

***Caregivers' Support Needs:
Insights From the Experience of Women Providing Care In
Rural Nova Scotia***

A policy-based research initiative from the Centre

More than 2.8 million Canadians over the age of 15, two thirds of which are women, provide non-professional care to someone with health limitations. Caregiving is a major source of stress. Yet relatively little is known about the supports caregivers use to cope on a daily basis. Join researchers Gail Bruhm and Joan Campbell as they share the stories of women caregivers in four rural NS communities.

TIME: Thursday, November 26, 1998, 12 noon – 1 p.m.
Maritime Centre of Excellence for Women's Health

RSVP: Mary Ann Martell, 420-6725, if you plan to attend.

A light lunch will be provided.

**MARITIME CENTRE OF EXCELLENCE FOR WOMEN'S HEALTH
CENTRE D'EXCELLENCE POUR LA SANTÉ DES FEMMES - REGION DES MARITIMES**

IWK Grace Health Centre 5980 University Avenue, PO Box / CP 3070, Halifax, Ns / N-É, Canada B3J 3G9

Tel/Tél (902) 420-6725 Toll Free/Ligne Sans Frais 1-888-658-1112 Fax/Télécopieur (902) 420-6752

E-Mail/Courrier Électr. mcewh@dal.ca Website www.medicine.dal.ca/mcewh



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