FORMATION OF A COLLABORATIVE INTERPROFESSIONAL PRIMARY HEALTHCARE DEPRESCRIBING RESEARCH TEAM IN NOVA SCOTIA

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SUCCESSFULLY building the team hinged on:

WORKING well together, SHARING common goals, EFFECTIVE communication, POSITIVITY toward research, and CELEBRATING success.

BACKGROUND

• “Deprescribing” is the planned and supervised process of dose reduction or stopping of medication that might be causing harm, or no longer be of benefit.1
• Deprescribing may result in benefits, such as improved adherence, improved quality of life and reduced drug costs.2
• Deprescribing teams have been formed in various parts of Canada but none in Nova Scotia that focused on primary healthcare.

OBJECTIVE

• To develop a collaborative interprofessional primary healthcare deprescribing research team in Nova Scotia.

METHODS

Create the Team

Establish Goals and Objectives

Determine Team Functioning

Monitor Team Outputs

RESULTS

Create the Team

• First team meeting April 2017
• Team expanded to 9 core team members
• Co-led by 2 Faculty from the College of Pharmacy
• Process for adding new members

Establish Goals and Objectives

• Overall goals established and foundational projects determined:
  ➢ Qualitative study
  ➢ Scoping review
  ➢ Linking data
• Dissemination and next projects planned

Determine Team Functioning

• Interest and commitment to shared goals
• Communication and decision-making process determined
• Team Assessment: The Eight “C’s” of Team Effectiveness3 survey conducted in 2018, to be repeated end of 2019
• Overall results positive, with some suggestions for improved communication, including the continuance of the newsletter
• Social Network Analysis to track development of the team ongoing

Monitor Team Outputs

• Team successes celebrated by email communications and newsletter
• First three projects completed
• Dissemination activities in progress
• Team has received 6 grants; presented 15 posters/oral presentations and have 2 manuscripts in preparation
• Additional projects and dissemination ongoing

REFERENCES:
1 https://deprescribing.org/what-is-deprescribing/

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