

Abstract for Poster Submission:

Nursing Research Day 2006

A. Title: A Healthy Balance of Research Policy and Practice: The Healthy Balance Research Program Strategy for Knowledge Generation, Knowledge Translation and Knowledge Uptake.

B. Format of presentation: Poster

C. Primary Presenter: Linda Snyder

Poster prepared by Carolina Crewe and Joanne Hussey who are unable to attend. Linda will be our representative at the conference.

D. Affiliation: Atlantic Centre of Excellence for Women's Health
(Healthy Balance Research Program)

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F. Brief bio-sketch:

H. Theme of abstract: Research methods

Abstract:

The Healthy Balance Research Program provides a model for collaboration between researchers, policy makers and community throughout the Knowledge Generation, Knowledge Translation and Knowledge Uptake Cycles.

Collaborative Structure

A collaborative structure including the Atlantic Centre of Excellence for Women's Health, the Nova Scotia Advisory Council on the Status of Women, and the Institute of Population Health at the University of Ottawa, encourages cooperation between researchers, policy makers and community.

Commitment to Inclusion and Community Participation

The Healthy Balance Research Program has made a commitment to inclusion and community participation by incorporating four Equity Reference Groups - Aboriginal Women, African Canadian Women, Immigrant Women and Women with Disabilities – throughout all the stages of research.

Public Forums for Dissemination of Findings

The dissemination of findings as a specific knowledge translation strategy has involved a national roundtable, a Forum titled, *Finding a Healthy Balance: Research, policy and practice on women's unpaid caregiving in Nova Scotia*, a theatre piece titled, *Balancing Act*, and a series of reports written for the public, policy and academic audiences.

Policy Advisory Committee

A Policy Advisory Committee has been established for the purpose of developing recommendations in consultation with knowledge users.

Caregiver Resource

A Caregiver will act as a creative way to deliver findings and resource information to community members.

Evaluation

The effectiveness of the Healthy Balance Research Program as a model for community participation and inter-sectoral collaboration in research is currently being evaluated in order to determine its potential for use in future research initiatives.