

Snack and Book Match

By Maggie Neilson

Sometimes there's nothing better than curling up with a good book on a rainy day with a mug of tea and treats in hand! When teens come to you for book suggestions on a dark and dreary day, why not suggest a snack or treat to go with it? Here are a few suggestions to give teens who want to indulge in a little munching while reading a rainy day book! Don't be afraid to incorporate these ideas into programming or activities too; teens love to snack and it's a great way to accent any book genre!



For a teen who likes Victorian classics such as *Jane Eyre* by Charlotte Bronte, *The Picture of Dorian Gray* by Oscar Wilde, or *Sense and Sensibility* by Jane Austen, why not suggest some earl grey tea and short bread biscuits? You can find numerous shortbread recipes online, or you can make your favorite family recipe!

What about a teen who wants to sit down with the *Harry Potter* series by J. K. Rowling, the *Bartimaeus* series by Jonathan Stroud, or the *Young Wizards* series by Diane Duane? How about some wizard inspired treats? *Harry Potter* fan sites often have recipes and snack suggestions – try making pumpkin pasties, licorice wands, or butter beer!



Teenagers reading classic books inspired by veggie-loving, four-legged friends? Some fresh and tasty veggies or fruit would go well with *Watership Down* by Richard Adams or *Redwall* by Brian Jacques. Try slicing up some veggies or fruit. A ranch dip goes well with the vegetables, while a yogurt and whipped cream dip is a perfect match for fresh fruit!

Warm, funny, or feel-good books need a treat that creates the same sensation! Teens could snuggle down with *The Disreputable History of Frankie Landau-Banks* by E. Lockhart, *Angus, Thongs, and Full Frontal Snogging* by Louise Rennison, or *The Princess Bride* by William Goldman, and some warm chocolate chip cookies and milk. Use your favorite recipe!

