

This particular issue of the YA Hotline is dedicated to all things food, including great recipe ideas for young adults to try out, examples of healthier eating programs in schools and important information about the awareness of eating disorders. As we all know, teens like food, and it's a great selling point to offer snacks and refreshments when you want to attract them to an event - after all, who doesn't like a free meal? Young adult interest in cooking has been definitely on the rise with the advent of food blogs and the increasing popularity of cooking shows featuring younger chefs such as Jamie Oliver and Rachael Ray. We, the contributors to this flavourful edition of YA Hotline, feel that the issues surrounding food are not only of increasing importance to young adults, but of increasing interest as well. We have put together what we hope will be both a highly entertaining and informative issue for all your young adult foodie needs. Happy reading and happy snacking!

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Julia Gabrini is working towards her MLIS degree at Dalhousie University. She is a vegetarian who occasionally cheats so that she can eat her favourite food – sushi.



Patricia Lim is an MLIS student with a bachelor's degree in Marketing. Since she was a teen (and even before), she has enjoyed eating, cooking and also reading about food... but she has mostly enjoyed the eating. The most adventurous thing Patricia has eaten was chicken feet.



Jessica Mauger is currently enrolled in Dalhousie's School of Information Management program, is originally from Newfoundland and loves just about all Italian food, particularly Fettuccine Alfredo.



Paige McGeorge once thought about training as a chef, but decided she would rather be a librarian. She is the webmistress of [chef-girl.net](http://chef-girl.net), and her favourite foods centre on bright, fresh flavours.