



**The Balhousie Gazette**  
North America's Oldest Campus Newspaper, Est. 1868



Our Annual  
**LOVE & SEX**  
Issue



DALHOUSIE  
STUDENT  
UNION

## DSU Weekly Dispatch

Mark Your Calendars for Upcoming Events

### Fusion Friday

Friday, February 11

Come out and see Maddison Ave and Soho Ghetto perform at the Grawood! Tickets are only \$5.00 for Dal students and \$10.00 for non Dal students

This is a charity event with the proceeds going to the Learning Disabilities Association of Nova Scotia. So come out and show your support and hear some great bands at the same time!

This is a wet event so you must be 19+ to attend.

### SUITCASE PARTY AT THE GRAWOOD

Saturday, February 12

What would you think if we told you, you could win a trip to an all inclusive resort during spring break for only \$5.00???????

Come to the Grawood and see DJ Psycho Sykes and also for a chance to win this fabulous trip for you and a friend. The cost is only \$5.00 and if you are the lucky winner it will not cost another cent!

Make sure you purchase your tickets in advance at Travel Cuts in the SUB. You can purchase tickets at the door but with a prize like this tickets are sure to sell out in advance.

Please note that employees of the DSU are not eligible for this prize but should your friend win they could definitely take you along!

### Open Mic

Wednesday, February 16

Come out and watch you fellow students, faculty and staff showcase their talents or even participate yourself! The show starts at 9:00pm in the Grawood but come early to get a seat and enjoy some tasty wings while you wait

Please note you must be 19+ to attend this event.

### DJ Grand Theft

Thursday, February 17

Come to the Grawood and rock out with DJ Grand Theft! Tickets are only \$5.00 and there will be drink specials throughout the evening.

Please note that you must be 19+ to attend this event.

### Your Voice Your DSU

Thursday, March 3

We will begin conducting consultations with students on **DSU FOOD SERVICES!** Keep an eye out for further information on the Your Voice Your DSU consultation process!

We will be keeping you all posted on the details of the event as they begin to unfold!

### Grawood Specials and Regular Programming

Open Every Monday through Friday for lunch from 11:30am - 1:30pm

Open for dinner Wednesday through Friday from 5:00pm - 9:00pm.

Join us for Wing Nights every Wednesday night from 5:00pm to 9:00pm.

Wings are only 30 cents!!!

Come try our Burger, Fries and a Draft special for just \$5.95 every Thursday from

5:00pm - 9:00pm. Why not stay for Trivia night? The Grawood hosts an exciting game of Trivia every Thursday starting at 9:00pm, so come out and test your knowledge!

If you have a big appetite, join us for our Bottomless Pasta special every Friday! All you can eat pasta for one low price!

Join us on Facebook at The GRAWOOD Campus Pub

Be sure to check out the DSU's  
2009-2010 Annual Report at [www.dsu.ca](http://www.dsu.ca)!

Stay connected with the DSU through Facebook & Twitter

Facebook: Group and Page - Dalhousie Student Union

Twitter: [www.twitter.com/dalstudentunion](http://www.twitter.com/dalstudentunion)

February 11 - February 18, 2011 •

North America's Oldest Campus Newspaper, Est. 1868

# The Dalhousie Gazette

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## the fine print.

The Gazette is the official written record of Dalhousie University since 1868 and is open to participation from all students. It is published weekly during the academic year by the Dalhousie Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. A "staff contributor" is a member of the paper defined as a person who has had three volunteer articles, or photographs of reasonable length, and/or substance published in three different issues within the current publishing year. Views expressed in the letters to the editor, Overheard at Dal, and opinions section are solely those of the contributing writers, and do not necessarily represent the views of The Gazette or

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*the Grawood* Est. 1972  
[www.grawood.com](http://www.grawood.com)

## WEDNESDAY NIGHT WING NIGHT

### 30 CENT WINGS 5PM - 9PM

BEVERAGE PURCHASE REQUIRED

JOIN US ON FACEBOOK AT THE GRAWOOD PUB  
Please Drink Responsibly.

# letters to the editor.

to the editor

E-mail Joel at editor@dalgazette.com

Joel Tichinoff Editor-in-Chief



## Clean-cut corporate sympathisers: change requires people of vision

Mr. Dochev's passive view of Canadian democracy was the bleak, narrow-minded perspective of a reactionary populist.

Dochev's main point was that: 1) protesters such as those at the G20 in Toronto don't represent popular opinion; 2) people in functional democracies have to push for change only through the "legitimate" avenues open to them; and therefore 3) hold your tongue, stay inside, and every few years you can head to the polls to vote for another elected aristocracy.

Unlike Dochev, I don't believe that democracy is a blunt instrument to be enforced every four to five years so that we can entrust a political elite to act in our best interests (often because they don't). True democracy is participatory. It means writing letters and attending rallies. It's about being engaged in political discourses, even if your voice is not part of the mainstream.

Dochev homogenized G20 protesters into something that he could more easily label as "illegitimate." I could just as easily argue that modern capitalist "democracies" are illegitimate. That the interests of the wealthy often take precedent.

If we wanted to make suspect arguments generalizing modern world history into an ongoing process of

leveling out policy through mainstream debate, we would have to acknowledge that not all voices in Dochev's grand democracy are equal. Some voices can buy significantly more ears than others.

I do believe that true change requires people of vision. But Dochev can't possibly believe that any such person currently exists in one of the mainstream political parties in Canada. What history embraces are those periods of radical upheaval, times when change simply could not be accommodated within the limits of the existing political apparatus.

I don't believe that the current political/economic system can provide an answer to inequality, catastrophic climate change, or many of the other problems plaguing the planet. But since radical or non-mainstream options are off the table, according to Dochev, I guess I'll just have to "come to terms with the moderating influence of democracy"—obviously the be-all and end-all of political systems—and wait for the end of the world. Or I could grow out my hippie beard, draft a manifesto, and start stirring the pot.

One of these options is less depressing, less reactionary, and considerably less boring.

—Rob Sangster-Poole  
fourth year international development studies and history I

## On the G20 protests

While Pew Global Attitudes surveys are reputable sources for information, readers should keep in mind that Pew has only interviewed 240 000 people in 57 countries (according to its website). As such, I would take Dochev's quoted figures with a grain of salt, as these interviews might not be an accurate representation of all social and economic classes' opinions about the free market. The poorest of the poor might still be underrepresented, considering that Pew has yet to expand its surveys to reach more people. Furthermore, Dochev's headline is rather misleading as it reads, "G20 protests are still illegitimate," and does not clarify whether he means that the anti-G20 summit/anti-capitalist demonstrations are illegitimate, or that the protest at the G20 were illegitimate. There were groups that demonstrated to pressure leaders to focus on issues like poverty and migrant rights just to name two, and I doubt any one would consider these protests "illegitimate." The headline's general claim cheapens and oversimplifies the purpose of a lot of the protesters at the G20 this past summer.

—Rebecca Hsu

## Website Comments

### Health care is a student issue

Great article. The rhetoric of belt tightening and budget cutting is so often seen as a sort of 'real world necessity' but what could be more 'real world' and necessary than taking care of our health and broadening our minds?

—Omri

### More permits than parking spaces

Dal would greatly benefit from allowing students to park overnight on campus - as it stands even if you have a parking pass you cannot leave your car overnight. As someone with a car living near the Studley campus, I'd love to pay for a parking pass and leave it in the McCain, or the DalPlex (where the lot is enormous) rather than pay the obscene monthly parking rates offered in the few lots there are in the area. I think overnight parking is something Dal should look into.

—Vroom

### Dal play badly, still win against Mounties

Gazette Sports gives credit when and where it's due, but we're journalists, not fans. If a team plays badly, we say it. Dal played badly against Mt. Allison, as evidenced by a 38-9 shot count and only two goals, one of which probably

shouldn't have counted. The defence looked wobbly despite only being tested occasionally.

The Gazette is a campus paper with journalistic standards. Gazette Sports competes with the Metro and the Herald for stories while focusing on university sports. We're not a student rag and our reporters are trained student journalists with professional reputations. Some of them will go on to write for major mainstream sports media. Our reporters are trained to speak the truth and be brave doing it—that means when our teams under-perform, we call them out on it, rather than glossing it over.

AUS athletes compete at an elite amateur level. When we say "Oh, well, they tried hard anyway," we patronize them. These athletes want to win and they want passionate fans who demand entertainment. They want to be given the respect their considerable skill deserves. They don't need to be coddled.

When a Dal athlete has a sensational performance, we try to highlight it. When one costs the team a game, we try to highlight that. We're not here to support the Tigers—that's your job, student Tiger fan. We love to see fans out cheering the teams on (though it's a rare sight). We're here to report, nothing else.

Thanks again for your thoughts,  
—Dylan Matthias  
Sports Editor



On the cover: our take on the dorm room mainstay with models Glenn Blake and Blake Hunsley ••• Happy Valentine's Day!

## DalGazette.com Website Top 5

- 1. Keep on rockin': new jam space picks up where the Rock Garden left off**  
Erica Eades, Arts
- 2. Health care is a student issue: our political climate is slashing services on all fronts**  
Hayley Gray, Opinions
- 3. Wishes for dishes: Halifax has a great food scene – but it's not perfect**  
Jordana Levine, Arts
- 4. My "Worst of Halifax"? You dirty activist sympathizers: G20 protests still illegitimate despite police over-reach**  
Krum Dochev, Opinions
- 5. Poetic satire: Dal Theatre prove Jean Giraudoux's Madwoman still relevant today**  
Delia Macpherson, Arts



# news.

## news

news covers Dalhousie and the greater Halifax community. Contributions are welcome! E-mail Samantha at [news@dalgazette.com](mailto:news@dalgazette.com)

Samantha Durnford News Editor



# Students march despite snowstorm

## Police say more than 2,000 students took part in the rally

Leilani Graham-Laidlaw  
Staff Contributor

On Feb. 2, students stood up and had their say. On the Student Day of Action, police estimate that 2,000 to 3,000 people turned out to protest rising tuition fees and the increasing inaccessibility of university despite a bitterly cold snowstorm that shut down Saint Mary's, Mount Saint Vincent, and Dalhousie University that afternoon.

The day before, anonymous government officials told *the Chronicle Herald* that a three per cent hike in fees was planned. That number was confirmed on Feb. 2 with the announcement of a four per cent cut in funding for post-secondary education in the province, meaning a loss of \$14 million dollars in funding for the 2011/2012 academic year.

Marchers at Dalhousie gathered in front of the Killam Library, listening to speeches and cheering through chants such as "student power," "they say fee hikes, we say yeah right!" and "Hey Hey, Ho Ho, tuition hikes have got to go."

Students inside the Killam could hear the cheers. Those interviewed said they were not marching because of midterms the next day or commitments to work, but sent support.

People outside marched for many reasons. "The economy is in worse condition than other generations and yet we're paying higher and higher tuition," says Desiree MacNeil, a student at Dalhousie. "We say that Canada is supposed to be equal opportunity, but it actually isn't when tuition is like that."

Patti Clapison marched because she believes that the government is "only concerned about their needs and their fiscal year, they are not concerned about the Canadians' needs or the Canadians' fiscal year."

As the last pep talk wrapped up outside, organizers directed students arriving from King's to lead the group as everyone began to march down University Avenue.

Marshals blocked off the intersection at Robie Street for the horde of marchers, who proceeded down the right side of University Avenue, sometimes constrained to one lane to allow cars to pass.

**"They say fee hikes, we say yeah right!"**

The hordes of protesters caused some tension among drivers who were delayed by the lane's closing.

Others, such as the ladies who stopped to watch on University Avenue or David Fraser, the mailman watching the gathering in Victoria Park, gave whole-hearted support. Fraser questioned the lack of media presence.

In Victoria Park, gathered around the statue of Robbie Burns, Dalhousie and King's marchers were joined by protesters from Saint Mary's, NSCAD, and two busloads of people from Mount Saint Vincent. A sarcastic Laura Penny gave a well-received lecture and the promise of hot chocolate was thwarted by the sheer impossibility of getting through the packed crowd.

Police officers kept watch on Victoria Park while other officers cleared traffic on Spring Garden Road. Protesters flooded into the street impatiently, pushing, chanting, stamping and dancing to warm up cold feet.

Six city buses were trapped at the end of Spring Garden. Guided by police, protesters stayed to the right side of



Students chanted in front of Province House. ••• Photo by Katrina Pyne

the road until they burst past the buses. As they passed, people scrawled "F High Fees" and waved and cheered at honking bus drivers.

The march continued all along Spring Garden and Barrington with cheering from the few passersby that had braved the cold. Scott MacCullach, out for a walk with his young child, thought the protest was "pretty cool," and gave his

support, thinking in particular of what fees could be when his child is old enough to attend university.

On Barrington, employees from Venus Envy and Just Us! Coffee joined the bystanders' in cheering, and some came outside to show support.

Finally gathered in front of Province House on Granville Street, protesters chanted "Darrel" between speeches

from union leaders and CFS staff members. Also notable was the mock execution by guillotine of a dummy representing "the three mainstream political parties" by a theatrical group of former students.

Government staff had not been given a snow day. Despite being inside at work, no one came out to answer the chants. ☹

# Testing for STIs in Halifax

## Options for students to get tested on and off campus

Emma Drudge  
News Contributor

A student answering his phone breaks the silence in the waiting room at the Halifax Sexual Health Centre.

"Hello? I can't talk right now, I'm in class."

Sexually transmitted infections are just one of many reasons why people visit the Halifax Sexual Health Centre (HSHC). STIs are common in university towns and there are many local options for students to get tested and treated.

The HSHC is just one of those options, and the awkward silence in the waiting room doesn't follow you into the office, where female physicians buzz around welcoming patients.

"There's never any judgement," says

Angus Campbell, the executive director of the HSHC. "We want people to come back and see us if they need to."

Of the 10,000 patients the HSHC sees each year, around 80 per cent are under 30 and many of them come from local universities, says Campbell. The centre is discreetly located on the second floor of the office building at Quinpool and Robie, a safe distance from campus for people who want to keep their appointment a secret.

The Dalhousie Health Services clinic on Coburg Road also has services for students to get tested and treated for STIs. They're not specialized like the HSHC, but that doesn't mean they don't have the expertise.

"Anybody working at a university health clinic, anywhere, is an (STI) expert," says Glenn Andrea, the director

of Dal Health Services.

Andrea says that herpes and genital warts are the most common STIs, and testing can be done visually in the clinic. Swabs or urine samples can also be taken to check for bacterial STIs.

"We have a problem right now with chlamydia in young women aged 15-25 in Halifax," says Campbell.

In fact, it was first on the list of the top five reported conditions in Nova Scotia in 2008, the most recent available data. Gonorrhea and hepatitis C were also among the top five.

Andrea says that most STI treatments are really straightforward. It usually just involves some pills or medicated cream, depending on the case. Most of the costs are covered by the Dal drug plan.

"If they can't afford medication, I'll send them to the STD Clinic," he says,

where he also works as a physician. The STD Clinic is in the Queen Elizabeth II Health Sciences Centre, and is only open for four hours each week.

**"Talk to your partners, ask the question."**

The STD Clinic offers many STI medications free of charge. It's also the only place in Halifax that treats syphilis, a much less common STI.

All three clinics provide STI tests for free and offer an anonymous service to help patients who test positive inform their sexual partners.

"We always talk to the patient and ask if they're comfortable telling their partners," says Andrea. He says that most people are, but if not they can have Nova Scotia Public Health make a call on their behalf. This way partners can be told they may have been in contact with an infection without disclosing who it came from.

The HSHC also offers anonymous HIV testing. Patients are assigned a unique identification number, and are never asked to reveal their real name.

With so many options available for students to take care of STIs, Andrea still says the best treatment is prevention.

"Put a condom in your back pocket, whether you're a girl or a guy," he says. "Talk to your partners, ask the question." ☹

# Changing email system would cost millions

## Dal still weighing switch to Google

Torey Ellis  
Staff Contributor

Dalhousie is considering changing its e-mail system, which would cost millions. The multi-million dollar decision lies largely in the students' hands, says Information Technology Services assistant vice president Dwight Fischer.

The ITS is deciding how to go about updating Dalhousie's email system. One option, which would involve a complete overhaul of the system, would cost up to \$2 million.

The other option is to change all of Dalhousie's email services to a Google or Microsoft platform, which would have "no direct costs" and provide more storage, according to a discussion document for the Dean's Council.

"Given the climate right now, what's the responsible thing to do?" says Fischer. "When students are marching

in the streets over tuition costs, it doesn't make sense to spend millions of dollars on this."

"These same IT resources could be redirected towards the classroom."

But Fischer says that it will be up to students on how to proceed. His department will be surveying students at the end of February and into March, with the results presented to a senior team by the end of March.

However, not every student is sure that a change is necessary.

Sam Williams, a third-year Dal student, only uses her school email a few times a week to check emails from professors. She says that extra storage and file sharing options would be "really redundant."

"We've already got the net storage, so that's not a big deal," she says. Williams doesn't think a Dal/Google account would be useful, since the file sharing system Google Docs can be accessed

without a Google email address,

Another argument that Fischer expects to hear is the trade-off on expense versus privacy. Both Google and Microsoft are American corporations, and information on the Dal accounts will be kept on American servers.

"The perception of privacy is deceiving. Even if we host and fund a solution in-house, the fact is that email is no longer secure or private," says the Council document.

"We expect that some people will be philosophically opposed to outsourcing," says Fischer, "but no one will be forced."

Even if the decision is made to switch over to Google or Microsoft, students will have the option to stick with the current system "for the foreseeable future," Fischer says. "But we're not going to maintain it forever."

"Thousands of our users are

forwarding their Dalhousie email to Google, Hotmail and other email applications," says the Council document. "Yet, they are disparate and precludes collaboration across the university."

.....  
**"Why are we committing staff and resources to a system that doesn't even keep pace?"**  
.....

The current system provides 100 megabytes of storage for each student. Google or Microsoft could provide ten

times that, says Fischer.

"But it's more than email. All we do is email and a bit of net storage. They do email, huge storage and file sharing," he says. "These tools are being constantly developed. We could never be able to match that."

"Why fight that? Why are we committing staff and resources to a system that doesn't even keep pace?" he says. "That's the core issue."

According to Fischer, Google and Microsoft each have their own motivations for giving their services to universities for a low cost.

Google wants people to use them and to search with them, and Microsoft wants "customers for life," he says.

The @dal.ca address would not go away, says Fischer. "It would just be provided by a different source." ☎

# Dal prof files human rights complaint

## Metro Transit not fair to parents with bigger strollers



Mohammad Ehsan was denied access on the bus when his stroller was deemed too big. Photo by Abram Gutscher

Olivia Schneider  
Staff Contributor

Mohammad Ehsan has filed a human rights complaint against Metro Transit saying the transit authority should change stroller regulations to grant bus access to all sizes of strollers.

Ehsan, a Dalhousie PhD candidate who also teaches political science at the university, took this stand after he and his wife were told they couldn't board a Halifax bus with their five month old twin boys unless they folded their stroller. The couple refused, saying this would leave them to juggle their children, the stroller, and bags they were carrying.

Doing so, they said, would risk the safety of their boys as well as others on the bus.

.....  
**"If the bus is full, the bus is full."**  
.....

Ehsan says he hasn't seen anyone asked to fold their stroller once in the last five and a half years he's been using the Metro system.

Following the incident, Ehsan made a formal complaint to Metro Transit and contacted the Human Rights Commission of Nova Scotia. He says the current guidelines discriminate against parents with strollers.

"I'm not seeking anything. It's not about me," Ehsan says. "All I need is a change in the guidelines so parents are free to take the buses."

Space on buses is an issue many people, including Ehsan, acknowledge as being a problem.

"The physical area of a bus is only so large," says Lori Patterson, the manager of marketing and communication at Metro Transit.

Dalhousie second-year student Anna Whalen-Browne, thinks the size of stroller is irrelevant and all strollers should be allowed. "Little babies have to get places too and it's no more inconvenient than a crowded bus," she says.

Second-year King's student, Alanna Pyke, sees Metro Transit's point. "I get that people need to bring (strollers), but it takes up a lot of room. I think they should at least fold them" she says, "as mean as that sounds."

Metro Transit's current guidelines limit the size of strollers to 42 inches by 22.5 inches—the size of many single strollers. Ehsan's stroller is 46 inches by 19.5 inches. The double stroller is longer to accommodate his twins.

Riders are encouraged to fold the stroller once on the bus, but if they choose not to, they must use the brake attached to the stroller. If a stroller is larger than the guideline dimensions, drivers have the right to decline access if they believe it could make it difficult for other passengers to enter or exit the bus or pose a safety risk.

"We're trying to ensure the ease of travel for all people," says Patterson. "If the bus is full, the bus is full."

Ehsan says the driver did not give him a valid reason to insist the stroller be folded. He says there were no more than 20 people on the bus, and plenty of room in the courtesy seating area.

"He didn't give me a reason. To me, the bus was empty and I should have been able to take the bus," he says. "(The Human Rights Commission) should be able to tell whether these kinds of incidents are allowed."

Dave Ervin, a human rights officer, could not comment on Ehsan's case, which is ongoing. Ervin says public transit issues in general, depend on the element of safety.

"It depends how the stroller was at odds," he says. "If it constituted a safety issue, (denying access) may be valid. If there appears to be no valid reason, it may impose upon family status."

For Ehsan, the main reason for his human rights complaint is to change the guidelines for the benefit of all parents.

"We have to understand each other's limitations," he says. "People have been going through or facing incidents like this and nobody is taking a stand, and that's why I'm taking the stand." ☎

## news briefs

### Sexual assault near campus

Halifax police are seeking a man that was making lewd comments and gestures to at least one woman on the Dal campus area. The man approached an 18-year-old woman twice, but on Feb. 3 he began to walk behind her before asking, and then beginning to stroke her hair. He's said to be white, in his mid-20s, with dark hair and no facial hair

### Dalhousie prof tests Tweets for trends

Dal prof, Anatoliy Gruzd and his class are looking at Tweets to monitor the mood of the people who are Tweeting about the Canada Games. They're doing this to see if there is a trend between the event and Tweeter happiness. He wants to see how big events impact people's moods. Also, he thinks the study will be useful to the organizers of the Games to see if they were successful in running the event.

### Discovering a new algae

Dalhousie professor John Archibald and postdoc Eunsoo Kim, of the Department of Biochemistry and Molecular Biology, have uncovered an entirely new group of algae. This algae is different in DNA to any others currently known to date. This discovery is only the first step, however. Now, the researchers will have to figure out how to bring them into culture.

### Tap or Bottle?

Students got together for a taste test hosted by the SustainDal water committee to see if they could tell the difference between bottle and tap water. The group is interested in having more sustainable water on campus and wishes Dal would join other universities in banning bottled water on campus. They've joined The Blue W, a non-profit organization that supports municipal water and they hope to start a bigger conversation about sustainable water on campus.

—Samantha Dumford, News Editor

# features.

features publishes one long or two short in-depth stories every week E-mail Joel at editor@dalgazette.com

Joel Tichinoff Editor-in-Chief

## Burlesque is back

### But does the old-time art promote archaic attitudes?

Hayley Gray  
Staff Contributor

Under the fluorescent lights of the Cunard Convention Centre, I watch Roxi Dlite, Miss Exotic World 2010, extend her gloved hands from side to side. Her dainty hand curves gently as she zigzags her route across the stage. There is an aesthetic to her movement, her body, her show. She fits right into that 1930s theme of an all-around good time. This woman is burlesque.

**“I’m not doing burlesque to put anything out there for women’s rights.”**

But what, exactly, is burlesque today? And why does it matter?

According to Dlite, about two-thirds more women are coming out to her shows than men. Burlesque might not have moved far from its roots, but our interpretation of it has. Dlite’s audience today are not like the men who would have been heading to the burlesque theatre in the 1930s through to the 1950s. They are people interested in the aesthetic, the performance, the costumes and the sexuality.

Dixie Evans is a former burlesque star. She says that burlesque was more than just a good time; it was the theatre of the people. In a time when television did not exist, and going to the theatre was not fiscally accessible, the burlesque show was where you went for affordable entertainment.

“It wasn’t all strippers,” Evans says. “There would also be forty girls marching across the stage, a belly dancer, comedians, and straight men—a regular show with big productions and finales. When people went out of that theatre, they could breathe again. It was like a shot in the arm for them. They couldn’t afford anything else! Burlesque is a real, important part of our culture.”

For Evans, burlesque was an attempt to take a break from politics, in and out of the bedroom and have a laugh. But where does that leave us now? In a culture with no shortage of spectacle, what is burlesque’s role?

For Skye Sharpe, a psychology and film student at Dalhousie, burlesque’s direction is a political one.

“There is a big movement within feminism right now, to reconcile being a feminist and being sexy or erotic,”

she says.

According to Sharpe, some feminists struggle with feeling like they can’t be submissive or sexual and still care about women’s rights. “There is a big surge right now of feminism that is trying to bridge those two things, and make it clear that you don’t have to reconcile feminism with sexuality, that they can go hand in hand,” she says.

Maija Buckley-Pearson is a feminist blogger and University of King’s College alumna based in Vancouver, BC. She’s tentative about her feelings on burlesque, but she thinks it can be used in a political way. “What is the burlesque (show) telling the audience? Is it just about sex, or is some subversive satire going on?”

The humorous, striptease element of early 20th century American burlesque was a way for women to reclaim bodies which they’d been told were someone else’s property.

“Some women took burlesque and ... made it a way of empowering their body and their sexuality,” Buckley-Pearson says.

But Roxi Dlite says she doesn’t want her creative experience being co-opted by a larger movement.

“There’s a lot of hoopla right now about burlesque being a feminist movement and a feminist act,” Dlite says. “For me, it’s not. I’m not doing burlesque to put anything out there for women’s rights ... It’s my job, it’s my passion, it’s my art and that’s about it.”

Miss C is founder and leader of Halifax famous burlesque troupe Pink Velvet. “(Feminism) is really a muddled area. I try not to think too much into it,” she says.

“People ask me if I’m feminist because I do this. Some feminists don’t like me because I do this,” she says. “It takes some of the fun away from it.”

I asked Sharpe what she would say to burlesque dancers who don’t consider their dancing feminist.

“I would first start by asking them why they enjoy burlesque and if it has something to do with claiming or affirming their sexuality,” she replied. “For me, that is the feminist explanation, whether or not you want to label it as feminism.”

Dlite doesn’t consider burlesque to be affirming her sexuality.

“It’s kind of a job sometimes,” she says. However, she also says, “dancing made me more aware of my body, and made me more aware of myself.”

Though Dlite doesn’t call herself a feminist, she makes no apologies for the work that she does. “I don’t think it’s dirty, I don’t think it’s anything demeaning or degrading, I think it’s a positive thing.”



What’s behind the sexy spectacle? ••• Photo by Nathan Boone

Sharpe says, “The fact that women can do that in a safe space, without feeling threatened, and can feel empowered ... is an exact result of feminism.”

“So whether or not you would call it

**“Women should feel empowered in their sexuality.”**

feminist or not, feminism is extremely linked to burlesque and what burlesque is now.”

But Buckley-Pearson’s not sure that the environment that promotes burlesque is so positive.

One of the major reasons we look up to sexualized performers, says Buckley-Pearson, is because they’re our only role models. “If you look at the way advertising works these days, even if you don’t watch porn or you’re not into burlesque ... you’re going to see women’s bodies used to sell things. I think women are being conditioned to say that ‘oh if I use my body, I can get what I want, and this is the way I’m supposed to do it.’”

“Women should feel empowered in their sexuality,” Buckley-Pearson emphasizes. “But if women look at sex or burlesque as a way to empower themselves, it becomes a problematic dynamic where the only way I can be

liberated is through sex and by making myself sexually available.”

“I think that’s a negative effect of the whole sex culture we have going on,” says Buckley-Pearson. “Empowerment comes through the way we let other people use our bodies.”

When asked what spurred the recent revival of burlesque, Roxi points to that other domain of women’s simultaneous objectification and domination—“fashion.”

“History always repeats itself,” she says. “A vintage style is coming back in fashion and music.” Just step into the north end of Halifax and you’re swept away by a sea of fitted dresses and suspenders. Meanwhile, musicians like Old Man Luedecke and Krasnogorsk bust out their banjos, taking new spins on old music.

The vintage scene, however, has a politic that burlesque lacks. The vintage fashion movement harkens to a time

when things were made by tailors, not unwaged workers in the Third World. These individuals sew and knit to preserve, to be sustainable, to say no to corporate commerce. You might find dresses from the 1950s at Lost and Found, but you aren’t going to find apolitical housewives buying them—that lady behind the counter knows damn well who Betty Friedan is. Old Man Luedecke might have some sweet old-time love tunes, but he also writes songs about Monsanto.

Buckley-Pearson says, “people don’t examine their choices in sex as much as they think they do.” Maybe they should start with burlesque. If this art wants to carve out a space for itself as something sustainable and intriguing, it needs to move beyond being a good time.

In a society saturated with entertainment, burlesque needs a reason to be relevant. I’d recommend that it be a feminist one. ☺

—with files from Katie Toth

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Katie Toth Opinions Editor

## Embrace your inner asshole: Why emotional unavailability gets us weak at the knees

**Samantha Durnford**  
 News Editor

All it took was one insult to sweep me off my feet. "How much crack did you smoke today?" were the first words out of his mouth. One and a half years later, a break-up, and a cat, I'm left wondering how that one line led me to one of the best relationships I've had.

Alex Dionisio is a self-proclaimed asshole. He picks up women with insults, much like the one he used on me that day. Guys use tactics like this all the time to pick up chicks, and we fall for it.

Why do we love the assholes? Dionisio says "it's simple."

"Girls like assholes because everyone loves what they can't have. But, it works for me because I'm hot."

He says women like these cocky, confident guys because we ladies want an ego boost. A "win," one might call it.

"Girls want you to want them and they want the challenge of making you like them," says Dionisio. "Nice guys are chumps. They will give the girl what they want right from the start, which is the validation that the girl is above them. Right away the girl sees she is better than him and is no longer interested."

Are we that vain? Is that all it takes? An insult and a "challenge" that's really only disinterested interest?

Just look at guys like Tucker Max and The Situation. They're womanizing assholes that get women by being cocky, pinning friends against each other, and sending them home as soon as they wake up in the morning. I would say this is sad, but really, it works to some extent.

Like the saying goes, nice guys finish last. But, this game can be played from both sides.

I've read the book, *Why Men Love*

*Bitches*, and realize that two can play the game of "asshole."

One of the rules in the book is that "women who have men climbing the walls for them aren't always exceptional. Often, they are the ones who don't appear to care that much."

**"The key here is getting your foot in the door."**

See! Two can play at the game of chase. We all love assholes.

Taylor Aikens says it all comes down to confidence. He says he's not extremely nice to a girl when he first meets her, but rather, acts like he's a catch.

"Unless you look like Channing Tatum,

you're striking out more than you hit," he says. "It's just about being confident enough to take a little rejection. I always think about it this way, if I talk to her, what do I have to lose?"

However, chivalry is not dead. After the original "pick-up," assholes should switch gears. Dionisio did. He was a great boyfriend and after that first pick-up line, he worked to win me over. But the key here is getting your foot in the door. Feeding girls cheesy lines and buying them umbrella-drinks might get them drunk enough, but just enough to go home with your best friend who's been ignoring her all night.

Maybe all we need is that self-assurance that the asshole seems to have: no fear and the leaking confidence that you are the prize who people want to run a marathon for. I mean, you are, aren't you? ☹

### Channel your inner asshole... while remaining a human being

**DON'T** tell her she looks "like a two-bit whore".

**DO** tell her best friend that you love her, uh... "shirt".

**DON'T** ask her in the morning, "Why are you still here?"

**DON'T** call in sick to work and make her a breakfast of letter-shaped pancakes that spell out "I LOVE YOU".

**DO** get ready for work, and ask her to let herself out.

**DON'T** offer to clean his car, pick up his dry-cleaning, or write his papers.

**DO** tell him you're busy, but you could hang out while he edits your paper.

## Profile of a Sext Addict

### How one student's sexual liberation left her with sore thumbs

**Katie Toth**  
 Opinions Editor

When Jani, whose name has been changed to protect her anonymity, sent her first sext, she had no idea what kind of downward spiral she would fall into.

Jani started sexting one day when she was "bored in class." After breaking up with her long-term boyfriend, knowing that "you're a fantasy they can't have" gave her a much-needed self-esteem boost.

The experiment has led her to change her lifestyle and patterns of communication, as she attempts to increase her sexting frequency while maintaining discretion.

She usually uses BlackBerry Messenger, she said, because it's "faster" and "there's no evidence."

For a young woman with a sext dependency, the filthy communiqés are no longer relegated to the bedroom. "Sometimes I sext while I'm at the grocery store ... I'll say I'm naked on my bed, but I'm out shopping," she said. She knows it's misleading, but she just can't stop herself.

And part of her wonders if, perhaps, the deceit goes both ways. "Are guys actually masturbating," she says, "or are they just playing Halo and enjoying the ego boost?"

Sexting became such an obsession for Jani that she would sext and write messages to her mother at the same time. "It's really dangerous," she said.

Friends and supporters had hoped that she'd rock bottom when a friend caught her sending a picture to a lover. But now, Jani is only more discreet. She says she's careful to delete her messages and photos. "Make sure it's not traceable, especially if you're in a relationship," she said.

"Never send pictures of your face," she adds. "You don't want that shit goin' all over the Internet."

But Jani, who describes herself as "addicted," doesn't think that sexting has become a problem for her or her family. In fact, she thinks it's "empowering."

"You have the power to turn someone on with just your words," Jani said. In the world of sexy mobile messaging, she can escape to "a place to act out your fantasies."

"It's fun and it's shameless," she said. Jani insists that sexting is an opportunity for shy folks to start expressing what they want sexually. "People don't talk about it in person," she said, "so talking about it at all is a good step."

Any advice for would-be sexters looking for empowerment?

"Don't send pictures of yourself over email. They're easier to circulate." ☹

*Toth's attempts at jovial hilarity, clearly, are a bit awkward. So if you'd like to write satire or humour pieces for the Gazette, we have a new opening. Email pitches to [opinions@dalgazette.com](mailto:opinions@dalgazette.com) with subject line "Satire."*

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# Breaking the silence

## Use of the date rape drug perpetuated by social stigma, misconceptions

**Sarah McMahon-Sperber**

The Concordian  
Concordia University

MONTREAL (CUP)—There's something about the primal quality of the sound made by someone in real, raw pain. It's a bit like that of a child who has no way of understanding the source or time constraints of the pain it feels, and whose cry resonates with undertones of confusion and frustration.

It was that cry that kept me frantic and glued to my friend's side as she crouched on the sidewalk with her head resting on the bumper of a stranger's car. About an hour beforehand, she had come barging into the bathroom to let me know that things were not okay. Something was wrong. We had been at this party for less than an hour and had had a drink each.

Something wasn't matching up.

Symptoms escalated. She wasn't coherent, couldn't walk, stand or even sit up and was refusing to pull her head out of the plastic bag we had given her in case she felt sick. Fear was setting in. Hours later, as I stood in her living room with the first rays of sun making their way across the apartment walls and listened to her whimper in the adjoining room, I reflected on my own experience. This was not the first time I had been in this situation, but last time it was me who had been unconscious and waking up with no memory of the night before.

Thankfully, we had been responsible. She was safe, just as I had been.

Months later, I realize that this is one of the reasons why there has not been enough dialogue on this topic. Many of those who have been drugged were smart and responsible enough to develop strategies that prevented the extreme from happening. Therefore, we quickly dismiss the abuse "that could have been worse," keep our heads down and try to forget it ever happened.

That same night, at least two other attendees reported having been drugged after I posted an inquisitive message on the event page. And as we crouched on the sidewalk for nearly an hour waiting for our ride, both security and party-goers attested to having seen quite a few girls leave in a similar state at the beginning of the evening.

What is the biggest challenge in

fighting the dangers of what has come to be commonly known as the "rape drug," "date rape," or "roofies?" Pharmaceutical intern Christian Bordeleau said it is the complete lack of a standard recipe or ingredient combination.

"The other thing people really need to know is that there is really no antidote or way to get it out of your system, if not naturally with time," he explained.

If bought on the streets or from an unknown dealer, a rape drug is usually a mishmash of ingredients. It can contain gamma-hydroxybutyric acid (GHB), methylenedioxymethamphetamines (MDMA), speed and other miscellaneous fillers that reduce purity and concentration while increasing profit - including the common household cleaner Comet.

As a member of the amphetamines family, MDMA has a stimulating effect on the central nervous system. This results in arousal of the senses, possible hallucinations and a substantial lowering of inhibitions, along with feelings of empathy and well-being. As for ecstasy, it combines the reactions listed for MDMA with the wakefulness, energy, loss of appetite and intense focus of speed. But in most cases of drugging or recreational misuse, GHB shows up as the main perpetrator.

GHB is actually produced naturally by the body in tiny doses, although its biological utility has yet to be determined. Through the years it has been used for many purposes including as a general anesthetic and as a way to augment muscular mass.

The physical effects of the synthetic GHB now seen on the streets are highly dependent on the doses given and the user's metabolism. When a strong dose of two to four grams is consumed, you can enter a hypnotic state that creates a disconnect between your physical understanding of your environment and your capacity to consciously process that information. It is at this point that you could, for example, physically understand being led to another location without being able to process the fact that the location is unknown and the person at your side is a complete stranger.

Ultimately, if you take over four grams you face the possibility of general



People are quick to tell date-rape survivors, "it's no big deal". ••• Photo by Fiskot via Wikipedia

anesthesia similar to a coma state. Add alcohol to the mix and it is the equivalent of doubling or tripling every drink you consume. The body starts eliminating the drug from its system after four to six hours, but alcohol consumption significantly stretches out the process. The average dose sold on the streets is about 2.5 grams and costs approximately \$15.

Who can we point the finger at? The chances of identifying the person who gave the drugs are slim to none given the speed at which it can be slipped in a drink and the fact that it is impossible to taste once combined with juice or alcohol.

So we go looking for the dealers. According to C.J. (name withheld due to privacy), a drug dealer familiar with the various components and effects of the rape drug, there is no real way to gauge the reason why a person might be buying the drug.

"Your general knowledge of the

person is a good indication," he said. He admits, though, that there is no way of being certain that they are purchasing for consenting, recreational use.

Why, then, is the dialogue on this issue so limited, given how extensive its use has become? Whether it is confusion about the drug's effects, shame, mixed reactions from friends or social stigmas that lead us to believe that the victim was somehow irresponsible, there seem to be many reasons to stay silent.

Gabrielle Turner, 23, was drugged at a small party consisting of only friends and acquaintances. The reaction she got when trying to talk to the friend who had hosted the evening had been flippant, to say the least.

"She kind of giggled at my supposed attempts to cover up my low alcohol tolerance," she said. "And then she asked me who I realistically thought would have done such a thing."

Turner, who was studying interior design at the time, has hardly spoken

of that incident in the three years since it happened. After the initial reaction she received, Turner was wary about discussing it.

In a culture so deeply engrained in excessive consumption, many drugging stories are met with intense skepticism and doubt. With drugging often seen, though rarely used, as the perfect excuse for someone who refuses to accept the fact that they drank irresponsibly, it takes only a few dismissive reactions for a victim to fall into silence.

As I related the events of that evening to people around me, I was astonished to see how many were quick to tell me I was exaggerating, that it was no big deal. My friend was safe, that was all that mattered—let it rest.

Another common response was a bombardment of questions about just how much she had had to drink and what kind of crowd we had chosen to spend the evening with. Call me naive, but this seemed beside the point. ☹

## Bisexual blues

### I'm not confused, and my last name isn't 'Tequila'

**Heather Ross**

Opinions Contributor

My father sat me down one day and had a surprising conversation with me about sexuality. I'm from rural Prince Edward Island and he is a quiet, conservative man. He told me that when he was growing up, people didn't have to identify themselves straight away. He told me—quite awkwardly—that people explored their options without having to classify themselves.

That's the tricky thing. With heterosexuality and homosexuality, there is a level of respect. You've made your decision, go forth in the world.

But the word bisexual has a stigma

stapled on to it. One hears 'bi' and a slew of words form in the mind: "Slut," "Crying for attention" and "confused" are a few to name.

I had my first crush on a girl when I was thirteen years old. Since then I've had relationships with women and men, and I don't feel the need to make a decision any time soon.

And studies are with me on this one: according to the 2002 Survey of Family Growth, 1.8 per cent of men and 2.8 per cent of women identified as bi, while 2.3 per cent of men and 1.3 per cent of women identified as homosexual. Bisexuals are an equally substantial part of the queer community. So why do we get silenced with names like "slut"?

Media seems to be a mess of women kissing other women for attention: where girls like Deena from Jersey Shore make out after belly shots, and our only bisexual role model replaced her last name with 'Tequila.' Is exploring our sexuality more culturally accepted, or is it becoming a joke?

My mother told me if I ever came out as gay she would love me, but I was incredibly uncomfortable telling her I was attracted to both men and women.

I'm not confused. I'm not a slut, and even if I was—there are tons of gay and straight sluts to even out the playing field. And there is no cry for attention—more the burden of embarrassment for my sexuality.

If you're still iffy, I can win you over on at least one side of my argument. Men! You might have had a boyfriend that can't make pony-tails, or has a hearty laugh, or is overwhelmingly endearing without meaning to be. Women! Maybe you've dated a girl that's soft and snide, that gets hurt and is terrible at hiding it, or that actually enjoys cuddling. Or maybe you've dated someone who has all or none of these characteristics. The fact is I love people, not genders.

I'm not confused; I can just appreciate both aspects of my sexuality. If anything, I've got it all cleared out.

I never realized the extent to which I didn't feel accepted until I was. I went to Montreal this summer and one day,

with embarrassment, told a classmate about my sexuality. He said 'okay' and the conversation continued. His eyes didn't glaze over, his body didn't tense up, there was no sense that he found me a little "off."

It was okay. And I had never felt that way before.

Does this mean that I'm comfortable telling people I'm bisexual now? No. The stigma is still there and I'm still weary. But maybe I'll stick to old wisdom.

Instead of being straight, or gay, or bisexual, I'll just be myself and see where that takes me. ☹



# The Sex Collective presents: Date yourself Being single on V-Day just means you have more sexy you-time

Mina Atia  
The Sex Collective

Valentine's Day is just around the corner; all your friends are coupling up, and you don't have a date. First things first, *don't third-wheel!* Despite your solitude, there is no excuse to ruin a perfectly romantic night for your coupled friends. Even if they insist and keep asking you to join them—which, I'll tell you right now, rarely happens—it's kind of rude (and let's not forget pathetic) to accept the invite.

Accept your singledom. Let's set something straight: it's not Saint Valentine's problem that you don't have a date. He's not to blame for the lack of someone special in your life to celebrate love with. Don't use his impending arrival as an excuse to nag your friends about setting you up with their other, random single friend. You shouldn't be hastily inclined to have a last-minute blind date that turns into a complete and utter disaster that may ruin Valentine's Day for you and forever turn you into a cynic. A friend-of-a-friend setup is never worth it when it's for the wrong reasons!

## “Check out the fancy-looking butterfly-shaped vibrators.”

Whether you're between relationships or coming out of a bad break-up, it is okay to be alone on the red day of love. You have a whole world of options available to you. Of course there are some of your friends who happen to be single as well: you may all gather and decide to either celebrate, or even hate Valentine's Day together. Even better, now that you're single, why not get ready to mingle ... with yourself?

You might face some stigma from your non-single friends when dating yourself. You may be called self-indulgent or narcissistic; you may be mistaken for losing your mind with desperation. But I say if you're single on Valentine's Day, there's no time to waste thinking about “what will my friends say?” Do whatever makes YOU happy and gets YOU through the day with minimal depression and maximal pleasure.

What do non-single people do on Valentine's Day? They go out to dinner? Okay, you, my single friend, will cook yourself a meal. Try out that recipe you came across before and always wanted to make but never had the time to. Be adventurous in the kitchen. Try out new meals and adding new spices you've

# Selling sex in China

## Much like in Canada, the debate between prohibition and regulation is lacking

Niko Bell  
Staff Contributor

When I was asked to write about prostitution for the sex and love issue, at first I thought I would have nothing to say. We all know that it is illegal or practically illegal in much of the world, but that it exists virtually everywhere. We know that sex workers are among the most marginalized of people, and that they suffer abuse, theft, exploitation, disease and legal punishment. We all know this. What more is there to say?

I had the good fortune, however, to have a conversation about sex work recently with my friend Xiaolan, who is a lawyer here in China.

When dealing with a social phenomenon, she says, you have to weigh the benefits and costs as they affect society, not just individuals. If something is altogether positive for the community, it should be permitted. If it is harmful, it should be prevented.

Some of her colleagues, she says, find prostitution distasteful, but perceive it as the lesser of two evils. Without prostitutes, where would the many excess poor unmarried men in China go for sex? Without an outlet, would they not be led to desperation, rape and

violence?

Xiaolan disagrees. The fact is, she says, that Chinese prostitution is getting more and more expensive. The typical sex worker is no longer working the street selling to migrant workers, but a bar hostess or worker in a high-end hotel. The men being served, she says, are not poor “excess” men, but wealthy married ones. There is no great “social service” being done.

## “If so much money is being paid to prostitutes, why will nobody stand up for them?”

Besides, Xiaolan points out, what good would legalizing prostitution really do? Would a sex worker's society, friends or family accept her any more just because the police do? Even those pushing for legalization and regulation discuss sex workers as a problem to be contained, rather than people who deserve respect.

No, she argues, the social stigma is not something any law can fight. The best thing we can do is keep as many women from the profession as possible.

Xiaolan's position is a perfect example of one way of creating policy: as the embodiment of moral principles. If something is 'bad,' by this logic, it should be illegal. If it is 'good,' it should be legal.

This view has a major shortcoming: the intention behind a law is no guarantee of the result. We must start making decisions based on what will happen, not just on what some of us wish would happen.

We also have to remember, however, that the knife cuts both ways. It is easy to jump from the harm of illegality to the conclusion that full legalization and regulation would be positive. But if sex workers were available in legal, state-regulated, STI-free brothels, would consumers really go there? Would licensed workers be able to compete with an already established untaxed black market? What about those who could not fit into a legalized system because of age or HIV status?

Would we be doing sex workers any favours by pushing them into the open in a society that still deeply stigmatizes them? Do we really think sex workers in Canada, let alone China, would start

“coming out” in droves, just because their trade were legal?

Criminalization, whether outright or not, does little good. One has only to look at the profusion of prostitution in China contrasted with harsh legal penalties to see what little use prohibition is.

Regulation and institutionalization are not real answers either, at least not for now. We should first look at what policies will keep sex workers safe, even in the shadows.

That means decriminalization of sex work and the activities surrounding it, giving sex workers the ability to hire bodyguards, screen clients, and most importantly, appeal to the law in cases of violence and mistreatment.

Here in China, it is estimated that 8 per cent of GDP goes towards sex services. Therein lies the real problem. If so much money is being paid out to prostitutes, why will nobody stand up for them? There is little doubt that powerful, influential men are using prostitutes in private and then decrying immorality in public. The hypocrisy is what hurts the most. As long as prostitution is a matter of public morality, however, public figures will be barred from protecting sex workers. ☞

never come to experience before to stimulate your senses.

Watch non-romantic movies: horror, comedy and documentaries are your date for the night. Consider independent films you swore you would never watch—maybe you will find out why!

Treat yourself to an evening at the spa. Take advantage of a special Valentine's Day promotion package to keep the experience from emptying your wallet. Enjoy a full-blown series of different massage techniques; from “aroma and jade stone” to “waterfall cascade”.

Hit the sex-toy shop. Just because you don't have anyone to give you some, doesn't mean you can't get some yourself! Make sure to pick toys that don't have genital forms.

Ladies: check out the fancy-looking butterfly-shaped vibrators.

Gentlemen: I know your right hand (in some cases the left one too) is your best friend, but try and check out the Tenga Egg Masturbator. It's a glove-like rubber masturbator that can be very stretchy and can provide a different kind of stimulation and sensation, due to its curvy spider web patterns, that your hand lacks. Also, let's not forget about the Orgasmatron. It looks like a mini version of a brush or broom, and is used to hit all the right spots: head, knee, and back stimulation, you name it ... it's worth it! There is nothing wrong or shameful about some one-on-one time with yourself; it is exhilarating, healthy, and time-passing.

Shamelessly single on Valentine's Day can be fun, with the right attitude and the right plan. Let your coupled friends have fun, don't hate on Saint Valentine, and appreciate the time you have alone with yourself. Lots of people in relationships go to extreme measures to be alone and feel single when wanting to spend time by themselves. You have the opportunity they lack, because Valentine's Day is just around the corner. ☞

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opinions

# In defense of offense

Sometimes, we grate each other's sensibilities for a reason

**Katie Toth**  
Opinions Editor

Many of us are told, day in and day out, that offending people is bad. At the same time, many people who describe themselves as hurt or offended—by hate speech, rape culture, or homophobia—are told to quiet their identity politics and lighten up.

Conservatives and libertarians often take this route when people try to condemn or criminalize hate speech. "It's not your right not to be offended," they say.

But this week, Dalhousie's gang of awkward, off-the-rack suit-dents got a taste of that medicine when they saw an audacious performance art piece representing NS politicians facing the guillotine and then being thrown into the air.

The piece featured signs saying "The cuts we'd like to see" and "We agree! Times are tough. Cuts need to

be made."

The "piece of mocking political satire," as Dave Bush described it, was intended to provoke discourse about our broken political system. At the Day of Action rally, CFS-NS chairperson Elise Graham encapsulated the problem: "We've learned that no party has our backs." No matter who you vote for, every political party has made it a priority to offload the deficits caused by capitalism onto the backs of the poor, and cut social programs that support marginalized communities.

The piece, says Bush, was "political theatre, and that's about that. It's not going to start a revolution, but it is opening up a space to talk about bigger issues."

Bush hopes his art "challenges you to think beyond simply voting for one party or the other that gives you the same choice. Trying to open up different possibilities when you think about politics."

Of course, a few people were ready to voice their dissent, including *Maclean's* favourite student journalist, Robyn Urback. She described the event as a "gross barbarity." I'm not really sure how she managed to get to Halifax for the protest, but can only imagine that with such strong words, she must have been there to bear witness to this mortal offense. Right?

I didn't find the project to be offensive. Rather, I thought it was hilarious. Yet I consider myself a pacifist in all forms, and I would never doubt the power of human language to cause harm or hate. So I started to ask myself—am I just a big, smarmy, leftist hypocrite? When is offense or disrespect unacceptable, and when is it legitimate?

The first conclusion I came to fits right into the libertarian model. 'Offense' is a nebulous idea. It isn't anyone's right to not be offended. You can't even prove that offense exists.

Hate speech, homophobia, and rapey

remarks aren't bad because they're "offensive." Drawing pictures of the Mohammed in order to get a rise out of Muslim community members isn't bad because it's "offensive." We call these ideas hateful and push for them to be treated as illegal not because they might hurt some feelings, but because they harbour within them the real capacity to perpetuate structures of harm.

The faux-assassination of three nameless, faceless dummies representing Nova Scotia political parties, by a few hungry-looking art-degree alumni—on a day when those politicians weren't even inside the House, for heaven's sake—is not perpetuating that harm.

MLAs, as a unit, don't have a history of being systematically oppressed by the state. Most of them don't have a history of being told that their bodies are someone else's entitlement. I've never heard of an "MLA bar" getting shut down by the police with charges of indecent exposure (maybe this is the

root of our collective problems?). MLAs aren't told to "go home" or deported or made to go through extra security checks because they've shared their belief in the power of the Province's legislative structure.

When I was at the rally, I wasn't intimidated by the fake guillotine covered in what was probably red corn syrup. The only people I saw who had real power to enact violence were the police—a state apparatus. When we—peacefully, hilariously, aggressively—speak out against injustice caused by decision makers and people who are traditionally both privileged and protected by that state, we're not putting people at risk.

So I'd like to see those who were so put-off at the Day of Action give a little love to the protesters whose anger heated up a cold day. Let's focus our righteous offense at the small acts of violence people perpetuate towards already-marginalized people every day. ☹

# This is what democracy looks like

All protests are legitimate



If we don't make our voices heard, who will listen ••• Illustration by Favianna Rodriguez

**Cameron Roberts**  
Opinions Contributor

Krum Dochev's article last week, "You dirty activist sympathizers," characterized G20 protesters and their goals as anti-democratic and illegitimate. With all the corporate media coverage of black-clad thugs destroying businesses, it's easy to assume that G20 protesters were all as naïve as Krum supposes. When I attended the Environment March on the Wednesday before the summit, I did indeed see many such people in the crowd.

My goals, however, were far more modest. My interests in attending anti-G20 demonstrations had more to do with urging world leaders to work within existing political structures to avert the global catastrophe threatened by climate change. I was far from the only person who felt this way. While they

were brought together by a common cause, the environmental protesters I encountered had views that ranged all over the left of the political spectrum.

As a general statement, Dochev's characterization of the demonstrators as uninformed 'utopians' is little more than a caricature.

But what if, hypothetically, it wasn't, and all the activists of the G20 did indeed await the back-to-the-land/guild-socialist/cradle-to-grave paradise inspired by Revolution?

In addition to his factual error regarding the nature of the demonstrators' views, Dochev makes a normative error when he suggests that the protests were somehow illegitimate. While I happen to agree with him that Utopianism is a failed project, I am not inclined to deny access to the public sphere to those who believe otherwise.

True: in a democracy, no minority has the right to force its views on the

majority. For that reason, people do not have a mandate to unilaterally break up a system that they see as oppressive.

Dochev, however, misses another important facet of democracy. Democratic citizenship requires that we be willing to listen to ideas which we find ludicrous, so long as these ideas are expressed in a non-violent and non-hateful way. Polling data about the widespread appeal of free-market capitalism in developing nations are therefore irrelevant to the question of the legitimacy of the demonstrators at the G20.

.....  
*"We have the right to say things that are wrong."*  
 .....

The Canadian Charter of Freedoms guarantees us the right to say things that are wrong—even if we gather in groups of thousands to say them loudly and publicly. We can demonstrate in favour of unwise policy, even if the policy is so unwise that it could undermine the very democracy which allows us to demonstrate. Such is the paradoxical beauty of democracy.

Despite the supposedly anti-democratic ideals of the protesters. None of them actually managed to undermine any democratic process. The same thing, however, cannot be said of the actions of the Toronto police. Police arrested 1105 people over the course of the weekend (most of whom were peaceful protesters, journalists or innocent bystanders) and assaulted countless others. Peaceful protests are important facet of any democracy, and the police's use of violence to break up such protests should be condemned in the harshest possible terms.

At this point, I am unfortunately required to address a tiresome red herring about the black bloc, lest I be accused of supporting them.

Their actions are deserving of contempt, not just from the residents of Toronto who had several blocks of their city ransacked, but also from the peaceful activists who saw their movements severely undermined by this display of violence. However, the actions of the black bloc do not reflect those of the majority of the protesters.

At the time the black bloc was vandalizing Toronto, they were in a concentrated mass several blocks away from the much larger body of peaceful protesters. The police had a good opportunity to move in with thousands of officers in riot gear and not only stop the vandalism but also to arrest all those responsible. They opted instead to allow the vandals to run wild. Then, police used the resulting damage they caused as an excuse to rescind the right of peaceful assembly over the next two

days. Black bloc violence does nothing to justify the antidemocratic actions of the police.

Criticism of the goals and methods of activism is a very useful and worthwhile activity from which any democracy can benefit, but applying the label of 'illegitimacy' to peaceful civic action is problematic because it can serve to justify irresponsible police behaviour. Regardless of their intended message, G20 protesters did not pose any actual threat to democracy. The police, on the other hand, succeeded in temporarily making peaceful protest illegal in downtown Toronto.

Even if every single one of the G20 protesters were a naïve antidemocratic utopian, I'm not sure it would be necessary to condemn their actions as illegitimate. Wouldn't it be enough for their views to be wrong? ☹

# sudoku.

8		5						
				4	7	5		
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	2		3					5

# arts&culture.

arts&culture  
arts covers cultural  
happenings in Halifax.  
E-mail Rebecca or Erica at  
arts@dalgazette.com  
to contribute.



Rebecca Spence Arts Editor

## Let's talk about sex

### The Vagina Monologues aims to get community involved

**Erica Eades**  
Assistant Arts Editor

Since its initial run in New York in 1994, *The Vagina Monologues* has offered a voice to those who have been silenced in the face of adversity.

Based on interviews conducted by playwright and activist Eve Ensler, the play highlights issues affecting women around the world. From female sexuality and arousal, to body image, to the social stigmas associated with incidents of rape and sexual assault, *The Vagina Monologues* makes a point of addressing concerns that too often go un-discussed.

Rena Kulczycki is directing an upcoming production of *The Vagina Monologues* with the Saint Mary's University (SMU) Women's Centre. For her, the theatrical component is only a small fraction of the overall experience.

"There's something really special that happens with these groups of women who come together and work together," she says. "It's this feeling that we're part of something bigger and we're making a difference in women's lives."

*The Vagina Monologues* is part of an organization known as V-Day: A Global Movement to End Violence Against Women and Girls Worldwide.

Each year during the months of February, March and April, approximately 5,400 V-Day events are held around the world. This includes performances of *A Memory, a Monologue, a Rant and a Prayer, Any One of Us: Words From Prison* and *The Vagina Monologues* and

screenings of the documentaries *Until the Violence Stops* and *What I Want My Words to Do to You*.

Ninety per cent of the funds raised through V-Day events are donated to a local beneficiary. This year, the SMU Women's Centre has partnered up with the Avalon Sexual Assault Centre—the only centre in Halifax that deals primarily with rape crisis.

The other 10 per cent goes towards V-Day's annual Spotlight Campaign, which focuses on a group of women who are experiencing significant acts of violence or oppression.

This year, the Spotlight will be on the women and girls of Haiti.

Kulczycki says the money will be donated to a feminist camp that was set up after the earthquake to protect women living in the area.

"Women are in the first line of fire when natural disaster happens," she says. "As in many crisis situations, women are lost, raped—they suffer more and in different ways."

In addition to the fundraising, Ensler also writes a new monologue each year that is related to the Spotlight theme.

This year, the monologue will be dedicated to Myriam Merlet, a Haitian feminist and activist who died in the 2010 earthquake in Port Au Prince.

Merlet was responsible for bringing the V-Day movement to Haiti—a region which, according to the V-Day website, suffers "some of the worst poverty and gender-based-violence in the world."

Kulczycki says it was important for her to cast someone with ties to the

Haitian community or experience with natural disasters.

"One of our cast members immediately got in touch with me and let me know that her ex-boyfriend is Haitian, and she was with him when he got the news that his family had been lost," says Kulczycki. "She feels a really strong connection to Haiti in that way."

Kulczycki has been involved with *The Vagina Monologues* for three years, and her experience has been overwhelmingly positive. But there is one problem that arises year after year.

"The audience is always, always mostly women," she says. "It is disheartening as a woman to be so familiar with the content and with the reality and to see predominantly women coming and seeing so few men standing with us."

Although Kulczycki would like to see more men in the audiences at V-Day performances, the overarching goal is to raise awareness among the general population.

"It's really easy to come see this show," she says, "to come and be moved; to come and laugh. I want the audience to know that it's okay to laugh. It is also okay to be moved to tears, or to be angry about some of the things that they hear as well. It's a simple thing to do in the face of something that can be overwhelming—to come to a theatre and just sit and listen and consider." (E)

*The Vagina Monologues* will be performed in the Loyola Conference Hall at SMU on Feb. 11 at 8 p.m. and at The Company House on Feb. 12 at 8 p.m..



Playwright Eve Ensler performing *The Vagina Monologues*  
••• Photo by Joan Marcus, supplied

## The best and worst places to hook up on campus

### best

#### 1. Wickwire Field

Unleash your inner tiger. Rawr.

#### 2. The King's Chapel

Come Sunday, you'll really have something to confess.

#### 3. The T-Room

Engineering students won't know what hit their virgin eyes.

#### 4. The King's Wardroom

It already reeks like sweat in there anyway.

#### 5. The Henry Hicks Clock Tower

When the mood strikes, go ahead and have the time of your life.

#### 6. The Killam Library

Obviously. Book a private study room in advance and act out your sexy librarian fantasies.

#### 7. LSC rooftop

Watch the sunrise and soak up the romance.

#### 8. The Dalplex cardio room

Sex is really the best workout, anyway.

#### 9. The King's journalism TV room

Use one of the fancy cameras to film your booty session, giving "the 'fax" way more exciting programming.

#### 10. The Dal Gazette office

Because nothing says "I love you" like pleather couches, empty pizza boxes and a fridge full of Red Bull.

### worst

#### 1. Bathroom stall

Uncomfortable and dirty. This could never be sexy.

#### 2. Elevators

Unless you're superhuman (or a fifteen-year-old boy) and climax faster than a speeding bullet, an elevator won't give you enough time to reach your height.

#### 3. The LSC's Natural Science Centre

Unless stuffed animal carcasses really turn you on.

—Rebecca Spence, Arts Editor

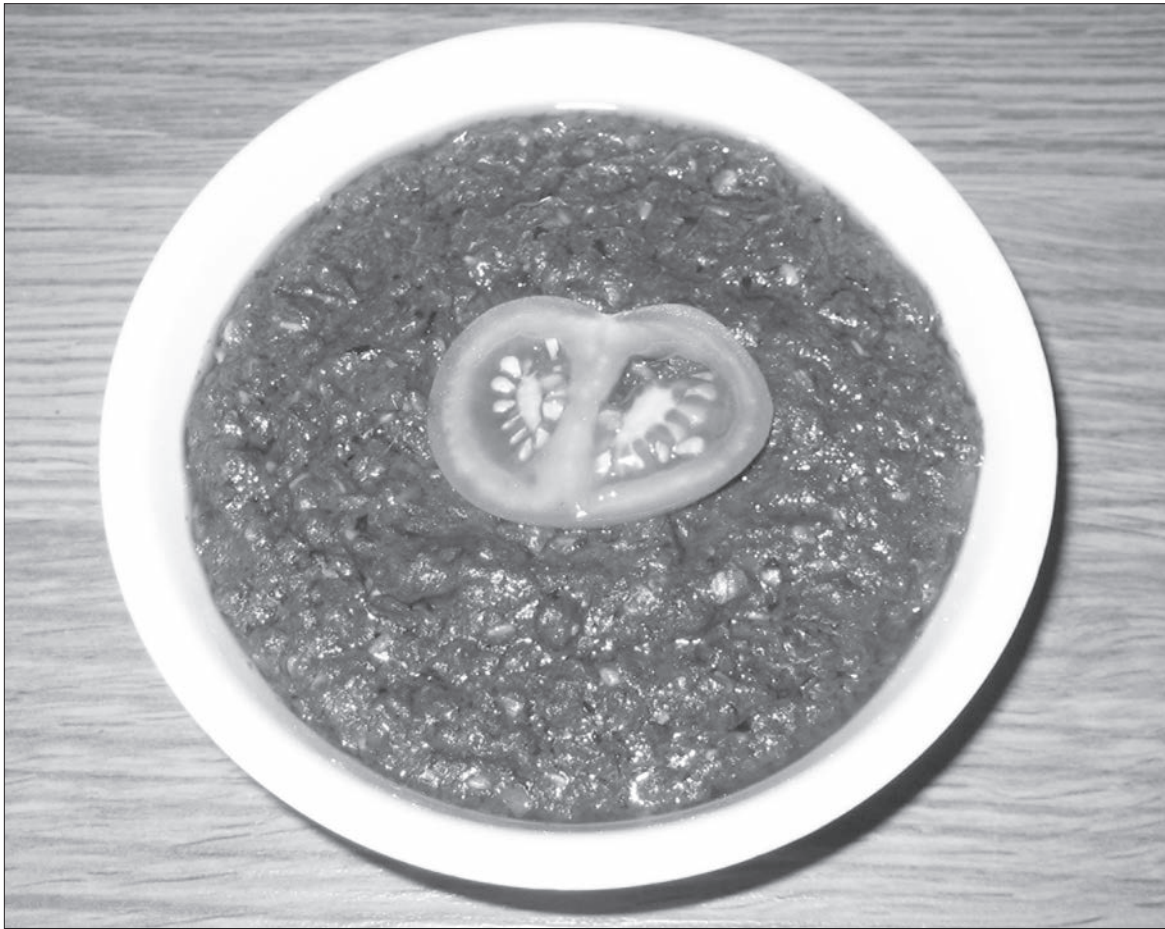


Got time for a quickie? ••• Photo by Abram Gutscher

## arts&amp;culture

## The art of chocolate

This savoury mole sauce may even beat sex



Dark chocolates' antioxidants can help prevent heart disease. ••• Photo by Jordana Levine

**Jordana Levine**  
Food Columnist

Candy. Desserts. Baking. Chocolate.  
All these food-related words come to

mind on Valentine's Day. But chocolate is definitely my favourite.

Chocolate is usually sweet, but it doesn't have to be. The rich flavours of cacao and melt-in-your-mouth dark chocolate are incredibly versatile.

Chocolate can lend itself to virtually anything, far beyond the realm of cakes, cookies, and other sugary desserts.

It goes especially well with spicy chile peppers and smoky tomato flavours. It can seriously spice up a bowl of chili or

go into a steak rub. And it's used in lots of Mexican food.

So I decided to go savoury with my chocolate this Valentine's Day.

Because, really, why wouldn't you try adding some hot peppers to your chocolate if you had the chance?

I made a mole sauce, which is an earthy Mexican paste. It's thick, chocolaty, and zings the tip of your tongue. It can go on quesadillas, enchiladas, chicken, fish, tortilla chips—it's essentially a replacement for salsa.

I rummaged around the kitchen and read countless recipes for the sauce, which can be made in a thousand different ways. After burning a few taste buds on chiles, some tweaks, and a few arbitrary pinches, I came up with this recipe:

2 tomatoes  
2 oz dark chocolate  
3 chile peppers  
½ jalapeño pepper  
1 slice stale bread (or 2 tbsp flour)  
3 cloves garlic  
½ onion  
2 tbsp tahini  
2 tbsp sesame seeds  
1 tsp dried oregano  
1 tsp dried thyme  
1 tsp cinnamon  
½ tsp cayenne powder  
½ tsp cumin  
1 tsp brown sugar  
2 tbsp vegetable oil  
1 ½ cups broth, chicken or vegetable  
salt and pepper to taste

I started by roasting the chiles in the oven at 450 F until the skin was mostly browned or blackened, about 10 minutes each side, and then wrapped them in tin foil for a few minutes. Peel the

skins and remove most of the seeds. This gives them a smoky flavour.

Then, throw everything into a food processor except the oil, broth, salt and pepper. Blend until fairly smooth, although small lumps are fine.

Pour the oil into a pot over medium heat and, once warm, dump in the blended mixture. Stir until it starts to brown, 3-5 minutes, and then add about half a cup of the broth. Stir often, but let the sauce absorb the liquid. Slowly add more broth, although you may not need all of it. It should take about 20 minutes and be somewhere between the consistency of salsa and hummus—thick enough to spread, but thin enough to stir. It will turn a rich chocolaty colour.

Sprinkle in some salt and pepper to taste. If you want it to be sweeter or spicier, add a little extra brown sugar or cayenne pepper.

Be aware that this sauce is all about layering flavours; the more spices, the more interesting and rich it will taste. But don't worry if you're missing some things. If you only have a couple of the herbs and spices on hand, you will still get something to be proud of.

The best part about this sauce is its versatility and the way it changes depending on how you eat it. I spread mine over a quesadilla with cheese, tomato and onion. The freshness of the vegetables combined with the salty cheese brightened up the sauce instantly. Adding some lime juice, chopped parsley or cilantro can do wonders, too.

After this experiment, I'm eager to bring chocolate into as many recipes as I can. It's a great new way to add richness to a home-cooked dinner while saying "Happy Valentine's Day." ☺

## sexy arts briefs



**Rebecca Spence**  
Arts Editor

## My funny Valentine

If you want to get your lover a Valentine's Day card that goes slightly beyond the route of "roses are red/violets are blue," consider checking out Argyle Fine Arts' personalized Valentines.

The gallery provides you with a form where you can divulge some of the special times that you and your partner have shared together. They will then send it off to one of four local artists participating in the venture: Ryan MacGrath, Nick Brunt, Jono Doiron, and Lindsay Hicks. The final product is a 5x7 hand-drawn card depicting one or more of the sentiments you've written about your relationship. Some artists are more abstract, while others present more of a caricature-like depiction—you can request what kind of style you would like with your order.

The catch? The cards cost \$50 plus tax. But when you consider that the greeting card industry in Canada rakes in over \$730 million a year, it might be worth it to support some local talent over Hallmark.

## A "Like" says a thousand words

Featuring mostly small paintings as well as a few ceramics from artist Wendy Shirran, the "Like/Unlike" exhibit showcases seven artists' various sentiments and emotions that surround Valentine's Day.

"It's a really wide variety of interpreting the themes of relationships," says Jessica Winton, the curator of the exhibit.

Borrowing its title from the ubiquitous "thumbs up/thumbs down" Facebook feature, much of the work delves into the digital realm and how easy it is to express the way you feel about something or someone through the click of a mouse.

The exhibition runs at the Hydrostone Gallery (5519 Young St.) until Feb. 14.

## Sex education for the 21st century

It's like a sex-ed class without being tested on your memorization of the female anatomy.

Local sex shop Venus Envy offers workshops throughout the year, but this month feels like a perfect time to start learning a little bit more about safe sex and sexuality.

From a two-hour class on how to give a guy the best blowjob of his life to learning new positions and techniques for cunnilingus to tips and tricks for multiple orgasms, Venus Envy covers all the bases.

All classes are held at the store and include a combination of informal lecture and a question & answer session. Sessions cost \$10 but reduced prices can be made available for students and others with limited incomes.

For more information check out [venusenvy.ca](http://venusenvy.ca) ☺

Breaking waves at the Canada Games  
Matt Mays excited to return to the East coast

Mays is packing up his surfboard and picking up his guitar ••• Photo supplied

**Samantha Durnford**  
News Editor

Matt Mays is stoked to be back in Halifax playing for his oldest fans at the Canada Games.

After taking off around the world to surf, Mays says he's "thawed out" and ready to play an outdoor show.

"I've got a great band and I think the energy in the air will be enough to fuel a pretty awesome show," says Mays. "That's what my plan is, to rely on the good energy of the Canada Games."

"I know that whether it's snowing or raining or super cold, everyone is going to come out and check it out, so it'll be

super fun."

Mays will be playing tunes off of his last album, *Terminal Romance*, since the album he's working on now is not quite ready. He says it's being mixed right now but he's staying secretive with the details.

"It's going to be my best album made to date hands down," he says. "But, I'm keeping it under wraps."

Right now he's aiming to get the album out by late spring, early summer. He says they've narrowed about 30 songs down to about 12 for the new album.

He says this is by far his favorite record he's made, inspired by his recent travels.

"I wrote all these songs in tikki bars and boats in the middle of the Indian

ocean," says Mays. "It's not a bedroom record, just more of a good time."

Unlike his last record, his new one will be more low-key and up beat rather than the band's usual heavy guitar and grit-rock sound.

"It's a bit of everything, not just one thing. It's a party record," he says. "It's not mellow from cover to cover, that's for sure but it touches on some quiet. I basically designed it for the ride to the beach."

After the Canada Games show, Mays is heading to California to shoot some videos for his new record, as his Dad is busy working on the new album cover.

"When it comes out, it's going to be go time," he says. ☺

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# STREETER

*What trait do you find sexiest in that special someone?*



"A nice pair ... of brain cells"

**Ethan Macaulay**  
3rd-year political science



"Sense of humour"

**Matt Peters**  
3rd-year science



"Really good hair"

**Waud Hapbel**  
2nd-year commerce masters



"Bears any resemblance to Alan Alda"

**Alex McChou**  
2nd-year arts



"If she can break 50 seconds on Ancient Lake in Diddy Kong Racing"

**Jamie Macnicol**  
4th-year management



"Nice eyes and flexibility"

**Josh Bixby**  
3rd-year history



"Looks like Chris Saulnier"

**Kayla Kurin**  
5th-year arts



"Muscles"

**Brittany Rankin**  
2nd-year science and recreation



Streeter by Katrina Pyne and Samantha Durnford

**WRITE FOR THE GAZETTE ONLY 7 ISSUES LEFT!**



**CONTRIBUTOR MEETINGS 2011**  
mondays @ 5:30 pm, room 312, the SUB

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## OVERHEARD AT DAL

SUBMIT THE RESULTS OF YOUR EAVESDROPPING: OVERHEARD AT DAL FACEBOOK GROUP

**Egyptian student in class talking about the uprising:**

"It's just terrible. At our stable people came and took away 12 horses. One of them could have been mine!"

**Overheard at King's at a dance party:** "I so wish I had epilepsy right now!"

**TEXTS FROM LAST NIGHT:**

"She kept screaming "best case scenario"

"i said she could sleep in my bed and she goes "iiiiiiii warned you. iiiiiim a cuddlerrrrr!" slightly regretting this."

"So you used a whole package of smoked meat last night. Didn't eat it, just took it out and put it all over the fridge.."

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Feel the love this Valentine's Day at Celebration Square ••• Photo supplied

# There's a reason why Joel Plaskett loves this town

## Singer stops in town for Canada Games

**Paula Sanderson**  
Staff Contributor

.....  
Six albums, 19 ECMAs, and one Juno later, Joel Plaskett is coming home to rock a free Canada Games concert at Celebration Square on Feb. 14.

"I spent a lot of time touring with my acoustic guitar," says Plaskett. "To get out and play a rock and roll show is what I'm really looking forward to."

Plaskett says he is psyched to be a part of the Canada Games. "It's nice that they decided to have a music element to a sporting event," he says.

Plaskett enjoys sports and says he likes "any high level of competition things like the Canada Games and Olympics," because "it's fun to watch people at the top of the game."

But Plaskett won't be able to catch any of the sports action due to his concert schedule. Following Celebration Square, Plaskett is headed to Memphis for two concerts later that week. "It's nice to be a part of something," he says. "But at the same time if you're a musician, you end up being a part of something then moving on to be a part of something else."

Plaskett, who is from Halifax, is excited about playing in his hometown. "I just

like any opportunity to play for the hometown crowd," he says. "For me, it's just a way to make some noise in the winter."

When he's home, Plaskett likes to visit restaurants such as the Wooden Monkey and The Carleton.

.....  
**"For me, it's just a way to make some noise in the winter."**  
.....

His other favourite places to visit are The Last Word on Windsor Street for used books and record shops like Taz Records and Obsolete Records because both carry lots of vinyl.

Vinyl records are Plaskett's passion. His record label, New Scotland Records, produces on vinyl. "I really like vinyl and so part of the reason for making the record label was to release things on vinyl," says Plaskett. "I like it from a sound and from a collectability and presentation point of view."

When Plaskett started acquiring his

record collection as a teenager in 1988-89, he collected cassettes and vinyl. "I grew up before CDs came into vogue," he says. "Vinyl is probably, I think, the most robust of formats. It's the one format that even if it develops a skip or something, it still retains value. You can still get information off it. You have to really scratch and wreck a record for it not to play."

New Scotland Records is also a way for Plaskett to develop a community of artists.

"I just thought that the label would be a way of drawing attention to people in my world of music," says Plaskett. "It's just fostering a collection of cool records and artists and creating a community around music."

Plaskett is currently writing his seventh album. Previous albums, *Ashtray Rock* and *Three* both had clear themes, but Plaskett wants to move away from that. "I'm sure there will be things connecting the dots but I'm not sure if I will make it as heavy on the concept as I have in the past," he says. "I want the next record to seem a little more spontaneous."

He expects the new album to be released in October or November of this year. ☎

### tunes.

## Mogwai—Hardcore will never die, but you will

**Peter de Vries**  
Staff Contributor

.....  
**Grade: B+**

How kind of Mogwai to remind us with their latest album title that unlike "hardcore," we're mere mortals. Such an album title, especially one in the imperative case, could come off as amusingly ironic, vaguely condescending, or even pretentious depending on your interpretation. But thankfully the quality of the songs should

.....  
**"It somehow manages to sound both uplifting and devastating."**  
.....

be enough to shove these notions to the back of your mind.

Because Mogwai's sound is so often polarizing, your appreciation for *Hardcore* may depend on whether you crave the band's unique approach to song structures or whether you feel the droning keyboards and explosive instrumental freakouts become too formulaic over 50 plus minutes. That said, there are many moments on *Hardcore* that shine in spite of whichever side of the fence you're on. The ironically named opener "White Noise" is actually

one of the most beautifully melodic things the band has ever recorded, while the upbeat and catchy "Mexican Grand Prix" helps carry the momentum forward through the album's fantastic first half.

The mid-album "Death Rays" is one of the best tracks Mogwai have ever recorded. It somehow manages to sound both uplifting and devastating as synthesizers in major keys duel back and forth with heavily distorted guitar stabs. It's like listening to a happy apocalypse.

Next, "Letters to the Metro" shows Mogwai at their most hypnotic and

cerebral before the ludicrously titled "George Square Thatcher Death Party" and "How to be a Werewolf" attempt to recapture the album's early momentum with some success. Eventually, the band's energy culminates in the gradual but explosive unravelling of the standout "Too Raging to Cheers" before fading away on the more forgettable "You're Lionel Richie."

Your reaction to the album's difficult second half will likely determine whether you feel *Hardcore* is a great Mogwai album or merely a good one. ☎

### flicks.

## Blue Valentine

**Rebecca Spence**  
Arts Editor

.....  
**Grade: A**

*Blue Valentine* is about two people who fall desperately in love.

But potential moviegoers should be warned: this is not your typical rom-com. Yes there is some romance. And a little bit of comedy, too. But both of those elements are ultimately overshadowed by the realistic and raw emotional turmoil experienced by lovers Dean (Ryan Gosling) and Cindy (Michelle Williams). This is because *Blue Valentine* is also about two people who fall desperately out of love.

Cindy and Dean first meet at Cindy's grandmother's nursing home, where we get a glimpse into Dean's character. He's at the nursing home because his moving company is transporting an elderly man named Walter out of his house and into a tiny bedroom. Rather than leaving Walter with a pile of car-tons in an

unfamiliar place, Dean stays overtime to set him up in his new room. This heart-wrenching scene instantly makes the audience trust that Dean is a kind, caring person with a good soul.

Six years down the road, Dean and Cindy are married with a little girl. And the Dean we saw in the nursing home has faded into a distant memory. He smokes, drinks, and makes his living painting houses despite being blessed with a variety of artistic talents. Cindy is tired and overworked as a nurse, despite dreams of going to medical school and becoming a doctor.

The story cuts back and forth from the lovers' hopeful, budding romance to their final days where the relationship is hanging by a thread. While these transitions, at times, feel quite jarring, the sense of disjointedness often works for the film. The audience is mostly left in the dark to wonder what happened in between these six years to cause Dean and Cindy's relationship to go downhill. We get to fill in the blanks to guess

how the characters' past choices have shaped their dismal fate.

The film is also beautifully shot, using extreme close ups that tightly connect the audience with the personal lives of these characters. There are also some wonderful angles, for instance a scene where we see Dean and Cindy's reflections overlapping each other between a glass partition.

Of course, Williams and Gosling's performances fully embody the complex personalities of Cindy and Dean. The way they each talk, walk, and even eat, projects volumes about their characters. Their onscreen chemistry works perfectly to showcase a compatible and dysfunctional relationship simultaneously. You can really believe they love each other. And then you really believe that they hate each other.

They say it's the ones you love that you hurt the most. *Blue Valentine* proves the truth behind that statement to the point that it makes our hearts ache. ☎

### flicks.

## No Strings Attached

**Rebecca Spence**  
Arts Editor

.....  
**Grade: C+**

"Can I finger you?" This is one of the first lines uttered by the 14-year-old version of Ashton Kutcher's character. Believe it or not, *No Strings Attached* somehow finds a way to go further downhill from here.

Unfortunately, the adorable little Natalie Portman can't make up for a lazy script, unnecessary subplots, and an embarrassing performance from Kevin Kline as Kutcher's playboy father.

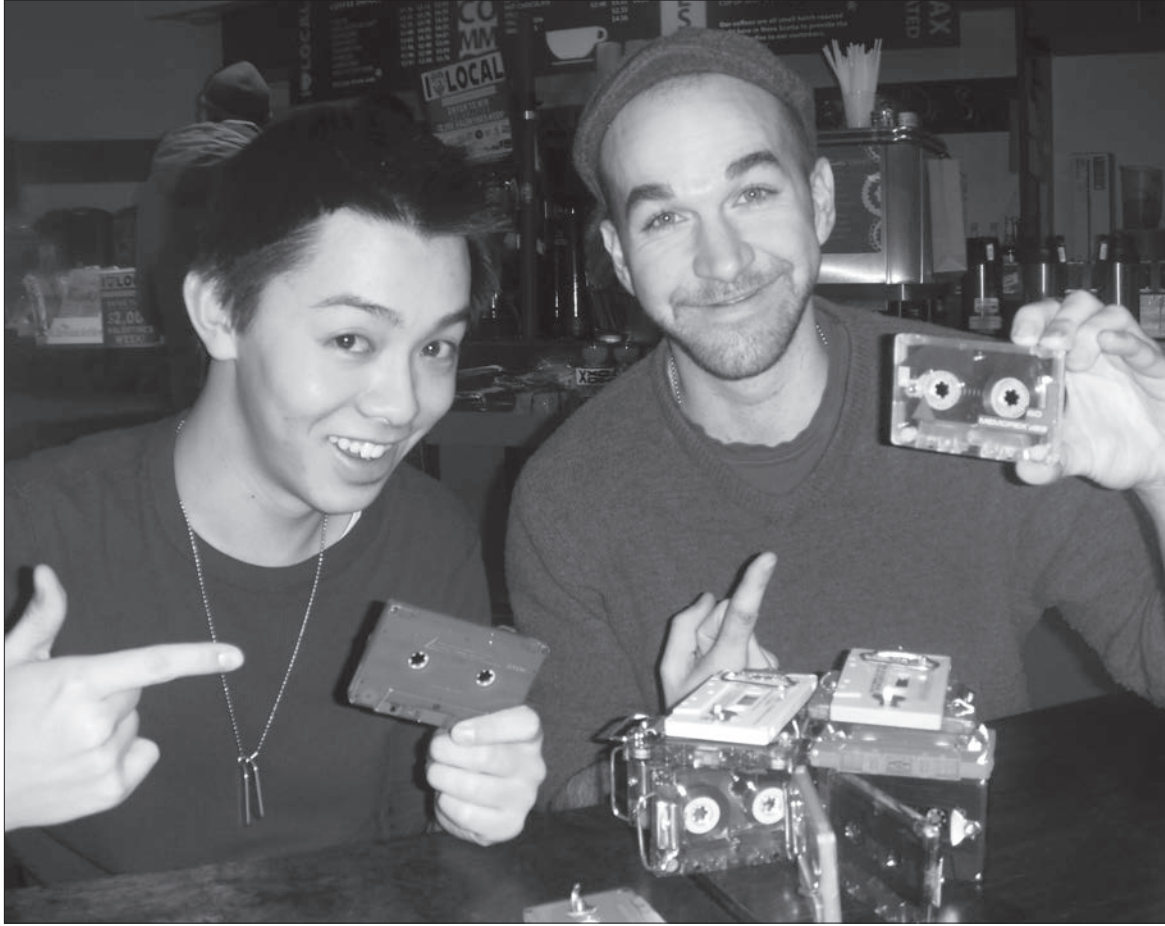
Sure, the movie has its moments: from a period playlist including the songs "Bleedin' Love" and "I've Got The World On A String," to short but amusing and charismatic supporting performances by Lake Bell, Greta Gerwig and Ludicrous. But, still, it's not enough to counter 110 minutes of overly simplistic and clichéd storylines.

What's more disappointing is that this movie had some potential. It could have been a funny and thoughtful social commentary on contemporary relationships and the obstacles that stand in our way of experiencing traditional romance. It could have experimented with a modern take on gender roles, in which we see Portman's character as a hard-headed, soon-to-be doctor who doesn't want to waste her precious time with a relationship, while Kutcher's character is more of a traditional, romantic type. It could have dared to go beyond the cookie-cutter plot of boy-meets-girl etc.

But it didn't. Anybody who may be interested in indulging in this little time-waster should go right ahead. Just expect to get what you pay for: lots of talk about great sex, but nothing that will actually leave you satisfied and wanting more. ☎

# Mixing it up

Dal student combines art with business and sustainability



Jason Duong and Chris Pyke are bringing the 80s back. ••• Photo by Meriha Beaton

**Meriha Beaton**  
Staff Contributor

Sleepless nights and a hectic workload are common factors in a student's life and Jason Duong is no exception. What sets him apart from the average student? He is running his own clothing line on the side.

"Honestly, academics kind of take a hit," says Duong, owner of Mixtape Apparel and third-year Dal commerce student. "When it comes to my priorities and what's fun, obviously it's my business."

On Nov. 25, 2010, Duong and his childhood friend, Chris Pyke, launched the website for their eco-friendly clothing line. The line offers belt buckles made out of recycled cassette tapes.

Seeing decorative bowls and clocks made of recycled records, Duong figured old cassettes could also be put to good use. Already a belt buckle enthusiast, he slowly started developing the idea that became Mixtape Apparel.

"It wasn't like a eureka moment. It was more a slow process," says Duong. "I thought 'I would wear that, maybe I'll try it eventually.'"

Being a student while managing Mixtape Apparel has its pros and cons for Duong. While he has made several connections through students in his class, time management can be a struggle.

"The time is really, really tough, sometimes you really want to do the business stuff and then you have an assignment due—but you have to get the assignment done if you want to pass," says Duong.

Mixtape Apparel markets towards

people of all ages. Many students are interested in the products, while an older crowd has invested in the belts as well.

"The people who are younger who are buying them are like 'that's cool, that's like an iconic image.' They are buying it for the retro factor," says Duong. "The older people are buying them because they used to have (cassettes) and they want to keep a part of that."

The belts are all made from recycled cassettes that have been donated to Duong from people who are going to throw them out. The belt backs and the belts are purchased new, to ensure a quality product. Duong and Pyke are determined to be as eco-friendly as possible.

"I think it's something every business should integrate," says Duong.

As of now, the boys are working on Mixtape Apparel T-shirts that should be available in the near future. The shirts will be influenced by music and media images and will be made from environmentally friendly materials. They wish to sell clothing that is locally made and of little harm to the environment.

"You look at every tag right now and it's from somewhere you have barely heard of," says Pyke. "I'd like to make clothes that are local. You know exactly where it came from. It doesn't take any greenhouse gases to get here, and it doesn't take someone slaving away for a penny an hour to make it. It would be so much more fulfilling to wear something like that."

For more information check out [mixtapeapparel.com](http://mixtapeapparel.com). From now to Feb. 14, Duong is donating 50 per cent of the label's proceeds to *The Children's Wish Foundation*. ☺

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## The King's Speech and The Social Network locked in Oscar battle

**Henry Whitfield**  
Staff Contributor

While most of us are just finishing digesting the Golden Globes, it is time to move on and settle into Oscar season.

On Jan. 25 the Academy announced the nominees for these prestigious awards and while there were a few surprises, it appeared to be business as usual.

*The King's Speech* set the bar with 12 nominations, but box office blockbusters *The Social Network* and *Black Swan* will be tough competitors picking up 12 nominations between them.

In the Best Actor category, Colin Firth looks to go head-to-head with James Franco for their strong performances, although Jeff Bridge's gritty performance could see him sneak past those two favourites. While it seems everyone in *The Fighter* was nominated for something, it is somewhat of a shock that Mark Wahlberg was overlooked for his leading role. Look no further than Firth for this category; this may be the performance of his career, as he captivates the audience in his role.

Natalie Portman is the runaway favourite in the Best Actress slot; however, Golden Globe winner Annette Bening is a strong contender. Bening won over audiences with her performance in *The Kids Are All Right* and it may be that her experience will be the deciding factor.

While Portman's nomination is a no-brainer, her counterpart Mila Kunis was surprisingly overlooked for the Best Supporting Actress. It is thought that *The Fighter* co-stars Amy Adams

**“Sorkin took the behemoth that is Facebook and wove its story into a seamless drama that allows the viewer to both hate and admire the founder of the popular website.”**

and Melissa Leo will duke it out for this category. While Leo won the Golden Globe, there's a good chance that Adams will win on this night.

Christian Bale in *The Fighter* will probably take the award. Although John Hawkes, who plays an ill-tempered uncle in indie film *Winter Bones*, provides tough competition.

The Animated Feature Film award always tends to be a favourite and this year *Toy Story 3* is the clear and easy choice. But one must wonder how *Despicable Me* failed to garner a nomination?

It's shocking that Christopher Nolan

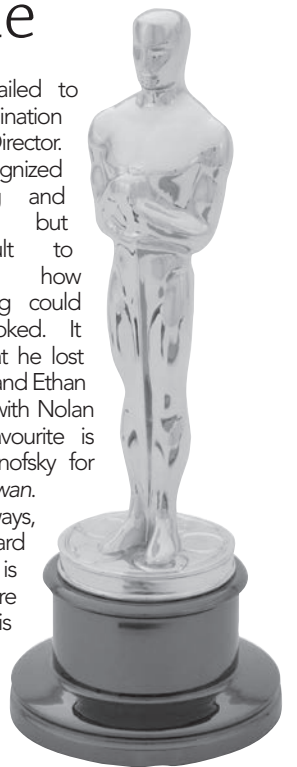
not only failed to get a nomination for Best Director. He is recognized for writing and producing, but it's difficult to understand how his directing could go overlooked. It appears that he lost out to Joel and Ethan Coen. But with Nolan out, my favourite is Darren Aronofsky for *The Black Swan*.

As always, the big award of the night is Best Picture and this year is no different.

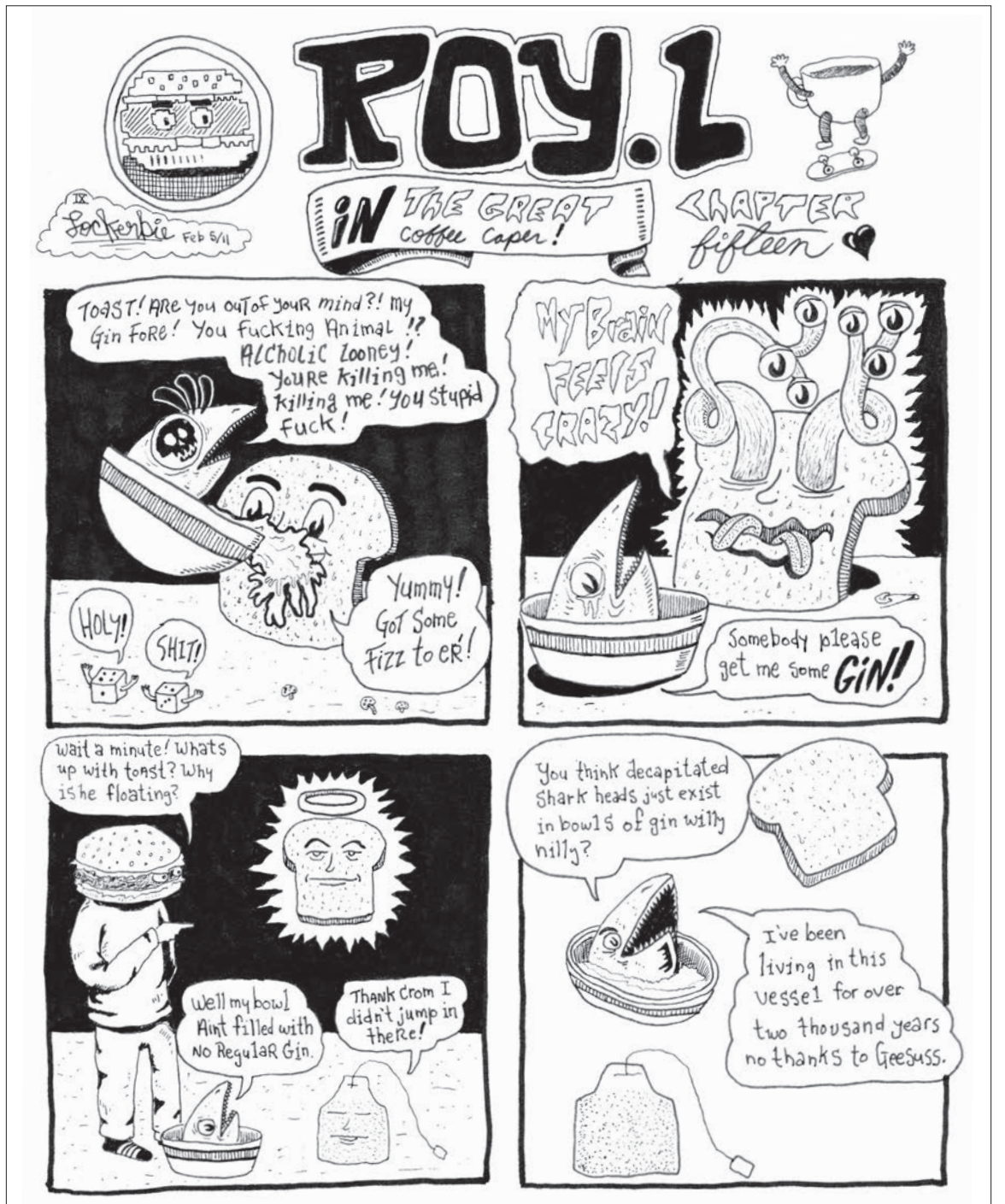
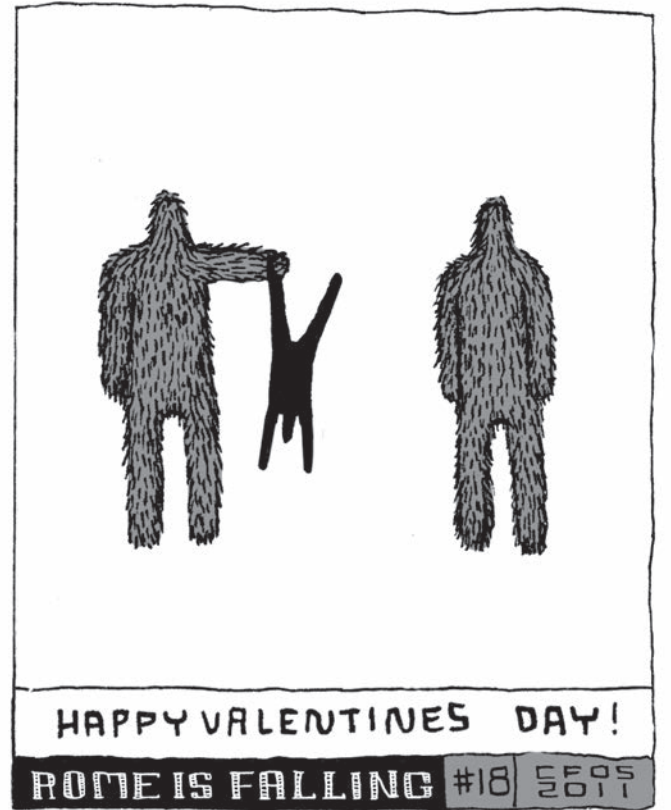
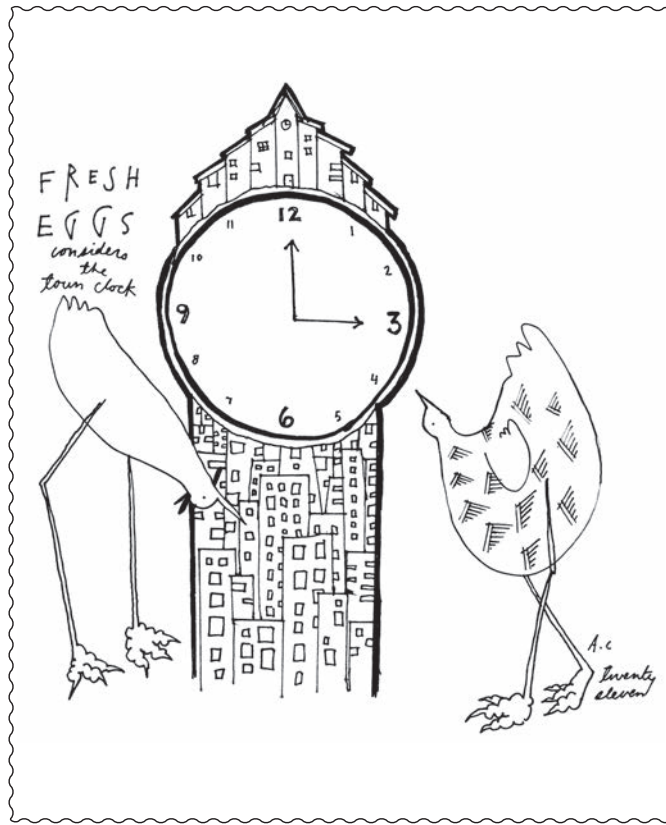
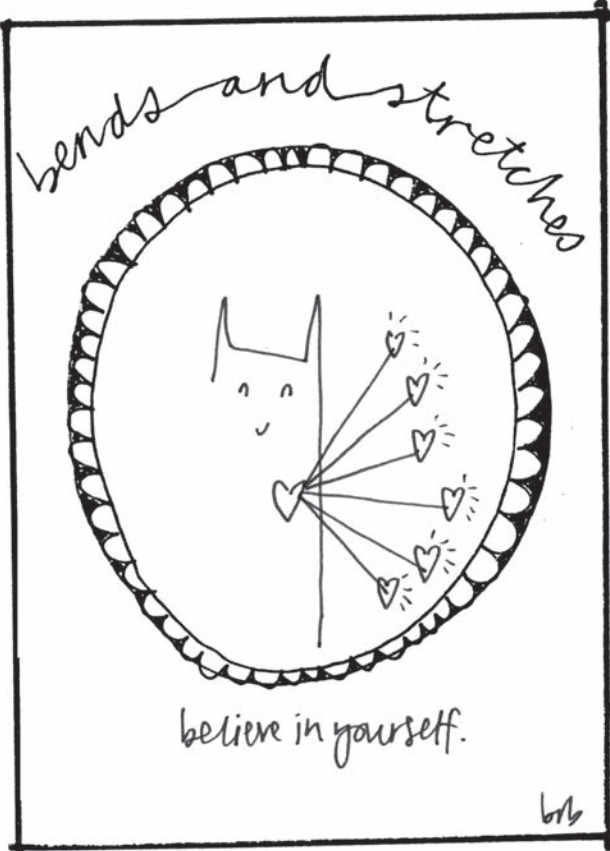
I was wooed by the magic of *The King's Speech*, held captive for 127 Hours and blown away by the pure scope of *Inception*, however, my favourite to steal the show is *The Social Network*.

Aaron Sorkin took the behemoth that is Facebook and wove its story into a seamless drama that allows the viewer to both hate and admire the founder of the popular website.

With two weeks left before the big night, it's time to head out and catch some of these fantastic movies while the Oscar buzz is hanging in the air. ☺



# comics & poetry.



## Maybe

Maybe I should stop doing things  
 Like pretending to light your hair on fire  
 Or pretending I know how you feel.  
 When this was new  
 It was easy to lie  
 But I am still here  
 And you are still not.  
 Maybe I should stop worrying  
 about things  
 Like what it meant  
 And where it went  
 And what I am going to find  
 At the bottom of this bottle.  
 Remove my heroic qualities,  
 They are only literary.

—Kaitlyn Jacobs



Submit your poetry. editor@dalgazette.com

# sports.

## sports

sports covers athletic events and topics relevant to Dalhousie and the Atlantic region. E-mail Dylan at [sports@dalgazette.com](mailto:sports@dalgazette.com) to contribute.

Dylan Matthias Sports Editor



## N.S. ringette aim for the top five

Ian Froese  
Staff Contributor

An athlete will never admit their performance in a tournament was good enough unless they leave with a gold medal. Starting goaltender Sarah Burry will get her second chance at Canada Winter Games hardware beginning this weekend.

"You always want to do better, you always say that," said Burry in a phone interview, referring to Team Nova Scotia's eight-place finish in 2007. "We know what we can do and what we can improve on (this week)."

Burry, of Bedford, and Berwick's Lauren Morse are returning to the Canada Games stage with veteran experience. They wore provincial colours in Whitehorse four years ago. This time, they will play for a home crowd.

"There still are nerves because it's on home ice," 19-year-old Burry said, "but it's definitely not as nerve-wracking the

second time around."

The girls are looking to exceed their result in Whitehorse, eyeing a top-five finish at the current Games. With a smaller pool of athletes to pick from, Nova Scotia is hard-pressed to eclipse ringette powerhouses Ontario, Alberta, Quebec and Manitoba, who finished first, second, third and fourth respectively in the last Canada Games. Ontario is looking to win its fourth straight Games.

Fans should anticipate watching a balanced squad with quality players on each line, said Burry.

"We have a very good team," she said. "We don't really have anybody that will stand above us or any benchwarmers. Everybody is a good player and is ready to compete."

Nova Scotia will not have an easy ride in the competitive group two. They begin their preliminary round the morning after the opening ceremonies with a hotly-anticipated battle against New Brunswick at 9 a.m. The two provinces

will meet on the heels of January's Atlantic Ringette Championship, where Nova Scotia triumphed 7 - 5 opposite New Brunswick in round robin play, before falling 7 - 4 in a rematch for the gold medal.

The third place team at the Atlantic Ringette Championship, Prince Edward Island, will face Nova Scotia on Feb. 14 at 11:30 a.m.. The home side should finish on top if they want to seriously contend for the Games podium.

Tuesday will bring a solid test for Nova Scotia. They will welcome the West with matches versus the top two teams in their division, Alberta and Manitoba.

Eight of the Games' nine teams will advance to the playoffs. If Nova Scotia's result in 2007 is any indication, they could be in tight for the final spot. The fifth-place team in group two will clash against the fourth-place squad in division one with the winner moving on. Each playoff team is guaranteed three further matches.

"I think if we play to our potential, we could possibly end up in top five," said Nova Scotia head coach Brent Dempsey over the phone. "That's what we're hoping for."

That ambition extends to the Dalhousie campus as three students are represented on the roster. Morse joins Dal students Krista Vey of Lower Sackville and Lily Barton, although Barton lives in Ottawa. She can play for the Maritime province because she takes classes here.

The team's 10 forwards, four defence and two goaltenders were chosen in late October after tryouts in August. In preparation for the Games, they placed respectably in tournaments in Calgary,

Pierrefonds, and New Brunswick.

Besides the expertise provided from the second Canada Games trip for Burry and Morse, the girls will also welcome experience of the summer kind. NCAA-bound Julia Burton of Hammonds Plains, Brookside's Jenna Blackburn and Alana Fairfax from Somerset were on the province's soccer team at the 2009 Canada Games in P.E.I. They finished fifth.

After months of anticipation, the time is now for Team Nova Scotia. It is anybody's guess if they can earn their desired top five result, but even that unpredictability will not prevent an athlete from dreaming big.

"We're striving for gold," said Burry. ☺

## Team Nova Scotia Ringette

Position	Player's Name	Hometown
G	Sarah Burry	Bedford, NS
G	Breagh Harrie	Williamswood, NS
D	Julia Burton	Hammonds Plains, NS
D	Ellen Fraser	Cole Harbour, NS
D	Kirsti Mason	Cole Harbour, NS
D	Alison Vanloon	Ottawa, Ont
F	Brittany Avery	Hammonds Plains, NS
F	Lily Barton *	Ottawa, Ont
F	Jenna Blackburn	Brookside, NS
F	Taylor Dempsey	Herring Cove, NS
F	Alana Fairfax	Somerset, NS
F	Emily Henneberry	Williamswood, NS
F	Paige Grandbois	Ottawa, Ont
F	Lauren Morse *	Berwick, NS
F	Morgan McLellan	Herring Cove, NS
F	Krista Vey *	Sackville, NS
Spare - G	Kayla Upson	-
Spare - F	Emily Ferguson	-
Head Coach	Brent Dempsey	Herring Cove, NS
Assistant Coach	Cathy Burton	Hammonds Plains, NS
Manager	Mary Avery	Hammonds Plains, NS

\* Dalhousie students

## Ringette Schedule

The rinks at Cole Harbour Place between Main and Portland streets will play host to the Canada Winter Games ringette competition

Feb. 12	Feb. 13	Feb. 14	Feb. 15
09:00 NB vs NS	09:00 PE vs AB	09:00 QC vs BC	09:00 NS vs MB
11:30 ON vs QC	11:30 ON vs BC	11:30 NS vs PE	11:30 PE vs NB
14:00 AB vs MB	14:00 QC vs SK	14:00 SK vs ON	14:00 AB vs NS
16:30 BC vs SK	16:30 MB vs NB	16:30 NB vs AB	16:30 MB vs PE
Feb. 16	Feb. 17	Feb. 18	
09:00	09:00: <i>Playoff</i>	09:00:	
11:30	11:30: <i>Playoff</i>	11:30:	
14:00	14:00: <i>Playoff</i>	14:00: Bronze <i>FINALS</i>	
16:30	16:30: <i>Playoff</i>	16:30: Gold <i>FINALS</i>	
19:00	09:00: <i>Playoff</i>		

Source: Halifax Canada Winter Games 2011 foldout schedule

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# NS Team Ringette

For four months prior to the Canada Winter Games, the Dalhousie Gazette followed the Nova Scotia Ringette Team to document their progression both on and off the ice. The team of 18 girls, three of whom are Dalhousie students, will be competing from February 12-18 at Cole Harbour Place.



1. Team Nova Scotia



2. Team captain Lauren Morse leads the team during a warm-up before hitting the ice.



3. Coach Brent Dempsey holds a stick and a bunch of rings, the basic gear needed to play the sport.



4. Assistant captain Lily Barton screams with joy as she and the team are presented with their complete uniforms.



5. Coach Steve Fowler gives goalie Breagh Harrie a few pointers to keep the opponents scoreless.



6. Lauren Morse and the team listen to Coach Dempsey as he demonstrates an offensive tactic.



7. Lily Barton attempts to score on goalie Sarah Burry.



8. Team captain Morse uses the board as she suggests other ways to run a certain play.



View the complete photo essay online at [DalGazette.com](http://DalGazette.com)

••• Photos by Pau Balite 

sports

# Cinnamon shouldn't be the only kind of heart on your mind this Valentines

Colin Hebb

Health Columnist

With the love day and kissy-kissy times right around the corner, hearts are on everyone's mind. This seems like the perfect opportunity to talk about your heart—the pumping one, that is; the one responsible for your cardiovascular fitness

Rather than launch into an anatomy lesson on all the physiological systems that make us move, let's talk generally about what it means to do "cardio" and how that affects our everyday lives.

While many people tend to look at cardio as a way to burn off some of those extra calories our Western diets bombard us with everyday, there is a lot more going on underneath the surface that provides an even greater benefit to our normal functions. Our body adapts to what we require of it. In that sense,

muscles shrink if not used, bones lose some of their density without load and our hearts and lungs become much less efficient if we are not challenging them on a regular basis.

When you jump on a treadmill or any other form of cardio equipment, you often get a heart rate measure that gives you a sense of your effort. For the trained athlete, like those showcased at the Canada Games, this heart rate tends to stay fairly low until intense effort is achieved. This is because their bodies have adapted to the needs they push themselves to during their training. It takes their hearts less effort to accomplish the tasks required because their cardiorespiratory system has become much more efficient.

For the coach potato who does not challenge their heart on a regular basis, the heart rate reading when jumping on a treadmill may go up quite quickly.

This is because there has been no regular push on the body to adapt and become more efficient. For the function the coach potato has required, the body assumes the inefficient state is just fine (our bodies are actually a bit lazy).

What does this all mean for you? Well, if you are a varsity soccer player who trains at intense levels five times a week, probably not a whole lot. If, however, you are someone who can't remember the last time you were active enough to be out of breath for an extended period of time (besides sex... I know you were thinking it), it may be time to consider investing a little valentine love into your heart health.

The physical activity standards for Canadians were just revised to suggest that we achieve 150 minutes of activity a week. In cardio terms, you should be aiming to elevate your heart rate for a large portion of this time through various

activities (the ol' treadmill is only one way). Depending on who you are and what fitness level you are at, you can research your recommended "heart rate zone" and use that as a goal for your intensity levels. You may not always have a heart rate reader nearby, but you can usually get a general idea of how hard you are working based solely on perceived exertion.

Over time, you will notice small but significant changes in your everyday life. Those stairs may not be as much of a challenge as they used to. Doing the dishes or general housework may be just a bit easier to get through. Even your sex life can improve drastically with that extra little bit of stamina from making your heart tick a little bit more efficiently.

Most importantly though, you have a greater chance of living longer and avoiding some nasty conditions such as cardiovascular disease, cancer,

diabetes, and so on. Unlike weight management, it may be harder to see the actual progress you are making with your cardio program and as such, it may be difficult to motivate yourself to keep up with the goals you set. Throwing in some measurable successes is one way of helping to combat this. The Bluenose Marathon is a common motivator for a lot of people here in Halifax. While 42 k.m. may seem daunting, they do have more reasonable options that a beginner runner may find much more realistic (5k, 10k, half marathon, etc).

So, if you are sitting on your butt reading this right now, think about getting up on your feet and giving your body the wake-up call it desperately needs.

Finish reading the Gazette first, though. There are some great stories this week. ☺

# Venues of the Games



The Metro Centre will host men's and women's hockey. ••• Photo by Alice Hebb

Kayla Iafelice

Staff Contributor

What will be the greatest legacy of the 2011 Canada Winter Games? Will it be the athletes? Will it be the coaches and trainers? What about the thousands of dedicated volunteers?

No, it will be the Canada Games Centre, according to a poll on the Canada Winter Games website.

Premier Darrel Dexter agrees, calling the \$45-million dollar venue the crown jewel of the Canada Games and the best high-performance athletic training centre in the whole of Eastern Canada.

The centre, built on the Halifax Mainland Commons, includes three full-sized gymnasiums, an indoor 200-metre track, a 25-metre and eight lane competition pool, hydrotherapy pools and a café and fitness centre.

But the Canada Games Centre isn't the only venue getting hype around the region. The Canada Games Oval has been long in the making but big in the pay-off before the Games have even started.

It's the first artificially refrigerated long-track speed skating oval in Eastern

Canada. The size of three NHL rinks and located on a hill, the oval was a challenge to build. Open for public skating before the Games, the Oval will cost a total of \$2-million dollars after all construction and operational costs are added up.

Saint Mary's University is also expected to be a hotspot for the Games. The university is renting the Canadian based squash company Manta's all-glass show court. The squash events don't typically draw in many spectators, but with the addition of the highly anticipated glass court, the numbers could change.

The show court is a 26-feet wide, 36-feet long and 26-feet high glass court that spectators can see into but the athletes cannot see out of. Spectators can sit five feet away from the box, avoiding being hit by the squash ball by only a few inches of glass.

Canada Winter Games festivities are not limited to just the core of the city. Events stretch from corner to corner of the HRM and surrounding municipalities. The home ice of East Coast legend Sidney Crosby will be used for ringette events, at Cole Harbour Place.

Ski Wentworth's 815 vertical feet and 20 alpine trails will be used for alpine and

free-style skiing events. The hill is located 100 minutes outside of Halifax and is the most varied and challenging ski terrain in the Maritimes. Windsor's Ski Martock will also be used for the biathlon, cross-country skiing and snowboarding events. Martock has a slightly smaller hill, but extensive cross-country trails. Both Martock and Wentworth were expanded and upgraded for the Games.

An honourable mention goes out to Citadel High School, which will host wheelchair basketball and table tennis. The environmentally sustainable facility opened in 2007 and includes wheelchair accessibility everywhere, recreational rooms and administrative offices for school board and municipal staff.

The high school has hosted many championship events in the past including the Pan American Tennis Championships and the Acadian Games.

More high profile venues include the nationally prestigious Mayflower Curling Club, the Halifax Metro Centre and the Dartmouth Sportsplex. ☺

# Haligonians hopeful for more athletic facilities

## Venues make a difference to athletes, public alike

Laura Hubbard

Staff Contributor

With the excitement of the upcoming Canada Games, the new Canada Games Centre in Clayton Park and the Oval on the Commons, Halifax citizens are becoming more active: the Oval is popular day after day for skaters, and the voices asking for more athletics facilities are rising in volume.

***"To give the top athletes in the area something to practice on and for recreational purposes, they could do so much to it."***

Chuck Wheeler, manager of the Dalhousie men's hockey team is concerned about the availability of ice and other surfaces within the city, noting that the new centre will provide for all sports.

"I'd like to see more facilities," Wheeler says. "Goodness knows that we need them. We have a lot of youth

that are involved in sports and athletics, especially through the summertime and the fall. They could use a lot more, for sure."

The speed-skating oval, located on the Halifax Commons, will host long-track speed-skating throughout the first week of the Games. The facility has been open to public before the Games. As Coast writer Tim Bousquet noted on Dec. 30, the response to this facility has been tremendous, seeing upwards of 1,000 people per day. The original plan for the oval was for it to be temporary, for the Games, but many are urging the city to allow the facility to be permanent.

"To give the top athletes in the area something to practice on and for recreational purposes, they could do so much to it," Wheeler says. "To get other people involved, and have sponsors ... it's a wonderful idea."

Valerie Bunge and her son were braving the cold on Jan. 22 for an afternoon skate, anticipating the Games and events that will be held there.

"We're here because it's a beautiful sunny day," Bunge said. "It's a great day to be outside and to take advantage of this great facility. I hope this is a way to raise physical activity and give people opportunities to learn how to speed-skate and hopefully increase our representation of speed-skating on the national stage."

The oval is now closed to public skates in preparation for the Canada Games. Long-track speed-skating events begin on Feb. 13. ☺



# Boarders head to Martock

Reegan Connor  
Sports Contributor

Snowboarding is a young Canada Games sport, but it's rapidly becoming one on the most popular.

Snowboarding made its debut at the 2007 Canada Games in Whitehorse.

Snowboarding at the Canada Games will feature three major disciplines: snowboardcross, parallel giant slalom, and halfpipe. All of these events will be taking place the second week of the Games at Ski Martock.

Snowboardcross, which made its Olympic debut at the 2006 Turin Olympics, consists of four competitors racing down a track at the same time. It is just as intense as it sounds, and features a wide variety of challenging features including jumps, step-ups, burms, and

rollers.

The rules? Every competitor has to stay within the gates the entire way down or they are disqualified, and there can also be no intentional contact with other competitors. If you cut someone off you will definitely hear it from them.

The Snowboardcross event at the Canada Games will be held on Feb. 26 with the qualification rounds starting at 10:45 a.m. and the final rounds at 2 p.m.

The parallel giant slalom is a race to the finish between two competitors side by side on a technical course of gates. These athletes have to carve the edge of the snowboard deep into the snow and stay tight around each gate.

Every competitor at this level of snowboarding uses a hard-plate or carving board. They are longer and thinner than a regular snowboard to

ensure the edge gets carved right into the snow when they are making those tight turns. Parallel giant slalom will be held on Feb. 22 with the qualification rounds starting at 10 a.m. and the finals at 3:30 p.m..

The halfpipe is a freestyle event increasingly well-known by non-snowboarders thanks to Shaun White, who won gold in both Turin and Vancouver and is legendary for his daring tricks.

When it comes to freestyle, amplitude, style, and innovation are key. Athletes are getting increasingly more height and bringing more style to common tricks to make them their own, making the halfpipe a very creative event. You can catch it Feb. 24 with qualifications at 9 a.m. and the finals at 2:45 p.m..

## Snowboarding Schedule

Snowboarding events are all held during week two at Ski Martock, near Windsor at the head of the Annapolis Valley (which is a little more beautiful in the summer, but still worth seeing). Snowboardcross, halfpipe and parallel giant slalom events are included at the 2011 Games.

<b>Feb. 22</b>
10:30 PGS
13:30 PGS <i>FINALS</i>
<b>Feb. 24</b>
09:00 Halfpipe
14:45 Halfpipe <i>FINALS</i>
<b>Feb. 26</b>
10:45 SBX
14:00 SBX <i>FINALS</i>

Source: Halifax Canada Winter Games 2011 foldout schedule

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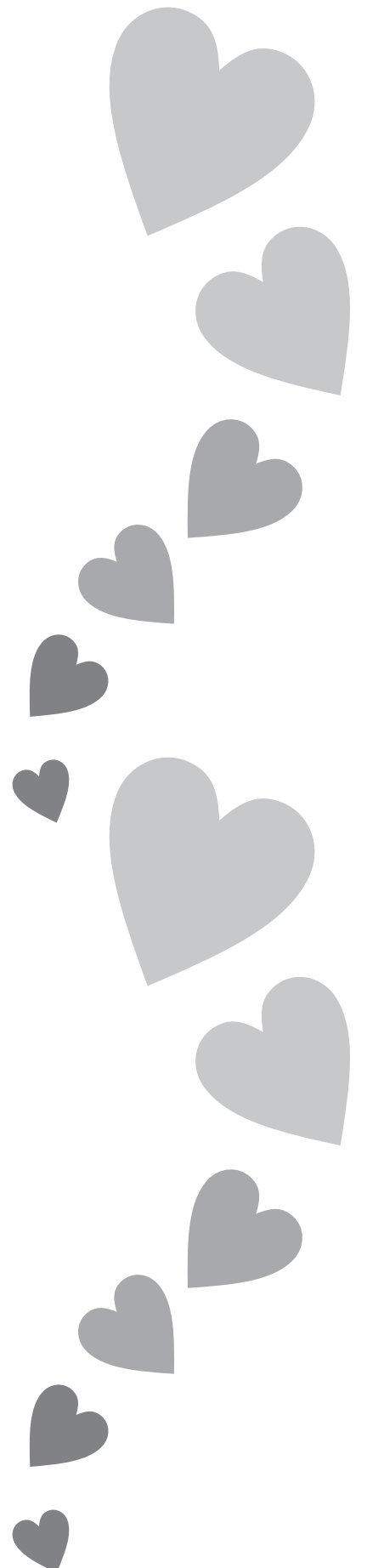


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sports

# Judo safe, but exciting

**Sarah Kraus**  
Sports Contributor

If you want to catch some high-flying action over reading week, the gym at Saint Mary's University is the place to be. For week two of the Canada Games, beginning on Feb. 23, the SMU Tower will play host to our country's best young judo players.

According to Chris Hattie, the judo sport information officer for the Canada Games, spectators can expect a "very fast-paced, high-calibre tournament" and a strong Nova Scotia contingent.

"The star of the team is Whitney Lohnes, who is Nova Scotia's flag-bearer for the closing ceremonies and has represented Canada at the most recent junior world championships. She is also the current national champion in her category. She's definitely one to watch," Hattie says.

He says that judo has more in common with ultimate fighting and wrestling than other martial arts like

karate or taekwondo, and that fans can expect to see a lot of throws.

While matches can last up to five minutes, they can be ended early when an opponent is thrown or pinned to the mat for at least 25 seconds using arm-bars or chokeholds. Action is essentially guaranteed, as competitors are penalized for playing too defensively.

Judo made its first appearance at the Summer Olympics in Tokyo, Japan in 1964. Since then, the medal-winning athletes have consistently come from Japan, France and Korea.

While the competition looks fierce, Hattie says judo is actually considered a relatively safe sport, with bruising and sprains being the most typical injuries. The mats help absorb the blow after a throw, cushioning the landing.

While the referees control the match using Japanese commands, Hattie says it isn't difficult to catch on and other fans will be able to explain the scoring to newcomers. ☎

# Judo Schedule

Judo will be played at the Saint Mary's Tower, accessible by Tower Rd. or Inglis St.

Feb. 23	
13:00	48kg - 57kg (f)
13:00	60kg - 81kg (m)
16:00	Bouts FINAL
Feb. 24	
13:00	63kg - 78+kg (f)
13:00	90kg - 100+kg (m)
16:00	Bouts FINAL
Feb. 27	
12:00	Team
16:00 (f)	FINALS
17:00 (m)	FINALS

All events source: Halifax Canada Winter Games 2011 foldout schedule

# Gymnastics a winter sport for Canada Games

**Paula Sanderson**  
Staff Contributor

Artistic gymnastics is one of the most popular sports to watch for good reason—it combines grace, flexibility, balance and strength.

Men will compete in six events: floor exercise, pommel horse, still rings, parallel bars, high bar and vault. Women compete in four events: floor exercise, uneven bars, balance beam and vault.

Competitors compete with their team to win the overall team competition but also compete individually in a separate competition.

Team events are judged on a 6-3-3 system. There are six athletes competing, three compete on each

event and all three scores count. Gymnasts are awarded points for difficulty and execution. There is no 10.0 maximum.

Teams to watch are Quebec, Alberta, Ontario and B.C..

Team Nova Scotia's women's side is made up of Ellie Black, Kyleisha Dickson, Madison Faulkner, Melissa Jollimore, Paulina Miller, Ashley Mosher, Abby Murrin, and Madison Fifoot. The team is coached by Keiji Yamanaka.

Nova Scotia's male competitors are Stephen Clouter, Connor Coleman, Evan Cruz, Jared Goad, Colton MacAulay, Cory Munroe, Padraec Robinson, and William Black, and is coached by David Kikuchi.

Gymnasts will compete during week one at the Canada Games Centre. ☎

# Artistic Gymnastics Schedule

Artistic gymnastic events will be held at the brand new Canada Games centre in Clayton Park across from the Keshen Goodman library.

Feb. 13	
09:40	Team 1 (f) FINALS
16:40	Team 1 (f) FINALS
Feb. 14	
11:40	Team 1 (m) FINALS
17:40	Team 1 (m) FINALS
Feb. 15	
17:30	All Around (f) FINALSS
Feb. 16	
18:10	All Around (m) FINALS
Feb. 17	
11:40	All Event (f) FINALS
17:55	All Event (m) FINALS

# Squash: a bouncy ball in a glass box

**Sarah Kraus**  
Sports Contributor

The first rule is: don't let the ball bounce twice.

Starting on Feb. 13, talented squash players from across the country will try to remember that as they do battle in a box-like court with racquets and a bouncy rubber ball the size of a mandarin.

While the ball ricochets off the court walls at Saint Mary's University, the players will engage in a kind of dance, trying to make a good return without colliding with, or hitting, their opponent.

David Westwood, squash's sport information officer, says that while the sport rarely attracts large crowds, he encourages people that have never seen it played competitively to come take a look.

"It's very heavy-hitting and it's a physical game, moving around the court and around the other player. The speed is surprising and impressive."

The Canada Games organizers are

trying to make squash more spectator-friendly with the unveiling of a new glass court that has never yet been used in Halifax.

The glass walls are specially designed to add an extra dimension of excitement to the spectator experience, allowing fans to see all angles of the court.

"The hope was that we'd be able to encourage TSN, who are covering the games, maybe to do a little bit of video footage. It definitely provides some different perspectives for people sitting on the front or side walls. This has much more aesthetic appeal," says Westwood.

The glass is one-sided, so players cannot see outside the court.

Unlike most high-level squash tournaments, the Canada Games competition is organized by team, and not individually.

Since "Nova Scotia isn't exactly a squash powerhouse," Westwood predicts the gold medal will go to either Alberta or Ontario. ☎

# Squash Schedule

Squash is a suprisingly physical and fast racquet sport. They wear goggles for a reason.

Feb. 13		Feb. 14	
09:00		09:00	
12:00		12:00	
15:30		15:30	
18:30		18:30	
Feb. 15		Feb. 16	
09:00 (f)		09:00	Crossover (m)
12:00		12:00	Crossover (m)
15:30		15:30	Crossover (f)
18:30 (f)		18:30	Crossover (f)
Feb. 17			
09:00 (m) FINALS			
12:00 (f) FINALS			
15:30 (f) FINALS			
18:30 (m) FINALS			

**Canada Games coverage.**  
multiple reports daily at **Dal Gazette.com**

# Synchro: Art and sport combine

**Paula Sanderson**  
Staff Contributor

Synchronized swimming powerhouse Quebec is the team to watch during week two of the Canada Games. The three-time defending champions will be looking to dominate again, but Ontario, British Columbia and Alberta will fight to be in consideration.

There are three synchronized swimming routine events—solo, duet and team. Each team has eight swimmers and often two alternates.

Team routines will include highlights such as boosting a swimmer up and out of the water causing her to fly through the air.

Routines are judged on their technical difficulty and their artistic impression. Judges give them a score out of 10.

Like figure skating, swimmers also compete in figures, in which everyone does a single move in front of a panel of judges. This is judged only on technical difficulty.

Together the figure score and the team score combine to create a championship score that determines the winner.

Synchronized swimming is a mix of flexibility, core strength, gracefulness and endurance in a sport that is completed while upside down and holding one's

breath.

The strength of one's lungs makes a great synchronized swimmer. Synchronized swimmers wear custom-made suits that are designed to complement a routine's theme. They can be made out of anything from yellow leather to black satin and often have embroidery and glitter.

Hair must be put in a bun and kept in place with Knox gelatin. Yes—they put Jello in their hair! It creates a thin layer and keeps the hair in place and out of one's face while swimming. Waterproof make-up is worn to help show expressions while in the water.

Synchronized swimming became an Olympic sport in 1984. Canada is third in overall medal count, behind only Japan and the United States.

The first competition was for men in 1891 and men still swim today. Bill May was a hopeful for the 2004 USA Olympic team, however, it is now considered a woman's sport and he was not allowed to compete.

The event to see is the team finals on Feb. 25 at 5:25 p.m. at the Canada Games Centre in Clayton Park. ☎

Paula Sanderson coaches synchronized swimming.

# Synchro Schedule

Synchro will be held at the Canada Games Centre in Clayton Park in a brand new pool.

Feb. 22	
09:00	Figures
14:00	Figures
18:55	Solo 1st half
20:20	Solo 2nd half
Feb. 23	
09:25	Duet 1st half
10:50	Duet 2nd half
18:25	Team 1st half
19:25	Team 2nd half
Feb. 25	
09:25	Duet B FINALS
10:50	Duet A FINALS
17:25	Team 1st half FINALS
18:35	Team 2nd half FINALS
Feb. 26	
09:25	Solo B FINALS
10:50	Solo A FINALS



# Team N.S. ready to go

## Flagbearers and Games PR machine rev up



Team Nova Scotia prepare for the Games at Grand Parade in Halifax. ••• Photo by Abram Gutscher

**Paula Sanderson**  
Staff Contributor

Whitney Lohnes, and Ryan Falkenham were named team Nova Scotia's flag bearers for the Canada Games at the "Scotian Gold" pep rally held at Grand Parade Square in Halifax several weeks ago.

Falkenham, 15, from Halifax, is captain of Team Nova Scotia's hockey squad. Lohnes, 18, from Bridgewater, a bronze medalist in judo at the Junior Pan American Games will carry the flag at the closing ceremonies on Feb. 27.

"It's the biggest thing I've ever done," Falkenham said, "and it's for the province, for Nova Scotia."

Falkenham is excited that the Canada Games will be in Halifax.

"I'm honoured and I think the competition in our backyard and home turf will be the best," he said.

Lohnes spoke to her team after the announcement. "The long hours and sacrifices are worth it," she said. "Let's

show our colours—blue and white!"

All 200 members of team Nova Scotia were wearing Team Nova Scotia blue parkas, creating a mass of blue and a sense of unity.

**"I'm feeling good."**

Nova Scotia's premier, Darrel Dexter, greeted the 200-member team as they were paraded into the square by precision drum corps, *Squid*.

About 3,500 athletes, artists, coaches and managers will participate in 20 different sports and cultural events in Canada's largest amateur multi-sport event. The 2011 Games will be the largest sporting event in Halifax's history and the city's first Canada Winter Games.

"We have a unique opportunity to showcase all we have to offer," said

Dexter. "Despite the cold weather, we have the warmest people anywhere."

Thundersticks were plentiful. Volunteers gave out Scotian Gold co-op apples. Hosts coordinated the crowd to have everyone bite down on their apple at once, to create a loud crunch in support of Team Nova Scotia.

Dexter spoke directly to the team about the unmistakable sense of pride that Nova Scotians have. "We too are proud and confident that you will represent Nova Scotia with the same pride," said Dexter.

"I'm feeling good, and am getting really excited for the competition," said Lohnes. "It's going to be great." Lohnes most recently represented Canada at the World Junior Judo Championships in Morocco.

Falkenham said the men's hockey team was very deep and that it would surprise some people. "We've got a very strong team this year," he said: "everyone's ready to go." ☎

# SPORT/RETORT

## TSN's great amateur sport disappearing act ignores the Games

**Dylan Matthias**  
Sports Editor

For every *Sportscentre* addict, there's a disgruntled sports fan out there who can't stand TSN. Prepare to add a great many Canadian parents, friends, and amateur sport fans to the latter group.

TSN are the official broadcasters of the 2011 Canada Winter Games. A glance at their broadcast schedule will leave anyone hoping to watch the Games disappointed.

Essentially, TSN will air, either on TSN or alternate channel TSN2, one two-hour slot of Games coverage roughly every other day. When NASCAR doesn't conflict. The events TSN does show are limited to speed-skating, curling and, of course, hockey in the first week (the only week for which the schedule is released at the time of printing). Want biathlon? Find yourself a car and drive to Windsor. Bell Aliant will, however, be webcasting all Games events at [www.bellaliant.net/canadagames](http://www.bellaliant.net/canadagames)

Aside from the men's hockey gold medal game, none of the events are in prime time. If TSN were showing an NHL game, one could understand that from a ratings perspective, but most nights the prime slots are filled with 30-minute motoring shows or poker.

For full ironic effect, TSN are airing re-runs of the Vancouver Olympics coverage in prime time, all while ignoring future Olympians.

So TSN is the big bad network again. To be fair to it, it has never been a network devoted heavily to amateur sport or to coverage of much of anything it doesn't own the rights to, which makes one wonder why the organizers sold the rights to TSN and not, say, CBC. The Canada Games, despite the hype around town, do have a reputation as a somewhat underwhelming sporting event.

TSN, however, hold the rights to the 2011 Games, which is unfortunate because the Canada Games organizers are clearly relying on the network for a fair bit of in-depth coverage. The Games media guide clearly spells out the advantages for the "official broadcaster," that is, TSN. Official broadcaster advantages are pretty common at major sporting events, but usually those are events that

are, you know, actually being covered.

When TSN bail on the 2011 Games, the official broadcaster deal means no one else can provide live video coverage of the events. Other media can't get access to all the athletes that TSN can. In short, we can't pick up the ball when TSN drop it. For an event that's supposed to be about youth and legacy, the Canada Games have done a great job of ignoring student media like the *Gazette*, who educate younger journalists, only to stand pleadingly underneath the great sports-status dispenser for any drop of ego TSN can spare. To put it bluntly, we at the *Gazette* can't even be sure of a seat at events, have to pick up press passes the day of, and have to be screened more thoroughly than if we were boarding a flight, just so the Gods of Sport can walk in. When TSN pulls its trucks out, there isn't much legacy achieved.

TSN will air a men's hockey game on Saturday night (a night on which it is prohibited from airing NHL games) and will cover the first medal ceremony at the long-track oval on Sunday afternoon, although it won't cover the whole event leading up to the medals—only the finals and maybe a bit of the semis.

There are a couple of slots of women's curling and short-track, as well as the bronze and gold medal men's hockey games. TSN will also no doubt carry some events in week two, but expect more curling and the odd women's hockey game, which is a pity since curling and hockey fans already have plenty of viewing options on TV to begin with.

The beauty of amateur events like the Canada Games and the Olympics is watching the incredibly dedicated athletes you've never heard of perform in events that go beyond whacking a puck into a net. Unfortunately, TSN won't be providing Canadians across the nation a chance to watch that, while the Games organizers will limit other media from stepping up. The end result? More deserving athletes who don't get covered and more important stories which get missed.

Rest assured that the *Gazette* will be out there day in, day out looking for those important stories—if we're able to get in to the venues, that is. ☎

## GET INVOLVED, GET ACTIVE AND LIVE WELL @ DAL!

Dalhousie University's Department of Athletics and Recreational Services offers Dal students plenty of opportunities to get active, meet up with friends, show your competitive spirit and take your mind off the books! You can also head to Dalplex with your student ID and unwind while staying healthy.

**FRIDAY**  
February 11

**M Hockey vs. UPEI**  
@ 7:30pm  
**Residence Rocks the Rink event!**

**AUS Swimming Championships**  
@ 6pm

FREE for Dal students!

**SATURDAY**  
February 12

**M Hockey vs. UNB**  
@ 7:30pm

**AUS Swimming Championships**  
@ 10am/6pm

FREE for Dal students!

**Intramural Co-ed Volleyball Tournament,**  
11am-6pm

**SUNDAY**  
February 13

**AUS Swimming Championships**  
@ 10am/6pm

FREE for Dal students!



**MONDAY**  
February 14

**Join the Outdoor Adventure Crew's e-mail list** to hear all about the fun outdoor recreation activities taking place through Dalplex!

Email [hreynold@dal.ca](mailto:hreynold@dal.ca) for more info.

**TUESDAY**  
February 15

**Dalplex is on Facebook!** Check out our page this month and you could win a great prize!



**WEDNESDAY**  
February 16

**Basketball vs SMU**  
@ W 6pm, M 8pm

FREE for Dal students!



**THURSDAY**  
February 17

**Come shake ya groove thang in an Aquafit Zumba class** in the Dalplex pool from 6:30-7:15pm tonight.

Free for Dal students!

**ATHLETICS.DAL.CA**



# THE SEXTANT

February 11th 2011

Editor in Chief:  
Shani Blankrot

DALHOUSIE'S OFFICIAL ENGINEERING NEWSPAPER

## A Guide to Winter Walking for the Northern Newcomer



Robbie McCormack  
(Industrial '11)

Although it may seem insubstantial, mastering the skill of walking on icy surfaces is an important part of the adaptation to living in cold and polar climates. Proper knowledge of winter walking in these climates will prevent serious injuries to the head, hips, and shoulders and will reduce the risks of being the target of stares of disbelief, condescending laughter, and worst of all, pity comments. These are undesirable circumstances and newcomers to this part of the world would do well to heed the following advice on traversing in winter conditions.

Winter walkers need to be prepared by dressing themselves in the proper equipment. The most important equipment for the walker is footwear. Shoes and boots should have a good grip on them to obtain a better coefficient of friction with the icy surfaces. The best options for this can be purchased at MEC off of Barrington Street and the Trail Shop on Quinpool Road.

Next, the Winter Walker needs proper protective equipment. Helmets, knee pads, elbow pads, and shoulder pads will all help reduce injuries in the event of a fall. They are all highly recommended, and with a little ingenuity and imagination they can make great accessories to your most fashionable winter outfits. Aerobics First on Quinpool Road is always a good place to go for these supplies.

The most important tools that a Winter Walker has are the walker's eyes. Knowledge of the terrain ahead allows the Winter Walker to plan a route and decide on the appropriate gait for the situation. An expert Winter Walker will always scan the upcoming terrain to assess the type of ice that lies ahead and to locate ice-free sections where a solid footing can be realized.

Most experienced Winter Walkers will tell you that their greatest fear is not being able to clearly see the ice on the ground. Situations where this is most severe are in the evenings and after a light dusting of snow has been left on the ground. Pedestrians should take particular caution when walking in these situations and, when pos-

sible, take steps to increase visibility, such as walking in well lit areas in the evenings.

Thick ice is easy to see and usually easy to maneuver upon. The thinner the ice, the harder it is to see, and usually the more slippery it is. When a Winter Walker must walk on ice, the walker's gait will change. Steps will become shorter and lower to the ground: the walker will shuffle. The whole body will move closer to the ground, lowering the centre of gravity for balancing purposes. When walking on ice, the arms of an Ice Walker will automatically span out for balance. Hands in pockets are a sure sign of disaster. Although this Penguin Walk may look funny to the outsider, it is the best way to safely walk on ice, and is regarded as a turn on by both males and females in northern cultures. This technique puts into action the most fundamental of all Winter Walking laws: keeping feet and body as close to the ground as possible. Newcomers to northern climates can be spotted by their large stomps in the winter months.

A very useful technique for the Winter Walker, that also imple-

ments this fundamental law, is "The Slide". The Slide is utilized when long patches of ice must be transgressed, particularly when walking downhill. The Slide keeps the feet on the ground at all times. The walker pushes off from a sturdy footing and 'skates' across the ice, similar to the technique used in snowboarding: one foot goes forward, the other falls behind as the walker rides across the ice. It is a safe way to quickly move across long patches of treacherous ice.

Everyone, both males and females, are responsible for ice walking safety. By wearing the proper equipment, educating oneself about the different types of ice, implementing sound Winter Walking techniques such as "The Penguin", "The Slide", and "The Crawl", and acting based on one's strengths and weaknesses as a Winter Walker, everyone can contribute to a safer and happier Winter Walking season.

Read this article in full online



## CO-OP CORNER

### Things to Remember:

- The Co-op website offers many tips and is very informative. The website is [engandcompcoop.dal.ca](http://engandcompcoop.dal.ca)
- Round 1 is from January 6 to February 14.

### WORD OF THE WEEK

*Unaffordable Sandwiches(n)*: This term refers to the over priced sandwiches sold at the Alumni Lounge. I don't know about you, but I don't plan on spending my life savings on a sandwich any time soon.

Editors' note: Word of the Week is a humour column based on popular expressions around Sexton Campus. If you have any complaints or suggestions, please email [sextant@dal.ca](mailto:sextant@dal.ca). Obviously we prefer suggestions!



Write. Get Paid. Send articles to [sextant@dal.ca](mailto:sextant@dal.ca)

**T Room**  
**HALIFAX'S BEST TRIVIA!**  
**SEXTON CAMPUS**  
**EVENTS**

Looking for something to do? Not spending enough time mingling with other faculties/disciplines? Then check out some of these events.

Friday February 11th  
TECH BALL

Monday February 14th  
Valentine's Day

Thursday February 17th  
Mining Society Night, T Room

Does your society have an event on Sexton Campus? Send an email to [sextant@dal.ca](mailto:sextant@dal.ca)

## Top 10 Valentine's Day Plans

- 10 Just get through the day, pull it together. Don't cry in public whatever you do. Eat yourself to sleep.
- 9 Romantic date at Scotia Square food court.
- 8 Send yourself a Candy-O-Gram. Just make sure to cover your tracks.
- 7 Turn to Plenty of Fish for some much-needed V-day e-lovin'.

- 6 Send an old school anonymous love letter to the engi-hottie of your dreams. Just 'cuz it won't happen in real life, doesn't mean you can't fantasize about it later that night.
- 5 Spend the night sifting through old love emails from your first (and only) relationship at sixteen, while drinking cheap wine and listening to the Dawson's Creek theme song on repeat.
- 4 Finally get the chance to drink the Sam-buca some dude left at your house seven

months ago. This is as good an excuse as any.

- 3 Either a "Say Yes to the Dress" or a "Hoarders" marathon. Only these two shows will do the trick. Don't question my genius.
- 2 Rent "My Best Friend's Wedding" and watch it with your blow up girlfriend.
- 1 If all the above ain't workin for you, and it's a dire lonely situation, we recommend Chat Roulette. Just pray to death you don't "bump into" someone you know.. that would be a colossal V-day embarrassment.



Dalhousie's Concrete Toboggan Team (at right) finished second on the hill at the Great Northern Concrete Toboggan Race in Edmonton last week.

### There's more online!

There's much more content for this issue - ONLINE. Don't miss out. You can access the entire online issue by scanning this bar code. Or visit [thesextant.ca](http://thesextant.ca)



Questions, Comments and to Contribute [sextant@dal.ca](mailto:sextant@dal.ca)



Visit Sexton Campus's Online Resource [daleng.ca](http://daleng.ca)

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MOLSON

CANADIAN  Presents

# Win \$10000

10 Random Couples  
2 Random Winners



## The 4th annual Split Crow kissing contest

Monday Feb 14th, 8:00pm | Power Hour 10pm-11pm | Live Music By Breton  
Don't forget next Thursday power hour with new specials from 10pm-12pm



**ADVANCE TICKETS AVAILABLE AT TRAVEL CUTS.**  
LOCATED IN THE DAL STUDENT UNION BUILDING. ONLY 450 PARTY TICKETS AVAILABLE.

MUST BE IN ATTENDANCE ON FEB 12, 2011 TO WIN. OPEN TO ALL DAL STUDENTS, FACULTY & GUESTS. MUST BE 19+. MUST HAVE A VALID PASSPORT. \*TRIP DATE: FEB 18, 2011. THE PRIZE (ROUND TRIP AIRFARE FOR TWO AND 7 NIGHTS AT BARCELO CANCUN) HAS NO CASH VALUE AND MUST BE TAKEN AS IS AND IS NON TRANSFERABLE.

FOR MORE DETAILS, PLEASE VISIT OUR FACEBOOK PAGE: THE GRAWOOD CAMPUS PUB.

**TRAVEL CUTS** **MOLSON CANADIAN** **LSU** **Dalhousie Student Union** **transat HOLIDAYS** **NOLITOURS**

## CATCH THE ACTION!



**SWIMMING**  
**SUBWAY**  
**ATS**  
**CHAMPIONSHIP**

**FRIDAY, FEBRUARY 11**  
AUS Swim Championships, 6pm\*  
Men's Hockey vs UPEI, 7:30pm\*

**SATURDAY, FEBRUARY 12**  
AUS Swim Championships, 10am/6pm\*  
Men's Hockey vs UNB, 7:30pm\*


**SUNDAY, FEBRUARY 13**  
AUS Swim Championships, 10am\*/6pm\*

\*Webcasts are available at [www.ssncanada.ca](http://www.ssncanada.ca)

Admission is FREE for DAL students with ID



 **ATHLETICS.DAL.CA**



*Happy Valentine's Day*



[www.jeansrestaurant.ca](http://www.jeansrestaurant.ca)  
5972 Spring Garden Road  
Tel 444 7776

Eat in, Take Out  
**ACCEPTED:**  
**DEBIT**  
Dal Cards  
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**FREE DELIVERY**  
Call for Details

**4 YEARS IN A ROW !!!**

4th annual **BEST OF FOOD**  
BEST OF THE BEST READERS SURVEY

**1st runner up:**  
"Best of Chinese restaurant 2007, 2008, 2009, 2010" the Coast

**2nd runner up:** Best Server

**Quote:**  
"good food, cheap, and lots of it!"  
Bill Spurr, Chronicle Herald

Join us for **Tapas & Taps Hour**  
4:00pm-6:30pm daily



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flavours  
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- Fresh Grain Fed Rotisserie Chicken
- Home-Made European Desserts
- Grilled Meats
- Fresh-Cut Frites
- Home-Made Gelato
- Fresh Waffle Cones



Join us for **\$10  
Pasta Mondays**



407-7700 | LittleEurope.ca  
5543 Young Street, Hydrostone Market



# STUDENT SPECIAL



{ STUDENT'S RECEIVE ANY REGULAR PRICED MENU ITEM **50% OFF** }

MUST SHOW VALID STUDENT ID. NOT VALID WITH ANY OTHER OFFER

**PLUS THESE GREAT OFFERS EVERY WEEK!**

**MEGA  
Monday**

One large Pizza with  
4 single toppings  
**\$10<sup>99</sup>**

Mention Code: 4202 Valid on Monday only



**2x  
Tuesday**

Buy any Pizza at  
regular menu price &  
get a second Pizza of  
equal or lesser value

**FREE**

Mention Code: 8521. Valid on Tuesday only.



**Wacky  
Wednesday**

One medium  
1-topping Pizza  
**\$5<sup>00</sup>**  
EACH

Min. order of 3 for delivery.  
Mention Code: 3008. Valid on Wednesday only.



902-420-9999 6112 Quinpool Rd.  
(Vernon Street) Serving Halifax Peninsula and Fairmont

902-444-9999 480 Parkland Dr.  
Serving Clayton Park, Fairview, Kingswood and Bedford (South of Hammond Plains Rd.)



\*Double portions, premium toppings and extra cheese are subject to an additional charge. Coupons are not valid with other offers. Copyright Domino's Pizza of Canada Ltd. Products may not be exactly as shown. Limited delivery area. Delivery charges may apply. Drivers carry less than \$20. Prices subject to change without notice. Applicable taxes not included in advertised prices. © Trade-Mark of Interac Inc. TD Canada Trust authorized user of the Trade-Mark or Trade-Mark of Interac Inc. Used under license. Offers expire May 1st, 2011.