604) 736-2033 | http://www.vch.ca/your-care/mental-health-substance-use/children-youth-mental-health-services | Youth, children and young adult | Assessment, Treatment, Consultation, Therapy, Psychopharmacological treatment, day programs and parent education. | None |
| | Kelty Mental Health | | 604-875-2084 | https://keltymentalhealth.ca/ | Individuals - all ages | Peer support from youth and parent peer support workers, Help navigating the mental health system | None |
| | Youth against violence line | | 1-800-680-4264 | http://www.youthagainstvviolenceline.com/ | Youth | They protect youth against violence and they offer services in all languages | None |
| | The Canadian Council for Refugees | | yn@ccrweb.ca | https://ccrweb.ca/en/youth/welcome | | A youth network, to support newcomers youth to settle and have easy access to services. | None |
| | Vancouver Association for the Survivors of Torture | | 604-299-3539 | http://vast-vancouver.ca/ | All ages | Promotes the mental health and healing of refugees through trauma-focused counselling and community-based support for individuals and families. | None |
| Settlement Resources | | | | | | | |
| | MOSAIC | | (604) 254-3932 | www.mosaicbc.com | All ages | Offers settlement, employment and counselling programs for and interpretation services. They offer many programs such as the Newcomers' Centre for Children and Families, HIPPY – At Home in Canada Project, Family Support Programs and Building Blocks | None |
| | ISSofBC Welcome Centre | | 604-684-2561 | https://issbc.org/service-types/get-settled | Children, youth, parents, adults, and seniors. | Newcomer services provide support to newcomers until they adapt to their new life in Canada. | None |
| | Progressive Intercultural Community Services Society | | 604.324.7733 | https://pics.bc.ca/about-us/ | all ages | Quick orientation, needs assessment and referrals, counselling, employment support, community connections and various workshops | None |
| | Newcomers Settlement Services & Support | | 604.254.5401 | https://www.kiwass.ca/our-program-types/newcomers/ | all ages | Provides a range of free settlement services to immigrants and refugees to help them learn about, settle and integrate into their new community. | None |
| | YMCA | | | https://qv.ymca.ca/Programs/Categories/immigrant-services | all ages | Training, Fitness, language, social and educational programs | None |
| Social Resources | | | | | | | |
| | City of Vancouver | | 604-873-7000 | https://vancouver.ca/people-programs/youth.aspx | all ages | Recreation services, community programs, fun activities and volunteer opportunities | None |
| | REACH program for youth | | 604-587-8100 | https://pcrs.ca/our-services/moving-ahead-program-for-youth/ | Youth /newcomers | Activities, community projects, workshops and tours | None |
| | Broadway youth resource centre | | 604-709-5720 | https://pcrs.ca/service-resource-centres/broadway-youth-resource-centre-2/ | Youth | Provides a wide range of social, health, education, employment, and life skills services to youth | None |
| | BC Centre for Ability | | (604) 451-5511 | http://bc-cfa.org/ | Children, Youth and young adult | Provides community-based services that enhance the quality of life for children, youth and adults with disabilities and their families in ways that facilitate and build competencies and foster inclusion in all aspects of life | None |
| Education/Training | | | | | | | |
| | North Shore Multicultural Society | | 604-988-2931 | https://nsms.ca/ | all ages | Offers information in multiple languages on settlement and integration services as well as they connect with settlement workers in schools and youth programs. | None |
| | Pathways to Education | | 416 646 0123 | https://www.pathwaystoeducation.ca/ | For youth in low-income communities | Provides the resources and network of support to graduate from high school and build the foundation for a successful future. | None |
| | ISSofBC | | 604-684-2561 | https://issbc.org/our-services/youth-in-tech | An immigrant or refugee youth ages 18 to 24 | Training in web development, digital marketing/design, or information and communications technology Paid work experience in the tech sector through employer partners | None |
| Employment | | | | | | | |
| | Drive youth employment | | 604.253.9675 | http://www.drivemyouthemployment.ca/ | All of our services are available to youth aged 16-30 | Offers specialized youth employment services, creative youth programming, and a drop-in resource room. | None |
| | WorkBC Centre | | 604-829-2300 | https://www.workbccentre-vancouvermidtown-east.ca/ | all ages | Offers no cost employment services, programs, information, and supports to all Vancouver Midtown residents seeking employment | None |
| | YWCA | | 604 699 1788 | https://ywcavan.org/programs/employment/focus-work | all ages | Helps people to identify the talent and experience they have to build connections and network that can help them find the right career path for their future. | None |

MONTREAL

| Type of Resources | Agency Name | Contact Person | Number | Website | Age | Services | Cost |
|------------------------------------|---|----------------|--|---|--|---|------|
| Mental Health Resources | | | | | | | |
| | Access Open Minds | N/A | 1-833-761-6131 | http://accessopenminds.ca/ | Youth | They are a national research network connecting youth, families and carers, researchers, service providers and policy makers to improve youth mental health care in Canada. | None |
| | addiction outreach | N/A | 514-814-4488 | http://addictionoutreach.ca/ | Men and women 15 and over who wish to stop using drugs, alcohol, or gambling | Provides intensive outpatient therapeutic and practical services for individuals suffering from drugs, alcohol and gambling addictions. | None |
| | West Island Neuropsychology and Counseling Centre (WINCC) | N/A | 514-505-8462 | https://westislandneuroandcounseling.com/ | All ages | Offers therapy; neuropsychological and psychoeducational testing; art, music and drama therapy; | None |
| | AMI-Quebec Action on Mental Illness | N/A | 514-486-1448 | https://amiquebec.org/youth/ | Youth and children | Mental health support, events, counselling, public awareness, support group. | None |
| Settlement Resources | | | | | | | |
| | Centre social d'aide aux immigrants (C.S.A.I.) | Lida Aghasi | (514) 932-2953 | http://www.centraide-mtl.org/en/agencies/centre-social-daide-aux-immigrants-csai/ | All ages | guidance and referral, consultation, interpretation and translation, job integration assistance, French courses, support with immigration and sponsorship procedures, information workshops on the host society, outings and cultural activities, collective kitchens. | None |
| | The Association for New Canadians (ANC) | N/A | (709) 722-9680 | http://www.ancnl.ca/ | All ages | Delivers programs and services that support all aspects of immigrant integration, ranging from settlement information and orientation to language learning, skills development and employment. | None |
| | OMETZ | N/A | 514.342.0000 | https://www.ometz.ca/gethelp/immigrants/ | All ages | Settlement services and integration activities: | None |
| | Centre for newcomers | N/A | 403.569.3325 | https://www.centrefornewcomers.ca/about-us | All ages | Workshops and programs for all, and they offer special programs for women. | None |
| | Say Ça | N/A | | https://www.saycamontreal.ca/en/ | Youth, 12 - 18 | A circle of support that seeks to support young refugees and immigrants during their transition into their new lives in Montreal. | None |
| | CACI | N/A | 514 856-3511 | http://caci-bc.org/en/about-us/ | All ages | Settlement and integration; Employability; Language courses and training; Community life; Integration through housing; Research and awareness; Interpretation and translation | None |
| | The Canadian Council for Refugees | N/A | yag@ccrweb.ca | https://ccrweb.ca/en/youth/nyce-project | Youth | Offers newcomer youth an opportunity to be leaders in their communities and tackle issues that affect them. | None |
| Social/Recreation Resources | | | | | | | |
| | Le centre culturel syrien | N/A | 514 467 4678 | https://www.centreculturelsyrien.org/about-us/ | All ages | Community networking events, Art workshops and they provide services to help Syrian newcomers to settle in Montreal. | None |
| | Alpa | N/A | 514 255-3900 | https://www.alpaong.com/english/ | All ages | Volunteering, Cultural activities, Sporting activities, Workshops: "Parenting in an Immigration Context" | None |
| Education/Training | | | | | | | |
| | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Employment | | | | | | | |
| | YES | N/A | 514-878-9788 | https://www.yesmontreal.ca/ | Job Seekers 18 - 40 | Provides extensive province-wide job search services for youth and young adults including one-on-one career counselling, workshops and webinars | None |
| | Alpa | N/A | 514 255-3900 | https://www.alpaong.com/english/ | All ages | Support in preparing to meet the requirements and reality of the job market Assistance identifying skillset and training needs Assistance writing resumes and cover letters Coaching for job interviews Meetings with employers Networking & Training in effective job search techniques | None |

CALGARY

| Type of Resource | Agency Name | Key Contact Person | Contact | Webpage | Age | Services | Cost |
|--------------------------------|--|--------------------|------------------------|---|---|---|------|
| Mental Health Resources | | | | | | | |
| | CMHA - Canadian Mental Health Association | N/A | (403) 297-1700 | http://cmha.calgary.ab.ca/ | All ages | Emotional support and encouragement; life skills coaching, referrals for professional, community and social supports and resources; education and awareness around mental health; development of coping skills to manage their recovery and wellness. | None |
| | Alberta Health Services/ Access Mental Health | N/A | 780-342-2000 | https://www.albertahealthservices.ca/about/about.aspx | All offer/ for students too | Mental health support | None |
| | Catholic Family Service | N/A | 403.233.2360 | https://www.cfs-ab.org/what-we-do/ | All ages | Mental Health and Well-being Empowering Parents Healthy Children Success in School | None |
| | Calgary Catholic Immigration Society | N/A | 403-262-8143 | https://www.ccisab.ca/about/ccis-facilities/mcrc.html | All ages (Refugees and refugee claimants who are unfamiliar with the health care system). | Health and Wellness Wellness and health resettlement services. | None |
| | Distress Centre Calgary | N/A | 403-266-4357 | https://www.distresscentre.com/ | All ages | Crisis Counselling Program, Immediate access to free professional counselling open to all. Short-term brief crisis counselling for individuals, couples, and families dealing with relationship issues, financial problems, emotional health, abuse/violence, depression, anxiety and other issues. | None |
| Settlement Resources | | | | | | | |
| | Immigrant Services Calgary | N/A | 403-265-1120 | https://www.immigrantservicescalgary.ca/ | Immigrants and refugees | English Programs, Translations, employment, Family support counselling, Youth and senior support | None |
| | Centre for Newcomers | N/A | 403.569.3325 | https://www.centrefornewcomers.ca/ | All ages | Job careers, family support, youth program, settlement services. | None |
| | settlement calgary | N/A | 403.265.1120 | https://settlementcalgary.com/ | All ages | Settlement information Online workshops/webinars Online settlement/employment counseling Job board Citizenship quiz Virtual career fairs Translation and Interpretation | None |
| | Syrian Refugee support group | N/A | srsrgcalgary@gmail.com | http://www.yycsyrc.ca/ | All ages (Syrians) | Settlement support | None |
| | Alberta Government | N/A | 780-427-2711 | | all ages, syrians | Settlement support, education, housing, health .. | None |
| | CCIS Alberta | N/A | 403.262.2006 | https://www.ccisab.ca/services/services-for/refugees.html | | Family support, youth educational programs and settlement support | None |
| | Calgary Catholic Immigration Society (CCIS) | N/A | 403-262-2006 | https://www.ccisab.ca/ | All ages (Immigrants) | Settlement and integration services to immigrants and refugees in Alberta. | None |
| | The Calgary Bridge Foundation for Youth (CBFY) | N/A | 403-230-7745 Ext. 201 | https://www.cbfy.ca/ | Youth (Immigrants) | Services for immigrant and refugee youth and their families by providing useful information, knowledge and experience as they build a life in Canada. | None |
| Social Resources | | | | | | | |
| | Propellus | N/A | 403-265-5633 | https://www.propellus.org/ | Youth | Volunteer Opportunity Database Online list of over 400 non-profit member organizations. | None |
| | City of Calgary, Arts & Culture, Recreation | N/A | | | | Festivals and community events. | |
| | The Genesis Centre of Community Wellness | N/A | 403-590-2833 | https://genesis-centre.ca/ | All ages | Drop-In Activities | None |
| | Westside Recreation Centre | N/A | 403-531-5875 | https://westsiderec.com/ | All ages | Drop-in and Registered Recreation Programs | None |
| | Vivo for Healthier Generations | N/A | 403-532-1013 | https://www.vivo.ca/ | All ages | Recreation Programs, sports, events and youth programs | None |
| Education/Training | | | | | | | |
| | Immigrant Youth Outreach project (IYOP) | N/A | 403.262.2006 | https://www.ccisab.ca/youth-teens/immigrant-youth-outreach-project.html | Youth 15 to 24 | Services to overcome cultural and language barriers by providing information and support in the areas of education and life skills training. | none |
| | Calgary Immigrant Educational Society | N/A | 403-235-3666 | https://www.immigrant-education.ca/programs/?qclid=CiwKCAjwtaJRBRBVEiwA8w2Q8BH0Y4IUfA-vHuG7L5y7ZhUPtmDRoEOeWsDFjGKYGMwg2-Jyn3PH0hoCWEUQAvD_BwE | All ages | Accounting programs. Clerical training program. Computer program instruction. Adult and youth employment skills programs | none |
| | Centre for Newcomers | N/A | 403-569-3339 | https://www.centrefornewcomers.ca/ | Newcomers | Canadian Business Essentials for Accountants. EthniCity Catering Training Program. Multicultural Peer Mentorship | None |
| Employment | | | | | | | |
| | Youth Employment Centre | N/A | 403-268-2490 | http://bbbscalgary.ca/wp-content/uploads/2014/10/calgary-youth-guide.pdf | youth / 15 -24 | connect with a career advisor, explore career and educational options , make resumes , learn to ace interviews , complete industry training | None |
| | Calgary Region Immigrant Employment Council | N/A | 587-894-7583 | https://www.criec.ca/ | immigrants, all ages | Professional Immigrant Cultural Competency and Mentoring, CRIEC assists local employers in implementing appropriate strategies designed to enable skilled immigrants to secure and retain employment matching with skills, experience and education. | None |
| | Centre for Newcomers | N/A | 403-569-3339 | https://www.centrefornewcomers.ca/ | Newcomers | Career development and job search. | None |
| | City of Calgary, Calgary Neighbourhoods | N/A | 403-268-2490 | http://nextsteps.org/ | youth ages 15 | Youth Employment Centre , Free career and employment services, Connection with a career advisor to research career and educational options. Job boards and job search assistance. | None |

HALIFAX

| Type of Resource | Agency Name | Contact Person | Contact | Website | Age | Services | Cost |
|--------------------------------|--|----------------|--------------------------|---|--|--|------|
| Mental Health Resources | | | | | | | |
| | Laing House | N/A | 902-425-9018 | https://www.lainghouse.org/ | 16 to 30 years (have a diagnosis of mood disorder, psychosis, and/or anxiety disorder) | It is a youth-driven, community-based organization where young people who are living with a mental illness can get the support they need to rebuild their lives. | None |
| | Leave out Violence(Love) | N/A | 1-902-429-6616 | https://loveorganization.ca/ns | youth who experienced violence | Their programs build critical understandings of violence, crime, and other issues that affect young people. Youth build skills, experiences and a sense of purpose. It provides youth with a safe and supportive environment to express their emotions and discuss their experiences and issues that they are concerned about. | None |
| | MacPhee Centre for Creative Learning (MCCL) | N/A | 902-469-2851 | http://macpheedcentre.ca/ | Youth, 12 - 19 years | Services in an environment of respect | None |
| | Phoenix Youth Programs | N/A | 902-420-0676 | https://phoenixyouth.ca/ | Youth, 12 - 24 years | Programs include; Phoenix Centre for Youth Phoenix Prevention Program, Phoenix Youth Shelter Phoenix Learning & Employment Program Health Services | None |
| | Autism Nova Scotia | N/A | 902-446-4995 | http://www.autismnovascotia.ca/ | All ages | Art Programs , Autism Aviators , Employer Education & Training , Employment and Job Readiness Programs , Lending Programs , Respite Programs , Social & Life Skills Training , Summer Programs | None |
| | Family Service Association | N/A | 902-420-1980 | | youth | Counseling Services Specializing In: • Depression • Anxiety & Stress • Anger & Violence • Grief & Loss • Substance Abuse | None |
| | Youth Project | N/A | 902-429-5429 | http://youthproject.ns.ca/ | youth, 25 and | Youth directed organization that is dedicated to providing support and services to youth, 25 and under, around issues of sexual orientation and gender identity, Programs and services include: Support groups, Referrals, Supportive counselling, Resource library, Educational workshops, Social activities, Food bank. | None |
| Settlement Resources | | | | | | | |
| | Immigrant Services Association of Nova Scotia | N/A | 902-423-3607 | https://www.isans.ca/ | All ages (immigrants) | settlement support including finding jobs and learning English. | None |
| | YMCA NOVA SCOTIA | N/A | (902) 425-3464 | http://www.ymcansworks.ca/immigrant-services/ | | Settlement programs, activities, educational and employment support | None |
| | Halifax Refugee Clinic | N/A | (902) 422-6736 | http://halifaxrefugeeclinic.org/?page_id=2 | All ages (refugees) | Legal and settlement services to refugee claimants in Nova Scotia who are unable to afford the services of private legal counsel | None |
| | Nova Scotia Child & Youth Care Workers Association | N/A | membership@nscycwa.com | https://nscycwa.com/about-us/ | Children and youth | Helping children and youth who are experiencing difficulties in their lives. Intervention takes place within the family, the community and other social institutions, and centers on promoting emotional, social and behavioral change and well-being within the context of daily living. Scotia, as well as ensuring the provision of quality services for children, youth, families and communities. | None |
| | 4-H Nova Scotia | N/A | 902-843-3990 | http://www.novascotia4h.ca/ | Youth | 4-H provides youth with technical, social, sportsmanship, leadership and life skills essential for their success in agriculture, business, government and community careers. | None |
| Social Resources | | | | | | | |
| | Fairview United Family Resource Centre | N/A | 902-443-9569 | https://www.ffcns.ca/ | Youth | - Recreation programs /fitness/health and wellness- Youth programs - Free onsite equipment and resources for borrowing | None |
| | MacPhee Centre for Creative Learning | N/A | 902-469-2851 | http://macpheedcentre.ca/ | Youth - 12 to 19 | Music Programs Art Programs Summer Programs Special Events | None |
| | The Spot Halifax | N/A | 902-717-1672 | https://arthives.org/arthives/sport | Below 30 years old | The Spot is a FREE artistic space for anyone under 30. At The Spot youth can play and record music, write, draw, paint, sculpt, take photos and videos. | None |
| | Nova Scotia Girl Guides of Canada | N/A | 902-423-5347 | https://www.girlguides.ca/web/ | Youth /girls | Challenges & Activities • Camping • International • Awards & Recognition • Girl Events | None |
| Education/Training | | | | | | | |
| | Nova Scotia Secondary School Students' Association (NSSSA) | N/A | nsssapresident@gmail.com | http://www.nsss.ca/ | High school students | Student-led leadership organization that produces energetic leadership conferences and opportunities for all high school students in Nova Scotia. | None |
| | THRIVE Education | N/A | 902-223-9023 | http://thriveducation.ca/ | Youth | Individual Mentorship • Special Interest Trip Series • Community Service Trip Series • Fun, Friends & Fantasy Series | None |
| Employment | | | | | | | |
| | Youth Live Program | N/A | 902.490.5589 | https://www.halifax.ca/about-halifax/employment/youth-opportunities/apply-youth-live | Youth between 16 and 24 years old, out of school and don't work | Trainings for youth to connect, build up their resumes and get the canadian experience, Youth who complete the training will get a job placement position. Certifications and Co-op opportunities. | None |
| | ESAP Youth Employment Program | N/A | 902-865-4091 | http://www.sackvillefire.ca/ | Youth | Services for youth with job readiness skills development and practical paid work experience.The first five weeks consist of various workshops dealing with job-readiness skills, life saving workshops, self-assessment analysis and other employment workshops. | None |
| | Skills Canada | N/A | 902-491-4640 | https://www.skillsns.ca/ | Youth | Services to explore skilled trades and technologies through a range of programming. Services include; Skilled Futures Program, In-Class Presentations, Essential Skills Challenge | None |
| | Centre for Entrepreneurship Education & Development | N/A | 902 421 2333 | https://www.ceed.ca/ | Youth | Youth Employability Program - Youth Entrepreneurship Education - Financial Literacy Training - Entrepreneurship Camp - Youth Entrepreneurship Resources | None |

This resource list has been prepared by the research team of the project 'Impact of Family Loss and Separation on Refugee Youth: Implications for Policy and Programs'. The materials can be used for non-commercial purposes — health and social/recreational.

