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NOVA SCOTIA SANATORIUM

VOL. 50

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*Health
Rays*

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HEALTH RAYS

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Sanatorium Visiting Hours

NOVA SCOTIA SANATORIUM

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A History of Health Rays

EILEEN E. HILTZ

When the editor of *Health Rays* approached me last spring with the suggestion that I write a history of *Health Rays* magazine for its 50th anniversary number, to appear in November, I agreed lightheartedly, as one will with the deadline half a year away. There followed extended summer travels, and upon return I was caught up in numberless personal and business obligations and problems. All of a sudden that six-months-away deadline was dead ahead, — and nothing had been done. This preamble is an attempt to excuse a somewhat hurriedly written, rambling chronicle, making the same plea as that famous man who apologized for an overly long letter by saying he hadn't time to write a short one. Brevity is an art; art takes time — and time I do not have.

One further apology: on reading over the introduction to *The History of Health Rays* written for the Golden Anniversary issue, commemorating the 50th anniversary of the Sanatorium in 1954, by F. J. Burns of the Kentville Publishing Company, it seems that one could scarcely improve upon his opening remarks. Therefore I shall not try, but will let Mr. Burns' well-worded introduction to his "Through the Years with the Editors" preface this later history.

At that time Mr. Burns wrote: "Long before the present era of intense public relations and house organs, patients at the Nova Scotia Sanatorium realized the need for the proper dissemination of information on current topics of interest to those within the confines of the hospital. The means decided upon was the printed word. Thus came into existence the monthly publication, the "X-Ray". In that age, radio was still to come, and the word television still unborn. Time was measured in slow beat. The First World War had closed, with still more chapters to be written. The Sanatorium experienced an influx of war-weary men, broken in health. Then emerged the tented city.

"It was in this environment that the first editors of the "X-Ray" labored. That the founders of this publication built well is plainly evidenced by the fact that "Health Rays", as it is known today, ranks with the top-line publications of a similar nature on this continent.

"Down through the years it has maintained a high editorial standard, as well as

giving generous coverage to items of local news; and always through its columns has been woven a strong strain of humour and good will. As seems only right and fitting, timely subjects of medical significance to its subscribers have occupied a fair share of the publication's space."

Thank you, Mr. Burns.

* * * * *

In the beginning, the "X-Ray" was the voice of the military patients at the Sanatorium, of whom there were over three hundred, curing in hastily erected pavilions. The printed word, in those pre-TV, pre-radio days, occupied an eminence difficult to comprehend in this multi-media time. In the columns of the "X-Ray", active minds in the disabled bodies of the returned war veterans found a needed outlet. The slim little publication offered authoritative articles on all phases of health, with very special emphasis on the arch enemy, tuberculosis, and the weapons at hand, pitifully few, to wage the war against it. Valuable as the dissemination of such knowledge might be, it was with the local news and gossip columns, which sprang up under headings like "Squirrel Food", "San Skandal", that the "X-Ray" made its real mark on San life.

And so, on to Vol. 1, No. 1.

The first issue of the "X-Ray" was introduced to its public by Dr. A. F. Miller, Medical Superintendent, with these words: "We feel that we need make no apologies in presenting this, the first number of the "X-Ray". What we lack in matter we feel we atone for in motive. Broadly speaking, the "X-Ray" stands for only what it believes to be in the best interests of the Sanatorium patients." He further stated: "But above all, the "X-Ray" is British. It stands for all those things that our unwritten but nevertheless unsurpassable constitution stands for; not for the foolish and vain liberty of the Russian Soviet that has no regard for the rights of others, but for the same British liberty which permits each to act free and untrammelled, only until he interferes with the recognized rights of others". (Reading such a pronouncement makes one realize how far we have moved in some direction, for who would dare commend out loud the British connection today!)

Dr. Miller went on to outline the maga-

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History —

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zine's position: "*The X-Ray*" stands for no sect, for no party, and for no class. Only those measures that stand for the greatest good of the greatest number and which represent justice, shall receive our support".

On the first masthead of the 8-page, broad-leafed publication the name of J. D. Borden appears as Editor-in-Chief, with a number of associate editors. Among these latter was H. B. Dickey, who recently retired as Provincial Magistrate, and still makes his home in Kentville. These founding editors were not without confidence, and humor: "At last we have a paper all our own, and if we cannot put ALL the American and most of the Canadian papers out of business, then gentlemen, we are slow, — S.L.O.W."

The early "*X-Ray*" writers did not pull their punches, even when the Government was on the receiving end, as seen in an editorial headed: *Those 800 Graves*, which laid the blame for the high annual death rate from tuberculosis squarely on the shoulders of the Provincial Government, and indirectly at the door of the people as a whole. The following year the government was flayed again, for short-sighted economy in connection with the departure of Dr. R. J. Collins, the Assistant Medical Superintendent: "It is an open secret which many know though few say, that Dr. Collins left Kentville because of the greater remuneration he is to receive at Balfour. He left, if we must have it in plain words, because the province of Nova Scotia didn't know a good man when they had him". (In later years the license to attack governing bodies was much modified — we know whereof we speak.)

Editor Borden saw two issues off the presses before ill-health forced his retirement. The new editor, F. W. Coulter, wrote in praise of his predecessor's efforts: "He was our first editor-in-chief, and the fact that we have a breezy little Sanatorium publication is in large measure due to his enthusiasm and unsparing effort".

A history of *Health Rays* (which name I shall use interchangeably with the "*X-Ray*"), one and the same publication, as we shall see) is inevitably a chronicle of the development of the Sanatorium as well, as in this note from March 1920: "The Nova Scotia Sanatorium in its contribution to war services has passed the zenith of usefulness in the last few months, for there

has been a steady decline in the number of military patients. Already it has been found feasible to take over pavilions four and five from the military and these are now being partially used for civilian patients".

June 1920, the magazine is just seven months old, and already a third editor, D. A. Grant, takes office. Editor Grant attacks wrong-doers with wrathful eloquence, as when the annual picnic was marred by the excessive drinking of a few individuals: "Who are the offenders? Who are the individuals who not only break the statutory laws of the province but who as well break every law of common decency and act not as men but as scorpions who seek to prey upon their weaker fellow men? Who are these creatures who for a dollar are willing to infuriate otherwise respecting men with intoxicating poison, who for mercenary gain will shorten lives and ruin the health of the very men whose service on the battlefields saved us from serfdom? Kentville is presumably a Christian town, but the individual or individuals who live there and doles or dole out poison to the inmates of the Sanatorium possess a calibre of character and charity of heart that we would scarcely deny to a cannibal who lives upon the bodies of enemies. In this enlightened town and age we have them yet — not cannibals of flesh but cannibals who live upon the weaknesses of their brothers, who devour their wealth and strength, and who eventually would cast them adrift, wrecks morally and physically".

In September yet another editor, this time Mr. M. R. Chipman, whom, we are glad to note, stayed in the editorial chair for ten whole consecutive months.

November 1920, Editorial Comment headed "Our Birthday" has this to say: "We have made radical changes in the policy of our paper, and one that will have a happy and important bearing on the future, in that we welcome to our editorial staff an associate editor from, and appointed by, the civilian patients. The paper henceforth will be known as published by the patients of the Sanatorium. And while by virtue of

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its present organization the military preponderate on the staff, from now all of us can feel a pride of ownership in the "X-Ray" — it is *our paper!* On its first birthday it becomes the official organ of all the patients of the 'San'."

From December 1920 some interesting statistics: The yearly rate is increased from \$1 to \$1.50, with the single copies going from 10 to 15 cents; and they were now printing 600 copies.

April 1921, and *The New "X-Ray"* — the editor acquaints his readers with a new format: "You find us in new regalia this month, and we trust that the shock of surprise you received when you observed our reduced size has grown into an appreciation of the paper after reading its thirty-six pages". Naturally more articles and more local departments were needed to fill so many extra pages, and when original contributions were lacking, the practice of "borrowing" from sister publications became — and remains — an established custom.

June 1921 Murray Chipman, who had set a record for editorial longevity, retired. In the next ten months the editorial chair was occupied fleetingly by no less than six different editors. One of these was moved to write of the ephemeral state of the editorial staff: "Once again it is our reluctant duty to chronicle the resignations of several of our staff. Although the "X-Ray" is functioning, more or less, as a magazine of its sort should, the members of its staff, past and present, are, without exception, possessed of the same eccentricities as the proverbial itinerant journalist. Everlastingly coming and going with such regularity as to be monotonous, until in the course of a month or two the old regime has completely vanished, and a new one endeavours to carry on as it best knows how. And so on ad infinitum".

The "X-Ray" struck pay dirt in May 1922 with the appointment of E. W. Sterns as editor — *he* stayed in office for two mortal years! Editor Sterns took his duties very seriously, and never before or since had the San magazine enjoyed — if that is the word — so many or so long editorials. He

worked unceasingly to better the lot of the tuberculous war veteran. A Royal Commission appointed to look into charges brought by the Great War Veterans Association he saluted thus: "The Royal Commission, we hope, is our ally: we feel it will give us an impartial hearing and a favorable verdict, but without the necessary public sentiment — at present as dead as an Egyptian mummy — a dozen Royal Commissions would be of no avail against a Government whose policy has from the beginning been unsympathetic toward the ex-soldier — a policy we have followed closely and hopelessly these past months."

In September 1923 the title Editor-in-Chief was replaced by "Managing Editor", which is retained to this day. At the same time the slogan: "Published monthly by the patients at the Nova Scotia Sanatorium, Kentville, N. S., in the interests of better health and as a voluntary contribution to the anti-tuberculosis campaign" appeared below the masthead, to remain until recently deemed inappropriate.

June 1924, a new editor, Clifford L Baker, takes over, and writes of retiring 'Ed' Sterns, Crusader: "Under his care the "X-Ray" became a larger, brighter, more useful publication. When the revenue proved insufficient to cover the cost of the improved magazine, the Managing Editor went down to the print shop and did enough of the work to balance the account". Resourceful, these early editors were!

Of himself the new editor said: "With all the arrogance of inexperience and with the hope that is characteristic of youth, the infant editorial staff of this magazine presents this number to its subscribers and possible readers — As for those who, in a moment of weakness, undertook to carry on the (editorial) work, we can assure our readers that the first day in office brought a feeling of elation and a sense of glamour; the second day brought with it a heavy feeling of responsibility; the third day was occupied with thinking out subjects for brilliant and startling articles which should be written for this number. On the fourth day we brought out the scissors and paste pot, and have not since then ceased to clip and paste feverishly, that the forty-eight pages of this issue might be filled."

One attribute with which the San editors seemed to be blessed throughout the years has been a cracking good sense of humor. Perhaps it is because — strange as it may seem — the Sanatorium is a place of much laughter. In any case, an editor

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History —

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became quite inured to receiving more enthusiastic compliments of his Just Jestings section than on all the rest of the magazine taken together. As proof of this, here is a gem from the 1924 comic department:

Hey, diddle, diddle,
I left in the middle,
For the show was such terrible rot.
But the audience laughed to see the sport,

For the sex ran away with the plot.

November 1924. An article on *Thoracoplasty* by Canada's foremost thoracic surgeon, Dr. Edward Archibald, proved that the "X-Ray" endeavored to keep its readers abreast of the latest developments in the war against tuberculosis. In the light of today's advanced chest surgery, one is amused to read: "To operate upon a patient who has tuberculosis seems to the general reader a somewhat new and doubtful procedure".

With that resourceful and inventive turn of mind that frequently characterized its editors, the January number of the "X-Ray" was published late in December, and called "Christmas 1924". As the editor explains it: "On account of our publishing dates and local conditions, it seemed advisable to depart from the usual custom of making the December issue the Christmas number". In the same issue Mr. Baker takes time to give a pat on the back to the Right Hon. MacKenzie King for his introduction of a bill to curtail the powers of the Senate, which body had incurred wrath by their treatment of a bill passed by the House to correct injustices suffered by tuberculous war veterans: "This bill went to the Senate for approval; and while it is fair to assume that the personnel of the Senate were largely ignorant of the essentials of the subject, nevertheless the bill was so mutilated as to make it void and ineffective. There seems to be no immediate remedy, and the ex-servicemen must wait in patience for the fine grist which it is said comes from the mills of the gods".

It was a compliment to Editor Baker that on his retirement in February 1925 it took three to replace him. The troika harnessed for the job were: S. Paoli, L. D. Griffin and Nola McElmon. The following May L. D. Griffin bravely took on the editorship solo, but the following month a new name appears at the head of the editorial staff, T. A. Kirkpatrick, a name later well-known in the town of Kentville, where "Dr. T. A."

was a beloved physician for many years.

In the October 1925 issue the "X-Ray" salutes the opening of "The New Infirmary", which turns out to be none other than our old friend the Women's (and later Children's) Annex, the first building, the original Sanatorium, forsaking its heretofore role as administration building and remodelled for the use of patients requiring infirmary care.

January 1926. In editorial comment headed *Our Office* we learn that the "X-Ray" got a new home: "The new abode of the staff is in the main office building and is the centre of activities about the Sanatorium". It had never been disclosed just where the original office was, except to say: "It was very inconvenient as to location".

A new department of wit and local chit-chat, to bear the title: *Flashes from the Fluoroscope*, by High Tension, was begun: "The idea is this — we all have a great deal of time on our hands and do a considerable amount of thinking. Why not pass some of these thoughts along to others — that is, the bright ones — and let others enjoy them too — laugh and help others to laugh. Tell anything that strikes you as cheerful: jokes, troubles, arguments, complaints, skandal, etc."

In July 1926 a new editor, Kenneth S. Wyatt, takes office.

January 1927. "Friends of this magazine have for some time felt that the title the "X-Ray" was inappropriate and misleading; that to a new reader the title "The X-Ray" at first glance suggested something technical and uninteresting; in short, that the title "The X-Ray" did not convey a proper conception of the true scope and nature of the publication". And to find a new name a contest is announced. The winner was Rev. Walter John Dean, Granville Ferry, N. S., and his winning suggestion was: *Health Rays*. In the opinion of the contest judges, this name: "Retains the old idea of the paper but less suggestive of a technical nature, and it, too, gives the idea of health and sunshine".

We now come to the shortest and the longest editorial reigns to date: Fred R.

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Mitchell (he turns up again later), who served one month, to be followed by Bernard Chisholm, who held the post for an unprecedented three years.

January 1928. A new year, a new name, a new cover — *Health Rays* made its first appearance on an attractive new cover, designed by Miss E. Nixon, directress of the Occupational Therapy department, now Mrs. Frank Lockyer, Kentville. The editor salutes the re-named publication: "It is to be hoped that the magazine will prosper under its new name and continue to present a class of articles that will be both educative and entertaining, and thus retain its identity as a magazine of health and good cheer".

The April 1928 issue was a bold, proud venture: "All of the contributors to this issue are Nova Scotians. They are men who have gone far in their respective professions, and are well known for their literary ability". Among the widely diverse contributions was a short story by Bengt Atlee, Dr. H. B. Atlee, one of Nova Scotia's most distinguished physicians.

November 1928. The feature article was an interview with Dr. Miller, in which he gave an account of the fight to eliminate tuberculosis in various European countries, as seen during a three-month tour of England and the Continent made with a party of thirty Canadian physicians, all specialists in tuberculosis work. One very interesting point, not brought out in the interview, is that this was also a honeymoon tour for Dr. and Mrs. Miller, who had been married on August 28.

April 1929 saw the establishment of a Government Post Office at the Sanatorium. The first postmaster was Roger Bruce, a popular patient, whose name had appeared consistently in one capacity or another on the editorial masthead. The masthead, meanwhile, and for no accountable reason, had been missing for many months. In November it reappeared, like it had never been away, graced by the same names, with one or two additions. A new associate editor was George Boyle, brilliant thinker and writer, who later did great work for the

Co-operative Movement in Antigonish, and was author of the book: *Democracy's Second Chance*.

December 1929. A confession from the editor (to which all succeeding editors might say: 'Me, too'): "Editing a magazine of this nature is an excellent training for professional begging. One reaches the stage where he feels no remorse in asking a busy man to sacrifice his leisure moments (and possibly his business time) to write a short article. The victim is attacked and scourged with a flow of mendicant rhetoric that inevitably brings back a favorable reply".

October 1930. G. Harold Murphy takes over the editorial post, and continues the endurance record by holding office for another three years. "Murph" it was who coined the famous phrase: "Any day now" whenever he was asked how soon *Health Rays* would be out. (Murph was a legend when I arrived at the San, — and a hard act for any editor to follow.)

In the January 1931 issue Murph salutes a notable San tradition, dating-up for that event of the year, Christmas Dinner: About ten days before Christmas the San suddenly developed a squad of matchmakers. These undertook the delicate task of encouraging the bashful swain and shy young maidens of the institutions to become acquainted with one another so that they might ultimately go in pairs to the Christmas dinner. It was a difficult job, calling for plenty of tact, discrimination and power of persuasion — The Canteen served as common meeting ground, where introductions were made and where, in many cases, love called to love, and the young folk matched themselves up without assistance."

This time was, in some respects, the golden age of *Health Rays*, and one has only to read the names composing the editorial staff to know why: Managing Editor, G. Harold Murphy; Associate Editors: Fred Silver, J. P. Martin, George Boyle, Frank A. Adams; Business Manager, Gilbert G. Harris; Circulation Manager, Augustus (Gus) Bisson. — each and every one of them a "man of parts".

Typical humor of the day: Congden: "You look bad. What's the matter? Tuberculosis?" Cole: "No, the doctor thinks it's whoopee cough."

Now we come to a truly momentous event in Sanatorium life — Radio Station S.A.N. is born. In the Spring of 1930 the Sanatorium Radio Fund had been launched by the Halifax Herald, and among projects

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History —

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to raise necessary funds was this one: "In Halifax there functions two law-making bodies. One is the Provincial House of Assembly and the other is the Halifax City Council. Their business is the governing of their respective spheres. But along about mid-winter, when the brains of the members of these august assemblies were probably growing weary with motions and amendments (the idea was conceived) of having these sedate gentlemen vacate the stuffiness of their respective chambers for an evening in order to disport themselves upon the broad ice surface of the Halifax Forum, by engaging in a friendly hockey contest. And the object of it all was none other than your welfare and ours, for the proceeds were to be used for the benefit of us patients".

The January 1932 issue hails the consummation: "*Radio Equipment at Sanatorium Formally Placed in Operation.*" "Marked by striking ceremony, the radio equipment designed to serve every patient at the Nova Scotia Sanatorium was formally placed in operation at that institution on the evening of January 8th". The ceremonies attending the presentation were marked by addresses from such prominent figures as Hon. Gordon Harrington, Premier of Nova Scotia, W. H. Dennis, General Manager of *The Halifax Herald*, Hon G. H. Murphy, Minister of Health, and, of course, Dr. A. F. Miller. In expressing the gratitude of the patients, Dr. Miller said . . . to those whose kindness brought about this gift, — a gift that will be lasting, increasing in value and new and different every day. Of those, first, last and always, we must remember our friends of long-standing, *The Halifax Herald* and *The Halifax Mail*, who secured us our radio". In his address the late George C. Nowlan, then M.L.A. for Kings County, gave honour where due in these words: "There is one other person who should be specially mentioned tonight, one whose absence reminds us all of the loss of a true and loyal friend. He was the one who first conceived the idea of a San radio, and he was the one who first roused public interest in the matter. This was his home; the patients here were all members of his family. Sick and weary though he was, yet he had a smile and cheery word for everyone with whom he came in contact. After years of suffering he was taken away from us but a few days before the event to which he had contributed so much.

As long as those who met him live, so long will memory of Joe Aucoin be loved and respected".

A second great Sanatorium event was heralded in this issue, the completion of the New (now East) Infirmary. Begun in May 1931, it received its first patients in February 1932. This splendid building provided space for administrative offices; a medical section with facilities for x-ray equipment, surgical procedures, examination rooms; a diet kitchen of a most modern type for serving meals to the patients of the building; all this, and at the same time adding 80 gravely needed infirmary beds.

September 1932. The lead article is headed: "*San Tuberculosis Refresher Course Is Attended by Fifty Provincial Doctors.*" The three-day course, the first of its kind ever staged in Nova Scotia, was designed to instruct the general practitioner in all phases of tuberculosis work, specifically to aid him in making prompt diagnosis and treatment of tuberculous patients while they are still in an early and recoverable stage.

March 1933. The editor makes mild comment on a burgeoning problem: "Many of our Sanatorium publications are discontinuing their magazines as a result no doubt of the world wide depression. It is most difficult to secure advertising and subscriptions, and as a result find the going too rough to continue operating".

May saw the inauguration of a new department, Sydney T. B. Annex News: "We welcome between our covers this month an innovation. It is the special section set apart for the Sydney Tuberculosis Annex . . . The Sydney Annex is one of the newer outposts in the now province-wide line of fortifications raised against the White Plague. It seeks to serve Cape Breton as the Sanatorium here serves western Nova Scotia at large. The work and objective of the two institutions are identical — the eradication of Tb. *Health Rays* has for many years been the journalistic projection of this work. What, then, more reasonable than that the two institutions should join and mutually reinforce each other's efforts in this publication". From time to time other of the Annexes and tuberculosis institutions

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notably Point Edward in later years, have contributed to and made use of the columns of *Health Rays*.

October 1933, and these words about retiring editor, Murph: "In bidding farewell to G. Harold Murphy, we seek to express the affection, esteem and gratitude which his fellow caretakers and associates feel toward him . . . He has now graduated from this institution, a graduate *magna cum laude*, if ever there was one".

For the next three months we read: Dr. A. F. Miller, Acting Managing Editor. It was an open secret, however, that the actual editor was Peter Nearing, who figured on the masthead as Circulation Manager, and of whom it was once written: "The day Peter Nearing is pronounced cured the theory of rest will get its biggest set-back since the time the apple hit Newton on the head".

February 1934. A milestone! A first! A woman editor for *Health Rays*, Miss Margaret MacLeod, an ex-patient and early thoracoplasty, filled the editorial chair. Miss MacLeod, too small and frail to fill any chair except in a figurative sense, was an honours graduate in Classics from Dalhousie University. She created one new department which had instant reader success — And enduring editor headache — "With Our Reporters", which gave news of each and every floor of each and every building at the Sanatorium, and which laid on the editor the horrendous task of keeping a stable of gossip writers stocked, functioning and happy.

October 1934 — The second "singular anomaly", another lady editor, Miss Eileen E. MacKay, takes over. Editor MacKay starts right off, like all editorial new brooms, calling for more original contributions: "Do you know what appears to us the most deplorable feature of our magazine? — the dearth of local names appearing in the Table of Contents".

This year saw the start of the "San Celebrity" series by Donald C. Leslie, whose early death from tuberculosis robbed the world of a writer with talent bordering on genius. His San Celebrity sketches presented notable personalities of the Sanatorium with keen-eyed perception and luminous wit. Naturally Pat MacEvoy was one of his earliest subjects, and the editor herself did not escape.

January 1935 was a very special issue, commemorating the 25th anniversary of Dr. Miller's appointment as Medical Superintendent. It contained a biography of Dr. Miller, laudatory articles by associates in

the tuberculosis field, and an account of the great Silver Anniversary banquet. The editor was moved to this eloquence by the event: "It is natural and spontaneous action to laud the victories of the glamorous hero of the battlefield, whose glory is a brilliant, visible triumph, but to honour the hero of the prolonged, unromantic struggle in drab laboratory or consulting room is a deliberate, estimated appreciation of achievement. Therefore, the honour when it comes to such a "Happy Warrior" is a merited and sincere tribute, and one which may be accepted and worn with justifiable pride and confidence by him to whom it is tendered."

June 1935, and this item from *Staff Notes*: "Taking the place of Dr. MacRae we have Dr. Earle Hiltz, Truro. A classmate of Dr. Robertson and Dr. MacRae, he spent the past year as a staff member of the Victoria General Hospital". Little did the writer dream that those casually penned lines spoke of a future Medical Superintendent, and of her own future husband.

To prove that the editorial humor held up, this: Aged Patient: "I'm very much concerned I've got into the habit of talking to myself." Doctor: "That's nothing to worry about. Many elderly people do." Aged Patient: "But the trouble is that I'm such a confounded bore."

In 1936 things seemed to go along in such even tenor that no events took place sufficiently momentous to record here. The same was true for 1937, until September, when a new editor, Alfred C. Milner, took over the editorial office, which earlier in the year had had a face-lifting: "Dirt and dinginess are gone, concealed behind a soft green paint which with its lightening and brightening effect, converts *Health Rays* office into a pleasant and wholesome place to work".

The November Sanatorium Activities department describes at some length a "shivaree", or serenade, staged by the Sanatorium staff with all the usual concomitants of tin pans, horns, even a shotgun, to welcome home the newlyweds, Dr. Hiltz and his bride, the recently retired editor of *Health Rays*.

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PETERS' LUNCH

History —

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July 1938 Allen d'Entremont became editor. In the November issue he showed his characteristic drive and enthusiasm by celebrating *Health Rays* 19th birthday, not wishing to wait until the 20th lest he should not be here then (nor was he!).

The June 1939 issue devoted considerable space to description and pictures of a revamped radio station SAN. From its installation in 1932, when it existed as a sort of adjunct to the telephone switchboard, it had advanced to the dignity of a studio all its own, with quite sophisticated equipment. And it was now turned on thrice daily, affording seven to eight hours listening time for the patients each day.

July 1939. A new editor, Cecil H. Kennedy, takes over the editorial desk, remaining at it for almost two years.

September 1939. This was, of course, the beginning of the Second World War, so when one reads in the Editorial Comment this opening sentence: "Storm clouds have been gathering . . .", one naturally expects that it speaks of the calamity of freshly declared war. But no! living up to its slogan of "A Magazine of Good Cheer", *Health Rays* is talking about the weather!

In the November 1939 issue the editor hails the 20th anniversary of the San magazine: "It is remotely possible when *Health Rays* celebrates its next twenty years of publication that much of the serious matter now appearing in its columns may not then be needed". Sad to say, such a paradisaical state was not reached in twenty years, nor yet in thirty, although great strides continue to be made in the treatment of tuberculosis.

January 1941. To provide sorely needed infirmary accomodation, a pavilion on the Hill, one of the wartime buildings erected by the Federal Government in 1918, was remodelled to add 28 beds to the infirmary count.

And finally *Health Rays* acknowledges a state of war: "A war, which a year ago seemed like a shadowy dream, has become so intense a reality as to threaten us with catastrophe . . . Every objective, no matter how worthy it appeared in normal times, is now being subordinated to the one supreme objective of winning the war".

In April 1941 Ausin Jollimore becomes the editor, and writes of retiring Editor Kennedy: "As editor of *Health Rays* for almost two years, he exercised a particular

form of wisdom in directing its affairs that cannot be questioned".

In the October 1941 issue we find first used the boxed listing of the Sanatorium medical staff and heads of Departments. A much loved name, J. J. Quinlan, M.D., is there.

January 1942. Editor Jollimore, "in a mood of reflection", jots down some of the joys and sorrows of an editor of *Health Rays*: "It is a simple matter to know when an issue is not disliked. It is when no comment is received. It is much simpler to know when an issue is *disliked*, for it will bring an avalanche of criticism, — mostly destructive — of its contents . . . We have at times found ourselves in the position of the legal advisor, the soothsayer, the entertainer extraordinary, the father-confessor, the Sanatorium equivalent of a well known newspaper columnist, the quasi-marital relations officer, the presumed example of proper behaviour — the *Summum bonum* . . . Over and above all this, however is this problem which everlastingly confronts us: We must disseminate the gospel of tuberculosis prevention and control". But he concludes: "Yes, editing *Health Rays* has been fun".

The October 1941 issue we find first used very briefly in 1927 is again on the masthead as Managing Editor. This was Fred R. Mitchell, who, in the Sanatorium tradition of laughing off misfortune, accounts for his predecessor's retirement thus: "He found it expedient to do some post-graduate work in the New Infirmary".

January 1943. A new editor. Howard Ade, took office, but almost immediately there appeared this doleful note: "Howard had barely time to assume the Editorial post and complete this current issue of *Health Rays* before he was transferred to Ottawa, so at the present time there is no flag flying at the masthead". For *Health Rays*, as for all other businesses and institutions, getting and keeping staff in wartime was an unending struggle.

February 1943, good old Fred Mitchell had stepped into the breach once more, adding the editor's job to his onerous duties as manager of the Canteen. In his "A Chat with the Editor" he imparts this hopeful news: "Did you know, by the way, that we print 950 copies each month; that it is estimated that each copy is read by five people, making approximately 5,000 people who read your little publication each month?"

By July a new editor had been found,

(Continued on Page 24)

Women Physicians At The Nova Scotia Sanatorium

HELEN M. HOLDEN, M.D., C.R.C.P., F.C.C.P.

The Nova Scotia Sanatorium was founded in 1904, and in 1910, Dr. A. F. Miller became the first Medical Superintendent.

In 1918, Dr. Sophia Laws, who was a native of Windsor, Nova Scotia, became the first woman physician on the staff and remained until 1920. Later, she returned on a temporary basis while Dr. Sieniewicz was on vacation. She had graduated from Women's Medical College in Philadelphia and had done postgraduate work in pediatrics, blood diseases, and tuberculosis, prior to arrival at this institution. On leaving the Sanatorium, she commenced general practice in Windsor, Nova Scotia. Unfortunately, it has been impossible to trace her subsequent activities as her family and friends have all departed from the Windsor area, but it is known that she died some years ago.

In 1922, Dr. Mildred Resnick graduated from Dalhousie University and spent a few months on the Sanatorium staff. Later, she worked in a chest clinic which had been organized at the building later known as Admiralty House in Halifax. It was only recently that I discovered that the Dr. Mildred Glube I knew in Halifax during the war years had been the former Dr. Mildred Resnick whom we had been attempting to trace for the purpose of this article. In conversation with her, I then found that she had retired from practice for a number of years following her marriage. At the onset of hostilities in 1939, she undertook postgraduate training at the Polyclinic Hospital in New York City and then joined the staffs of the Victoria General and Children's Hospitals where she served as an anaesthetist throughout the war years and she continued in practice until 1952. Dr. Glube states that she has a son who is associated in business with his father as well as being on the teaching staff of Dalhousie University in the business administration course. She has a daughter who is married to a pediatrician and is living in Buffalo, New York.

Another Dalhousie graduate, Dr. Eva Mader, joined our staff in July, 1927, following her graduation. She came from a medical family. Her father was Dr. A. Ivan Mader, and her brother, Dr. Victor Mader, became a prominent thoracic surgeon in Halifax. Both her mother and father were very active in the Halifax Anti-Tuberculosis League, of which her

mother was at one time president.

Dr. Eva Mader remained at the Sanatorium for a period of fourteen months; that is, until September, 1928, when she was awarded a fellowship and entered the School of Hygiene at the University of Toronto where she received her D.P.H. degree in 1929 and joined the staff there. She soon became associated with the Women's College Hospital in Toronto and served on the staff of that institution for many years. She was director of the laboratory services there from 1939 to 1952 at which time she entered private practice in Toronto and enjoyed this immensely for the next ten years. She and her husband—she had become Dr. Eva Mader-MacDonald—are now both retired. They have done extensive travelling during the last few years. There are two sons and four grandchildren in the family. Dr. Eva Mader-MacDonald still maintains an active interest in the medical profession, as she does part-time work in the Cancer Detection Clinic at the Women's College Hospital. She and her husband have a home in the country as well as in the city of Toronto.

Succeeding Dr. Eva Mader was another young woman, Dr. Evelyn Rogers, who remained from 1927-1929. She also took public health training at a later date and received her M.P.H. from Johns Hopkins University in 1939. She had also undertaken postgraduate training in pediatrics and communicable diseases in the meantime. From 1944 until 1968, she served as District Medical Health Officer in the Utica district of New York State. She has been retired since December 1, 1968, and we were very happy to have a visit from her last summer. She recalls her sanatorium experiences with pleasure and also states that the experience here was very beneficial in later years.

While at the Sanatorium, Dr. Rogers purchased a white horse which was stabled with the Sanatorium horses which were then used for utility work. She had many enjoyable rides throughout the beautiful Kings County countryside.

Since her retirement last December Dr. Rogers has been in the process of building a home in Utica, New York, where she plans to enjoy her hobbies of photography and harpsichord playing among other varied activities.

(Continued on Page 10)

Women Physicians At —

(Continued from Page 9)

There was a lapse of fifteen years until we once again find a woman doctor on our staff; that is, until 1944, this time in the person of Dr. Jean MacDonald who hailed from Moncton and who came to the Sanatorium on graduation from Dalhousie University Medical School. She remained for a year, leaving in 1945 to commence postgraduate training. She obtained her certification in the speciality of obstetrics and gynaecology, practiced in Halifax for some years, married the Rev. Frank Lawson, and became the mother of two sons and a daughter. Later, the family moved to Southampton, Ontario where she continues to carry on an active practice. She is a busy woman as a clergyman's wife, mother of three teen-age children, and also active in her profession.

Yours truly arrived at the Sanatorium a couple of months before the departure of Dr. Jean. She was sent as one of a series of Royal Canadian Naval medical officers and arrived on May 2, 1945. Enough said as our readers are familiar with subsequent events.

A little later, in November, 1945, Dr. Florence Murray, who had graduated from Dalhousie University in 1919, and who had served for many years as a medical missionary in Korea, joined our staff and remained for a period of ten months. She had had a hazardous journey home, owing to the development of hostilities and the escape of many refugees on crowded ships and under very harrowing circumstances. Later, she returned to Korea and some of her final years were devoted to the care of lepers. I say "final years" as I was speaking with her just the other day, and she told me that she has, in her late seventies, "retired" for the third time and she feels that it will be the last.

She stated that tuberculosis is still a very great problem in Korea. Dr. Murray was fortunate to travel through many countries including various parts of Africa on her return journey and possibly we will hear about this trip in a later issue of Health Rays.

Finally, we come to Dr. Maria Rostocka, a native of Poland and a graduate of Louvain University in Belgium. She came to Canada in 1954, and following an internship at the Victoria General Hospital, she joined our medical staff. She has continued in that capacity ever since and

therefore most of our readers know her well.

It should also be mentioned that several undergraduate medical students of the female sex have served as summer internes and subsequently entered the medical profession, not only in the Atlantic Provinces but also elsewhere. Of recent date, these include: Dr. Donna MacRae-Curry, now in Edmonton, Alberta; and Dr. Ruth LeLacheur who is practicing in Prince Edward Island. A few years ago, Dr. Sophie Hofstadter spent three months at the Sanatorium during her regular internship at Dalhousie Medical School. She is now active in the medical profession in the city of Toronto.

Note: The subject for this article was originally suggested by the late Dr. Hiltz who had begun to gather material prior to his untimely death in March, 1969.

San Receives Valuable Gift

From the estate of the late Dr. C. A. Herbin, the Nova Scotia Sanatorium has received an outstanding collection of Christmas Seals from many lands. This collection has now been framed and is to be displayed in a prominent place at the Sanatorium.

Dr. Herbin had obviously devoted a good deal of time to his hobby of collecting Christmas Seals. They date from 1904 which was the first year that seals were issued, to 1968. All who have viewed this collection have been most impressed by the apparent completeness and by the great number of countries represented. As a part of the display there is a history of the origin of tuberculosis seals, and the story of the way in which the idea spread from the Scandinavian Countries to North America and on to many other lands.

A more comprehensive report on this collection will be appearing, appropriately, in the Christmas issue of Health Rays.

In the meantime, the staff of the Nova Scotia Sanatorium wish to express their gratitude for such an interesting and valuable gift.

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Dr. Eva Mader MacDonald, San., April, 1928, and (2) Piccadilly, London, May, 1967. Below: Dr. Evelyn Rogers and Dr. R. Shlossberg, San., 1928.





Dr. Evelyn Rogers, 1928, and during visit of 1969.

Below:

Dr. Jean MacDonald Lawson, husband Rev. Frank Lawson, and family. Dr. MacDonald was at the San. in 1944-45.





Above: Dr. Maria Rostocka, at the San. since 1955, shown with Dr. Sophie Hofstadter.



Dr. Helen Holden Quinlan, writer of this article, who has been at the Sanatorium since May, 1945. Dr. Holden held the position of Assistant Medical Superintendent for a number of years, and has been Acting Medical Superintendent since April, 1969.



Dr. F. J. Murray, Halifax, 1969

Alexander Morrison

Ex-Sanatorium Patient

(By Miss Marguerite B. MacLeod)

It has often been said that tuberculosis is no respecter of persons. If those there be who doubt the truth of this statement, let them at once be assured that the medical files of any tuberculosis institution abundantly substantiate it.

Since its establishment in 1904, the Nova Scotia Sanatorium has admitted people of all ages and from all walks of life. Among the first to seek treatment for his "consumption" was Alexander ("Sandy") MacGeachy Morrison, a native of Dartmouth. One of the eleven children of a Nova Scotia clergyman, Mr. Morrison held a professorship in physics at Chicago University. Here he engaged in original work on the ultra violet light, but his career was cut short by the onset of "consumption." On October 13, 1904, Mr. Morrison entered the Nova Scotia Sanatorium, the thirteenth patient to be admitted.

In order to be near her husband during his hospitalization, Mrs. Morrison moved to Kentville with her two children — a son and a daughter. On May 2, 1905, Mr. Morrison was discharged from the Sanatorium, but remained in Kentville until his death on February 12, 1907.

Perhaps most of us here now would never have been aware that a pioneer in ultra violet ray had cured at this Institution, had Mrs. Catherine Boyle, our Director of Nursing Education, not met his daughter, Miss Ruth Morrison, a registered nurse, while attending a reception during the Canadian Tuberculosis and Respiratory Diseases Association meetings in Vancouver last year. When Miss Morrison learned that Mrs. Boyle was from the Nova Scotia Sanatorium, she immediately expressed her interest, and spoke of her father. Among her recollections of him was his deep concern for his family, lest they become infected with "consumption," and the great care he exercised to prevent this. His precautions were not in vain, for no member of his family ever contracted the disease.

When Mrs. Boyle mentioned the modest archives established by our late Medical Superintendent, Dr. J. E. Hiltz (just outside Medical Records), Miss Morrison offered to contribute a napkin ring—the only thing in her possession that she knew her father had used while at the Sanatorium. Having been assured that this would be a most acceptable donation, Miss Morrison brought the ring to the

Sanatorium herself, while on a visit to relatives in Wolfville and other parts of Nova Scotia, this summer. Much to Mrs. Boyle's regret she was "at coffee" and missed Miss Morrison's visit. However, Miss Morrison had thoughtfully enclosed a note with the napkin ring in anticipation of some such eventuality.

Mrs. Boyle has been able to reciprocate Miss Morrison's kindness in some small measure by having exact dates checked for her by our Medical Records Librarian, Mr. Hector McKean.

November

The leaves are down, the branch is bare,
No song of robin's in the air,
The only cry a mournful note
From o'er the hill, the sad pine's throat
Gives utterance in wail and moan;
Of all that was 'tis left alone.

Oh Death! so cold and so severe,
You shock and pain and sever here
The loving tie that brothers bind,
You leave the mournful one behind;
Hast thou no solace then to give,—
No promise that he yet may live?

You answer yea? My hopes renew?
Then patiently shall I pass through
This purgatory thou hast set,
The trial that must now be met;
To suffer for a greater love
Than self, doth merit joy above.

—Con Travers

(Reprinted from **Health Rays**, November 1934)

"Con Travers" (Rev. Peter Nearing) was a frequent contributor to **Health Rays** back in the 'Thirties.

He is now at Madonna House, Combermere, Ontario.

Report

I saw a mountain smoke today,
I saw the ducks head south;
A little pond was puckering
With skim ice in its mouth.

I saw the spruce hold out their arms
For yarn the snowflakes spin;
I think I saw fall moving out
And winter moving in.

—Ruth Staunton

Contributed by Lilah Bird, C.N.A.

Question Box

J. J. Quinlan, M.D.



Q. Which is considered a better form of healing, that which takes place naturally or that aided by drugs?

A. If one could be certain that the tuberculous disease had undergone true healing, it would not matter whether such healing had occurred because of the natural resistance of the patient or aided by the use of drugs. As there is no absolute way of knowing that the disease in the lung has healed short of removing it and examining it under the microscope one has to be guided by the results in patients treated in the days before drugs were available and those who received the benefit of drug therapy. The healed tuberculous lesion does not break down. We know that even with the best of treatment in the days before chemotherapy the relapse rate was often as high as 50%. Today with drugs and ancillary measures such as bed rest and surgery the relapse rate is only about 2%. The inference to be drawn from these figures is that what we presumed to be healed disease in the patients who did not receive drugs was in many cases not really healed at all even though the clinical and x-ray findings were satisfactory and indistinguishable from the findings of patients whose disease did remain healed.

Q. Please explain why one cannot be immunized against tuberculosis as against other diseases.

A. While immunization against tuberculosis by vaccination is not as effective as in the case of other infectious disease, for many years we have had a vaccine that will produce a high degree of protection. It is known as BCG, the abbreviation for bacillus Calmette-Guerin. There are several disadvantages in its use but we do employ it for the vaccination of what we refer to as high risk groups. These would include young children in a tuberculous household and who have negative tuberculin tests, personnel who work in tuberculosis institutions and in particular medical students, nurses and other staff who come in contact with patients in general hospitals. It is to be noted that the vaccine is given only to

people who are tuberculin negative. The individual with a positive tuberculin test is already immunized against further attacks and if he does break down with tuberculosis it is not from a fresh infection from the outside but because his own tuberculous lesion has reactivated.

Q. Is it likely that a minimal case of pulmonary tuberculosis with negative sputum may develop an increased amount of disease from having a roommate with advanced disease and positive sputum?

A. This question has already been answered in that the patient with pulmonary tuberculosis is immune to other tuberculous infection from the outside. Therefore, the individual with minimal disease is in no danger whatsoever from his roommate with far advanced disease.

Q. Can people get tuberculosis from chickens that have the disease?

A. The germ that causes tuberculosis in chickens, mycobacterium Avium until fairly recently was thought to be of no importance in human infection as only very few authenticated cases of Avian tuberculosis in man have been reported. However, skin testing using Avian tuberculin has shown that there is a very high instance of positive reaction. There are still only a small number of recorded actual clinical cases of Avian tuberculosis in humans which would indicate that man has considerable resistance to this germ.

The Avian bacillus affects not only birds, but is also a common cause of tuberculosis in pigs and cattle, and the infection in humans may be derived from pigs and cattle or by the consumption of infected eggs and contact with infected poultry.

In Great Britain particularly, the number of proven cases of Avian tuberculosis in man is increasing and is quite possible that this form of disease may become important in this part of the world.

Q. What causes heaviness and pulling in the chest even when x-rays are satisfactory?

A. There are many causes for these sensations in the chest and one of them is undoubtedly the presence of adhesions between the lung and the chest wall. Usually these do not show up in the x-ray. Frequently, extensive scarring and where the lung is totally adherent to the chest wall they cause no sensations whatsoever whereas one or two localized adhesions may give rise to a considerable feeling of pulling and sometimes soreness.

Editorial Comment

With this, our anniversary issue, we are marking fifty years of continuous publication of the **Health Rays** magazine. Our feature article, "A History of **Health Rays**," forms the backbone of this issue. Written by Mrs. Eileen Hiltz, this is a summary of **Health Rays** over the first twenty-five years—from its beginning in 1919 through 1944. One does not read far in the early issues before being aware of the important part played by this publication in the lives of the patients in the Sanatorium. In spite of a brisk turnover in members of the editorial staff, this publication continued to maintain a high editorial standard. This speaks well for the hard work and dedication of those involved in all stages of its preparation.

There have been at least two steadying influences in guiding **Health Rays** and maintaining something of an equilibrium. First, Dr. A. F. Miller supported the magazine and felt that it occupied an important place in the life of the Sanatorium. Secondly, Dr. J. Earle Hiltz constantly strived to make this the best magazine of its kind. These two influences have been felt from its beginning to the present time. Even though Dr. Hiltz passed away in March of this year, his influence is still felt in **Health Rays** and, indeed, in many other areas of endeavour as well. It should be noted, too, that his wife, Mrs. Eileen Hiltz, has served a number of terms as editor both before and since their marriage.

For a number of months we have attempted to make plans for this anniversary issue. We have talked of having a committee to come up with fresh ideas. Instead of having a committee we are at our lowest numerical count, having lost Marguerite MacLeod through retirement. In contrasting the ambitious plans with my own modest results I feel that it might not be inappropriate to use the quote, "The mountain trembled, and brought forth a mouse!" However, in next month's issue we will endeavour to complete the history of **Health Rays**. Hopefully, we will be able to locate the bound volumes of past issues. I feel like a relative newcomer to the scene, where the history of **Health Rays** is concerned, but will endeavour to bring the story up to date.

* * * * *

Staff Notes: Miss Frances Jess, R.N., recently retired and a tea was held for her, as mentioned in Nursing Notes. Miss

Jess had worked at the Sanatorium since 1936 as a "special" on night duty for post-operative cases. Besides being remembered by her patients for her kindly nursing care she will be remembered by them also for the lovely flowers which she regularly brought from her own garden.

Archibald Charles "Archie" Arenburg retired on October 13th, having been on staff at the Sanatorium for thirty-three years.

* * * * *

Dr. Holden spent a week in Ottawa in late October attending the National Conference on Tuberculosis.

Dr. Quinlan attended the Annual Convention of the American College of Chest Physicians, Chicago, returning to the Sanatorium on November 5th.

At the same convention Dr. T. K. Kryski, Point Edward Hospital, received the honour of becoming a Fellow of the American College of Physicians.

* * * * *

From the *Kentville Advertiser* we see that John E. Schaffner has been elected chairman of the Acadia University Institute, succeeding Dr. Hiltz who was chairman of the Institute from its founding in 1955. Tribute was paid to the work of Dr. Hiltz in advancing the causes of the Institute. The Institute was formed to focus the resources of the University or other interested parties toward the solution of community problems in any field of endeavour.

It has also been announced that a scholarship is being set up at Acadia University in memory of Dr. Hiltz.

* * * * *

Sympathy is expressed to Mrs. Fred B. (Violet) Silver, Handcrafts Instructor upon the death of her brother J. Stirling Archibald.

"The Saviour lives, no more to die;
He lives, the Lord enthroned on high;
He lives, triumphant o'er the grave;
He lives, eternally to save.

"He lives, to still his servant's fears;
He lives, to wipe away all tears;
He lives, their mansions to prepare;
He lives, to bring them safely there.

"Ye mourning souls, dry up your tears;
Dismiss your gloomy doubts and fears;
With cheerful hope your hearts revive
For Christ, the Lord, is yet alive."

—Author Unknown

Patients' Party

The Patients' Dining Room was the setting for a Hallowe'en Party on the evening of October 29th. This was arranged as a Rehabilitation Department project, with much-appreciated assistance from some of the patients. Among those helping were Norma Cameron, Sharon Durnford and Florence Belben. Our special thanks go to Florence who also helped us with organizing the games.

There was a very good turnout of patients, the unofficial count being 42. Nearly everyone participated in the games and all seemed to be enjoying the social evening. Representatives of the Rehab. Department were Don Brown and Eleanor Chase.

The following is a list of the prize winners: Auction 45's: Men's High—Alfred Osgood; Low—James Marshall; Ladies High—Jean MacDonald and Regina Saulnier; Low—Florence Belben. Checkers—Stavroula Tectonides. Chinese Checkers—Mary Austin-Smith. Cribbage — Burton Dahr. Crokinole—Cyril Greenough.

We were so used to relying upon service clubs and church groups for the provision of prizes that these had to be hurriedly assembled and wrapped on the spot. Sorry about that, folks! Such a goodly group of players deserved far more elaborate prizes!

No apologies for the refreshments, however—these were provided by our Dietary Department and were truly delicious. Our thanks to Mrs. Dekker, Dietitian, and members of the Dietary Department for looking after the refreshments.

Patient Entertainment

On Tuesday, November 4th, patients and staff members were treated to an evening variety concert by the affiliating student nurses and some of our own nursing assistants. The event took place at the Sanatorium Recreation Hall.

The curtain went up on a delightful rendition of "Do Re Mi" presented by the entire cast. This was followed by musical solos and duets, a folk group composed of affiliates from the Infirmary, skits and a dance routine. Midway through the performance there was even a commercial!

Between the numbers the charming Emcees in the persons of Lynda DeCoste and Gail VanBuskirk entertained with lively chatter. The finale was composed

of the entire group singing "Edelweiss" and this time the audience joined in the singing.

Those participating in solo numbers were Linda Cann — "The Sweetheart Tree;" Sandy Clements — Charleston Dance; Betty MacPhail, nursing instructor — "Try to Remember," "The Sound of Music;" Faye Veniot, Heather MacIsaac — "Four Strong Winds," "Folsom Prison;" Mary Ann Noiles, Heather MacIsaac—Country and Western Songs; Carol Sinclair, Barb Wright — "Pencils."

Others participating in group singing, skits, etc., were Wendy Messenger, Cappa Wright, Juanita Buckland, Jennifer Hill, Gail VanBuskirk, Linda DeCoste, Eileen Merrill, Joyce Gillis, Ellen Matheson, Jennie MacDonald, Linda Parks, Vicki Crowe, Paulette Allen, Barb Davidson, Nancy Crossman, Judy Corkum, Barb Wright, Lyn Creelman, Carol Sinclair, and Joyce Gillis.

After the show the cast mingled with the audience. Chairs were arranged in a circle and all took part in a sing-a-long under the direction of Miss Betty MacPhail at the piano.

The sound system was under the direction of Wally Burgess with Pat MacEvoy tending Station SAN.

After coffee and doughnuts were served by the Dietary Department, the delightful evening of entertainment and fun came to an end.

On behalf of all who were present or who heard the program on the radio, we would like to express our gratitude to those who made the evening a big success. Judging by the comments after the show, one cannot help but feel that the work which the cast put into this program was appreciated by all who were present. A big thank you to all!

Children's Notes

A group of Kentville Brownies, with their leaders, Mrs. Zinck, Mrs. Black, and Mrs. Morehouse, presented our children in the Annex with a lovely dollhouse which was made as a group project. For all but two of these girls it was the end of their Brownie days, having just advanced to the status of Guides. The dollhouse was very well planned and made and a great deal of ingenuity was shown in the furniture and furnishings. One of the merits of such a project is that it shows how commonplace materials such

(Continued on Page 21)

OLD TIMERS

Among the contributors to the **Health Rays** Jubilee Fund last month appeared the name of Geraldine M. Marshall. **Old Timers** readers will have many memories of "Gerry," from the days when she was a patient here, in the latter 'twenties (during which time she had a thoracoplasty done in Halifax, before such operations were performed at the San.), and through the period when she served as Records Clerk, from her recovery until 1941. There was always something new and interesting afoot when Gerry was around. For some years in the 'fifties she lived and worked in London, England, and became thoroughly acquainted with the Continent by taking her holidays in a different country each year. Following her sojourn in London, she went to live in Australia, where she has made her home ever since, in Canterbury, near Melbourne. She now works part-time as receptionist in a doctor's office, and keeps up her old-time enthusiasm for reading, travel, and cats!

The above item was contributed by Mrs. Eileen Hiltz. Now, from Anne Marie, we have the following items: Maisie Howard, Halifax, was visiting at the San. Here as a patient in 1940, she is keeping well and works for the Nova Scotia Tourist Bureau.

From the same source: Mrs. Phyllis Maisine, who was a patient here in 1947, works as secretary treasurer in her husband's jewellery store (Lou Maisine's, Göttingen Street, Halifax). Their son Brian, born at the Sanatorium when his mother was a patient, is a partner in the business.

Dr. C. Nicholson, Principal of Pine Hill Divinity College, Halifax, who was a San patient in 1958, preached at the anniversary service at the United Church of St. Paul and St. Stephen in Kentville. In the congregation were Old Timers, Horace Dickie, Jimmy Duguid, Ron Forsythe, and Hector McKean who reported the above.

From a recent edition of the Kentville Advertiser we see that Mrs. H. W. Parker (Marguerite MacNamara) of Ottawa and her daughter Anne (Mrs. F. Walsh), of Trenton, Ontario, were in Kentville to attend the wedding of Marguerite's niece Miss Janet Young, to David Morse, of Boutilier's Point.

Marguerite MacLeod left this item: J. J. MacDonald, formerly of Port Hawkesbury and now in the jewellery business in Florida, visited the Sanatorium in the

early fall. J. J. was a patient here in the 30's.

When Hector McKean attended the Medical Records Librarians' annual meeting in Sydney he saw Sister Mary Mildred, here in 1947, who works in the New Waterford Hospital.

Sister Leo Marie (Pat McEvoy's sister, who was a patient here in 1949), visited him this fall. Sister Marie is at St. Martha's Hospital, Antigonish. It is reported that Pat had a letter from Mrs. Mary MacKenna (Brown) who had seen Rev. Peter Nearing. (Information regarding Rev. Nearing was given by Mrs. Eileen Hiltz in the October issue). It is remembered that Mary MacKenna was the admitting clerk at the Sanatorium in 1924-25 following a period of treatment.

At the Sanatorium for a checkup was Mrs. Margaret Munroe who, with her son Philip, were patients several years ago. Philip has now started kindergarten.

Also here for a checkup was Edie Amberman who is still in Lawrencetown. Edie has lost a bit of weight but feels well and was happy to see her old friends at the San.

When Janet Swinamer was admitted on October 31st she was accompanied by her sister, Mrs. Linda Barkhouse, who was a patient here a couple of years ago. Linda is now living at Martin's Point and her husband is employed as a cook with the Bedford Institute of Oceanography. It will be recalled that Bernard Swinamer father of Janet and Linda, was also a patient here several years ago and is reported to be employed as a section man with the CNR in Bridgewater.

From the Chronicle-Herald, October 31st, we see a write-up on United Woodville Ltd., a local industry that last year serviced 31 beekeepers and handled 70 tons of honey. Manager of the company is Miss Muriel MacKinnon, who was a San patient in 1946 and 1949-51.

Miss Daisy Arthur, C.N.A., ex-patient and former staff member, was discharged from the San on October 14, following a period of investigation. She has entered the new nursing home which was formerly the County Home Motel, Kentville.

Why is it that so many of us persist in thinking that autumn is a sad season? Nature has merely fallen asleep, and her dreams must be beautiful, if we are to judge by her countenance."

—Coleridge

Nursing Notes

Miss Greta Jean MacNevin, Sydney River, and Graduate 1968B class of Nursing Assistants was recipient of a Gold Medal from the Certified Nursing Assistants Board, for highest marks in Nova Scotia Certifying Examinations.

The following Nursing Assistants on staff were successful in becoming certified in October, 1969. Miss Brenda Arthur, Miss Linda MacKenzie, Miss Cheryl Matthews, Miss Sandra Ann Simms, Mrs. Isabel Smith, Mrs. Pansy Townsend and Miss Faye Veinot.

Miss Faye Neiley, R.N., has joined the Nursing Staff and is living in residence.

Mrs. Lilah Bird, C.N.A. Night nurse on 1st East, retires in November, 1969.

Miss Margaret Potter, R.N., attended the annual meeting of O.R. Nurses in Halifax in October.

Mrs. Kathleen Dakin, R.N., Administrative Supervisor, attended the week-long Resident Course in Supervision in Halifax in October.

Mrs. Catherine Boyle, R.N., and Miss Eleanor MacQuarrie, R.N., are attending classes at Acadia University.

Former members of the Nursing Staff paid short visits this fall: Mrs. Heather (MacLeod) Johnson, and Mrs. Proc. (Woodworth) Craig.

Miss Betty MacPhail, R.N., Nursing Instructor, was special speaker on the subject of Nursing Assistant Courses at a meeting of Girl Guides at the Baptist Church. The group had requested information regarding this.

Miss Frances Jess, R.N., was the guest of honor at a Tea in the Nurses Residence at the Nova Scotia Sanatorium, on Friday, October 24, 1969.

Miss Jess retires after spending many years as a special nurse for the Chest Surgery patients at the Sanatorium. Mrs. Hope M. Mack, R.N., Director of Nursing, presented Miss Jess with an electric blanket and a purse of money from Nursing, Medical and other staff members. Many in attendance recalled having Miss Jess as their nurse either for a family member or personally. The good wishes of all were extended for a happy retirement.

Among those attending the tea were former staff members Miss Madeline Spence, R.N., former Director of Nursing Service, Mrs. Earle Hiltz, Mrs. Margaret Bohner, R.N., Miss Clara Gray, R.N., and Mrs. Alice Levesque.

Mrs. Nora Chessman, R.N., poured and

was assisted in serving by members of the nursing staff.

Full Accreditation For The Sanatorium

The Nova Scotia Sanatorium has again received full accreditation from the Canadian Council on Hospital Accreditation. Full accreditation was last awarded in 1966 for a three-year period. The recent award is for a further three-year period.

The survey for accreditation was completed by Dr. C. J. Doherty who spent July 17th at the Sanatorium. Following a tour of inspection Dr. Doherty met with the heads of clinical departments, after which all adjourned to the Medical Library for discussion of the various facets of hospital accreditation.

Dr. Doherty has maintained a special interest in the field of tuberculosis treatment and control, for he was superintendent of Algoma Sanatorium, Sudbury, Ontario, before joining the Canadian Council on Hospital Accreditation.

The Nova Scotia Sanatorium was accredited by the joint commission on accreditation of hospitals, an American organization, at least as early as 1951. Subsequent surveys by field representatives of that organization resulted in accreditation in 1954 and 1957. In 1960 the Sanatorium was surveyed for the first time by the newly formed Canadian Council on Hospital Accreditation. This again resulted in a certificate of accreditation which has been granted subsequently in 1963, 1966, and in the recent assessment in July, 1969. The Council is supported by the Canadian Hospital Association, the Canadian Medical Association, the Royal College of Physicians and Surgeons, and L'Association des Medecine de Langue Francaise, and sets high standards for hospitals.

The matter of accreditation reflects great credit on the entire staff of the Nova Scotia Sanatorium.

I MAY NOT PASS AGAIN

I expect to go through this world but once.

If, therefore, there is any good that I can do for any human being,

Let me not defer

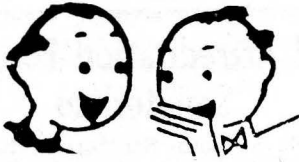
Or pass it by;

For I may not pass this way again.

—Haegman

(Contributed by Mrs. Ethel Brown, Lawrencetown).

Just Jesting



Every day for thirty years the head bookkeeper in one of the large midtown banks would enter the office promptly at nine, hang up his hat and coat, unlock the top drawer of his desk, regard the contents for a moment or two, then lock it again, returning the key to his pocket.

When he announced his retirement after all these years he was of course, given a fine testimonial dinner and a gold watch. In return he thanked his employers for many happy years, turned over the keys to his desk and with warm words of praise for his loyalty and brilliance in his job, the party ended.

The next morning the whole office force gathered together in his office. The mystery of the contents of the drawer which had held the bookkeeper so enthralled every morning was about to be solved. As everyone held his breath, the manager took out the key and drew open the drawer.

It was completely empty except for a sheet of paper on which was neatly typed: "Debits go on the side NEAREST the window."

Two flies were overheard talking "How are things with you, Mrs. Buzzby?" asked one. "Not so good," replied the other. "Junior was so cranky I had to walk the ceiling with him all night."

Two women were overheard talking: "The thing I hate most about parking a car is that awful sickening crash."

Botany teacher: "When do the leaves begin to turn?"

Student: "The night before examinations."

As a woman was preparing for guests for dinner, her little daughter asked permission to help by putting the silverware around. Permission was gladly granted. Later, when the guests were all seated, the hostess looked up in surprise and exclaimed: "Why, Mary, you didn't give Mr. Brant a knife and fork."

Mary replied, "I didn't think he would need any. Daddy says he eats like a horse.

Here's another in the long list of women drivers' stories. One afternoon this particular young woman was driving downtown when she was hailed by a traffic cop.

"Hey, you," he shouted. "Pull over!" She did. The next day the judge fined her \$25 for speeding.

She was anxious to keep her husband from learning of the incident and so, since they went over their check book together, she marked the stub: "One pull-over—\$25.

They were having dinner with some friends. Their small son was having trouble cutting his meat.

"Are you sure you can cut your meat, dear?" asked the hostess.

"Oh yes, thank you," he replied. "We have it as tough as this at home lots of times."

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Specialists in Clothing for
the Entire Family**

Some folks go through life running for something that isn't after them.

No one writes fiction as well as the weather man.

A small boy explaining a broken window to policeman:

"I was just cleaning my slingshot and it went off!"

Use friendship as a drawing account it you wish, but don't forget the deposits.

Prison Guard: "Sir, I want to report that ten prisoners have just broken out."

Warden: "Sound the alarm and blow the whistle!"

Prison Guard: "Let me call the doctor first; it looks like it might be measles."

A friend of mine, driving along a winding country road, had to brake hard as a woman driver came hurtling around a bend on the wrong side of the road. Before he could say anything, she shouted: "Pig!"

"Same to you," retorted my friend glaring back. Then he drove on and nearly went through the windshield as he braked to avoid the biggest pig he had ever seen, sniffing about in the road!

Children's Notes —

(Continued from Page 17)

as match boxes, spools, plastic bottles etc. can be put to use.

Many thanks to the Brownies and to their leaders for wishing to give their project to our children.

• • • • •

On the afternoon of Saturday, November 1st, a small group of students from Mrs. Kydd's class, Central Kings Regional School, organized a Hallowe'en Party for our children in the Annex. The Annex was appropriately decorated, the children were in costume, treats were distributed, and games were played. From all reports our patients and their visitors had a very good afternoon.

Our thanks, too, to the members of Mrs. Rand's class, Horton District School for sending Hallowe'en treats to the children in the Annex.

It is particularly gratifying to see children deriving pleasure and satisfaction from undertaking projects for the benefit of other children.

A BOOKLOVER'S THANKSGIVING

Christopher Morley wrote this prayer of thanks on the return of a book:

I give humble and hearty thanks for the safe return of this book which, having endured the perils of my friend's bookcase, and the bookcase of my friend's friends, now returns in reasonably good condition.

I give humble and hearty thanks that my friend did not see fit to give this book to his infant son as a plaything, to use it as an ashtray for his cigar, as a teething ring for his mastiff.

When I lent the book I deemed it to be lost. I was resigned to the bitterness of the long parting. I never thought to look upon its pages again.

But now that my book is come back to me I rejoice and am exceedingly glad! Bring in the fatted morocco and let us rebind the volume and set it on the shelf of honor; for this book was lent, and returned again.

Presently, therefore, I may return some of the books that I myself have borrowed.

If you work for a man, in heaven's name work for him! If he pays you wages that supply you your bread and butter work for him—speak well of him, stand by him and stand by the institution he represents.

—Elbert Hubbard

PRAYER

Our Father watches over us
He knows our every care,
And is always, ever ready
To hear our faintest prayer.

No other friend like Jesus,
In joy, or sorrow's pain,
Can do as much for any one,
Who true to Him remains.

Many earthly friends are loving
And to us are very dear,
But we know they're often from us,
But our Lord is always near.

So as we travel day by day
Let us cast on Him our care.
We know He never leaves us
For we know He's always near.

Grace L. Reid
Kentville

THE SONG MY PADDLE SINGS

West wind, blow from your prairie nest,
Blow from the mountains, blow from the west.

The sail is idle, the sailor too;
O wind of the west, we wait for you.
Blow, blow!

I have wooed you so,
But never a favour you bestow.
You rock your cradle the hills between,
But scorn to notice my white lateen.

I stow the sail, unship the mast;
I wooed you long but my wooing's past;
My paddle will lull you into rest.
O! drowsy wind of the drowsy west,
Sleep, sleep,
By your mountain steep,
Or down where the prairie grasses sweep!
Now fold in slumber your laggard wings,
For soft is the song my paddle sings.

And up on the hills against the sky,
A fir tree rocking its lullaby,
Swings, swings,
Its emerald wings,
Swelling the song that my paddle sings.

—E. Pauline Johnson

The six best doctors anywhere, and none can deny it.

Are Sunshine, Water, Rest, Air, Exercise and Diet.

These six will gladly you attend, if only you are willing;

They'll cure your ills and mend your mind, and never charge a shilling.



Sanatorium Playground, Autumn 1969: Back row — Donna Corkum, Norma Cameron, Peggy Cameron, Elaine MacCulloch, Caroline Chisholm, John MacInnes. Front — Janet Downey, Scott Holstad. Photo by K. M. Miller.

Ins And Outs



NOVA SCOTIA SANATORIUM

Admissions: September 16 to October 15

JOHN LAURIE BABIN, Sluice Point, Yarmouth Co.; FOSTER MILTON BARKHOUSE, 20 Willow Ave., Wolfville; ELIZA VICTORIA BROOKS, 5566 Gerrish St., Halifax; ALBERT ERNEST BROWN, Steam Mill, Kings Co.; GEORGE WHITMAN BROWN, 32 Fairbanks St., Dartmouth; PHYLLIS BUCHANAN, Kings County Hospital; ROY ALBERT CARMICHAEL, Baddeck; BASIL BLISS CASEY Springhill; MRS. ANNE DOROTHY CLEVELAND, 8 Lewis Lane, Yarmouth; GERALD COOK, Dayspring; PETER SAMUEL CROCKER, 56 Lahey Road Dartmouth; MRS. FRANCES MAE EISAN, Barton, Digby Co.; JOSEPH ALBERT GAUDET, Belliveau's Cove; JOHN VICTOR GOOGOO, Nyanza, Victoria Co.; GOVINDRANATHSING KHITTOO, 1039 Bland Street, Halifax; JOHN ALEXANDER LAWRENCE, N. S. Sanatorium; GERALD JOSEPH MacDONALD, Arisaig Antigonish Co.; LINDA MARIE MacDONALD, Arisaig, Antigonish Co.; MRS. MARTHA CHRISTINE MacDONALD, 80-9th Street, New Waterford; JOHN DONALD MacEACHERN, Craignish; JOHN MURDOCK MacNEIL, Iona, Victoria Co.; EARL FOSTER MULLEN, Easton, Digby Co.; MRS. ALMA ROSALIE MUISE, East Quinan, Yarmouth Co.; LLOYD NORVAL PELTON, Nictaux, Annapolis Co.; JAMES WILLIAM PENNEY, 6426 Bayers Road, Halifax; OSCAR ROLAND REID 150 Woodworth Rd., Kentville; GEORGE EDWARD ROY, 36 Queen St., Yarmouth; MRS. MABEL VIVIAN SCHAFFNER, Lawrencetown, Annapolis Co.; HUBERT RAYMOND SURETTE, Pinkney's Point, Yarmouth Co.; LOUIS PHILLIP THIBAUT, Coneauville; GEORGE EDWARD THOMPSON, Harrington Road, Coldbrook; LESLIE EMERSON TUCKER, Bramber, Hants Co.; HAROLD AUSTIN WEBSTER, Cambridge, Kings Co.

Discharges: September 16 to October 15

RAYMOND EUGENE AMIRAULT, Amirault's Hill, Yarmouth Co.; MRS. IDA MAY CLAYTON, East Preston; EVELYN ANNE AGNES DOCKRILL,

6295 Summit Street, Halifax; MRS. EL-SIE MAY FOSTER, Aylesford; JOSEPH ALFRED GAUDET, Belliveau's Cove; ALTON KENNETH HERMAN, Broad Cove, Lunenburg Co.; RUSSELL HOWE JORDAN, Smithfield, Guysborough Co.; MRS. THERESA JOUDREY, New Germany; JACQUELINE KELLOWAY, 25 MacPherson Street, Glace Bay; THOMAS JOSEPH KENNEDY, 118 Prince Albert Rd., Dartmouth; MRS. MARIE ESTELLE MUISE, Amirault's Hill; STANLEY LORNE MURPHY, 172½ Victoria St. East, Amherst; MRS. ELIZABETH PHILLIPS Whycocomagh Indian Reserve, Inverness Co.; PHILIP POIRIER, 37 Henry Street, Sydney; MRS. MARJORIE MAE ROBAR, New Germany R.R. 3; MILLARD FORREST SPICER, Spencer's Island, Cumberland Co.; EDWARD BRYDON STEWART, Upper Musquodoboit.

POINT EDWARD HOSPITAL

Admissions: September 16 to October 15

JAMES LEAO DONOVAN, Ingonish Harbour; LAUGHLIN JAMES GILLIS, R.R. No. 2, Judique; MICHAEL FRANCIS GOULD, Eskasoni; DUNCAN McCASKILL, West Bay Road, Inverness; JAMES RODERICK MacMULLEN, R.R. 1, Glace Bay; MRS. EILEEN CATHERINE SOBOL, South Bar.

Discharges: September 16 to October 15

WILLIAM PETER BATTISTE, Barra Head, Richmond Co.; MARY BRIDGET BERNARD, Castle Bay; ELIZABETH BERTHIER, West L'Ardoise; JOSEPH BONIN, Arichat; GEORGE BURTON, 97 Grey Street, Sydney; DUNCAN EDWARD CAMERON, R.R. No. 3, Inverness; ROY ALBERT CARMICHAEL, Baddeck; HENRY JOSEPH CHIASSON, 73 Eighth St., New Waterford; JAMES ARTHUR GILLARD, 43 Highland St., Glace Bay; LAUGHLIN JAMES GILLIS, Port Hood, Inverness Co.; VICTOR GOOGOO, Nyanza; ALEXANDER ROY JACKSON, 107 North St., Glace Bay; ALEXANDER DANIEL MacDONALD, West Mabou; JOSEPH JAMES MacDONALD, St. Peters, Richmond Co.; JOHN DONALD MacEACHERN, R.R. No. 1, Port Hastings; ALEXANDER CAMERON MacINNIS West Bay; ANTHONY MacKENZIE, Sydney Forks; JOHN ARCHIBALD MacKINNON, Grey St., Sydney Mines; JAMES RODERICK MacMULLEN, R.R. No. 1, Glace Bay; AGNES SHIRLEY MORRISON, Whycocomagh; CHARLES WILLIAM NEARING, 133 Dorchester St., Glace Bay; DONALD BEATON RILEY, South West Margaree; MARGARET SMITH, R.R. No. 1, Inverness.

History —

(Continued on Page 8)

Edmund P. Quinlan, Dr. J. J.'s kid brother. He held the post for two months, to be replaced by a former editor, Eileen MacKay Hiltz, who from then on became something of a perennial editorial stop-gap. Ed. Quinlan moved upstairs to the radio controls, but continued on the *Health Rays* staff as Business Manager. January 1944. Miss Catherine Servant now took on the editorial duties for the next year.

January 1944. The lead article, written by Dr. J. E. Hiltz, gave some impressive and startling statistics comparing the destructive forces of war and Tb: "How many of us realize that during the years 1914-18 more lives were lost in Canada due to tuberculosis than were lost by Canadians on the battlefields of the first Great War? . . . On August 19, 1942, the Battle of Dieppe was fought. In it, 593 Canadians were killed or died of wounds. Total casualties numbered 3,372. In the same year in Canada 6,000 persons were killed by tuberculosis and 35,000 Canadians were casualties of this disease". The article ended on a happier note: "In 1921, the death rate from tuberculosis in Nova Scotia was 134 per 100,000 population. Last year it was 64.1, less than half the 1921 figure . . . So many who would have been considered hopelessly ill twenty or even fewer years ago are being returned to health and to lead normal lives and to become good citizens of our fine country".

February 1944. The editorial staff famine was over — no less than seven names appeared on the masthead.

March 1944. There began one of Dr. Miller's detailed and beautifully written histories of The Growth and Progress of the Nova Scotia Sanatorium, which appeared in this and three subsequent issues of *Health Rays*. Dr. Miller included the following table because "just to contrast conditions and equipment in 1910 and 1943 is itself a notable index of progress":

	1910	1943
Buildings	1	20
Medical Staff	0	5
Nursing Staff	2	36
Working Staff	5	154
Patients	18	395

That same Spring *Health Rays* congratulates Dr. Miller upon having the honorary degree of Doctor of Civil Laws conferred on him by his Alma Mater, Dalhousie University.

July 1944. From Staff Notes we learn that Dr. Hiltz had been appointed Acting

Superintendent of the Victoria General Hospital, and had left almost immediately for Halifax.

November 1944. The 25th Anniversary number. This special issue, adorned by a beautiful blue and silver cover, carried a message from Dr. Miller: "Starting out with considerable bravery, (*Health Rays*) existed on hope for a few years, and there were times when there seemed to be doubts of its continuance. But always someone took hold and kept it going . . . There were and are two main reasons for the existence and success of such a sanatorium paper — the faithful work of its staff, especially the editors; and its appeal to the interest of the patients. Its news and human interest act as a rallying point for the whole patient body, creating an 'esprit de corps', a loyal Sanatorium spirit while patients are here, and also after they have left. It wins, moreover, their respect and appreciation for its usefulness and authoritative information along the lines of the fight against tuberculosis, in which they are all engaged with the greatest personal interest, and in which the whole community is on the defensive".

HEALTH RAYS GOLDEN JUBILEE FUND

Contributions to this fund may be addressed to:

Health Rays Jubilee Fund
Nova Scotia Sanatorium
Kentville, N. S.

An official receipt will be sent to all contributors. Your donation will help **Health Rays** to survive.

The standing of this fund as of October 23, 1969:

Previously acknowledged:	\$1,683.29
Recent contributors:	
Century Patrons:	
Nil	
Patrons:	
Charles Dort	
J. Laurence Brown	
Total	16.00
Grand Total	<u>\$1,699.29</u>

The treatment of tuberculosis requires a partnership between doctor and hospital on one side and the patient on the other. Neither can do the job alone.

—Sanatorium Outlook

Nova Scotia Sanatorium

H. M. HOLDEN, M.D., C.R.C.P. (C)	Acting Medical Superintendent
J. J. QUINLAN, M.D., C.R.C.S. (C)	Surgeon
F. J. MISENER, M.D.	Radiologist
A. LARETEI, M.D.	Physician
MARIA ROSTOCKA, M.D.	Physician
G. A. KLOSS, M.D.	Physician
E. W. CROSSON, M.D.	Physician
V. D. SCHAFFNER, M.D., C.R.C.S. (C), F.A.C.S.	Consultant Surgeon
D. M. MacRAE, M.D., C.R.C.P. (C)	Consultant Bronchoscopist
B. F. MILLER, M.D., F.R.C.S. (Ed.), F.R.C.S. (C)	Consult. Ortho. Surg.
P. GEORGE, M.D.	Consultant Psychiatrist
D. H. KIRKPATRICK, M.D.	Courtesy Consultant in Anaesthesia
C. E. JEBSON, M.D., C.R.C.S. (C)	Consultant Urologist
MRS. HOPE MACK, R.N.	Director of Nursing
MISS EILEEN QUINLAN, B.Sc., P.Dt.	Senior Dietitian
DONALD M. BROWN, B.A., B.Ed., M.S.W.	Director of Rehabilitation

Point Edward Hospital

D. S. ROBB, M.D.	Medical Superintendent
T. K. KRZYSKI, M.D.	Physician
W. MacISAAC, M.D.	Consultant Bronchoscopist
D. B. ARCHIBALD, M.D.	Consultant Urologist
MISS KATHERINE MacKENZIE, R.N.	Director of Nursing
MISS JOYCE LEWIS	Dietitian
MRS. A. WINNIFRED PROTHEROE	Supervisor of Rehabilitation

Church Affiliation

NOVA SCOTIA SANATORIUM

ANGLICAN	Co-ordinating Protestant Chaplain
Rector—Archdeacon L. W. Mosher	Rev. Dale MacTavish
Sanatorium Chaplain—Rev. W. A. Trueman	ROMAN CATHOLIC
BAPTIST	Parish Priest—Rt. Rev. J. N. Theriault
Minister—Rev. A. E. Griffin	Curate—Rev. G. E. Saulnier
Lay Visitor—Mrs. H. J. Mosher	SALVATION ARMY
CHRISTIAN REFORMED	Capt. H. L. Kennedy
Minister—Rev. H. Vander Platt	UNITED CHURCH
	Minister—Rev. K. G. Sullivan
	Sanatorium Chaplain—Dr. (Rev.) Douglas Archibald
PENTECOSTAL	
Minister—Rev. Robert Cross	

The above clergy are constant visitors at The Sanatorium. Patients wishing a special visit from their clergyman should request it through the nurse-in-charge.

POINT EDWARD HOSPITAL

ANGLICAN	UNITED CHURCH
Rev. Weldon Smith	Rev. Robert Hutcheson
ROMAN CATHOLIC	PRESBYTERIAN
Parish Priest—Msgr. W. J. Gallivan	Rev. E. H. Bean
SALVATION ARMY	
Mr. William Brewer	

The above clergy are visitors at this hospital. Besides the above named many other protestant clergy from the surrounding areas alternate in having weekly services for our patients.



The Canteen . . .

IS OPERATED FOR YOUR CONVENIENCE
AND BENEFIT

So Remember . . .

- A good stock of all occasion cards and stationery
- Gift suggestions, Novelties, Cups and Saucers
- Clocks, Watches, and Costume Jewellery
- A wide variety of grocery items
- Ladies' and Men's wear — Nylons