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3
4 **Quantitative guidance for efficient vertical flow measurements at the sediment-water**
5 **interface using temperature-depth profiles**

6
7 **Running title**

8 Quantitative guidance on the use of T - z methods

9
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26
27 **Key words**

Groundwater-surface water exchange

Analytical solutions

Groundwater discharge

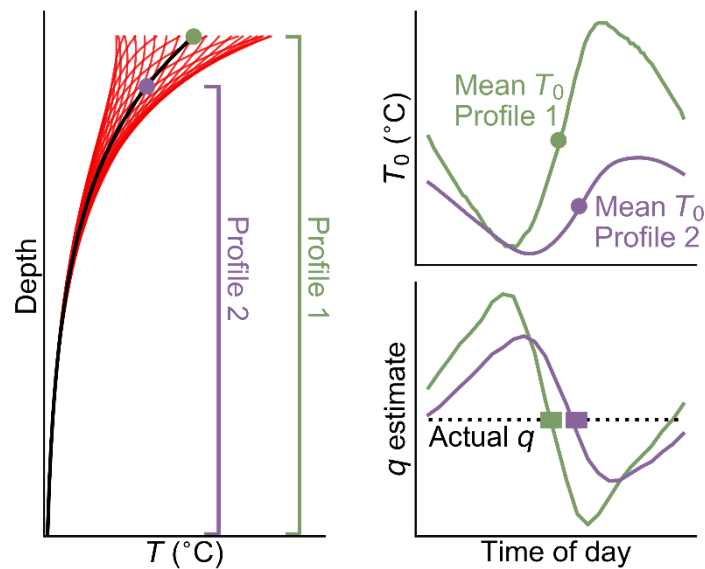
Streambed mapping

Hyporheic flow

Gaining stream

Heat as a groundwater tracer

River-aquifer interactions



30

31 Steady-state temperature-depth (T - z) profile methods to quantify vertical surface water-
 32 groundwater exchange fluxes are influenced by diurnal temperature variations. We provide
 33 guidance to best apply these methods to obtain reliable flux estimates. We show that flux
 34 estimates are most accurate when the shallowest temperature profile measurement
 35 approximates its daily mean temperature. In some cases, flux estimates are improved by
 36 omitting the most transient (shallow) part of a T - z profile (see profile 2), or by using the daily
 37 mean of time series-based T - z profiles.

38

39 **Abstract**

40 Upward discharge to surface water bodies can be quantified using analytical models based on
 41 temperature-depth (T - z) profiles. The use of sediment T - z profiles is attractive as discharge
 42 estimates can be obtained using point-in-time data that are collected inexpensively and rapidly.
 43 Previous studies have identified that T - z methods can only be applied at times of the year when
 44 there is significant difference between the streambed-water interface and deeper sediment
 45 temperatures (e.g., winter and summer). However, surface water temperatures also vary
 46 diurnally, and the influence of these variations on discharge estimates from T - z methods is
 47 poorly understood. For this study, synthetic T - z profiles were generated numerically using
 48 measured streambed interface temperature data to assess the influence of diurnal temperature
 49 variations on discharge estimation and provide insight into the suitable application of T - z
 50 methods. Results show that the time of day of data collection can have a substantial influence
 51 on vertical flux estimates using T - z methods. For low groundwater discharge fluxes (e.g. 0.1 m
 52 d^{-1}), daily transience in streambed temperatures led to relatively large errors in estimated flow

53 magnitude and direction. For higher discharge fluxes (1.5 m d^{-1}), the influence of transient
54 streambed temperatures on discharge estimates was strongly reduced. Discharge estimates
55 from point-in-time T - z profiles were most accurate when the uppermost point in the T - z profile
56 was near the bed interface daily mean (two time periods daily). Where temperature time series
57 data are available, daily averaged T - z profiles can produce accurate discharge estimates across
58 a wide range of discharge rates. Seasonality in shallow groundwater temperature generally had
59 a negligible influence on vertical flow estimates. These findings can be used to plan field
60 campaigns and provide guidance on the optimal application of T - z methods to quantify vertical
61 groundwater discharge to surface water bodies.

62

63 **1. Introduction**

64 Groundwater discharge influences stream biogeochemistry (Boulton, Findlay, Marmonier,
65 Stanley & Valett, 1998; Schmidt, Bayer-Raich & Schirmer, 2007; Caissie, Kurylyk, St-Hilaire,
66 El-Jabi & MacQuarrie, 2014) and maintains steady and spatially diverse stream temperatures,
67 providing thermal refugia for aquatic species (Brunke & Gonser 1997; Boulton et al., 1998;
68 Anibas et al., 2009; Wondzell, 2011; McCobb, Briggs, LeBlanc, Day-Lewis & Johnson, 2018;
69 Kurylyk, MacQuarrie, Linnansaari, Cunjak & Curry, 2015). Characterizing the vertical
70 exchange of water between surface water bodies and groundwater (or vertical hyporheic return
71 flow) can also be vital to determine the fate and transport of groundwater contaminants
72 (Conant, 2004; Schornberg, Schmidt, Kalbus & Fleckenstein, 2010). However, most point-
73 scale quantitative groundwater discharge measurement techniques are time and labor intensive
74 (e.g. González-Pinzón et al., 2015). Time constraints often limit the scope of evaluations of
75 groundwater-influenced habitat and reactive exchange. As the capabilities of large-scale
76 numerical models of groundwater-surface water exchange continue to expand (e.g. Sulis et al.,
77 2010), there is a critical need to implement efficient field measurement techniques across space
78 and time to generate more appropriate validation and calibration data for such models.

79

80 Vertical water flow across the sediment-water interface can be measured directly using seepage
81 meters (e.g. Lee, 1977; Murdoch & Kelly, 2003; Rosenberry, 2008), be inferred from Darcy's
82 law using measured hydraulic gradients and estimates of hydraulic conductivity (Conant,
83 2004), or using geochemical techniques (e.g. Cranswick, Cook & Lamontagne, 2014).
84 However, flowing water in streams and rivers can complicate the use of seepage meters even
85 with design modification (Rosenberry, 2008), and the instruments are difficult to properly seal
86 to armored streambeds. Estimates of upwelling based on Darcy's law are uncertain given the

87 large range and spatially variable nature of sediment hydraulic conductivity (Calver, 2001;
88 Cardenas & Zlotnik, 2003). Natural groundwater tracers offer an alternative approach to
89 measure vertical flow rate. In particular, the use of heat as a tracer of groundwater discharge
90 has increased in recent years, following reviews by Anderson (2005), Constantz (2008) and
91 Rau, Andersen, McCallum, Roshan, and Acworth (2014). Heat tracer methods offer several
92 advantages over chemical or hydraulic methods, primarily because temperature data can be
93 measured inexpensively and easily, without laboratory analyses (Anderson, 2005; Anibas et
94 al., 2009; Irvine et al. 2017a; Kurylyk, Irvine & Bense, 2019). Groundwater temperature data
95 can often be collected using hydrogeology instruments (e.g. pressure transducers or
96 conductivity loggers) already deployed on site for other purposes (Kurylyk & Irvine, 2019).
97 Logging thermistors do not typically experience drift problems that plague other types of
98 groundwater parameter data collection. Several open-source software packages are also
99 available to automate thermal data analysis to estimate rates of groundwater-surface water
100 exchange from temperature data using analytical or numerical methods (e.g. Gordon, Lautz,
101 Briggs & McKenzie, 2012; Irvine, Lautz, Briggs, Gordon & McKenzie, 2015a; Koch et al.
102 2016; Kurylyk et al., 2017; Munz & Schmidt, 2017).

103

104 Temperature-based analytical solutions to quantify fluid exchange between surface water and
105 groundwater fall into two categories: those based on the analysis of diurnal temperature signals
106 (e.g. Hatch, Fisher, Revenaugh, Constantz & Ruehl, 2006, Keery, Binley, Crook & Smith,
107 2007; McCallum, Andersen, Rau & Acworth, 2012; Luce, Tonina, Gariglio & Applebee,
108 2013), and those that use ‘steady-state’ temperature depth (T - z) profiles (e.g. Bredehoeft &
109 Papadopulos, 1965; Shan & Bodvarsson, 2004; Turcotte & Schubert, 2014). These methods
110 differ in that the diurnal temperature signal-based methods use temperature time series at two
111 or more depths, whereas T - z profile-based methods utilize point-in-time data at multiple depths.

112

113 The attributes of the diurnal temperature signal-based analytical solutions have been
114 investigated broadly, including the influence of heterogeneity (Irvine, Cranswick, Simmons,
115 Shannafeld & Lautz, 2015b; Birkel et al. 2016), non-sinusoidal temperature signals (Luce,
116 Tonina, Applebee & DeWeese, 2017), non-constant fluid fluxes (Irvine et al., 2015a, Rau,
117 Cuthbert, McCallum, Halloran & Andersen, 2015), multi-dimensional flow (Lautz, 2010;
118 Cuthbert & Mackay, 2013; Reeves & Hatch, 2016), and the uncertainty in flux estimates that
119 results from uncertainties in thermal properties (Shanafeld, Hatch & Pohll, 2011; Irvine et al.,
120 2017a).

121

122 Steady-state, T - z methods have been utilized in a wide range of applications, including aquifer-
123 scale estimates of vertical groundwater flow (Cartwright, 1970; Ferguson & Woodbury, 2003;
124 Bense & Kooi, 2004; Irvine et al., 2017b; Kurylyk et al., 2017) and submarine groundwater
125 discharge (Kurylyk et al., 2018; Tirado-Conde, Engesgaard, Karan, Muller & Duque, 2019).
126 However, T - z methods are most widely used to estimate groundwater discharge to inland
127 surface water bodies (e.g. Schmidt, Conant, Bayer-Raich & Schirmer, 2007; Anibas et al.,
128 2009; Anibas, Buis, Verhoeven, Meire & Batelaan, 2011; Caissie et al., 2014; Kurylyk et al.,
129 2017). For a detailed review on the use of T - z methods across a range of environments, the
130 reader is directed to Kurylyk, Irvine and Bense (2019).

131

132 The use of T - z methods offers major advantages over diurnal temperature signal methods in
133 that estimates of vertical water fluxes can be obtained using point-in-time or short-term (less
134 than a full signal period) data. This allows rapid quantification of the spatial distribution of
135 groundwater discharge to surface water bodies that is not possible with time-intensive diurnal
136 temperature signal methods for which it is advised that data be collected for several consecutive
137 days (Hatch, Fisher, Revenaugh, Constantz & Ruehl, 2006; Gordon, Lautz, McKenzie &
138 Briggs, 2012).

139

140 There have also been several investigations into the implications of field conditions not meeting
141 assumptions of the T - z methods. For example, large 2D spatial variations in hydraulic
142 conductivities caused by streambed heterogeneity can lead to large errors in discharge
143 estimates due to lateral conduction of heat (Schornberg, Schmidt, Kalbus & Fleckenstein, 2010;
144 Ferguson & Bense, 2011). The role of annual temperature variations at the sediment-water
145 interface is also important because steady state T - z methods rely on the curvature of a thermal
146 profile to quantify flux; these methods perform poorly when there is little thermal difference
147 between surface water and groundwater (i.e. a uniform T - z profile) (e.g. Schmidt et al., 2007;
148 Schornberg et al., 2010; Anibas et al., 2011).

149

150 While the influence of annual temperature variation on the upper boundary condition has been
151 investigated (e.g. Anibas et al., 2009), it is important to note that stream temperatures also
152 typically vary diurnally. The influence of diurnal surface water temperature variations and
153 superimposed annual temperature variation at the upper boundary on discharge estimates from
154 T - z methods is currently poorly understood, limiting the uptake of this relatively efficient

155 method for flux estimation. We postulate that certain characteristic times of day can be chosen
156 for T - z data collection to enhance the likelihood of accurate vertical flux estimates, negating
157 the need for data collection over time and thereby increasing practical spatial coverage. Thus,
158 the aims of this study are to explore the optimal application of T - z methods to quantify vertical
159 flow to surface water bodies. In particular, we 1) investigate the influence of diurnal
160 temperature variations with and without superimposed annual temperature variations on
161 discharge estimates from T - z methods, 2) explore the validity of utilizing daily mean T - z
162 profiles where time series data are available, 3) investigate the implications of omitting the
163 shallow portion of a T - z profile from analyses, and 4) utilize the above points to provide
164 practical field deployment and data analysis guidance on the use of T - z methods to infer
165 groundwater discharge to streams.

166

167 **2. Methods**

168 Details regarding the T - z methods theory, synthetic data creation, and data analysis are
169 described in this section.

170

171 **2.1 Heat transport theory**

172 Following Bredehoeft and Papadopoulos (1965), the equation for steady-state, one-dimensional
173 (1D) subsurface heat transport with fluid flow can be written as:

174

$$175 \lambda_0 \frac{\partial^2 T}{\partial z^2} - q C_w \frac{\partial T}{\partial z} = 0, \quad (1)$$

176

177 where λ_0 is the bulk thermal conductivity of the saturated sediment ($\text{W m}^{-1} \text{ }^\circ\text{C}^{-1}$), T is
178 temperature ($^\circ\text{C}$), z is sediment depth (m), q is the vertical fluid flux (positive downwards, m
179 s^{-1}), and C_w is the volumetric heat capacity of the water ($\text{J m}^{-3} \text{ }^\circ\text{C}^{-1}$).

180

181 Bredehoeft and Papadopoulos (1965) presented an analytical solution to Equation (1) as a
182 method to determine q from T - z profiles:

183

$$184 T(z) = T_0 + (T_L - T_0) \frac{\exp(\beta z/L) - 1}{\exp(\beta) - 1}, \quad (2)$$

185

186 where $T(z)$ is the temperature at depth, z , β is the dimensionless Peclet number calculated as (β
187 $=C_w q L / \lambda_0$), T_0 and T_L are the temperatures at the top (i.e. z_0) and bottom (i.e. z_L) of the profile
188 respectively ($^{\circ}\text{C}$), and L is the length of the profile (m). If C_w and λ_0 are known and conditions
189 are at steady-state, q can be determined by optimizing β to fit Eqn. 2 to an observed T - z profile.
190 Here we define the inferred flux from this method as q_{BP} . The Bredehoeft and Papadopoulos
191 (1965) method (herein referred to as the BP method) was extended to allow for variations in
192 thermal conductivity with depth for applications in the vadose zone (Shan & Bodvarsson, 2004)
193 or saturated, layered sediments (Kurylyk et al., 2017); however, layered systems are not
194 considered here.

195

196 Fundamentally, the BP method is based on the predicted departure of the T - z profile from a
197 linear diffusive (conductive) thermal gradient to a thermal gradient with curvature produced by
198 vertical fluid flow. The magnitude and directionality of the curvature (concave up or down) is
199 directly related to λ_0 and q . A key benefit of the BP method is that only point-in-time data are
200 required, thereby substantially reducing the effort required in data collection. Additional
201 benefits include that the BP method only requires that two thermal properties, i.e. C_w which is
202 essentially known (although variations due to temperature and/ or salinity occur), and λ_0 . In
203 contrast, methods that use diurnal temperature time series require data spanning several days.
204 Also, the thermal properties required to determine discharge from diurnal time series include
205 C_w , the volumetric heat capacity of the solids, C_s ($\text{J m}^{-3} \text{ }^{\circ}\text{C}^{-1}$), porosity (n), and λ_0 (e.g. Hatch,
206 Fisher, Revenaugh, Constantz & Ruehl, 2006, Keery, Binley, Crook & Smith, 2007), or C_w , C_s
207 and n (e.g. McCallum, Andersen, Rau & Acworth, 2012; Luce, Tonina, Gariglio & Applebee,
208 2013).

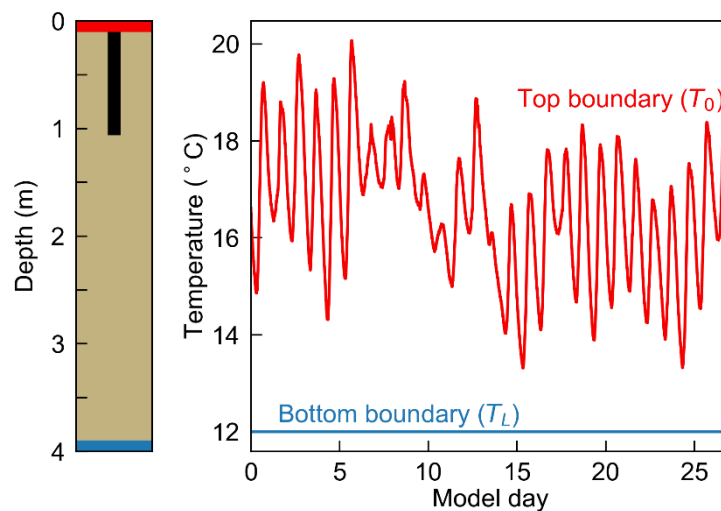
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210 **2.2 Synthetic data generation**

211 Synthetic time-varying temperature fields were produced using the finite element groundwater
212 flow and transport model FEFLOW (Diersch, 2014). The 1D numerical model domain used
213 for most experiments was a saturated sediment column that was 4 m in the vertical direction,
214 with a vertical discretization of 0.0125 m (Fig. 1). Later experiments investigate the influence
215 of annual temperature signals. These simulations either used the 4 m model domain, or a 10 m
216 high model, with a vertical discretization of 0.0125 m for the upper 2 m, ~ 0.02 m between 2
217 and 4 m, and ~ 0.03 m between 4 and 10 m.

218

219 Water flux through the models was varied using a specified flux boundary (constant in time).
 220 The upward fluxes tested in the model (denoted q_F) ranged from relatively low (-0.1 m d^{-1}) to
 221 high (-1.5 m d^{-1}). This range spans the fluxes either measured in field studies or used in other
 222 synthetic studies (e.g. Schmidt et al., 2007; Anibas et al., 2009; Anibas et al., 2011; Schornberg,
 223 Schmidt, Kalbus & Fleckenstein, 2010; Ferguson & Bense, 2011). The domain properties were
 224 $\lambda_0 = 2.5 \text{ W m}^{-1} \text{ }^\circ\text{C}^{-1}$, $C_w = 4.18 \times 10^6 \text{ J m}^{-3} \text{ }^\circ\text{C}^{-1}$, and C (bulk heat capacity of matrix) = 2.53×10^6
 225 $\text{J m}^{-3} \text{ }^\circ\text{C}^{-1}$, which represent properties for saturated sand.
 226



227
 228 **Figure 1:** Numerical model set up (left) and temperature boundary conditions (right). T - z
 229 profiles were extracted from the upper 1 m of the model (black bar). Red data (right) are
 230 modified (detrended) from Zimmer and Lautz (2014) so that the temperatures at the first and
 231 last time steps were equal.

232
 233 For all simulations, temperature time series were extracted at all nodes in the upper 1 m of the
 234 model domain as this represents a typical length of a sediment temperature probe. To more
 235 closely replicate the temperature resolution of commonly applied temperature loggers, the
 236 resolution of the modeled temperatures was set to $0.05 \text{ }^\circ\text{C}$. This resolution falls between 0.02
 237 $^\circ\text{C}$ of a HOBO Water Temp Pro v2 and $0.0625 \text{ }^\circ\text{C}$ of a Thermochron iButton.

238
 239 **2.2.1 Model set up for diurnal temperature signals**

240 Temperature time series data from the field work of Zimmer and Lautz (2014) were used to
 241 specify the temperatures at the upper boundary (i.e. T_0 , Fig. 1). These temperature time series
 242 were measured in the bed materials of Chittenango Creek, New York. The original dataset was
 243 detrended, so that the first and last temperature values were identical. A constant temperature

244 of 12 °C was applied at the lower boundary (i.e. T_L) to represent local shallow groundwater
 245 temperature. The use of a constant temperature at 4 m depth was appropriate, given the short
 246 duration of the model simulations (27 days). The simulations were run twice, with the final
 247 temperature field from the first run used as the initial condition for the second. This approach
 248 removed the influence of the initial temperature conditions on the simulation.

249

250 **2.2.2 Model set up for superimposed diurnal and annual signals**

251 Simulations were also performed to investigate the role of annual temperature signals on the
 252 use of T - z methods. To generate annual temperature signals for the lower streambed boundary
 253 condition, the approach of Goto, Yamano and Kinoshita (2005) was used:

254

$$255 \quad T(z, t) = \sum_i A \exp\left(\frac{v_{th}z}{2\kappa_e} - \frac{z}{2\kappa_e} \sqrt{\frac{\alpha + v_{th}^2}{2}}\right) \cos\left(\frac{2\pi t}{P} - \frac{z}{2\kappa_e} \sqrt{\frac{\alpha - v_{th}^2}{2}}\right), \quad (3)$$

256

257 where A is the annual amplitude (°C), v_{th} (i.e. $v_{th} = q C_w / C$) is the thermal front velocity (m s⁻¹)
 258 ¹), κ_e is thermal diffusivity (m² s⁻¹), P is the period (1 year), and α is defined as:

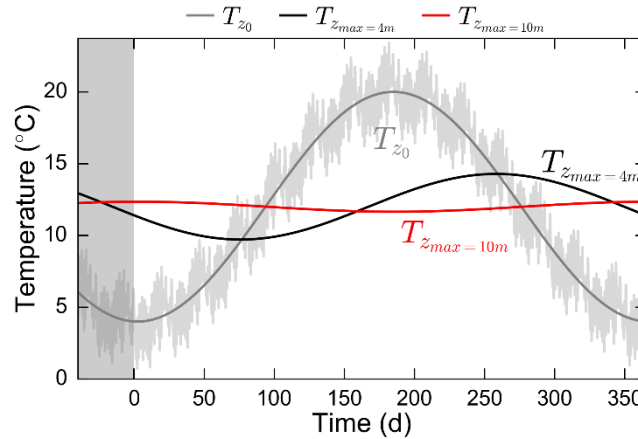
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$$260 \quad \alpha = \sqrt{v_{th}^2 + (8\pi\kappa_e/P)^2}. \quad (4)$$

261

262 The lower boundary conditions were generated assuming a regional recharge rate of 100 mm
 263 y⁻¹ (although the solution is relatively insensitive to this value). To produce the upper model
 264 boundary, an annual amplitude (A in Eq. 3) of the surface water (and hence the upper boundary,
 265 z_0) 8 °C was used (Fig. 2). The diurnal data from Zimmer and Lutz (2014) was superimposed
 266 on top of this annual signal to produce the upper boundary condition for the model.

267



268
 269 **Figure 2:** Temperatures for the upper boundary (grey), as well as T_L at 4 m (black) and 10 m
 270 (red). Grey zone denotes model spin up period.

271
 272 Two simulations were considered to investigate the role of annual temperature signals at the
 273 lower boundary. The first of these used the regular 4 m high model domain (Fig. 1, left). The
 274 temperatures at the lower boundary ($z = 4$ m) were generated using Eqn. 3, with a $z = 4$ m,
 275 representing the maximum depth that nearby recharged water infiltrated to before discharging
 276 to the stream. We herein refer to this maximum depth as z_{max} . The second simulation used z_{max}
 277 = 10 m in Eqn. 3. This simulation used a larger model domain, applying this temperature time
 278 series at the model bottom ($z = 10$ m). Diurnal signals decay in the ~ 1 m or so (Constantz,
 279 2008), and thus diurnal signals were not included in the lower (4 m or 10 m depth) boundary.
 280 Initial conditions for the simulations to investigate the influence of annual temperature signals
 281 were produced using a steady state simulation with the first value from the generated time
 282 series as the boundary conditions. The transient simulations were run with 40 days of spin up
 283 time to remove the influence of the initial model conditions on the simulated temperatures.

284
 285 **2.3 Data analysis**

286 The fitting of Eqn. 2 to field data can be readily automated by minimizing the difference
 287 between an observed and simulated T - z profile. While there are spreadsheet tools available for
 288 this (e.g. Arriaga & Leap, 2006; Kurylyk et al., 2017), the large number of T - z profiles requiring
 289 analysis here was better suited to a scripting environment. As such, q_{BP} values were estimated
 290 by minimizing the Root Mean Square Error (RMSE, °C) between the Bredehoeft and
 291 Papadopoulos (1965) solution and the FEFLOW output using the Nelder and Mead (1965)
 292 minimization method in Python. Only β was adjusted in this optimization routine, as the
 293 thermal properties were known. The top and bottom boundaries were generally assigned from

294 the temperatures at 0 and 1 m in the simulated profile, although the depth selection of the upper
295 boundary was also explored (see Section 3.2).

296

297 Estimates of q_{BP} were produced using either point-in-time or daily averaged T - z profiles
298 extracted from the modeled data set. The q_{BP} values were then compared to the known
299 groundwater flux, q_F , from the FEFLOW simulations.

300

301 **3. Results and Discussion**

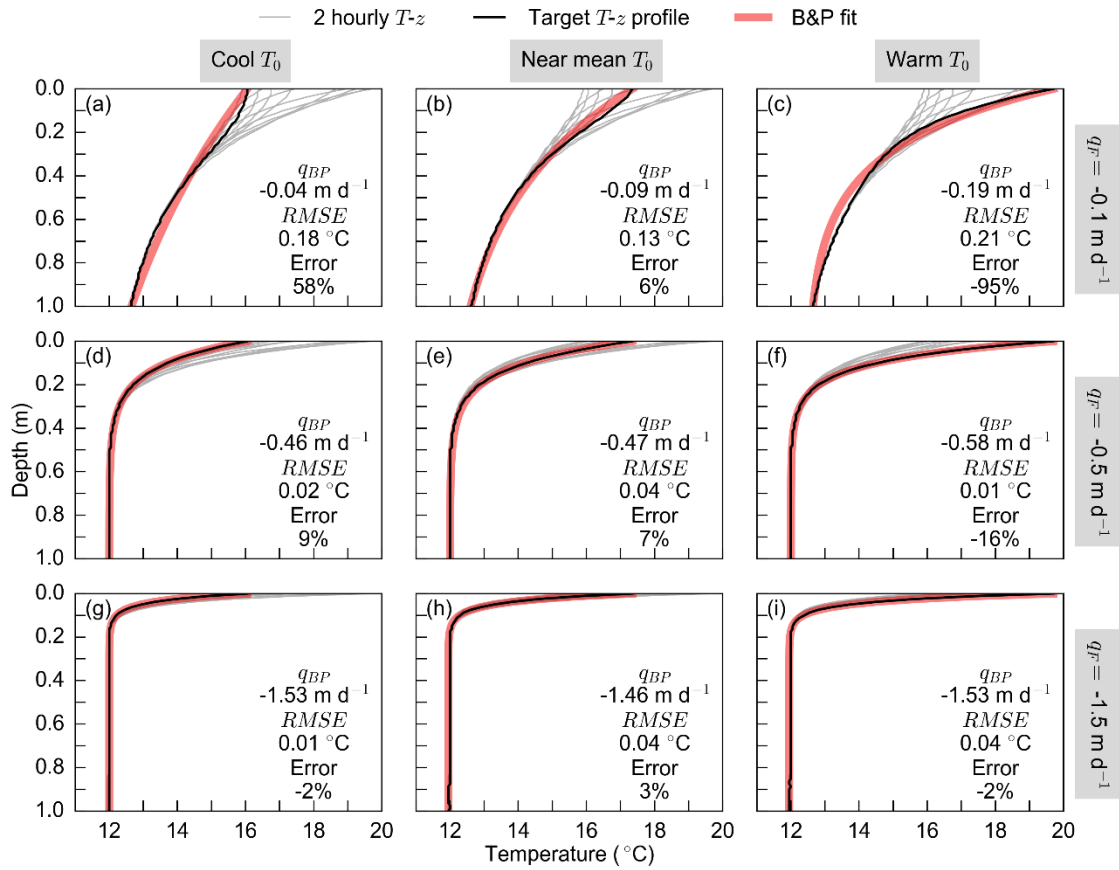
302 Sections 3.1 to 3.3 below use the temperature boundary conditions outlined in Fig. 1, whereas
303 Section 3.4 uses the boundary conditions outlined in Fig. 2.

304

305 **3.1 Use of point-in-time T - z profiles**

306 The influence of a diurnally varying upper boundary condition on T - z profiles under discharge
307 conditions is shown in Fig. 3. As the discharge rate increases (i.e. from Fig. 3a-c to Fig. 3g-i),
308 the depth that the surface temperature signal propagates reduces. The expected penetration
309 depth of a diurnal (sinusoidal) temperature signal could be determined using properties of the
310 temperature signal, flux and sediment (Briggs et al., 2014). This approach could be used to
311 estimate the thermal envelope depth.

312



313

314 **Figure 3:** T - z profiles for $q_F = -0.1 m d^{-1}$ (a, b, c), $-0.5 m day^{-1}$ (d, e, f), and $-1.5 m d^{-1}$ (g, h, i). Fitted BP solution (red) to simulated T - z profiles at different times of the day (black). Grey lines show two hourly T - z profiles throughout model day on the second day of the simulation. In each case, the root mean square error (RMSE, $^{\circ}C$) between the synthetic and fitted T - z profiles is presented. Columns show fitted data where the surface temperature was cool (left, i.e. (a, d, g)), near the daily mean surface temperature (middle, i.e. (b, e, h)), and where the surface temperature was warm (right, i.e. (c, f, i)).

321

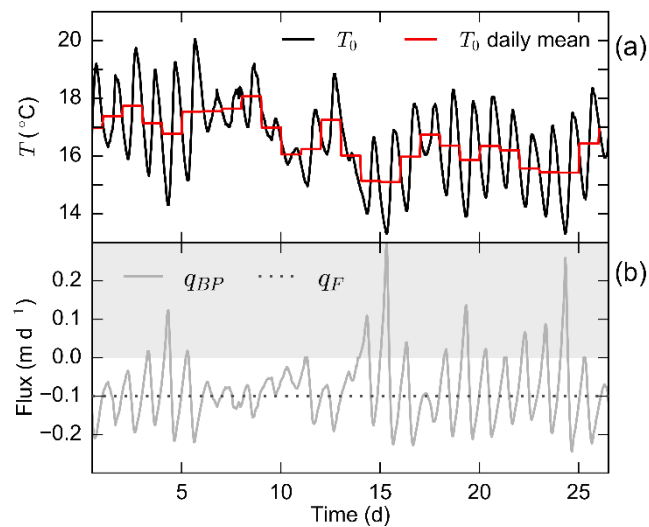
322 Fig. 3 shows T - z profiles that were extracted from the simulated temperature data in two-hour intervals, on the (arbitrarily selected) second day of the simulations. Using these T - z profiles, discharge was estimated at three times throughout the day: when T_0 was at its coolest (Figs 3a, 323 d, g), when T_0 was near its daily mean (Figs. 3b, e, h), and at its daily maximum (Figs. 3c, f, i). In particular, the errors in estimated discharge are more pronounced for the $q_F = -0.1 m d^{-1}$ case 324 (top row), with flux magnitude under-estimates of $0.06 m d^{-1}$ (Fig. 3a) and over-estimates of 325 $0.09 m d^{-1}$ (i.e., approaching 100% error, whereby negative errors denote stronger upwards flow, Fig. 1c), compared to the smaller errors for the $q_F = -0.5 m d^{-1}$ case (Figs. 3d-f) and the 326 $q_F = -1.5 m d^{-1}$ case (Figs. 2g-i). Fig. 3 also suggests that the errors in the inferred flux are 327 328 329 330

331 lowest when T_0 is at its mean; however, as the discharge rate increases, the importance of the
332 timing of the T - z measurement decreases.

333

334 The presentation of the T - z profiles and fitted BP method in Fig. 3 only shows discharge
335 estimates at three times across a 24-hour period (left, middle, right columns). However, when
336 temperature time series data are available (as is the case here), it is possible to process T - z
337 profiles at higher temporal resolution to further explore the role of transient boundary
338 conditions on discharge estimates. Fig. 4 shows estimates of q_{BP} in 1-hour intervals for the low
339 discharge case of $q_F = -0.1 \text{ m d}^{-1}$. For a reference, the T_0 (from Fig. 1) is presented (Fig. 4a,
340 black), as is the daily averaged mean temperature (Fig. 4a, red).

341



342

343 **Figure 4:** (a) T_0 (black) and the daily mean T_0 (red). (b) The calculated q_{BP} (grey) and the
344 actual $q_F = -0.1 \text{ m d}^{-1}$ in FEFLOW (black dot). Any q_{BP} estimate in the shaded gray region
345 has an incorrect flow direction.

346

347 The discharge estimates in Fig. 4b exhibit a diurnal pattern, generally oscillating around the
348 known q_F value. As the true discharge flux was constant, the peaks and troughs of the periodic
349 inferred flux time series represent the maximum errors in the inferred flux. These errors arise
350 because the BP method attributes T - z profile curvature entirely to heat advection from
351 groundwater flow, but profile curvature in these cases arises in large part from the diurnal
352 transience. Errors in discharge estimates were relatively low (compared to other time periods)
353 between model days six and 10 (errors on the order of $\pm 0.05 \text{ m d}^{-1}$, Figure 4b). These errors
354 are lower than the errors in other periods in the simulation because the T_0 diurnal amplitudes
355 are also low during this time period, and thus the conditions more closely satisfy the steady-

356 state assumptions of the BP method. Time periods with low amplitudes of the diurnal
357 temperature signals pose challenges when applying diurnal temperature signal methods. The
358 use of the BP method may be able to supplement time periods where diurnal signal-based flux
359 estimates are deemed to be unreliable.

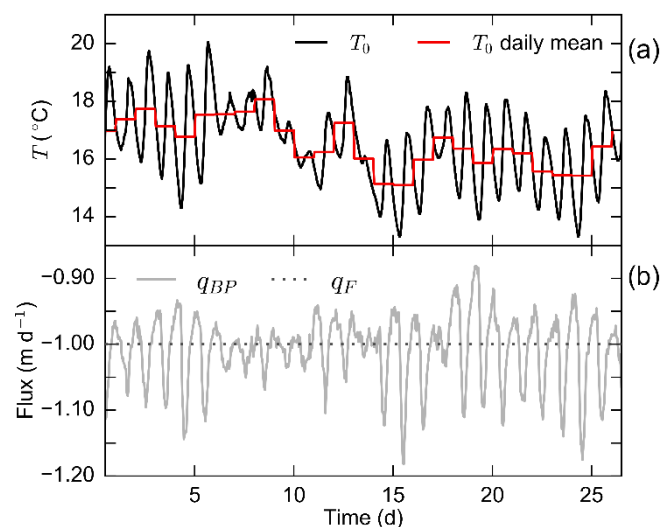
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361 The temperature change (Fig. 4a) at this low discharge flux can cause even the direction of the
362 inferred flux to be in error (Fig. 4b). For example, the q_{BP} estimate of 0.30 m d^{-1} (near day 15,
363 Fig. 4b) represents an error on the order of 400%. In general, positive (downwards) estimates
364 of q_{BP} should be perceived with caution as T - z methods are generally not used to estimate
365 downwards flow (e.g. Schmidt et al., 2007) unless the upper boundary temperatures are
366 relatively constant. For example, downwards flow (i.e. groundwater recharge) has been
367 determined using the BP method in streams that experience seasonal ice cover (e.g. Caissie et
368 al., 2014), or in deep-ocean seafloor sediments (Kurylyk et al., 2018).

369

370 The data analysis procedure shown in Fig. 4 is repeated in Fig. 5, where the results of the
371 analyses of the $q_F = -1.0 \text{ m d}^{-1}$ case are shown. While the q_F estimates in Fig. 5b have the same
372 oscillatory behavior as was the case where $q_F = -0.1 \text{ m d}^{-1}$ (Fig. 4b), it is important to note that
373 the q_{BP} estimates are generally more accurate (i.e. the signal amplitude/mean ratio is much
374 lower). For example, the q_{BP} estimates generally fall within $\pm 0.1 \text{ m d}^{-1}$, representing errors on
375 the order of $\pm 10\%$, far below, for example, the uncertainty of fluxes estimated from head data
376 via Darcy's Law.

377



378

379 **Figure 5:** (a) T_0 (black) and the daily mean T_0 (red). (b) The calculated q_{BP} (grey) and the
380 actual $q_F = -1.0 \text{ m d}^{-1}$ in FEFLOW (black dot).

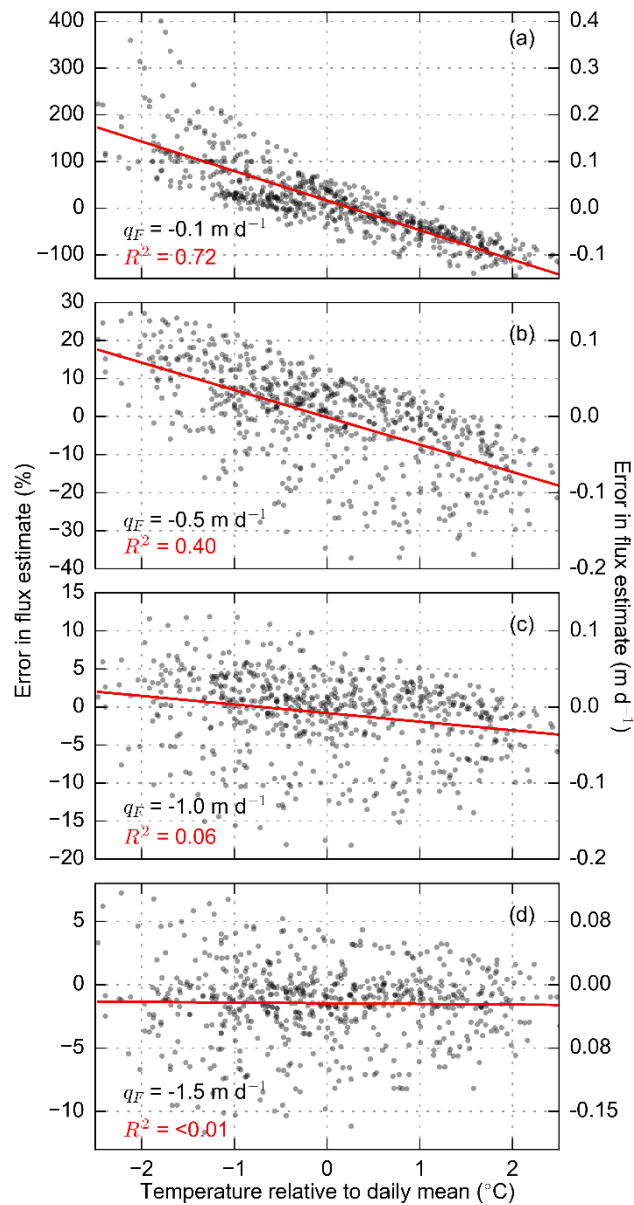
381

382 In both Figs 4b and 5b, the q_{BP} estimates are most accurate as the T_θ signals approach the daily
383 mean temperature (\bar{T}_0). This finding could be particularly useful if a dense network of
384 discharge estimates is to be collected within a short period of time. For example, Schmidt et al.
385 (2007) used a dense network of T - z profiles to produce spatial maps of discharge for the Pine
386 River in Ontario, Canada. The fact that the first occurrence of the mean daily surface water
387 temperature typically occurs mid-late morning is particularly useful given that daily field
388 campaigns are often launched around this time.

389

390 To further explore the impact of the intra-daily timing of the collection of field T - z profiles,
391 errors in discharge estimates are presented against the difference between a point-in-time T_θ ,
392 and the \bar{T}_0 for a range of discharge rates (Fig. 6).

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Figure 6: Errors in flux estimates (in %, left axis, and m d^{-1} , right axis) against the temperature difference between T_0 and \bar{T}_0 (i.e. difference between black and red lines in Fig 4a, 5a) for $q_F = -0.1 \text{ m d}^{-1}$ (a), -0.5 m d^{-1} (b), -1.0 m d^{-1} (c) and -1.5 m d^{-1} (d). Red lines denote linear regression, with R^2 listed in red text. Note the changes in the left vertical scales from (a) to (d). Positive errors denote discharge estimates which are closer to zero, i.e. lower discharge rates. Negative errors denote stronger discharge.

In particular, the $q_F = -0.1 \text{ m d}^{-1}$ case (Fig. 6a) demonstrates for low discharge conditions, collection time of T - z profiles can significantly influence errors in q_{BP} . When T_0 was cooler than \bar{T}_0 , discharge estimates yielded lower magnitudes, or suggested recharge conditions. For higher discharge rates (i.e. as shown in Figs. 6b-d), the regression slope decreases, as does the

406 R^2 ; highlighting that the importance of T - z profile collection time decreases with increasing
 407 flux. Also, the relative errors in q_{BP} estimates reduce substantially for higher discharge rates.
 408 For example, errors are generally within $\pm 10\%$ for $q_{BP} = -1.5 \text{ m d}^{-1}$ (Fig. 6d).

409

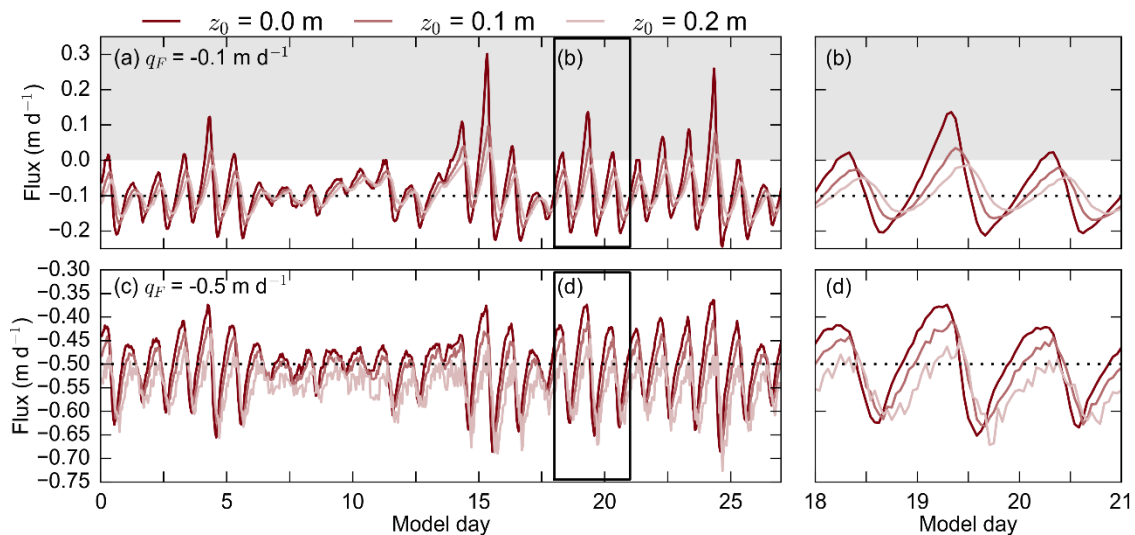
410 Discharge estimates (Figs. 3-6) are partly based on the highly transient shallow portion of the
 411 T - z profile. Previous work proposed transient thermal effects are minimized by omitting the
 412 shallow profile and/or reducing time series data down to a daily mean profile (Kurylyk et al.,
 413 2017); however, this approach has not been validated. Section 3.2 explores implication of
 414 omitting the shallow, transient portion of T - z profiles on vertical flux estimates. Section 3.3
 415 considers the impact of analyzing daily mean T - z profiles and uncertainty in thermal properties.

416

417 3.2. Omitting the shallow, transient portion of the T - z profile

418 To consider the potential advantages of focusing on less transient portions of a T - z profile, we
 419 consider profiles with the top boundary imposed at different depths below the stream-sediment
 420 interface. The results in Fig. 7 show the estimated q_{BP} values for $q_F = -0.1 \text{ m d}^{-1}$ (Fig. 7a, b),
 421 and $q_F = -0.5 \text{ m d}^{-1}$ (Fig. 7c, d). In both cases, three lengths of the T - z profiles were used to
 422 determine q_{BP} . Profiles sections were selected in which the entire profile was used (upper depth,
 423 $z_0 = 0 \text{ m}$), and in which the upper 0.1 and 0.2 m of the profile were excluded from the analyses
 424 (i.e. z_0 occurs at depths of 0.1 and 0.2 m).

425



426

427 **Figure 7:** Discharge estimates using point-in-time data. Estimates produced using T - z profiles
 428 between the upper depth of the profile, z_0 (m), and 1 m in depth (see legend). Results shown
 429 for (a) $q_F = -0.1 \text{ m d}^{-1}$, with subset shown in (b), and (c) $q_F = -0.5 \text{ m d}^{-1}$ with subset shown in

430 (d). Grey shading in (a-b) denotes where the flow direction of q_{BP} is incorrect. The known q_F
 431 is shown in dotted black.

432

433 For the $q_F = -0.1 \text{ m d}^{-1}$ case (Fig. 7a, b), the discharge estimates became increasingly accurate
 434 (amplitudes in inferred q_F time series decrease) as the upper, most thermally transient portion
 435 of the T - z profile was omitted from the analyses. The diurnal nature of the q_{BP} estimates has a
 436 phase lag as the z_0 increases (Figure 7a, b). This effect is related to the timing of the propagation
 437 of the surface signal to the uppermost temperature measurement used in the T - z profile. Thus,
 438 errors in estimation of vertical fluxes from the BP method will typically be lower when the
 439 temperature used for the upper boundary condition (T_0 at depth z_0) is near its daily mean.

440

441 The reduction in error with the use of an increasingly deeper z_0 as shown in Figs. 7a-b is not
 442 universally replicated for the $q_F = -0.5 \text{ m d}^{-1}$ case (Fig. 7c, d). Figs. 7c-d visually shows that
 443 errors reduce when $z_0 = 0.1 \text{ m}$, but that discharge rates are then generally over-estimated (i.e.
 444 q_{BP} are more highly negative) where $z_0 = 0.2 \text{ m}$. Tabulated statistics of errors (max-over and
 445 max-under estimates, means and standard deviations) for several discharge scenarios are
 446 presented in Table 1 below. The data presented in Table 1 range from $q_F = -0.1$ to -1.0 m d^{-1} .
 447 Higher discharge results (i.e. -1.5 m d^{-1}) are not presented, as the shallow part of a T - z profile
 448 contains the useful information for flux estimation using the BP method under strong discharge
 449 conditions as discussed below.

450

451 **Table 1:** Errors in discharge estimates from point-in-time T - z profiles from z_0 to 1.0 m over
 452 the 27-day period of the model simulations. A negative error denotes stronger discharge than
 453 reality, positive errors denote weaker discharge.

q_F (m d^{-1})	z_0 (m)	Error (m d^{-1})			Standard deviation (σ)
		Max Over- estimate	Max Under- estimate	Mean	
-0.1	0.0	-0.144	0.401 †	0.015	0.082
-0.1	0.1	-0.090	0.197 †	0.007	0.053
-0.1	0.2	-0.067	0.136 †	0.005	0.039
-0.2	0.0	-0.144	0.181	0.007	0.059
-0.2	0.1	-0.084	0.120	0.005	0.042
-0.2	0.2	-0.062	0.100	0.004	0.031
-0.3	0.0	-0.169	0.158	0.004	0.060
-0.3	0.1	-0.114	0.108	0.001	0.044
-0.3	0.2	-0.090	0.082	-0.003	0.033

-0.4	0.0	-0.181	0.148	0.001	0.062
-0.4	0.1	-0.138	0.106	-0.008	0.047
-0.4	0.2	-0.135	0.065	-0.024	0.038
-0.5	0.0	-0.186	0.136	-0.001	0.063
-0.5	0.1	-0.178	0.091	-0.016	0.050
-0.5	0.2	-0.226	0.064	-0.051	0.043
-1.0	0.0	-0.182	0.119	-0.008	0.052
-1.0	0.1	-0.611	0.401	-0.078	0.124
-1.0	0.2	-153.075 ‡	1.196 †	-10.646	37.979

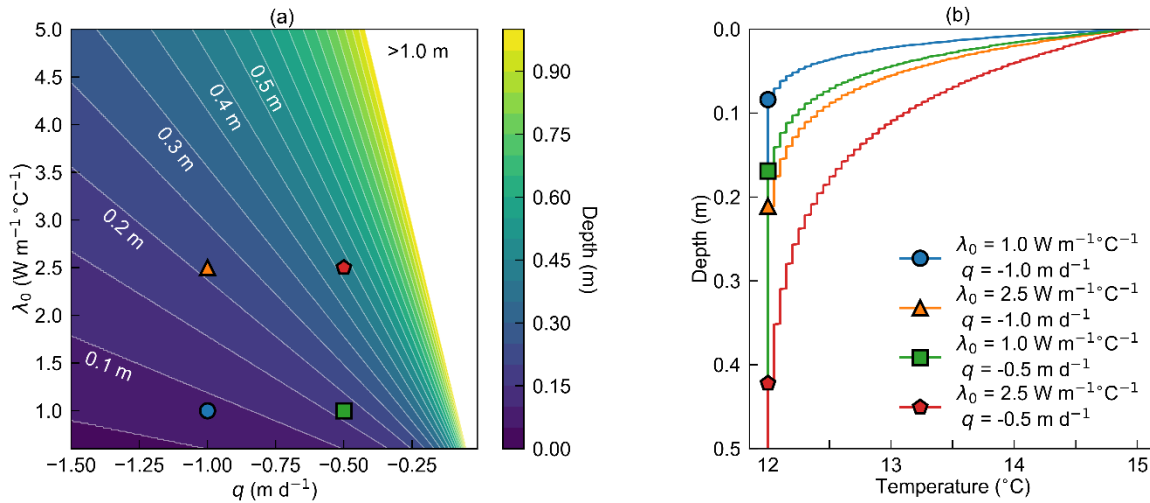
454 † denotes incorrect flux direction., ‡ denotes unrealistically large error due to very small difference between temperatures at
455 z_0 and z_L

456

457 To explain why errors do not always decrease as the uppermost transient part of a T - z profile
458 is omitted from the analysis, we explore the behavior of T - z profiles under idealized conditions
459 using Eqn. 2. (i.e. with 1D flow and steady T_0). As discharge increases, the deeper portion of
460 the T - z profile becomes vertical (uniform, e.g. see Figs. 3d-i). Thus, the shallow portion of a T -
461 z profile contains the most useful information to determine discharge in the case of high fluxes.
462 Fig. 8a shows the depth at which the vertical portion of a T - z profile will be reached, for various
463 values of thermal conductivity and discharge rate. Fig. 8b shows four example T - z profiles to
464 highlight the importance of the shallow data.

465

466



467

468 **Figure 8:** (a) The shallowest depth at which uniform temperatures are realized using Eq. 2. As
469 the upwelling rate increases, or as thermal conductivity decreases, uniform temperatures are
470 reached at shallower depths. Results shown for a temperature resolution of 0.05°C . Calculated
471 depth of >1.0 m are shown in white. T - z profiles in (b) correspond to the markers in (a).

472

473 For conditions where $q_F = -1.0 \text{ m d}^{-1}$ and $\lambda_0 = 2.5 \text{ W m}^{-1} \text{ }^\circ\text{C}^{-1}$ (Fig. 8, orange lines, triangle
474 markers), the non-vertical portion of the T - z profile is restricted to the upper $\sim 0.2 \text{ m}$ of the
475 profile. This explains why errors do not reduce as the shallow data are omitted from analyses
476 in Figs. 6c-d but also highlights the importance of capturing data in the upper $\sim 0.2 \text{ m}$ of the
477 bed materials. That is, removing this upper portion of the T - z profile removes the portion of the
478 profile that may contain useful information to determine the vertical flux. Fig. 8 can provide
479 insights into field data collection approaches if approximate thermal properties and an expected
480 range of discharge rates are known.

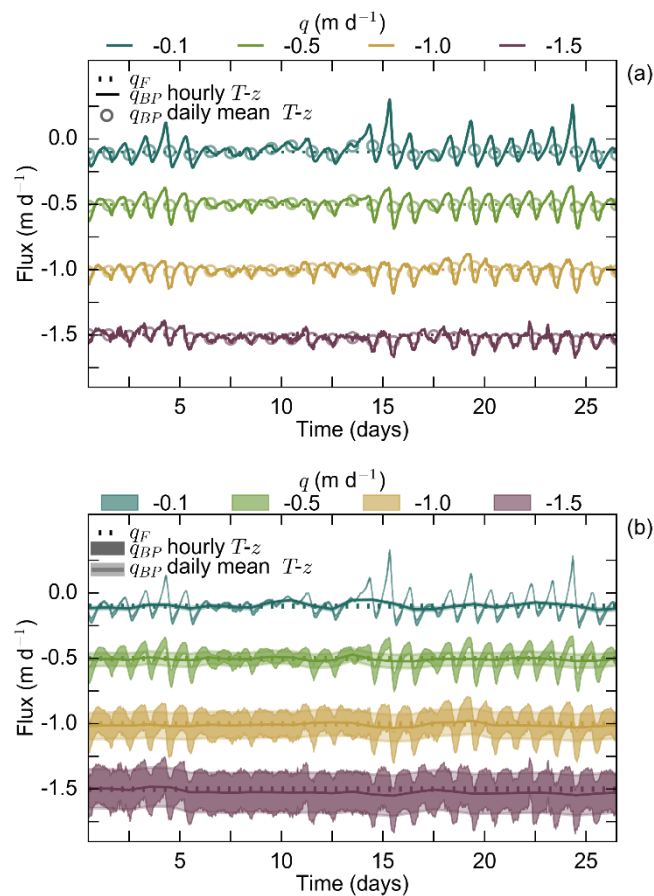
481

482 The analyses presented in Figs. 7, 8 and Table 1 suggest that omitting the most transient portion
483 of the T - z profile can reduce errors at low flux. However, the benefits of this approach are
484 reduced as the discharge rate increases because the zone of useful temperature information for
485 flux estimation collapses upward toward the water-bed interface. The portion of a T - z profile
486 that contains useful information could be identified using the ‘extinction depth’ equation from
487 Briggs et al. (2014). This approach is used to identify the maximum sediment depth for
488 sinusoidal (i.e. diurnal) temperature signal-based analyses under varied flux conditions (e.g.
489 Irvine et al. 2017a) but could also be applied to estimate the shallow portion of a T - z profile
490 with greatest curvature for steady-state analyses. Fig. 8 highlights the fact that the thermal
491 properties of the system should also be taken into consideration. In general, we recommend
492 collecting the profile from the sediment surface downwards and then evaluating if the upper
493 portion should be removed during data analysis based on whether the profile becomes vertical
494 at shallow depths or not.

495

496 **3.3 Use of daily averaged T - z profiles and uncertainties in thermal conductivity**

497 When temperature time series data are available, the use of daily averaged T - z profiles can be
498 another approach to reduce the influence of diurnal temperature variations at the upper
499 boundary. This approach may be useful when a temperature profiler was installed for
500 insufficient duration of time to apply diurnal temperature signal methods (e.g. Hatch, Fisher,
501 Revenaugh, Constantz & Ruehl, 2006; McCallum, Andersen, Rau & Acworth, 2012), which
502 typically benefit from omission of the first and last few days of the data set due to issues
503 introduced by signal processing (Hatch, Fisher, Revenaugh, Constantz & Ruehl, 2006; Irvine
504 et al., 2017a). A comparison of discharge fluxes inferred via the BP method for hourly T - z
505 profiles (light shades) and daily averaged T - z profiles (darker shades, with markers) is shown
506 in Fig. 9.



508

509 **Figure 9:** (a) q_{BP} estimates for $q_F = -0.1, -0.5, -1.0$ and -1.5 m d^{-1} . Darker shading denotes the
 510 q_{BP} estimates from hourly $T-z$. Lighter shade shows the q_{BP} estimates using daily mean $T-z$
 511 profiles. q_F for the cases shown here are denoted by the dotted line. (b) repeats the analyses in
 512 (a) but includes $\pm 10\%$ uncertainty in λ_0 .

513

514 In particular, the reduction in error for the $q_F = -0.1 \text{ m d}^{-1}$ is significant when using daily
 515 averaged instead of point in time $T-z$ profiles (Fig. 9a), with a maximum over-estimate of 0.048
 516 m d^{-1} (48%), and maximum under-estimate of 0.030 m d^{-1} (30%) with the daily averaged
 517 approach. This error range does not exceed the uncertainty associated with fluxes estimated
 518 from head data. In contrast, the hourly $T-z$ data produced discharge estimates with errors
 519 ranging from maximum under-estimates of 0.401 m d^{-1} ($\sim 400\%$) and maximum over-estimates
 520 of -0.144 m d^{-1} ($\sim 140\%$). While the benefits of the use of daily average $T-z$ profiles diminishes
 521 as the discharge rate increases, in all cases considered, the use of daily average $T-z$ profiles
 522 leads to more accurate discharge estimates.

523

524 The analyses considered thus far have assumed that thermal conductivity was known. With the
525 form of Eqn. 2, the errors introduced to discharge estimates from unknown or poorly
526 constrained thermal conductivities will be linear. For example, Fig. 9b repeats the analyses
527 presented in Fig. 9a if λ_0 was known to $\pm 10\%$. Even in cases where λ_0 has been measured,
528 uncertainties will remain. For example, a Tempos Thermal Property Analyzer can measure λ_0
529 with an accuracy of $\pm 10\%$. It is important to note that, if the material type is known, thermal
530 conductivity can generally be reasonably well constrained from tabulated values of thermal
531 conductivities (e.g. Stonestrom & Blasch, 2003; Anderson, 2005; Irvine et al., 2017a).

532

533 As a way of comparison between vertical fluxes estimated from point-in-time and daily
534 averaged T - z profiles, maximum over- and under-estimates, as well as mean and standard
535 deviations of q_{BP} estimates, are provided in Table 2.

536

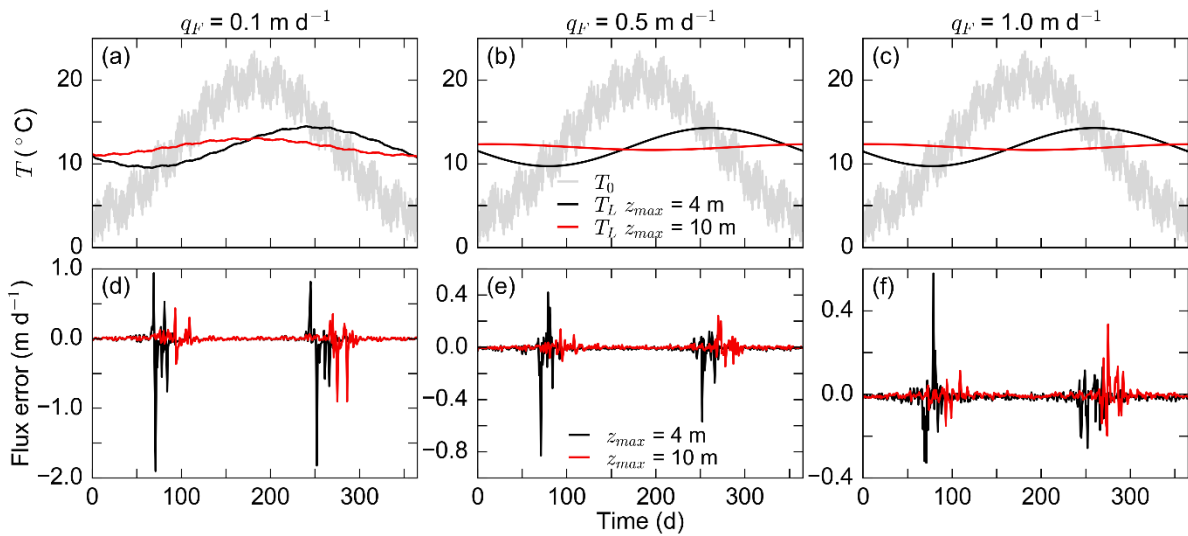
537 **Table 2:** Errors in discharge estimates using point-in-time (PIT) or daily averaged (avg) T - z
538 profiles. Negative error (in m d^{-1} or %) denotes estimates of stronger discharge than actual.

q_F (m d^{-1})	Approach	Max over-estimate		Max under-estimate		Mean error		Standard deviation (σ)	
		m d^{-1}	%	m d^{-1}	%	m d^{-1}	%	m d^{-1}	%
-0.10	PIT	-0.144	-144	0.401	401	0.015	15	0.082	82
-0.10	avg	-0.030	-30	0.048	48	0.002	2	0.023	23
-0.20	PIT	-0.144	-72	0.181	91	0.007	4	0.059	30
-0.20	avg	-0.021	-11	0.036	18	0.002	1	0.015	8
-0.30	PIT	-0.169	-56	0.158	53	0.004	1	0.060	20
-0.30	avg	-0.023	-8	0.037	12	0.000	0	0.014	5
-0.40	PIT	-0.181	-45	0.147	37	0.001	0	0.062	16
-0.40	avg	-0.023	-6	0.033	8	-0.004	-1	0.013	3
-0.50	PIT	-0.186	-37	0.136	27	-0.001	0	0.063	13
-0.50	avg	-0.023	-5	0.029	6	-0.006	-1	0.012	2
-0.75	PIT	-0.190	-25	0.140	19	-0.005	-1	0.059	8
-0.75	avg	-0.027	-4	0.017	2	-0.008	-1	0.011	1
-1.00	PIT	-0.182	-18	0.119	12	-0.008	-1	0.052	5
-1.00	avg	-0.032	-3	0.021	2	-0.010	-1	0.013	1
-1.25	PIT	-0.110	-9	0.135	11	0.021	2	0.045	4
-1.25	avg	-0.022	-2	0.030	2	0.018	1	0.010	1
-1.50	PIT	-0.174	-12	0.109	7	-0.022	-1	0.046	3
-1.50	avg	-0.050	-3	0.018	1	-0.022	-1	0.017	1

539

540 3.4 Investigating the influence of annual temperature signals

541 The results in Fig. 10 show that the addition of annual temperature signals, both at the upper
 542 and lower boundaries does not significantly alter the q_{BP} estimates for most of the year where
 543 there is a large difference between z_0 and z_L . The smaller oscillating errors (Fig. 10 d-f) are
 544 caused by the diurnal signals included in the boundary condition, while the large error spikes
 545 are introduced by the annual signals.
 546



547 **Figure 10:** (a-c) Showing temperature time series used for the upper boundary (i.e. z_0 , grey,
 548 superimposed diurnal and annual signals) and at $z = 1 \text{ m}$ for the $z_{max} = 4 \text{ m}$ simulation (black)
 549 and the $z_{max} = 10 \text{ m}$ simulation (red). (d-e) Errors in q_{BP} estimates using daily averaged T - z
 550 profiles. Note that the q_{BP} was removed for day 275 from the $z_{max} = 10 \text{ m}$ model results given
 551 that the T - z profile was near vertical and produced an unrealistically high error.
 552

553
 554 The errors for the $z_{max} = 4 \text{ m}$ models (Fig. 10d-f, black) were generally larger than the $z_{max} =$
 555 10 m model (Fig. 10d-f, red). For example, the over- and under-estimates for the $q_F = -0.5 \text{ m}$
 556 d^{-1} case (Fig. 10e) for the $z_{max} = 4 \text{ m}$ model ranged between -0.827 m d^{-1} and 0.419 m d^{-1} (mean
 557 -0.010 m d^{-1}). In comparison, the $z_{max} = 10 \text{ m}$ model errors ranged between -0.146 m d^{-1} and
 558 0.240 m d^{-1} (mean $\sim 0.0002 \text{ m d}^{-1}$). The largest over- and under-estimates occur during time
 559 periods where T_0 approaches T_L . These findings are generally consistent with the results of
 560 Anibas et al. (2009) and suggest that (1) annual and diurnal temperature signals are convoluted
 561 in shallow streambeds, but diurnal signals tend to overwhelm effects from annual signals and
 562 (2) when using T - z profile-based methods, it is typically more important to consider potential
 563 transient effects from diurnal signals than those from annual signals, except for periods in the
 564 year when there is no streambed thermal gradient. This finding is also applicable to the use of
 565 T - z profile-based methods for the quantification of shallow groundwater discharge rates, as

566 groundwater with effective source flow path depth within approximately 6 m of land surface
567 will commonly show a pronounced annual temperature signal (Constantz, 2008; Briggs et al.
568 2018)

569

570 **4. Conclusions and implications for field studies**

571 The cases considered here were for steady, uniform 1D flow under upwelling conditions.
572 Groundwater discharge is typically most vertical toward the center of the stream channel, but
573 becomes highly oblique toward the banks (Modica, 1999). Irvine, Cartwright, Post, Simmons
574 and Banks (2016) highlighted that in multi-dimensional flow fields, T - z profile analyses
575 provide an estimate of the average vertical flux over the length of the T - z profile. Thus, with
576 multi-dimensional flows, varying the length of the T - z profile used may lead to discharge
577 estimates over different lengths. In low discharge conditions, provided that sufficient density
578 of data points are available along a profile, it may be possible to produce depth-dependent
579 estimates of vertical fluxes.

580

581 The use of T - z profiles to provide point estimates of groundwater discharge is a promising
582 technique, given that high-resolution temperature probes are relatively inexpensive, and that
583 data can be collected rapidly, allowing spatial mapping of vertical fluxes that is otherwise
584 difficult to achieve. Herein, we provide the first study and guidelines for considering and
585 correcting for the impacts of diurnal temperature variability when assuming steady-state T - z
586 profiles (i.e. Eqn. 2). We also consider the convolution of annual and diurnal temperature
587 signals and their combined transient impacts on flux estimates derived from steady-state
588 approaches. While data analyses are relatively straightforward, several steps in data collection
589 and analysis can be taken to increase the likelihood of accurate discharge estimates:

590

591 (1) In cases where only point-in-time data are available, more accurate discharge estimates can
592 be obtained when the upper T - z profile boundary is near its daily mean temperature. The
593 importance of the timing of data collection decreases as the vertical flux increases.

594

595 (2) For lower-flux systems with strong surface diurnal temperature signals, it may be desirable
596 to remove the shallowest section of T - z data from vertical flux analysis. The thickness of the
597 removed section can be estimated using the predicted extinction depth of a diurnal signal
598 amplitude. The omission of highly transient shallow temperature data is helpful in improving
599 accuracy of vertical flux estimates for lower fluxes, but omitting the shallow data can be

600 problematic at high rates of upwelling (e.g. $q < -0.5 \text{ m d}^{-1}$) as thermally uniform profiles
601 develop at depth. It is beneficial to ensure that a thermal probe is used with many measurements
602 of temperature (i.e. thermal sensors) available with depth to allow maximum flexibility for data
603 analyses.

604

605 (3) If temperature time series data are available, accurate discharge estimates can be obtained
606 by averaging (mean) the temperature data over a daily time period at each depth. This approach
607 may be useful in cases where time series data are available but do not extend over a sufficient
608 duration to apply diurnal temperature signal methods, or when diurnal signals are not ideally-
609 formed such that the phase and amplitude cannot be accurately extracted.

610

611 (4) The propagation of annual temperature signals into shallow streambeds can create thermally
612 uniform conditions with depth, making it challenging to apply thermal tracing approaches
613 based on a T - z profile curvature (Anibas et al., 2009). These conditions can be checked at the
614 beginning of a field campaign to prevent later data analysis issues.

615

616 In summary, spatially dense streambed upwelling mapping is possible using point-in-time
617 profiles that can be efficiently recorded and analyzed using steady-state analytical approaches.
618 Hydrologists have understood that these techniques have inherent limitations because
619 streambeds exhibit diurnal thermal transience. Accordingly, they have employed more
620 intensive methods based on diurnal thermal signal transfer. These methods require probes in
621 place for multiple days of thermal data and thus limit the number of locations studied. Here we
622 demonstrate that diurnal transience errors are minimal for strong upwelling, and can be
623 minimized using the approaches above in the case of weak upwelling. In particular, judiciously
624 selecting the time of day for data collection and the appropriate probe thermal sensor depths
625 can reduce errors to values less than or comparable to those associated with most alternative
626 techniques for quantifying upwelling.

627

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634

635 **Data availability statement**

636 The data that support the findings of this study are available from the corresponding author
637 upon reasonable request.

638

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