

144-18 FREE! Feb. 10 - Feb. 16, 2012

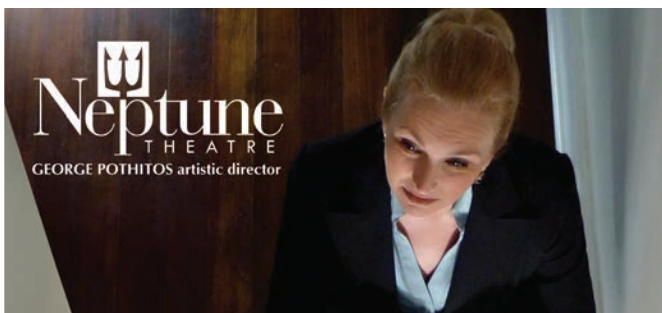


The Dalhousie Gazette
North America's Oldest Campus Newspaper, Est. 1868

Sex
and
Love



Photo by Angela Gzowski



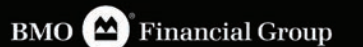
Neptune
THEATRE
GEORGE POTHITOS artistic director

COMMUNION

By Daniel MacIvor • Presented by Kazan Co-op in collaboration with Neptune Theatre
Directed by Linda Moore • Starring Jenny Munday, Stephanie MacDonald and Kathryn MacLellan

until FEB 19

429-7070
neptunetheatre.com





DALHOUSIE
STUDENT
UNION

WEEKLY DISPATCH

2012 ELECTIONS INFORMATION

2012 ELECTION NOMINEES

Official List as of February 1, 2012

President: Jamie Arron, Sarah Bouchard

Vice President (Internal): Aaron Wolf, Alyssa Phillips, JD Hutton, Becky Richter

Vice President (Academic and External): Richard Clark, Aaron Beale

Vice President (Student Life): Alex Hallink, Gavin Jardine, Andrew Sykes

Senate Representatives: Jonathan Magill, Navid Rahemtulla, Martin Miller, Zainab Shahtaj

Board of Governors Representative: Curtis Johnson

In addition, there will be five referenda regarding the following organizations: the Alliance of Nova Scotia Student Associations (ANSSA), the Dalhousie Women's Centre (DWC), the Dalhousie Arts and Social Sciences Society (DASSS), the Dalhousie Undergraduate Nursing Society (DUNS) and the Nova Scotia Public Interest Research Group (NSPIRG). Please check the referenda section on Monday for details about each question.

For a complete update on the elections schedule, candidate profiles and important information on how you can vote, please visit www.DSUElections.ca

Questions, comments, or concerns can be directed to the Chief Returning Officer, Katelynn Northam, at Election@Dal.ca.

Campus Copy

Are you in need of printing or binding services? For affordable prices, friendly staff and service while you wait, visit Campus Copy today on the lower level of the Student Union Building. We look forward to seeing you soon!

Did you know Campus Copy has new hours? It is now open on Sunday!

The new hours will be:

Monday to Thursday – 8:30am to 7pm

Friday - 8:30am to 5pm

Sunday – 12pm to 4pm

Saturday - CLOSED

The hours of operation for exam periods and Reading Week will be:

Monday to Friday – 9:00am to 5:00pm.

Other News

There will be \$8.00 Empire Theatre movie tickets available at the Info Desk in the SUB all year long. They are good for any night and any show. So it's cheap night for students all year long!

Stay connected with the DSU through Facebook & Twitter

Facebook: Group and Page – Dalhousie Student Union

Twitter: www.twitter.com/dalstudentunion

February 10 - February 16, 2012 •

The Dalhousie Gazette

North America's Oldest Campus Newspaper, Est. 1868

staff

Dylan Matthias, Editor-in-Chief
editor@dalgazette.com

Erica Eades, Copy/Arts Editor
copy@dalgazette.com

Katrina Pyne, News Editor
Torey Ellis, Assistant News Editor
news@dalgazette.com

Matthew Ritchie, Opinions Editor
opinions@dalgazette.com

Leslie Gallagher, Assistant Arts Editor
arts@dalgazette.com

Ian Froese, Sports Editor
sports@dalgazette.com

Angela Gzowski, Photo Editor
photo@dalgazette.com

Leilani Graham-Laidlaw, Online Editor
Rob Sangster-Poole, Assistant Online Editor
online@dalgazette.com

Jenna Harvie, Creative Editor
creative@dalgazette.com

Jonathan Rotsztain, Art Director
design@dalgazette.com

Ben McDade, Business Manager
business@dalgazette.com

contact us

www.dalgazette.com
The SUB, Room 312
6136 University Avenue
Halifax NS, B3H 4J2

Advertising Inquiries
Aaron Merchant, Ad Manager
902 449 7281
advertising@dalgazette.com

the fine print

The Gazette is the official written record of Dalhousie University since 1868. It is published weekly during the academic year by the Dalhousie Gazette Publishing Society. The Gazette is a student-run publication. Its primary purpose is to report fairly and objectively on issues of importance and interest to the students of Dalhousie University, to provide an open forum for the free expression and exchange of ideas, and to stimulate meaningful debate on issues that affect or would otherwise be of interest to the student body and/or society in general. Views expressed in the letters to the editor, Overheard at Dal, and opinions section are solely those of the contributing writers, and do not necessarily represent the views of The Gazette or its staff. Views expressed in the Streeter feature are solely those of the person being quoted, and not The Gazette's writers or staff.

This publication is intended for readers 18 years of age or older. The views of our writers are not the explicit views of Dalhousie University. All students of Dalhousie University, as well as any interested parties on or off-campus, are invited to contribute to any section of the newspaper. Please contact the appropriate editor for submission guidelines, or drop by for our weekly volunteer meetings every Monday at 5:30 p.m. in room 312 of the Dal SUB. The Gazette reserves the right to edit and reprint all submissions, and will not publish material deemed by its editorial board to be discriminatory, racist, sexist, homophobic or libellous. Opinions expressed in submitted letters are solely those of the authors. Editorials in The Gazette are signed and represent the opinions of the writer(s), not necessarily those of The Gazette staff, Editorial Board, publisher, or Dalhousie University.



Neptune
THEATRE
GEORGE POTHITOS artistic director

NEPTUNE THEATRE'S 2011 | 2012 SEASON

COMMUNION

By Daniel MacIvor • Presented by Kazan Co-op in collaboration with Neptune Theatre
Directed by Linda Moore • Starring Jenny Munday, Stephanie MacDonald and Kathryn MacLellan

until
FEB 19

429-7070
neptunetheatre.com

BMO Financial Group



from the editor

from the editor

E-mail Dylan at editor@dalgazette.com

Dylan Matthias Editor-in-Chief



DSU president will have it tough

Tuition problems are not easily solved, protests or not



Dylan Matthias
Editor-in-Chief

It feels like we should endorse a candidate here. Instead, let's just ask a question: does who wins the Dalhousie Student Union presidency this year actually matter?

Let's start with the candidates. Jamie Arron and Sarah Bouchard

running for president. Both are experienced in DSU politics, having served as vice-president (student life) and vice-president (external), respectively this past year, and on countless initiatives and committees in the past. Both are hard-working, compassionate, ambitious and motivated people. This is a can't-lose for the Dal student body. The worst part is that only one of them can be president.

That new president will inherit a union in fairly good shape, along with a fairly apathetic student body. He or she will serve as a figurehead and rallying point for Dal and Halifax students, from frosh week to next year's day of action. She or he will do good for the union. It will be a fairly good time. It'll look great on the resumé, too.

In the end, though, tuition will still go up, fewer students will vote than turn up to varsity games, and nothing

will change.

That's Dal. We can be proud of our union, which is reasonably well-run as these things go, and active. It represents student interests to the university, it does its job well. It's not perfect, but it's not bad, either.

But Nova Scotia is in a difficult place financially. The how, the why and even the what of that issue are subject to debate, but there is not, nor is there ever, enough money. We're a small province, with a small income. We are not metropolitan, planned-convention-centre or not. We have a lot of young people and a lot of old people and not enough in the middle. Health care needs money. Education needs money—a lot of money. There is not that much money, at least not right now.

1,000 or so students just protested tuition fees with very loud voices. Hopefully that protest will keep edu-

cation on the table, but there are a lot of other diners in this restaurant—they all want service.

Poor Oliver Burrows in last week's streeter, saying "tuition fees don't make sense." Were it so. Universities are private institutions, funded only partially by our cash-strapped government, and for good reason. Some fees have to be charged. They are too high, without a doubt, but in Nova Scotia, they'll never be nil. There were 40,000 students in N.S. in 2009, spending an average of \$5,731 on tuition. It would cost the province \$229 million to cover all of that tuition, and even with tuition at current levels, many universities are in dire straits: Acadia, NSCAD, King's and even Dal all have budget problems and really need more money in grants from the province. They can't really afford tuition reductions right now.

No student union, or union of students' unions, can solve this problem. Even if the government made drastic cuts, other sectors would protest, too. The Canadian Centre for Policy Alternatives could only find a way to reduce tuition \$1,100 in their 2009 alternative budget. It is not an easy time to be a university in Canada, nor is it an easy time to be a student union leader.

Dal can't win the tuition war this week, but it can't lose in the vote for its student leader. Our website has profiles on the candidates, as well as other information and a place to make your voice heard. Someone will win the presidential race. That person can, and should, continue to push the government. But let's also set real expectations. Tuition is here to stay, and it'll probably stay high, too. ☹

DalGazette.com Website Top 5

1. Faculty strike rumours explained
Torey Ellis, News
2. Teachers torn over Day of Action
Alesia Hebb, News
3. 365 Days of Action: The DSU working for Students—Chris Saulnier, DSU President
4. The not-so-level playing field—Katrina Pyne, News
5. In Photos: Student Day of Action—Pau Balite and Calum Agnew, News



Submit your Micro-Fiction, Poetry and Feedback to Creative@DalGazette.com

Not Seeking Sympathy

He isn't seeking sympathy, why would he? He isn't alone on Valentines Day. He is enjoying a glass of rum, and how many people can do that? For one, the stuff is too damn expensive if you're going to properly indulge yourself. And for two, most that properly indulge have a shoddy liver. So, considering that, if you ask Sean he has it pretty good today because his liver is fine and the bottle's half full.

There are no records of Dean Martin bleating a song about amore and there's no fancy dinner cooking in the oven. It's raining outside, the dog crapped on the floor, Sean hasn't showered yet, he has too few cigarettes, and the electric company cut the lights in the apartment. His scene seems cliché; he's following in the footsteps of thousands of hopeless romantics before him.

Right now, he's sitting on the couch in his stained bathrobe, staring into a flickering candle set on the coffee table. His dog is lying on the black carpet and the rain is blowing through an open window behind him. Fifteen seconds ago he picked up the phone and told her not to bother coming because he was drunk and he knew they'd get in a fight, but she was coming anyway.

He just opened the door and now sees her beaming face and suddenly everything becomes alright because, if someone can love him in the deepest depths of his depression, how could he ever seek sympathy?

—Chad Durling

LIKE US ON facebook—WE LIKE YOU



facebook.com/DalGazette

Great Careers don't just happen - they're planned.

While the 3D industry is still in its infancy, it continues to progress in leaps and bounds. Hollywood is looking to the north for creativity to produce the 3D product and Loyalist College is on the cutting edge of this tremendous surge. Building on skills learned at the undergraduate level, the **3D Video Production** students will refine the techniques of the content creation industry. They will have many opportunities in this exciting field.

William White - President CEO
3D Camera Company Limited
Toronto



What's your plan?

For information on how Loyalist's post-graduate **3D Video Production** program can enhance your degree visit

loyalistcollege.com/postgrad

Professor Cathy Goddard
cgoddard@loyalistic.on.ca
1-888-LOYALIST ext. 2357
TTY: (613) 962-0633
Wallbridge-Loyalist Road, Belleville



LOYALIST

MY COLLEGE • MY FUTURE



MASTURBATION EDUCATION: Where sex-ed meets self-love



of sexuality? Well, they just might take matters into their own hands.

Rachel Worth-Cappell was seven years old when her big sister caught her in the act. Hiding behind a chair in their family living room, armed with a back massager, Worth-Cappell was making her first sexual discovery. Now, the 23-year-old Haligonian laughs just thinking about it. At the time, she felt nothing but embarrassment.

"I didn't really know what I was doing, but I felt the need to hide it."

Her sister's reaction was the worst. "She shamed me," says Worth-Cappell.

But sexual behaviour at a young age is not uncommon. To Lisa Kelner, a Toronto-based psychotherapist and developmental psychologist, pleasure-seeking behaviour is just part of how we're wired.

"As for masturbation specifically, ultrasound pictures show fetuses touching their genitals," she says. "It seems to be part of human sexuality from the start."

Kira Tomsons, a Dalhousie feminist philosophy professor, agrees.

"Little kids do masturbate," she says. "The reaction of parents is almost overwhelmingly to stop them and prevent them, and they engrain the sense that there's something wrong with what they're doing."

Tomsons is also quick to point out that the shame is not felt equally between genders.

"One of the things that women haven't been taught how to do is how to pursue their own pleasure," says Tomsons, adding that the language we use proves there's a male focus. "For example, 'jerking off'—that's specifically something that's oriented to how men engage in masturbation."

Haywood puts the gender difference a bit more simply.

"Just from being sort of alive in the world, boys get the sense that, 'oh, there's this thing down my pants that I can play with,'" she says.

Michael Beedie, a fourth-year Dal student, made this discovery around age 10.

"I don't think I should have done that, but I liked it," he remembers thinking at the time. He says the pleasure was accompanied by "a sense of shame and secrecy." For Beedie, these feelings were quickly remedied by talking to his friends.

"Everyone was doing it," he says. "It was normal."

For Worth-Cappell, it took much longer to embrace the act. "It's fairly recent, in the last two or three years, that I realized it's kind of a beautiful thing," she says.

Haywood says this difference is fairly typical.

"Masturbation, for guys, has always been just a bit more visible, more talked about," she says. "For example, it's fairly rare to find a 20-year-old man who doesn't know how to have an orgasm."

In contrast, she says it's very common for women to have never climaxed.

"Off the top of my head I can name half a dozen books devoted to 'how the heck do I have an orgasm?'" says Haywood, "and those books are exclusively for women."

Lots of females enter Venus Envy

with this problem, she says.

Haywood says the fact that it's so common "points to something lacking somewhere in terms of what we teach young girls about their bodies."

Tomsons says there are positive ways for parents to treat their youngsters' sexual behaviour, such as telling them that masturbation is private rather than something they can not do.

"It sort of shifts it from something that's shameful to something that is positive but appropriate in a certain domain," she says.

.....
"Being able to fulfill certain needs on your own is important ... It's sort of like, what if you had to rely on someone else to feed you all the time?"
.....

According to Kelner, it's more important than ever for parents to talk to their kids about sexuality because there's so much misinformation available, especially online.

"As a society we are moving more and more toward education and communication about topics of sexuality that were taboo," Kelner says, adding that it's not always simple to do so. "Culture and religion have great impact into how parents were educated about sexuality and in turn how comfortable they are in discussing it with their children."

"It is difficult to discuss self-stimulation with children when you are not totally comfortable with the topic from your own childhood," says Kelner.

Luckily, adults who want that alternative education have it available to them in Halifax. Venus Envy has developed women's orgasm workshops that are all about reaching climax alone.

"Being able to fulfill certain needs on your own is important," says Haywood. "It's sort of like, what if you had to rely on someone else to feed you all the time?"

On that note, she says there are many common household items that can aid in the process.

"We should all be buying local," she says with a laugh. "Carrots and cucumbers are ever-popular and inexpensive." ☺

Is pleasure missing from conventional sex-ed

••• Photo by Angela Gzowski



Emma Drudge
News Contributor
with files from Katrina Pyne

.....
Dildos, ranging in size, colour and anatomical correctness, dangle off the back wall at Venus Envy.

Getting to them means walking past everything else the Barrington Street sex shop and bookstore has to offer. Menstrual supplies for the

health-conscious sit near a package of "Kinky Sex Coupons." Condoms, in various sizes and flavours, are on the ends of bookshelves that house titles such as *Getting Off* and *Sex for One: The Joy of Selfloving*.

Standing in the middle of it all is Maggie Haywood, who has managed the store for 13 years.

"We all need to be self-reliant when it comes to our own pleasure," says

Haywood, something she feels is missing from conventional sex-ed.

"What kids are being taught is very dry anatomical without any sort of pleasure focus," she says. "I think that being able to talk frankly to kids about pleasure and their bodies and making their own boundaries is really important."

What happens when kids aren't taught about the pleasurable element



DEXTER AT STUDENT DAY OF ACTION

Protest numbers down from last year



TOP: Students march down University Ave.; LEFT: J. D. Hutton addresses protestors; RIGHT: King's and Dal students organize outside the Killam. ●●● Photos by Pau Balite

Alesia Hebb
Staff Contributor

The second annual Student Day of Action on Feb. 1 brought together more than a thousand students to march under one common goal. But according to Gabe Hoogers, national executive representative of the Canadian Federation of Students (CFS) Nova Scotia, Premier Darrell Dexter was seen marching away from the crowd.

"At one point, someone taking video footage ran into Premier Dexter and asked him to comment, but he chose to walk away," Hoogers said.

That interaction led to what Rebecca Rose, maritimes organizer for the CFS, described as a significant moment in the march.

"We changed our route to go down Sackville Street to be outside the NDP caucus office," said Rose. "We slowed down the march and announced to students that the NDP were in a meeting."

At this point, Rose said protesters began to chant "Beat back the Dexter attack," and the ever popular chant from last year: "Dar-rell."

Hoogers said that despite the frustration students conveyed, there was also a lot of excitement.

"Students got a sense that they can make a difference and change the hearts and minds of the public and the government itself," he said. "Excitement felt today was huge and comparable to last year."

According to Omri Haven, VP (external) of the King's Student Union, university students were not the only ones out to protest.

"I saw students from high schools, workers, and other members of the public who were concerned about not adequately funding education," he said.

But despite the large crowds, Hoogers confirmed that the rally was peaceful and conflict-free. In fact, according to Haven, the police were more cooperative this year than last.

Haven said last year protestors had difficulty negotiating with police to take Spring Garden Road. This year, he said, there were no problems.

"This year precedent set in and we were able to take it no problem," said Haven. "It shows the power of a number and the longevity of the movement."

Organizers and volunteers spent the morning blowing up balloons, putting up flyers and making sure speakers were ready to go. A sound system and risers had to be transported to and from Victoria Park and flags and banners had to be dropped off at various campuses in the area.

"It was an early morning," said Hoogers. "But I think it paid off and we had the numbers to show it." An estimated 1,000 people showed up for this year's protest. This was a good turnout, but it was down from the approximately 2,000 to 3,000 that showed up last year.

Students from NSCAD were feeling especially fervent. Nicole Cooper,

VP (external) for the NSCAD Student Union, said NSCAD has been feeling a lot of pressure from the provincial government to restructure their school.

"The government wants us to cut a large amount of money in the next short while," Cooper said. "We've been asked to look at curriculums and facilities to figure a way to cut costs, but many reports have shown there is no money left to cut if we want to maintain the quality of our school."

Though some students are feeling optimistic that the protest will change the government's mind, others are not convinced that they should tuck their wallets away just yet.

University of King's College student Sam Burleton used Twitter to express his doubts about the event. He wrote that although he understands Maritimers protesting tuition, out-of-province students should have known what they were getting into.

"Tuition in N.S. is the highest in Canada. That's a fact. So if you're

from out of the province protesting ask yourself why did you come here?" Burleton tweeted.

Burleton mentions that everything has gone up in price and tuition just happens to be lumped into that category.

"Post-secondary education institutions are a business at the end of the day," he tweeted.

But some students have chosen to remain optimistic.

Oliver Burrows, a first-year King's student, said, "Awareness was raised, but it won't be an immediate thing. Now that we've gone national it may help speed up the process."

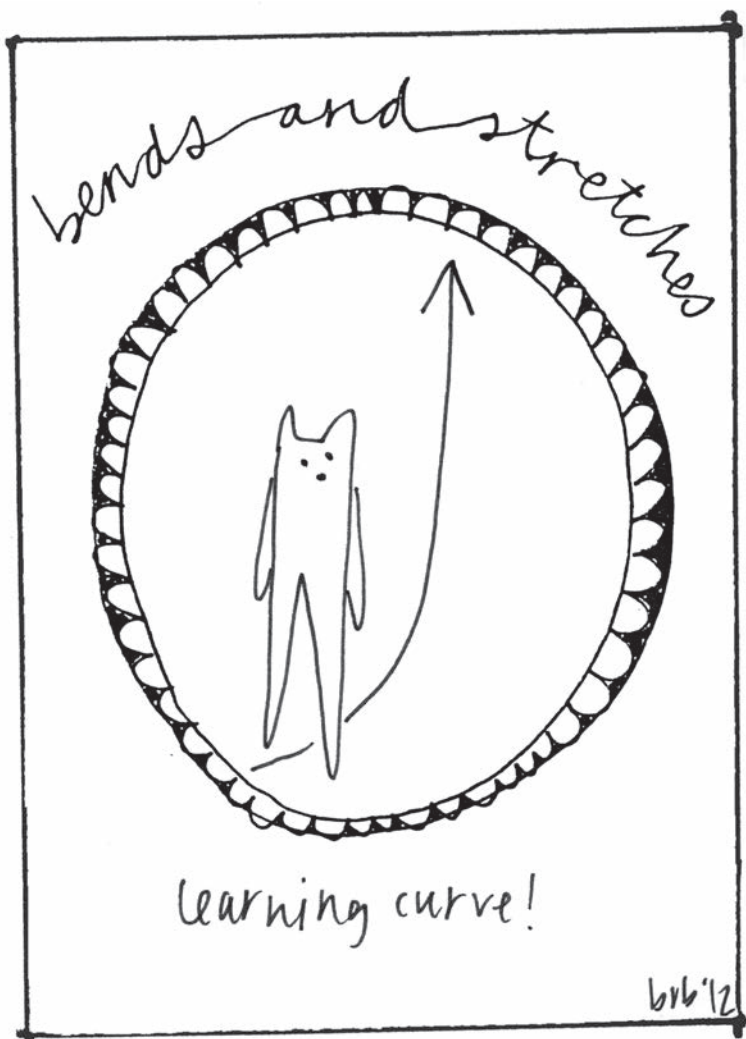
Dal student Katelyn Armstrong said, "I'd like to hope it makes a difference. I went to show that I want change, and I feel that if we get together it can actually happen."

Mohammad Nosoudi, a first-year science student, says students have to ask for what they want.

"In my experience, when people don't ask for their rights they lose what they had before. If we want better things to happen, we have to protest."

Rose knows what she wants. "The point is to get the message out to voters, and get them on our side to make sure the government is feeling pressure not only from the students but the general public."

"This is not the end," Rose said. "It's just one part of it." ☺



Referendum revelations

What you need to know about levy increases

Torey Ellis
Assistant News Editor

Five Dalhousie University groups are asking for an increase in levy fees for next year. Full and part-time students pay these levies at the beginning of each semester—that makes every fee-paying student a member of the group, with the ability to vote on fee increases at the same time you vote for executives of the Dalhousie Student Union.

Here's what's going on referenda-wise this election period:

Nova Scotia Public Interest Research Group (NSPIRG)

Referendum Question:

Do you support the direct levy to the Nova Scotia Public Interest Research Group (NSPIRG-Dal) be increased by \$1.00 per part time student to a total of \$1.00 per semester and \$1.00 per full time student to a total of \$3.00 per semester?

What is NSPIRG?

NSPIRG researches social and environmental justice issues and divulges that research to the student population. The group also organizes and participates in activist movements across Halifax and provides research and organizational resources to Dal students.

The levy increase would be the same for both full and part-time students. The increase would go toward paying their workers, adding new staff members and promoting the group. This is the first proposed levy increase for NSPIRG in 22 years.

Dalhousie Women's Centre (DWC)

Referendum Question:

Do you support the direct levy to the Dalhousie Women's Centre be increased by \$0.79 per student to a total of \$3.14 per year?

What is the DWC?

Contrary to the name, the DWC welcomes people of all genders, said campaigns coordinator Ellen Taylor at the Jan. 11 DSU council meeting. The DWC provides a safe space for anyone who needs it and houses a resource library, kitchen, community garden and children's space for students with families. The last time the levy was increased was 1993.

Taylor said the DWC "cannot continue to provide service" without a levy increase. A name change is also a possibility in the future in order to become more inclusive.

Alliance of Nova Scotia Schooling Associations (ANSSA)

Referendum Question:

Do you support a Dalhousie Student Union fee increase of an additional \$3.00 for full-time students and an additional \$2.00 for part-time students per academic year, for membership fee increases to the Alliance of Nova Scotia Student Associations (ANSSA), the Dalhousie Student Union's provincial lobby organization, subject to ratification by council?

What is ANSSA?

ANSSA represents six Nova Scotian universities and colleges on a provincial level; Dal is one of those. ANSSA helps to negotiate with the provincial government and to push post-secondary education agendas, but they do not represent graduate students.

Mark Coffin, currently the sole full-time employee at ANSSA, said at the DSU council meeting that a levy would go toward hiring two more people to work at the organization.

The way it works now, the DSU pays ANSSA out of its operating budget to be a member of the alliance. The levy, if it passes, would be in addition to that payment.



ACADEMIC SOCIETIES:

Dalhousie Arts and Social Sciences Society (DASSS)

Referendum Question:

Do you support a \$2 per semester increase in the Arts Society Levy from \$6 per semester to \$8 per semester per full-time undergraduate Arts and Social Sciences student?

What is DASSS?

DASSS represents all students in the faculty of arts and social sciences; only FASS students pay this fee.

The society organizes events, provides funds to individual department societies and acts as a voice for arts students with Dal administration. The levy increase would go toward funding the growing number of undergraduate departmental societies.

Dalhousie Undergraduate Nursing Society (DUNS)

Referendum Question:

Do you support a \$10 increase, from \$30 per year to \$40 per year, for the BScN student auxiliary fee? Of which \$5 would be used to pay for your Canadian Nursing Students' Association (CNSA) membership fee and \$5 would be used to fund Dalhousie University Nursing Society operating costs and student events.

What is DUNS?

The levy for DUNS is only paid by nursing students and goes toward events for those students and operating costs for the society.

DUNS co-president Emma Leon said at the Jan. 11 council meeting that the levy is necessary to meet demands now that Dal's class sizes are growing and students are getting more involved. ☺

FOLLOW US ON
twitter
@dalgazette
@gazetteopinions
@gazette_arts
@dalgazettesport

news briefs

Arts conference goes national

From Feb. 10 to 12, the Dalhousie Arts and Social Sciences Society (DASSS) will be hosting its third student-run undergraduate arts conference. But for the first time, it's going national.

Students from British Columbia, Alberta, Ontario, Quebec and New Brunswick will be attending to present their papers. All events are free and open to all students of Dalhousie and the University of King's College, and are the first events to count toward students' co-curricular record according to Max Ma, president of DASSS.

Ma says making the conference national was a priority this year. "At first people were doubtful," he says. "Even I never thought we'd have people flying in from out West, but

somehow we've made it happen."

Attendees from Dal and King's will be mixed in with students from the rest of Canada for all presentations and workshops on student leadership, student poverty, research paper composition and graduate school applications. The conference will open on Friday evening with a party at the Grad House. A full schedule is available here: <http://dalarts.ca/conferences>.

—Torey Ellis
Assistant News Editor

New NSCAD admission rules

NSCAD University is making it easier for students who are looking to study art history.

Building a portfolio through the foundation program used to be a crucial component of the application

process, but NSCAD is now presenting students with another option.

After applicants have completed one year of study in the social sciences or humanities at another college or university, they are now eligible for acceptance into the BA program at NSCAD.

According to a press release from NSCAD, the new rule was prompted by the insistence of students, and has been contemplated for two years. After the long mulling period, the Maritime Provinces Higher Education Commission has officially approved the new policy.

International Day Against the Use of Child Soldiers

Two Halifax community groups, Child Soldiers Initiative (CSI) and Zero Force, are raising awareness about the use of child soldiers with

an event on Feb. 10.

The event will be in honour of the International Day Against the Use of Child Soldiers—officially Feb. 12.

The evening will be coffeehouse style with music and poetry at Just Us! Café on Spring Garden Road from 7 to 9 p.m. There will be door prizes to be won with proceeds going to the CSI.

For more information contact Rhian.Williams@ZeroForce.org. To learn more about the CSI and Zero Force visit www.ChildSoldiersInitiative.org or www.ZeroForce.org

Dal researchers win leadership awards

The Canadian Foundation for Innovation has declared that four researchers from Dalhousie University have received the Leaders Opportunity Fund Award.

According to the Dalhousie Media Centre website, the prize money between the four totals \$383,879.

Muhammad Habib from the architecture and planning department, Anatoliy Gruzd from the management department, Stephen Corbin from the engineering department and Xianping Dong from the faculty of medicine, will be receiving the money to fund the necessary infrastructure for their research.

The infrastructure will involve projects such as a low energy and low emission thermal analysis facility, renovating a social media research lab, DalTRAC, which aims to track wireless traffic data, and purchasing new lab equipment.

—Alesia Hebb
Staff Contributor



American beauty

Clothing boutique's hyper-sexualized practices are cause for concern

Steven Ryan
Opinions Contributor

If you're a student who relies on public transportation to get where you're going, chances are you've seen the ads for American Apparel at bus stops around campus. The ads are pretty standard for American Apparel: young women posing suggestively, wearing leggings and not much else.

It's a cliché to say that sex sells, and I'm not going to single out American Apparel for using the same marketing strategy as every other "fashion-forward" clothing retailer. And that's not to say that there aren't legitimate arguments to be made about how women are objectified and degraded by this kind of advertising. But what bothers me about American Apparel in particular is what goes on outside of its marketing department.

Before I go further, I should probably give you the Coles Notes version of American Apparel's corporate history. The man behind the company is its founder and CEO, Dov Charney. Charney, Montreal born and bred,

got started in the clothing business while he was still in high school and selling them to his friends. He eventually moved into manufacturing and relocated to California in 1997, building a factory in downtown Los Angeles.

Over the next decade, Charney turned American Apparel into a global brand, opening over 250 stores in 19 countries, and winning accolades like "Man of the Year" from the Fashion Industry Guild along the way.

You can't talk about American Apparel without bringing up Charney. He's the personification of the company's brand, a maverick businessman and a libertine all in one wiry, bespectacled, ironically moustached 43-year-old package.

At a time when most clothing is made in faraway sweatshops, American Apparel pays its workers double the minimum wage, and provides benefits such as health insurance and free English lessons to Latino workers. Although Charney claims that his

decision not to outsource his manufacturing is motivated by self-interest and the need to respond quickly to emerging fashion trends, American Apparel nonetheless supports social causes such as gay rights and immigration reform.

What really sets American Apparel apart—and what is most troubling—is Charney's enthusiastic embrace of his sexuality. For most American CEOs, sex on the job is grounds for dismissal. That's not the case for Charney, who is known for walking around his office in his underwear and personally overseeing (and appearing in) the racy photo shoots featuring his employees as models. Charney is also open to having sexual relationships with his subordinates, as illustrated by his willingness to engage in oral sex with a female staffer in the presence of a reporter who was profiling him for *Jane* magazine.

While Charney has defended his relationships in the media as being loving and consensual, I can't help but feel that the power dynamics

that exist between managers and their staff raises some serious questions about coercion and harassment. Charney has, in fact, faced sexual harassment lawsuits from a number of former female employees, although these have either been settled outside of court or dismissed.

More recently, several of the same former employees have launched new lawsuits against Charney and American Apparel, accusing them of leaking nude pictures and conducting a smear campaign on the Internet.

Regardless of whether there is any truth to the allegations against Charney, it's not hard to see how having a CEO who sleeps with his underlings and refers to female workers as "sluts" might set a bad example for the rest of the company. That's why I wasn't surprised to read that the U.S. Equal Employment Opportunity Commission ruled in 2010 that American Apparel discriminated against all women in the workplace by subjecting them to sexual harassment.

I realize that American Apparel relies on the controversy generated

by its "edgy" advertising campaigns and by Charney's behaviour to get the publicity it needs to differentiate itself from other clothing retailers. As Ilse Metchek, the president of the California Fashion Association and friend of Charney, said in *The New York Times*, "What is American Apparel without sex? It's a T-shirt and sweatshirt company."

Maybe that's my problem—I *want* American Apparel just to be a T-shirt and sweatshirt company. I really like some of what American Apparel sells, and if you happen to see me on the street, chances are I'll be wearing one of their hoodies. But whenever I find myself at the cash register of the store on Queen Street, I wish I could forget about everything I've heard about the company and its CEO. I don't want to buy into a lifestyle or brand or whatever; I just want something to wear without feeling like I'm condoning sexual harassment. ☹

Sex sells, but sometimes it's hard to even know what they're selling.

••• Photo by Angela Gzowski

HOT AND COLD: Navigating you and your partners sexual drives



Mina Atia
Sex Columnist

You and your partner don't have the same degree of sexual desire. You want sex all the time, while he or she barely tolerates seeing you naked under the sheets once a month. They maybe even ask to get naked more frequently than you want to.

In other words, you both have mismatched sex drives. Let me tell you: you are not the only one with that problem.

Many couples have what experts call a "sexless relationship" for a number of reasons.

In our society, time is of the essence. Everything passes by so fast that we have little control over our schedules. We are too busy with school, working a job, volunteering, seeing family and friends, and trying to get some sleep at the end of the day to even think about being intimate.

Clinical psychologist Peter Fraenkel says the problem isn't sex, but finding the time to have it.

For example, I value my sleep so much that I barely have time in my busy day to pay attention to my sexual needs, let alone attending to my partner's. Our day is full of tightly scheduled obligations that can't be cancelled, shelved or even interrupted for a quickie every now and then. (Even when we manage to have a quickie, it is not satisfying enough.)

A major misconception of mismatched sex drives is thinking that men are usually the ones who want to have more sex, while women are the hyposexuals in the relationship. Research based on the clientele of different couple therapy clinics has shown that women are actually the ones dragging their male partners to therapy because they are not satisfied with their sexual life the majority of the time.

Research has not provided data on same-sex couples, but it is my opinion that they do face the same sexual problems heterosexual couples have, regardless of gender.

The good news is, as always, there are many ways to get around such a problem and to find a solution that satisfies both parties.

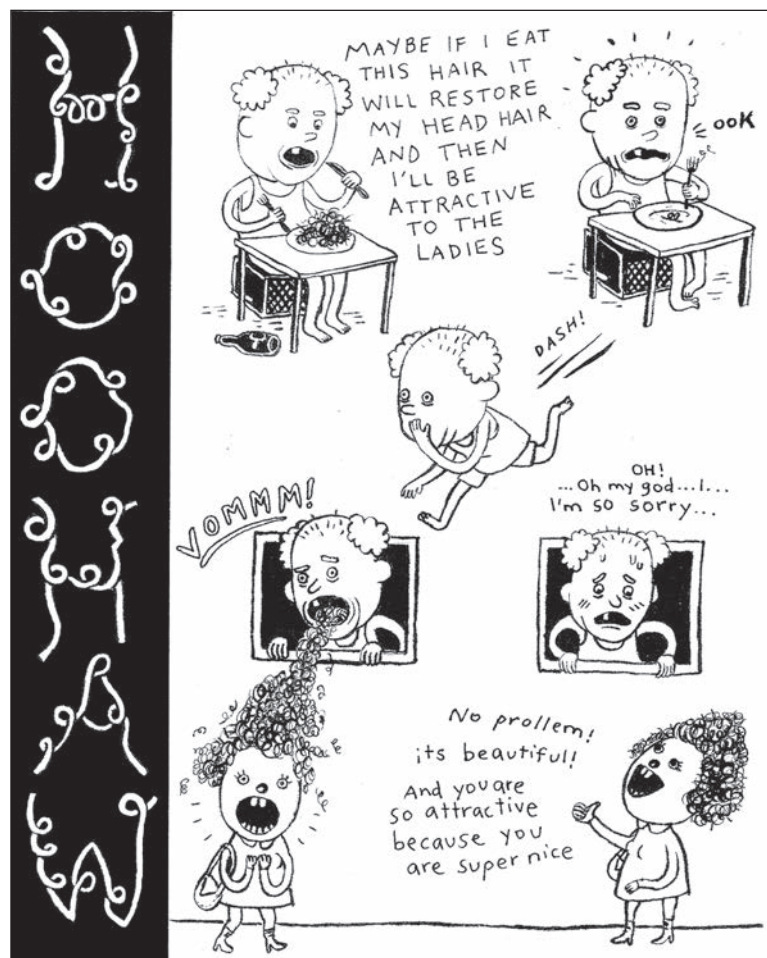
One of the most important approaches is communication. Communication is key to forming an understanding between partners. It may be embarrassing to talk about your sexual issues, and it may take a lot of effort to properly express feelings involving sex and sexuality, but shame should not be part of the equation. Yes, it can be embarrassing to talk about you or your partner's low sex drive, but it's important to bring it to light and discuss it.

Most importantly, do not bitch. Whining and yelling will only get you so far when trying to communicate with your partner. Talking about what is bothering you in a calm manner is the main step towards opening up and discussing your sexual issues at hand.

As Dan Savage calls it, the "Good, Giving, Game" is the best approach one should have to sex. The goal is to be good and pleasurable in bed with your partner. It's not about being a selfish prude who is all about "me, me, me", but to be generous and willing to give equal amounts of satisfying pleasure to your partner.

By meeting the three G's criteria, as well as communicating properly with your partner and finding the time to attend to both your needs, you will have a well-balanced and fulfilling sexual life. ☺

Got a case of the love bi-polar?
••• Photo by Adele Van Wyk



Erotic algae Seaweed to stop the spread of HIV



CarolAnne Black
Science Columnist

According to the Public Health Agency of Canada, at the end of 2009 over 66 thousand Canadians were diagnosed with HIV. (That's roughly 0.2 per cent of the Canadian population.) Most of us have grown up knowing about the suffering and stigma associated with HIV. But Canadians are fortunate because the chance of contracting a sexually transmitted infection (STI) is relatively low, thanks to access to sexual education, protection and quality health care.

The same cannot be said for the people of sub-Saharan Africa, where the United Nations Development Program reports over 22 million people are living with HIV. Fortunately, for those at risk of infection, soon there may be a cheap and accessible resource for protecting themselves

from HIV that comes from a somewhat surprising source.

Scientists are working to develop a personal lubricant that reduces the chance of HIV transmission between sexual partners, and the key ingredient is seaweed.

Red seaweed—a kind of large algae—contains a gelatinous and spongy substance called carrageenan. The slimy, squishy quality of carrageenan makes it appealing for use in the food and cosmetic industries by creating jelly-like textures. It is found in products such as ice cream, yogurt, toothpaste and body lotion. We probably eat carrageenan everyday, and soon we may be using it to help protect ourselves from STIs.

STIs are either viral (like HIV) or bacterial infections. To decrease the risk of infection by STIs we use microbicides (a term that means "kills microbes"). In 2008 the results of the first personal lubricant microbicide to go into Phase 3 clinical trials, Carraguard, was released. Made with a carrageenan base, Carraguard was reported to not statistically lower HIV infections rates, but was deemed safe for continued human use.

In 2011, a group of scientists from across the United States published an article in scientific journal, PLoS ONE, on the testing of a carrageenan-based microbicide gel, and deemed it "a useful vehicle to deliver anti-HIV drugs". The results of the study

showed their carrageenan-based microbicide completely protected female rhesus macaques (monkeys) from the transmission of the macaque version of HIV over a 24-hour period. The next step is Phase 1 human trials to take place in 2012.

The over 22 million people infected with HIV in sub-Saharan Africa represent two-thirds of the world HIV infection total, and almost 60 per cent of sub-Saharanans infected with HIV are women. Women can apply personal lubricants to their own bodies prior to sexual contact and aid sexual pleasure. This is in contrast to condoms, which can decrease sexual pleasure, cause short-term impotence, are sometimes difficult to access, and require the consent and participation of both sexual parties to be effective. The development of low-cost, readily available, and safe methods of protection would allow people—especially women—to take control of their own sexual health.

While still in the development and testing stages, these products show signs of promise. If scientists are successful, we can look forward to a future when all sexually active individuals—especially those in high-risk areas like sub-Saharan Africa—can possibly have safer sex.

But, in the meantime, we can continue to enjoy our carrageenan-enhanced ice cream. ☺



Frosh in love

The downside to a relationship at the beginning of school

Nick Laugher
Staff Contributor

Everyone's introduction to university life usually follows the same basic structure: a chaotic tempest of relentless partying, ordering terrible Chinese food, juggling class schedules and being completely overwhelmed by the fact that you're joined on campus by thousands of attractive people who you probably really, really, desperately want to sleep with. Now, whether or not you choose to indulge in these vices (or virtues, depending on your moral compass) is a completely different story.

.....
"We've all seen the movies, kids, and it doesn't end well."

While not everyone can be that lucky guy or gal to topple during a keg-stand and fall into a pile of General Tso's Chicken, there's a pretty good chance that you're at least going to want to ask one of your beautiful classmates out on a date. Now, it's all fun and games until you find yourself falling ass-backwards into the impending question that faces every university student, old or young: should I get serious with this person?

The majority of the time, the answer is going to be a big, fat, depressing and resounding no. I'm not trying to be cynical. I'd love to go on at length about how you're going

to meet your soul mate and fall hopelessly and recklessly in love. It's just that the statistics are not in your favour. But, because I can almost feel my girlfriend's glare boring into the back of my head, I'll clarify a bit.

I've seen people who are beautifully, honestly in love and completely enamored with each other, and they just *work*. Unfortunately, I've also seen relationships spiral into horrible, despicable black holes of resentment simply because two people try and force a committed relationship to work in the midst of cataclysmic life changes.

It goes without saying that first year students are the most susceptible to this, especially those who are naive enough to start university still dating their highschool sweetheart. We've all seen the movies, kids, and it doesn't end well. But honestly, why would it? There's usually the long-distance factor, a hurdle that even mature relationships can't manage to portage through. Plus, most people still have that terrible highschool dating mentality that involves rampant jealousy, manipulation and a constant need for attention. (Then again, some people never outgrow that.)

Basically, you're opening up a brand new chapter of your life with a thousand new experiences and you're severely limiting your exposure to the valuable life lessons of drunken one-night-stands, harsh rejection, maniacally impulsive head-over-heels love and, ultimately, growing as a person. You're sidestepping an important time in your life, simply because you're stuck on dating someone you're most likely only attracted to because of proximity and habit.

Cold, but true.

The problem is that even after you get through all of that, dating in university comes with its own new set of headaches, late night fights and passive-aggressive whining. As the four (or five... or six)... years tick on, we become increasingly busy and begin to figure out some plan—even if it's loose—for our lives. Chances are you and your partner probably aren't going to magically have the same ideas of what you want to do after graduation, and if you do, there's a damn good chance that one of you is settling hard. While it may seem like a good idea to move to Vancouver with your partner while they get their masters and you work a shitty retail job, not only is that not being fair to yourself, it's not being fair to the other person, either. Chances are you end up becoming a bitter, resentful asshole because of it.

Not to rain on anyone's parade (or, god forbid, ruin a relationship), I'm just saying that there's no sense in forcing something to work for the sake of it. I'm actually a really hardcore believer in that magical, spell-binding, heart-melting sort of love, almost to a fault. Above all else, though, I'm an advocate for honesty.

And honestly, if the most you've got in common is that you're both Dalhousie students who met at a hockey game during Frosh Week and you've been living together for three years, you had better step back and take a look at the bigger picture before you buy that duplex and realize you're more attracted to the realtor than your significant other. ☹

Not everyone eneds up this happy.

••• Photo by Angela Gzowski



MALE SEX TOYS

Why are they still considered somewhat taboo?

Michaela Cavanagh

Opinions Contributor

Guys, I did a LOT of research for this article. Like, a lot.

History? Check. Did you know that the oldest sex toy was discovered in Germany and is about 30,000 years old? Religion? Check. Four words: www.KosherSexToys.net. Pop culture? Check. Did anyone catch the latest episode of *Californication*? Hank Moody and company engage in some seriously frank sex talk around the dinner table.

No matter who you are and what (or who) you're into, sex toys can be a great, fun, safe way to enjoy and experiment with sex with or without a partner. Whether you're gay, trans, bi, straight, intersexual, pansexual, in a monogamous relationship, polyamorous, in a friends-with-benefits situation or single, sex toys can add pleasure to any sexual encounter. They can be useful for overcoming sexual issues like, say, premature ejaculation, or trouble climaxing with a partner.

At the same time, sexual satisfaction with bedside accessories can still be seriously stigmatized.

Let me be up front: I'm certainly no expert on the subject, and I can only speak as a straight, 20-something woman. Sex toys can be used for an almost endless list of ways to pleasure yourself or others, and at the same time, can help dismantle the socially entrenched idea that sex is only what happens between a penis and a vagina.

That being said, I'd like to focus on one region of the vast territory that is sex toys. I'd like to take a closer look at the stigma behind men using sex toys—specifically masturbation sleeves such as the Fleshlight or Pocket Pussy—as a masturbatory aid. Why is it OK for women to use vibrators, dildos, or other toys during sex, while for men it's still often seen as taboo?

We like to think of ourselves as enlightened, open-minded, liberated individuals. When we think of a woman using a sex toy, I think it's safe to say that there's a, "You go girl! You do you," sentiment attached. Society not only accepts it, but encourages women to experiment with sex toys. If a woman is comfortable using bedside accessories, it signals that she feels secure enough with her body and her sexuality to explore them. Typically, we hail women who use sex toys as empowered, adventurous and fun.

What about the idea of men using a Fleshlight? Fleshlights simulate penetrative sex with a vagina, an anus, or

a mouth. Although Fleshlights can be used with a partner and in any wide range of sexual encounters, if we're talking about straight male solo sex, I think it's fair to say that we're not so open.

Okay, I'll be honest. My gut reaction to the Fleshlight is: *not so sexy*. Sure, as enlightened, open-minded folks, we want to be OK with it. But thinking about the dudes we know thrusting into a flashlight-shaped vagina? As a woman, and as much as I value sexual equality, I have to say I find it a little off-putting.

Obviously there's a double standard at play here, but why? Men masturbate (sometimes a lot). We all know that, and by no means is it considered taboo. Women masturbate, too. Sure, in the past it has been considered sort of "off-limits", but we're living in the 21st century. So what difference does a little external aid make?

In this post-*Sex and the City* era, surely we must be able to appreciate equal opportunity sex toys. While we can't underestimate the influence of the media messages we receive (porn, in particular), I think what's at the heart of the issue are the hypocritical remnants of traditional and restrictive sexual roles.

If a woman is sexually active without a partner and using sex toys, we could come up with any number of reasons for her choice—maybe she doesn't want to run the risk of getting pregnant, or she has trouble climaxing with a partner, or she doesn't want to be seen as sleeping around—and the world supports her.

But I think that an unfortunate and unjust truth is that, generally speaking, women (and the rest of the world), are bothered when men use sex toys as a sexual aid. Either we think it's kind of lame that a guy would have to use a toy instead of "the real thing" (a standard that is absurd, not to mention completely reversed for women), or that it's weird for dudes to use aids if they're not really "necessary". After a long history of sexual oppression, we are all too happy to give the thumbs up to women and their vibrators, but we shame men for trying a sex toy of their own.

What can we do to change this unfair double standard? Before *Sex and the City*, men were threatened by the sex toys women were using, right? Men worried that vibrators would replace what they had to offer. But hey, here we all are, still standing and still fooling around with each other. So maybe we ladies need to put our reservations about penetrative sex toys for men aside. ☹



Erica Eades Arts Editor

Murphy's law

Dal grad student's first novel now available at Dal bookstore



Erica Eades
 Arts/Copy Editor

Michael Murphy doesn't believe in signs.

So when he found an envelope addressed to a name eerily similar to his own, he did what any non-superstitious person would do: He dropped it in the nearest mailbox and continued on his way. But for some reason,

Murphy couldn't shake the idea of that lost letter.

The incident soon became the basis for the Dalhousie law student's first novel, *A Description of the Blazing World*. Murphy, who was living in Windsor, Ont. at the time, discovered the letter on his walk home from school.

"It got my thinking," he says. "If somebody was a little less stable, how

might that be interpreted? If it had actually been their name, would they open it? What would they see?"

And with that, the character of Morgan Wells was born.

Depressed from his recent divorce, Wells is desperate for some sort of escape. When he discovers a postcard from France (addressed to another Morgan Wells), he sets off on a hap-hazard journey to find its owner.

Meanwhile, in the partnering narrative, an unnamed 14-year-old boy finds a dusty old copy of Margaret Cavendish's book, *The Description of a New World, Called the Blazing-World* (which Murphy explains is one of the earliest known works of science fiction). For the boy, the discovery is no coincidence; it's a sign of the impending apocalypse. And so he begins a search for more evidence of the world's end.

A Yarmouth native, Murphy says his love of writing stemmed from a passion for reading. Fascinated by the work of fantasy writers C.S. Lewis and Tad Williams, he began to dabble in fiction writing while completing his English degree at Dal. Though he focused primarily on short stories, he also wrote a series of poems in what he describes as "a fun experiment, more than anything."

But it was a fellow east coast novelist who drove him to pursue writ-

ing on a more serious level: Alistair MacLeod (author of *No Great Mischiefs*, among others) was teaching English at the University of Windsor. Having been a longtime fan of his work, Murphy enrolled in their master's of creative writing program.

A Description of the Blazing World began as a 16-page short story in early 2006. But upon completing the piece, Murphy decided he hated the ending. "It just didn't seem complete," he says. "There was something missing."

So he hid the story away for the next four months.

In September, Murphy was entering the second year of his program and decided it was time to move forward with the piece—this time as a novel. But after writing 60-70 more pages, he hit another wall. Frustrated with the way things were going, Murphy scrapped the entire project and started fresh from the perspective of a new character. Seven months later, he had a first draft.

It wasn't until early 2008 that Murphy began looking for a publisher. After a series of rejection letters and "encouraging letters that were still kind of rejection letters," he settled on Calgary-based Freehand Books because they were interested in non-traditional narratives.

In April 2011, Murphy's hard work

finally paid off. The book was a hit—and major Canadian newspapers began to take notice

National Post book reviewer Nathan Whitlock referred to Murphy's work as "something of a throwback to that love child of Kafka and Alfred Hitchcock, the Existential Mystery, in which selves are endlessly fungible, characters are walking question marks, alienation is the norm, and obsession almost always ends in tragedy," while Patricia Dawn Robertson wrote in the *Toronto Star*: "*A Description of the Blazing World* is timely, profound and telling. It's misfit fiction at its finest."

Murphy says he was "humbled and surprised" by the response. "It's one of those things where you don't want to have any expectations," he says.

Now, as Murphy finishes up his second year at the Schulich School of Law, he's also beginning work on a second novel. Though he says it would be "premature" to disclose too much about the book, he does reveal his secret for balancing his hectic work schedule:

"I actually find it really useful to write," he says. "Some people have badminton, some people play squash. That's my writing to me." ☺

Murphy is blazing a new path as a writer.

••• Photo by Adele Van Wyk



Prof Talk Letitia Meynell

The Philosophy of Sex and Love

Hilary Stamper
 Arts Contributor

In our society, we are constantly bombarded with images of sex and love through media, advertising and entertainment. However, we very rarely take the time to analyze these perceptions of sex and love.

According to Letitia Meynell, an

associate professor in the department of philosophy at Dalhousie, the lack of opportunities for people, especially young people, to think critically about sexuality is exactly what attracts a lot of students to her class, *The Philosophy of Sex and Love*. With the class list exceeding 230 students, it is evident that many students are no longer willing to take the popularized notions of sex at face value.

What is sex? How can we define sex, and how can we attempt to count the number of times we have had sex? This is how Meynell begins her course.

"It is not obvious what sex is, or what counts as sex," she says. "We talk about PIVMO, which stands for penis in vagina male orgasm, as a kind of paradigm of what sex is. So you can count how often you've had sex by counting how often there has been penis in vagina male orgasm. But that's obviously stupid because then apparently gays and lesbians never have sex."

So then, is it easier to determine what doesn't count as sex? Not really. Some would say that sexting is not sex and should not be considered cheat-

ing. But others argue that sexting is a form of sex and therefore *should* be considered cheating. The boundaries of what counts as sex and what does not only get more complicated from there.

Marriage is a logical focus to have in a course about sex and love, but professor Meynell approaches it in a way that disrupts some of the common narratives and expectations about marriage that people tend to have in our society.

"We looked at it through the lens of same-sex marriage," she says. "Some people have claimed that since marriage is such a corrupt institution it is not worth having and that gays and lesbians should be spending their time looking for other rights that are more important. Of course there are lots of people who disagree with that view. There are also those who suggest that because marriage is such an important part of our society it has become a mark of citizenship. Therefore denying people the right to marry is like denying people the right to become full citizens."

Marriage is something most heterosexual people see as a normal aspect of life. However, people who are already members of the club fail to notice that there are more controversies surrounding marriage than we like to think.

"[In the course] I go from marriage to prostitution because lots of thinkers for a long time have suggested that marriage for women in traditional relationships is a form of prostitution," explains Meynell. "You sell your sexual services to one man for the rest of your life, rather than an afternoon or an evening."

All is not lost, though, because obviously young people who are will-

ing to take a class like the "Philosophy of Sex and Love" want more well-rounded and analytical views on the subject matter.

"This is a sad time where people learn more about sex from pornography than from anything else, and it's a terrible teacher about sex!" says Meynell. "If you learn your morals and desires from pornography it's very unlikely that that's going to help you have a positive, healthy, happy sex life."

But where else can young people be educated about sex? It often seems there is no real forum in our society for people to discuss sex and love in a thoughtful, positive and constructive way.

"You maybe had a health class which was, you know, mostly bullshit—at least mine was—and it is not something people tend to talk about with their friends. With groups of friends there is usually a lot of posing and posturing when it comes to talking about sex and love."

When students sign up for a class like *The Philosophy of Sex and Love* they are ultimately expressing their want and need for a better sex and love discourse in society. They know there is something wrong with the lessons they are getting from popular culture.

"There are such screwy and stupid messages out there," says Meynell. "Like the weird status of virginity and the idea that you can 'give your virginity to someone.' What the hell does that even mean? If you are having sex for any other reason than for yourself that's probably a bad idea." ☺

Professor Meynell offers students a well-rounded sex education.

••• Photo by Calum Agnew

STREET INTERVIEW

What's your biggest turn-off?

by Torey Ellis and Ian Froese



"Too needy."
Roxanne Peereira
3rd-year political science
and sociology



"Smoking."
Husain Alkandari
1st-year science



"Narcissism."
Michaela Stephen
2nd-year English



"Improper use of semi-colons."
Michael Cestnik
2nd-year master's of
public administration



"Being needy."
Michael Diamond
4th-year science



"Texting a lot."
Ben Brammer
2nd-year management



"Self-centered people."
Alia Saied
NSPIRG



"Not being trustworthy."
Chudi Harris
1st-year science

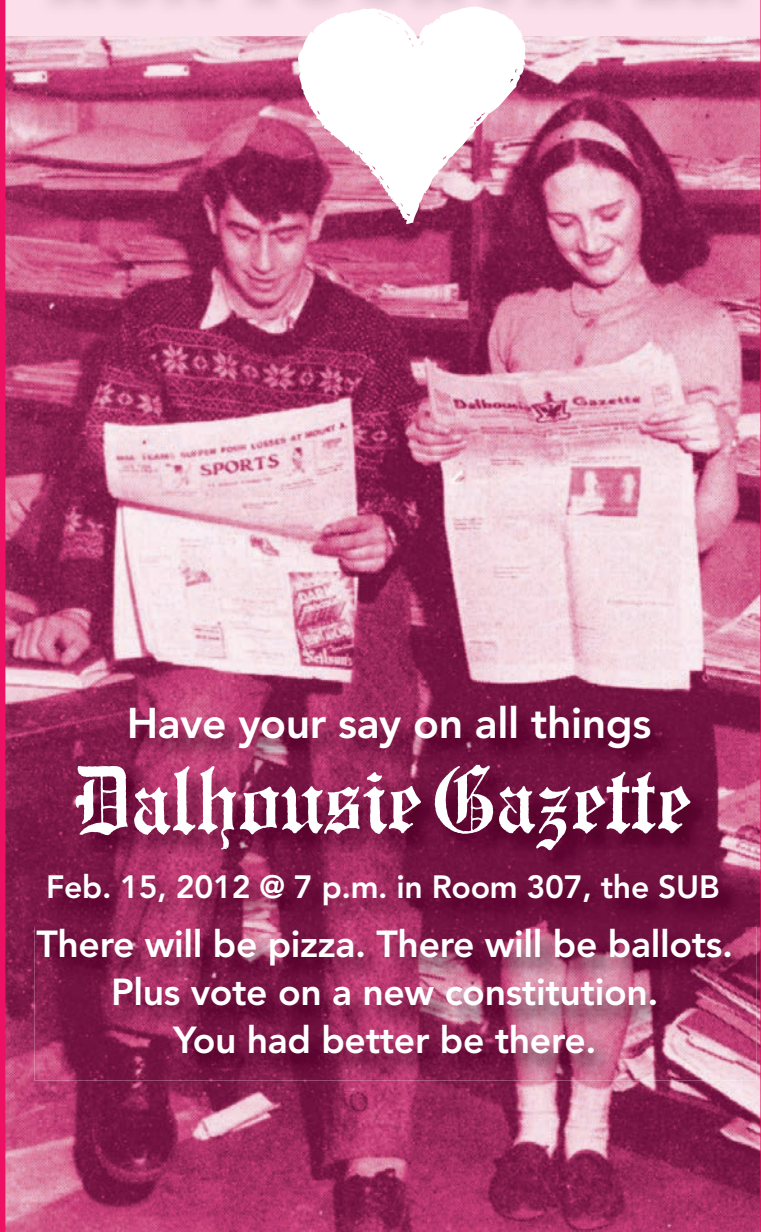


"If he watches reality shows."
Maria Gilligan
3rd-year neuroscience



"There are so many!"
Meena Dawood
3rd-year sociology

RUN YOUR PAPER



Have your say on all things
Dalhousie Gazette

Feb. 15, 2012 @ 7 p.m. in Room 307, the SUB
There will be pizza. There will be ballots.
Plus vote on a new constitution.
You had better be there.

say it with batteries!



Receive
free batteries
for every toy purchased
until February 14th



venus envy 1598 Barrington St, Halifax. 902-422-0004
www.venusenvy.ca

♥ MOST ELIGIBLE TIGERS ♥ ♥



Shannon Junor ♥ "The Spicy One"

Year: First-year ♥ **Hometown:** Mississauga, Ont.
Sport: Soccer ♥ **Sign:** Aries
Bachelorette breakdown: "I'm sarcastic."
He's got to dress for success: "Go topless."
Look up: "He has to be taller than six feet."
Her hookup song: "Love Lockdown," Kayne West
Musical maiden: "In my spare time I play guitar."
Why you should date Shannon: "As a keeper, ball handling is my number one priority."
Is there such a thing as love at first sight?: "Not a chance."
Take her out on the town: "For a dinner and a show, like a concert or something."



Kit Moran ♥ "The Nice Guy"

Year: Fourth-year ♥ **Hometown:** Prince George, B.C.
Sport: Swimming ♥ **Sign:** Aries
Meet Kit: "I'm laid-back and love the outdoors."
She's got to dress for success: "Just wear jeans and a plain t-shirt."
Travel with Kit: "Exploring South America would be really cool."
Now playing on his iPod: "Country music and OG Hindu Kush."
Speak your mind: "If they have no opinions, there's nothing to them. It's done. They have to be interesting."
Why you should date Kit: "I may be good at the backcrawl, but I still know how to breaststroke."
Boxers or briefs: Boxers
Keeping it classy on Valentine's Day: "I would cook her a nice dinner at home and then take her out for a movie."



Katie Webster ♥ "The Actress"

Year: First-year ♥ **Hometown:** Whitby, Ont.
Sport: Swimming ♥ **Sign:** Scorpio
Watch out: "I'm full of sass."
Celebrity crush: "Barney Stinson."
Spend midnight in: Paris
Her hookup song: "Sexy and I Know It," LMFAO
Why you should date Katie: "Once you get me wet, I can go long and hard."
Do you believe in soulmates?: "Yes!"
Everyday is important: "I don't really like Valentine's Day—it's pretty overrated. You got to appreciate the ones you're with everyday, not just on Feb. 14!"



Graeme Higgins ♥ "The Charmer"

Year: Fifth-year ♥ **Hometown:** Scarborough, Ont.
Sport: Volleyball ♥ **Sign:** Taurus
Say hello to Graeme: "I'm tall and handsome."
Celebrity crush: "Scarlett Johansson."
When not playing volleyball: "I like to read, watch movies and get up to my cottage whenever I get the chance."
Now playing on his iPod: Mumford and Sons
Fire his desire: "Make me laugh."
Why you should date Graeme: "I know how to hit all the right zones."
Sexting: Sexy or Skanky? "Sexy."
He likes Valentine's Day: "I think it's a great opportunity to show someone how you feel about them."

Everyone wants to find someone, so here at the Gazette we thought we would help all the singles out there find that special someone in time for Valentine's Day. After a meticulously scientific and highly analytical search, we narrowed down the nominated singles to our top choices. All of the bachelors and bachelorettes are varsity athletes. These lovely jocks all have more than hot bodies and smoldering eyes. They are funny, smart and charismatic. They all deserve to find someone equally great. So, this Valentine's Day maybe give one these singles a call and support your Dal athletes in more ways than one.

—Paula Sanderson ♥ ♥ ♥ Photos by Angela Gzowski



Olivia Smith ♥ "The Sweetheart"

Year: First-year ♥ **Hometown:** Vineland, Ont.
Sport: Hockey ♥ **Sign:** Libra
Meet Olivia: "I like to have a good time."
He's got to dress for success: "I love plaid shirts."
Whisk her away to: Greece
Her hookup song: "With or Without You," U2
Fire her desire: "Come to my hockey game."
Why you should date Olivia: "I'm a good stick-handler."
Going commando: Sexy or Skanky? "Sexy."
She likes Valentine's Day: "I think it's a nice day to spend time with someone special."



Stephen Lopez ♥ "The Smooth Talker"

Year: Fourth-year ♥ **Hometown:** Toronto, Ont.
Sport: Basketball ♥ **Sign:** Pisces
Meet Stephen: "I'm outgoing and funny."
She's got to dress for success: "I don't mind Lululemons or jeans."
Dating deal-breaker: "Bad habits. Not eating with your mouth closed or biting your nails—not attractive."
His hookup song: "Shot for Me," Drake
Can you fall in love at first sight: "I've never experienced it so I can't say."
Why you should date Stephen: "Coach always says take it to the hole."
Sex on the first date: Sexy or Skanky? "Skanky."
Get ready for Valentine's Day: "I would take her out to eat. Have some nice wine to drink and open her up with laughter. After dinner we could catch a movie. If she's lucky maybe she'll get a cute teddy bear."



Ashley Donnelly ♥ "The Heartbreaker"

Year: First-year ♥ **Hometown:** Burlington, Ont.
Sport: Soccer ♥ **Sign:** Leo
Hello, Ashley: "I'm outgoing."
Celebrity crush: "Ryan Gosling"
Never let her see you in: "Jeans with running shoes."
Her hookup song: "Practice," Drake
She likes her man: "With scruff."
Why you should date Ashley: "I can go for 90 minutes in all different positions."
Sexting: Sexy or Skanky? "Sexy."
Impress her on Valentine's Day: "I would take a coach and buggy ride around town with hot chocolate and blankets, preferably in South Carolina."



Brett Plouffe ♥ "The Outdoorsman"

Year: Second-year ♥ **Hometown:** Winnipeg, Man.
Sport: Hockey ♥ **Sign:** Cancer
Bachelor breakdown: "I like to do stuff outside, like camping."
Who makes the first hookup move: "Girls say it's supposed to be the guy, but I think guys wish the girl would."
Start laughing: "If she can't laugh, then it's done"
His hookup song: "Tequila Makes Her Clothes Come Off," Joe Nichols
Fire his desire: "Just making eye contact and smiling; smiling is key."
Why you should date Brett: "Hockey players never miss a target and we have long sticks."
Going commando: Sexy or Skanky? "Sexy."
Hit the water: "In the summer, the waterfront is a good place to go and grab an ice cream."

Unconventional Valentine's Day date ideas



No flowers required. ••• Photo by Marco Laython via PublicDomainPictures.net

Hilary Stamper
Arts Contributor

Valentine's Day is one of those days people either love or hate. I haven't met too many of the former, and I think that's because Valentine's Day has become this big mess of unrealistic expectations, clichés and aggressive consumerism. And, if you are single, you might as well just house arrest yourself for the day because happy couples don't want to hear you complain. Yeah, it's no wonder most people aged 18 to 40 think Valentine's Day sucks.

To help you bunch of cynical curmudgeons regain a bit of respect for Valentine's Day, I have compiled a list of "unconventional" date ideas as an anecdote to the traditional dinner, flowers and ridiculous La Senza lingerie. Chocolate remains on the table, though—this is indisputable.

1. Horror movie marathon:
Might I suggest the 1981 classic, *My Bloody Valentine*, a Canadian slasher/gore film about a deranged murderer

killing those who celebrate Valentine's Day.

2. Throw a Quirkyalone Day party
If you're single, you shouldn't have to fight against Valentine's Day, or feel pressured to participate in it. The Quirkyalone movement is about celebrating and empowering friendship, independent spirit and, apparently, neologism.

3. Get your sweat on
OK, apart from the obvious, there are lots of sweaty ways you and your significant other could spend Valentine's Day. Sign up for partner yoga, swing dancing, Latin or African dancing. Take a circus class together, because nothing fosters love quite like swinging 20 feet in the air!

4. Be Cultured
Find out how other countries celebrate their equivalent Valentine's Days and borrow a few of their traditions. In Japan and Korea it is traditional for women to give men gifts on Feb. 14. In Britain they bake special

Valentine's buns with caraway seeds, plums and raisins. Malaysia's day of love involves single women writing their phone numbers on oranges and tossing them into the nearest river for the man of their dreams to find. This last one is sweet, but I don't actually recommend all the single ladies in Halifax throw oranges into the harbour.

5. Virtual Valentine's Day
If you are in a long distance relationship and need to communicate via Skype, schedule a virtual date together. Plan a nice meal, put on some music and place your computer at the opposite end of your table to create the satisfying illusion of togetherness. Also, playing online RPGs such as World of Warcraft with your significant other can make your virtual Valentine's Day especially geeky by offering your characters Valentine's themed bonus quests and gifts.

6. Postpone It
Three words: Candy on sale. 

Valentine's Day Mixtape



add to the sex appeal, while guitarist Jack Savidge delivers orgasmic explosions with his delayed guitar, echoing Prince 20 years earlier. Also, girls seem to love Ed Macfarlane.

"All You Need is Love"—The Beatles
The Beatles wrote practically all of their first three albums about love (with the latter half being about love and drugs). This one epitomizes the group's message. If you're the kind of person who'd rather stay in on Valentine's Day and watch *Across the Universe* with your partner, this is your go-to Valentine's Day song.

"Need You Now"—Cut Copy
Australian shoegaze funkateers Cut Copy's leadoff single from *Zonoscope*, "Need You Now", is a clap-happy song about unrequited love. Its strong beat and six-minute length makes this a pretty good track to kick off a make-out session.

And speaking of making out like you're a high school freshman...

"Happy Valentine's Day"—Outkast
The highlight from the mostly terrible Outkast album *Speakerboxx/The Love Below* has Andre 3000 at his funkier. PETA's sexiest vegan does his best impression of Prince and Bootsy Collins, delivering a call and response akin to Parliament/Funkadelic.

"Major Leagues"—Pavement
Probably the most sentimental of the Stephen Malkmus catalogue (I'm not sure if that is a good or bad thing), "Major Leagues" is a love song about going the distance with the one you love. Sparkling piano and dense synthesizers make this one of the cleanest-sounding Pavement songs. This is also Death Cab for Cutie's Ben Gibbard's favourite Pavement song, so if you're partner grew up watching The O.C. this may be the song for you.

"Give It to Me Baby"—Rick James
These days Rick James is better known for fucking up your couch, but back in the day, this was the kind of

music your parents had sex to. "Give It to Me Baby" is a slightly creepy song when you watch the music video, because Rick James really won't stop badgering his girlfriend to make love to him. But the video ends with the couple romantically canoodling during a skinny dip session in James' hot tub (which he probably later pawned for cocaine). "Give It to Me Baby" is the track to put on when things get serious.

"Baby, I Love Your Way"—Peter Frampton
We are talking about mixtapes, after all, and John Cusack would be unimpressed if I left the king of trashy love ballads off the list. "Baby, I Love Your Way" is the track to put on when you're coming down from a night of passion, staring adoringly into each other's eyes as the sun rises. To make it a real special night, make sure it's the live version from *Frampton Comes Alive!*

Happy Valentine's Day 

Matthew Ritchie
Opinions Editor

Nothing says "I love you" like a good mixtape. Of course, I'm not even sure where you can actually buy cassette tapes these days (I'm guessing The Source). But luckily for us, we can all simply go on the Internet and compile a mixtape all our own using links

from Youtube. Here are seven songs to throw on your MacBook when you're getting in the mood this Valentine's Day.

"Paris"—Friendly Fires
England's most romantic young men deliver a bombastic track about moving with your sweet to the world's most romantic city. Euro trash synths

sudoku

		3	4	8	5			6
							3	5
8		1		6				
5							8	2
6			7	2				
9			6					
	7				3	9		
	2					4		
1	6				9	7		



Century Computer



20 YEARS OF SERVICE
CENTURY COMPUTER



Phone
423-2500

Hassle-Free
Laptop
Rentals.



University Ave.

Robie St.	IWK	QEII Hospital	South Park St.
	South St.		
	CENTURY COMPUTER		
	Tower Rd.		South Park St.

centurycomputer.ca

save @ centurycomputer.ca

1200 Tower Rd, Suite 101
Halifax, NS



SoHo Ghetto to release new EP this weekend

Nick Laugher
Staff Contributor

Bearing down in a blaze of feverish, affected folk and uptempo jazz, and swinging humble songs of heartbreak and perseverance, Marc-Antoine and the SoHo Ghetto are readying the release of their newest compilation of trepidation-laced tales for your patiently waiting ears. A good year or two in the making, the Halifax-based band of sincere eclectics are finally dropping their anxiously awaited EP this Friday at the Seahorse.

"From beginning to end we worked on this album for the better part of a year," says singer/songwriter Marc-Antoine Robertson. "Getting the money together was kind of a challenge, and you're always faced with the ebb and flow of the band members schedules as well," he notes about the rocky recording process.

The EP is a diverse smorgasbord of styles and sentiments, ranging from uptempo traveling ballads to downtrodden dirges mourning broken friendships and battered emotions. Robertson cites the tumultuous process of touring and surviving in today's vicious, cutthroat industry as the backbone for the EP. "The inspiration for the album comes from wanting to survive in the music scene. It's very competitive, so this band works hard to write music to be able to contend with everyone else. It comes from all of us caring about this music enough to want to work hard to produce an album that everyone loves," he elaborates.

Walking the tightrope between bouncy indie-folk balladry and insightful alt-country, the band's creative output is a constantly evolving creature, due largely to the rotating band roster and a multifaceted mish-

mash of instruments. Songs swell from meanderings of Matthew Gibbon's moaning, creaking harmonica and soaring angelic group harmonies to suddenly drop into a fierce wash of jangly acoustics by Robertson and featherlight, sparkling keyboards from ivory tickler Rachel Sunter.

"Halifax is a small city with a lot of great bands. Resources are limited, but there is no shortage of great music."

"There were a couple band member changes this year," says Robertson. "But there are 7 of us on the EP...and we had some help from Jeff Mosher and Jody Lyne from the Mellotones, and had some fiddle performed for the album by Cassie Ann MacDonald. We cover a lot of musical ground by ourselves, though, so it was us for the most part," says Robertson. "I bring the completed song on acoustic guitar to the band, lyrics, chords and melodies and the band molds it and gives it shape with their own little idiosyncracies," he explains of the writing process.

Following the EP release, Robertson hopes to further saturate the Halifax scene with the band's soulful, sanguine stylings, but anticipates it being a bit more difficult than it used to be. "The bar scene is definitely hurting. It

means you have to work even harder to get a decent gig at one of our few venues. So yeah, like many other bands the bar closures have affected us for sure. We just have to be more creative. It kinda forces you to think outside the box and look for different opportunities," he says. "Halifax is a small city with a lot of great bands. Resources are limited, but there is no shortage of great music. Getting a band together has had its challenges but everyone involved loves the music enough to keep pushing forward...So I guess we've been lucky in the sense

that we haven't really had to deal with anything too major."

After playing the Evolve festival for a second time to a cavalcade of praise from jubilant, energetic and intoxicated fans, Robertson thinks it might be time for the band to infiltrate the festival circuit. "Playing that festival our first time in 2010 did big things for us and if they'll have us back then yeah, we'd play it in a heartbeat. We're definitely looking to play festivals this summer. It's a great opportunity to garner new fans 'en masse' and they're also just incredibly fun to

be a part of."

It seems there won't be much rest for the weary travelers after their stint of release shows in the Atlantic region, as Robertson makes it clear his top priority is relentless touring and building on their already dedicated following. "Honestly," he says, "our next move is really just to promote the shit out of this thing." ☎

Marc Antoine Robertson (fourth from right) says the album is a year or two in the making. ••• Photo supplied

PASS or FAIL?

The Patron Accountability, Safety & Service (PASS) program is a health promotion and safety program developed to reduce incidents of underage drinking and violence in and around restaurants and bars in downtown Halifax, including campus pubs.

Developed by the Restaurant Association of Nova Scotia, with support from the Alcohol and Gaming Division, Government of Nova Scotia, and the Halifax Regional Police, PASS aims to create a more enjoyable environment for all patrons and staff by suspending access to known offenders to all licenced establishments involved in the PASS program.

To find out more, please contact me or visit www.rans.ca.

Leonard Preyra

MLA - Halifax Citadel - Sable Island

989 Young Avenue 902.444.3238 preyra@eastlink.ca www.preyra.ca



beatles tunes review

Paul McCartney—*Kisses on the Bottom* Ringo Starr—*Ringo 2012*



Simcha Walfish
Arts Contributor

It's not every week that we get a new album from both surviving Beatles.

Well into retirement age, neither Beatle is slowing down their output. With his two previous studio albums, *Memory Almost Full* (2007) and *Electric Arguments* (2008, by his electronic side project the Fireman), Paul

showed he had no intention of letting his 64th birthday get to his head. If in those albums he was still trying to push boundaries and make interesting music, in *Kisses on the Bottom* (Feb. 7), his goal is a bit different: to make "an album you listen to at home after work, with a glass of wine or a cup of tea." In other words, McCartney at 69 has succumbed to the inexplicable urge of every elderly rocker—that is, to make public their love for the Great American Songbook.

The album includes 12 classic pop songs and show tunes and two originals. The album gets its title from a lyric in its opening track, "I'm Gonna Sit Right Down and Write Myself a Letter." As expected, the recording is technically flawless throughout but it has very little of the magic McCartney can bring to a record. Singing these standards, Paul's love for the songs is obvious but his crooning voice sometimes gets into a creepy constricted-sounding whisper that reminds you that Paul was not meant to be record-

ing for Hear Music, a record label run by Starbucks.

It was produced by Tommy LiPuma, probably best known for producing some of Barbra Streisand's recent work. In short, it's the kind of album where it doesn't feel out of place when a children's choir chants "Two and two are four/ Four and four are eight/Eight and eight are sixteen" etc. ("Inchworm"). The highlight of the album is McCartney's original "My Valentine," featuring some light guitar from Eric Clapton. It's still firmly on the sappy side but, to McCartney's credit, his own writing stands up well next to the weathered hits. The other original, "Only Our Hearts" features the trademark harmonica playing of Stevie Wonder to close off the album.

Ringo 2012, gives off a much more cheerful vibe; he at least looks like he's trying to have some fun. In the opening song, "Anthem," Ringo (71) reminds you that he hasn't given up on the peace and love thing. In

case you don't remember that it's an anthem you're listening to, Ringo reminds you at every turn that "this is an anthem" (I lost count at 13 times). The whole affair is quite quick; the album clocks in at just under 29 minutes but he manages to pack in nine songs— five new songs, two covers and two remakes of his own songs from the 70s.

Songwriting was never his strongest suit and the lyrics on the album are a bit uneven. They start out at a pretty cringe-worthy point in "Anthem" with such lyrical gems as "you think you've got it covered/ you say you know the score/ but people are dying/ there's no denying/ but do we, do we know what for?" The best song is the upbeat remake of "Wings" from his 1977 album *Ringo the 4th* (actually his 6th album). For this song he gets some very welcome help from Eagles' guitarist Joe Walsh and Tom Petty's organ player Benmont Tench.

The covers—a steel-drum-filled



cover of Buddy Holly's "Think it Over" and a heavy guitar take on the folk classic "Rock Island Line"—are fun but pretty forgettable. The album ends on another high point with "Slow Down," featuring Walsh's signature slide guitar sound. *Ringo 2012* probably won't be remembered as Ringo's best but at least it's not as depressing as hearing Paul McCartney urging you to "Ac-Cent-Tchu-Ate the Positive". ☹

tunes review

Bahamas—*Barchords*



Frances Dorenbau
Arts Contributor

The first thing I noticed about Afie Jurvanen's (aka Bahamas) sophomore album, *Barchords*, was how refreshing simplicity can be. It's clear from the clever album title that Toronto singer-songwriter values the guitar's basic and common barre chord. Jurvanen's simple style allows him to beautifully express some of the most complicated feelings that love ignites without all the overwhelming noise that goes on in our heads when we are in love.

Barchords begins as a relationship finishes on the opening track, "Lost In The Light." This song is his way of guiding the lovers to the light at the end of a long, dark tunnel. The

warm, pure tone of the electric guitar and the slow, steady rhythm show his calmness in approaching the end of the relationship. The hopeful layers that develop around a simple guitar melody all lead to a beautifully harmonized yet fleeting chorus made up of a single line, "being free leaving me on my own." It is such a powerful moment of understanding that it gave me chills when I first heard it. In the final seconds the guitar twinkles signifying acceptance of the end, setting the tone for the album.

The enlightenment continues in "Caught Me Thinking" where Jurvanen gives a confession: "now I know beyond the shadow of a doubt it's my fault." Yet this time, the beloved tropical twist to Jurvanen's riffs that is so prominent on his first

album, *Pink Strat*, returns making the track more upbeat and fun. He puts a positive spin on his mistakes using this catchy melody to suggest that maybe being alone is something to be excited about.

Similarly, "Okay, Alright, I'm Alive" uses syncopated rhythms and playful lyrics to show that it helps to turn to humour in tough times: "I can tell when you lie/ it's so obvious/ the wink of the mannequin's eye." The chorus again suggests that things will be fine as he sings with the jingling tambourine, "It's okay, that's alright, I'm alive."

The album isn't all optimistic. Jurvanen plunges into the depths of his heart revealing some of his most intimate feelings and disappointments on "Snowplow." It begins with a sin-

gle chord until the sound has almost faded, then a guitar riff starts the verse. Slowly the piano harmonizes with the tune, then soft, breathy back-up vocals join in. The original melody is so bare that it portrays the vulnerability of being naked. His quiet words: "Here I am back again, and wishing now was then / and I could write all the wrongs/ instead of writing songs," reveal how small and vulnerable love can make a person feel.

The uplifting major chords of the last track, "Be My Witness," bring a welcome resolution as Jurvanen sings a marriage proposal. *Barchords* begins with an end and ends with a beginning, suggesting that simply accepting our needs can lead us to find happiness. ☹

Recipe: *Homemade pulled pork sandwiches*



Rachel Eades
DIY Columnist

As winter continues to drag on, and school becomes increasingly stress-

ful, a slow cooker can be your best friend. A slow cooker (also known as a crock pot) will allow you to make comforting, homemade, but incredibly simple meals with almost no

prep work.

While a slow cooker may not be a student kitchen staple, they're easy to find for little to no money. Even new, a basic slow cooker can be found for \$30-\$40, and a second-hand one can be found for significantly less at garage sales, Value Village, or on kijiji or Craigslist.

Once you have a slow cooker, there's no shortage of easy recipes you can take advantage of, but a good starter recipe is pulled pork. Not only is it a delicious crowd-pleaser, but it's also almost impossible to mess up, and quite affordable to make. Don't get overwhelmed by the number of ingredients; I promise it's easy to make. Also note: if you're the only one eating this, you don't need to cut open all 8 buns right away. Cut and toast your buns as you need them.

To start, you'll need the following ingredients:

1 teaspoon vegetable oil
1 (4 pound) pork shoulder roast

1 cup barbeque sauce
1/2 cup apple cider vinegar
1/2 cup chicken broth
1/4 cup light brown sugar
1 tablespoon prepared yellow mustard
1 tablespoon Worcestershire sauce
1 tablespoon chili powder
1 extra large onion, chopped
2 large cloves garlic, crushed
1 1/2 teaspoons dried thyme
8 hamburger buns, split

And now for the instructions:

Pour the vegetable oil into the bottom of a slow cooker. Put the pork roast in the slow cooker – making sure to remove any string that may be tied around the roast. Add the barbeque sauce, apple cider vinegar, and chicken broth and then stir in the brown sugar, mustard, Worcestershire sauce, chili powder, chopped onion, garlic and thyme. Cover the slow cooker (it should have a lid) and cook on high until the roast shreds easily with a fork, 5 to 6 hours. Alter-

natively, you can cook on low for 10-12 hours—which allows you to leave your food cooking all day while you study/procrastinate on Facebook.

After the 5-6 hours are up (or 10-12, if you're cooking on low), remove the roast from the slow cooker, and shred the meat using two forks. The meat should shred easily. Put the shredded pork back into the slow cooker, and stir the meat into the juices.

Toast your hamburger bun (or buns, if you're serving multiple people) in the toaster or the oven, and then spoon a hearty serving of the shredded pork into the bun. And that's it, you're done! If you're eating this alone, this recipe should make enough pulled pork to last you at least a few meals. Pulled pork goes well with a cold beer, and you can serve it with salad if you want to feel virtuous. ☹

••• Photo by jumbledpile via flickr

Arkells play to sold-out crowd at the Grawood

Mathew Holden
Music Columnist

The wall of the Student Union Building read "Feb. 2: Arkells (Yes, really!!)" last week. And the organizers were right to be proud of that fact.

At \$12 a ticket, this wasn't the cheapest show the Dalhousie Student Union has brought to the Grawood, but that didn't stop people from snapping up the tickets. With a limit of 400 tickets, the show sold out quickly. And did it ever feel like it. The Grawood felt like it was full to the breaking point. It was crowded, hot and smelly—just the way a bar

show should be.

The show started with fellow Ontarians The Darcys, who released their second album last week. *Aja Interpreted by The Darcys* is exactly what the title suggests. They took the 1977 classic album by Steely Dan and recorded their own versions of each song. Despite the brand new album, their set relied heavily on songs from their first album, *The Darcys*, released just three months earlier.

One notable highlight was the song "Peg" from *Aja*. As one of the most poppy songs from *Aja*, The Darcys managed to make it their own while still keeping true to the jazz-rock

roots of the song.

Like most opening bands, The Darcys suffered from poor sound at the beginning of the show, and while the levels were never perfect, they were adjusted just enough to let the band shine.

.....
"It was crowded, hot and smelly."

After The Darcys' admittedly short opening set, it was time for The Arkells to take the stage. From


the very first song, it was clear that the crowd was full of fans who knew all the songs by heart, and the band loved it. The Arkells were loud, tight and bearded, but they were never dull. They tore into each song like it was the first time they had played it in months, even though the Thursday night set was in the middle of a six-night run.

Besides playing songs from both of their albums, the band managed to mix in a few covers as introductions to other songs, including a shout-out to local legend Joel Plaskett, followed by a rendition of "Happen Now". The Black Keys latest single "Lonely Boy"

also made an appearance in one of the songs.

"We never get to play these songs with real strings," said singer/guitarist Max Kerman as the band was joined on stage by two female fiddle players.

In a night full of surprises, the biggest treat of the night came near the end when The Darcys and the two female fiddle players were invited back on stage for an energetic version of Hall and Oates' "You Make My Dreams Come True."

Watching everyone on stage, it was clear they were enjoying the night just as much as the crowd was. 

For just \$29.95, walk in with your taxes, walk out with your refund. Instantly. You'll also get a free SPC Card to save big at your favourite retailers.*

KIT KAT PIZZA
 DONAIRS • SUBS • SEAFOOD
 429-3223 or 425-2229
 2314 Gottingen St., Halifax

- 16" Pizza with Works \$15.99
- Add 9 " Garlic Fingers +\$2.26
- 2 16" Pepperoni Pizza \$19.99
- 16" Pepperoni Pizza and 16" Garlic Finger \$10.56 each
- 2 12" Pizzas with 3 toppings \$17.99
- i3 Small Donair \$10.56

Free Delivery Over \$10

 **a place of mind**
Thinking of Teaching?

Applications open for the Bachelor of Education

Secondary 12-Month Option
 French, Sciences, Business Ed., TESL, Home Economics, Theatre, Music, P.E., English, History, Geography, Modern Languages, Math, Applied Tech

Middle Years 12-Month Option
 English, Social Studies, PE, Sciences

Elementary 12-Month Option

www.teach.educ.ubc.ca

UBC TEACHERS
 INQUIRE
 IMAGINE
 INSPIRE

Study in Vancouver!

instant cash back & free SPC Card

we make taxes painle\$\$

H&R BLOCK®

Follow us on Twitter and Facebook | hrblock.ca | 800-HRBLOCK (472-5625)

© 2012 H&R Block Canada, Inc. *\$29.95 valid for regular student tax preparation only. Cash Back service included. To qualify for student pricing, student must present either (i) a T2202a documenting 4 or more months of full-time attendance at a college or university during 2011 or (ii) a valid high school identification card. Expires July 31, 2012. Valid only at participating H&R Block locations in Canada. SPC Card offers valid from 08/01/11 to 07/31/12 at participating locations in Canada only. For Cardholder only. Offers may vary, restrictions may apply. Usage may be restricted when used in conjunction with any other offer or retailer loyalty card discounts. Cannot be used towards the purchase of gift cards or certificates.

Advertise with us!



Contact **Aaron Merchant** advertising
@dalgazette.com
 902 449 7281



Ian Froese Sports Editor



Dal caps weekend edging nation's second best

Men's hockey continues improbable playoff run

Arfa Ayub
Staff Contributor

It may have seemed like a long shot, maybe even a miracle.

But Dalhousie's men's hockey team turned the far-fetched into a reality Feb. 4 as they defeated the UNB Varsity Reds, the No. 2 ranked team in the country, 3 - 2 in the shootout.

Dal earned two of four crucial points this past weekend to stay in the hunt for the sixth and final playoff spot.

"This was one of those things where you know it's a penalty shot, you are trying to be patient, waiting for a hole to open up," said Dal forward Brett Theberge, recalling his eighth round shootout winner. "There is an old saying in hockey that goes if you can't find a hole, make one on your own, so I just kind of fired it and hoped for the best. Fortunately, the puck went in."

Topping a perfect night for Dal, the St. FX X-Men, who currently hold the final playoff spot, lost 6 - 3 against the league-worst St. Thomas Tommies, meaning the Tigers are still one point out of a spot like they were when the weekend began.

That the Tigers were able to beat UNB is especially surprising considering the uninspiring 5 - 2 loss the team suffered against the UPEI Panthers the night before.

Tigers come out flat

For a team that struggled mightily, and sat in the league basement for much of the first half of the season, the Tigers have turned things around in a way that can only be described as astounding.

Beginning Jan. 6, their first game back from the holiday break, when a 1 - 0 triumph over the Tommies snapped an 11-game losing streak, the Tigers haven't looked back. Despite a tough schedule, Dal managed wins against Moncton, Saint Mary's, and another from the Tommies, all result-

ing in a much improved 5-3-2 record compared to a disappointing 2 - 11 before the break.

This game, however, saw the Tigers play more like what became customary in the first half of the season.

Two short-handed goals in the first period was the nail in the coffin for the Tigers, who were deflated for the rest of the game. Both goals were scored on turnovers, resulting in the Panthers getting numerous clear breaks.

The rest of the game wasn't any better as the Tigers played catch up to the speedy Panthers, while Dal's defence seemed to be nowhere in sight.

"I think the big difference was special units," said Dal's veteran goalie Bobby Nadeau. "We got a little unlucky there and they capitalized. They are a pretty skilled team and if you give them chances like that, they are going to bury it. We kind of shot ourselves in the foot early in the game and weren't able to come back in the second and third."

This year has not been kind to Nadeau. Since returning in mid-January after recovering from another groin injury, he has not won in either of his two games and has not fully recovered yet.

"When you lose, you have to see it as a test," said Nadeau. "You have to come back with enthusiasm the next game and try to fix the things that didn't go well. You have to come back stronger and show some character."

Vengeful Tigers bounce back

The next evening the Tigers found their character. After falling behind 2 - 0 to start the game, however, things were looking bleak.

The Tigers, though, were not quite finished. A power play goal from Brendon MacDonald with just 43 seconds left in the second period brought life to the home crowd. He fired a slap shot from the point that

went through the pads of UNB starting goalie Travis Fullerton.

Jordan Villeneuve-Gagne notched things up at two just 2:05 into the third. With the game now tied, the V-Reds began pressing to score the winner, while Dal was left on the defensive end desperately trying to hold on.

That was when bench boss Chris Donnelly decided to call a timeout.

"We talked about how we wanted to play defensive hockey for the rest of the game," said Dal's rookie goalie Wendell Vye, who replaced Nadeau for the night and was once again crucial in keeping his team in the game.

"That one point was very important to us with our goal to try and make the playoffs." "We didn't want to be back on our heels, but we also wanted to come out and make them play the style of hockey they didn't want to play."

Vye stood on his head for the remainder of the period to set the stage for overtime and later the shootout. His team was outshot 21 - 2 in the frame.

The Tigers did not have long to celebrate their victory. On Feb. 8 Dal faced off against St. FX and if the black and gold won it would propel the team into the final playoff spot for the first time this season.

"Everyone is pretty happy in our dressing room, from the management to the players," said Theberge. "This was a big two points against the best team in the country." ☺

The last weekend of the regular season will decide whether the Tigers are worthy of a playoff berth. Dal is in Acadia to battle the Axemen on Feb. 10. The Tigers then end their 28-game regular season in what might be a do-or-die game Feb. 11 at 7 p.m. opposite St. FX.

Tigers and Panthers jostle for position in front of Dal goalie Bobby Nadeau Feb. 3.

••• Photo by Martina Marien



TIGER TONING ♡ SEX AND PHYSICAL ACTIVITY WOES

Question? Sports@DalGazette.com

Colin Hebb
Health Columnist

•••••
I'm no fancy city entrepreneur, but it seems to me there are three things that always make money: fitness, technology and sex. So I got to thinking, maybe I could design some sort of compact gadget you could wear (on an arm perhaps) that measures how many calories you burn during sex. I guess my question is how much health/fitness value does sex actually have? Is it even possible to measure or estimate one's 'workout' in terms of calories burnt?

—Bang For Your Buck

This seems like a great time to tackle this question and give everyone something else to think about while they engage in heart rate accelerating Valentine's Day celebrations—that's sex in case I was being too cryptic.

The question, first of all, comes down to the measurement of calorie burning or energy usage in the body, which is difficult to determine even in the simplest of activities. There are estimates based on a person's body composition, age, gender, etc., that can give a general idea of how many calories people burn during a specific activity. It is very difficult, however, to provide a definite number that accounts for all of the processes and interactions that occur within the body during any period, especially one as complicated as sex. Bleh, bleh, bleh, I know.

As with every great question, I turned to Google to lazily find the answer I was looking for, but in actuality, I just wanted to find a calorie burning calculator. Not only did I find something, but I found one that allows you to distinguish between foreplay and intercourse. I decided to enter a hypothetical male of 190 pounds and enter 15 minutes of foreplay and 15 minutes of intercourse (no judgements in any direction, I did it for comparison purposes). The calculator spit out 92 calories over a 30 minute period, with 31 calories burned due to foreplay (about two calories per minute) and 61 from intercourse (an estimated four calories per minute).

For comparison purposes, I entered some other activities to see what

calorie counts it would spit out. I'm happy to report that your sexual exploits burn more calories than sleeping (approximately 1.3 calories per minute), but not much else. Walking a moderate pace uses up twice as many calories as sex; zumba moves up to almost four times as many calories burned; and running at a moderate pace gets you all the way to between five and six times as many calories burnt. How disappointing.

Here's the problem, though, with online calculators. Sex is so vastly different for each person that it's almost impossible to really say how it would compare in each individual. It has a disadvantage in the fact that it typically—but not always—takes place on a bed where movement is fairly constricted, thereby limiting potential energy usage. Also, there are different stages of intensity and everyone makes use of those in varying amounts. While some couples (or random hook-ups. Once again, no judgement) can go hard and fast for extended periods of time, some merely go through the motions and complete the act with minimal intensity. The calorie usage between these two groups would likely be very different.

To touch on the technology aspect, there are tools that could be used to estimate energy usage during a specific sexual episode, but these are loose approximations at best. Technology measuring physical activity is certainly getting better, but again, there is a lot going on during sex and I doubt there is much interest in adding invasive measurement to the equation. An anal probe to measure internal body temperature may affect the mood ever so slightly, no matter what you're into.

Sex certainly adds some extra energy to your day, but to say it is significant is probably a bit of a stretch. If you are slightly crazy in bed (my personal email is cghebb@dal.ca, if you're interested), you may achieve the moderate-to-vigorous intensities of the Canadian activity guidelines, but most likely you are just getting all hot and sweaty for the pure pleasure of it. Poor you. ☹

Jumping into bed.
••• Photo by Alice Hebb



Bloodline Tigers

MOTHER AND DAUGHTER UNITE ON BASKETBALL COURT

Paula Sanderson
Staff Contributor

The Stammbergers are Dalhousie people.

Anna played for Dal's women's basketball team for five years starting in 1978. She was assistant coach for two years under Carolyn Savoy and then returned to Dal three years ago to become the head coach.

This year her daughter, Tessa, joined the team.

"I'm very happy she's playing at Dal because it was such a great experience for me [when I was a player]," says Anna. "I do love to see her in the Dal uniform."

A basketball has never been far away from the Stammburger family. Anna was even playing in the European Cup league when she was four months pregnant with Tessa. By the time Tessa was in Grade 2, her mother began coaching her for the first time.

"It was an adjustment for her; for me, too, to be giving so much attention to all the other kids as well," Anna recalled. "So, any time I would praise the other little Grade 2 girls or boys she would get upset and say 'What about me?' or 'How was my layup?' But, of course, she could do a layup so I didn't have to praise her and I tended not to give her as much attention as the other children."

Tessa did not like that at all. "I actually had to throw her out of practice in Grade 3 and tell her to go home," says Anna. "She was acting up and didn't like the attention being given to the others."

Anna is quick to point out that Tessa's temper-tantrums are long in the past.

"She has adjusted very well and now doesn't want any attention from me. She is just as happy if I don't pay any attention to her," says Anna, laughing.

By now, Tessa is used to having her mom as the coach. She doesn't think it's a big deal.

"I think she is a good coach—even if she wasn't my mom, I would say that," says Tessa.

"I don't call her mom. I call her coach and I find that helps a lot," she added. "I find other people have a harder time categorizing it."

Fifth-year teammate Alex Legge wasn't worried about Tessa and Anna's relationship when she rejoined the team this January. "Personally, I wondered not so much if it would be weird for us, but if it would be weird for the both of them," she says. "Tessa is really good about always calling Anna, 'Coach.' Sometimes I'm the one that will say, 'Tessa, what did your mom just say about this?' or something."

That's not to say that the mother/coach relationship is always easy.

"When you're living away from home, your coach is there. You can tell her things, but sometimes those things are things you don't want your mom to know," says Tessa. "It is difficult sometimes."

There are certainly some growing pains when a mother and daughter work together on the same team, but Legge says she is impressed with how easy the Stammbergers' make their relationship work.

"I can't imagine it," she says. "I think it would be a really tough situation, so that's why it's really impressive to me how able they are to deal with it and have that mother/daughter relationship but keep it so separate from our team."

Anna is never accused of showing favouritism. She has, however, been accused of not playing her rookie daughter enough.

"I'm probably a bit tougher on her because I know she is from a basketball family so she should know better, and I probably have a little less patience with her," says Anna. "But certainly I have had other people in the Dal community tell me to play her more but I say she's playing enough."

Anna says she recruited Tessa for her ability on the court; no other reason than that.

"I wanted her on the team because she's a good player and a hard worker. I would have recruited her if she was my daughter or not. She is my type of player."

The kinesiology major isn't always by her mother's side outside the court. Instead of living at home, the first-year decided to move out to residence when she arrived at Dal this fall.

"We wanted to help keep things separate. We are both more comfortable that way, I think," says Tessa. "I think it helped a lot. It probably helps my teammates not seeing me come with my mom to every practice and game."

Anna agrees that living in residence is a good thing for Tessa.

"Sometimes I miss having her as a daughter," says the third-year coach. "I see her a lot as one of my student-athletes but not as a daughter."

At home and away from the court, Anna and Tessa claim they are just like any other mother and daughter duo. They watch movies together, and talk about their common inter-

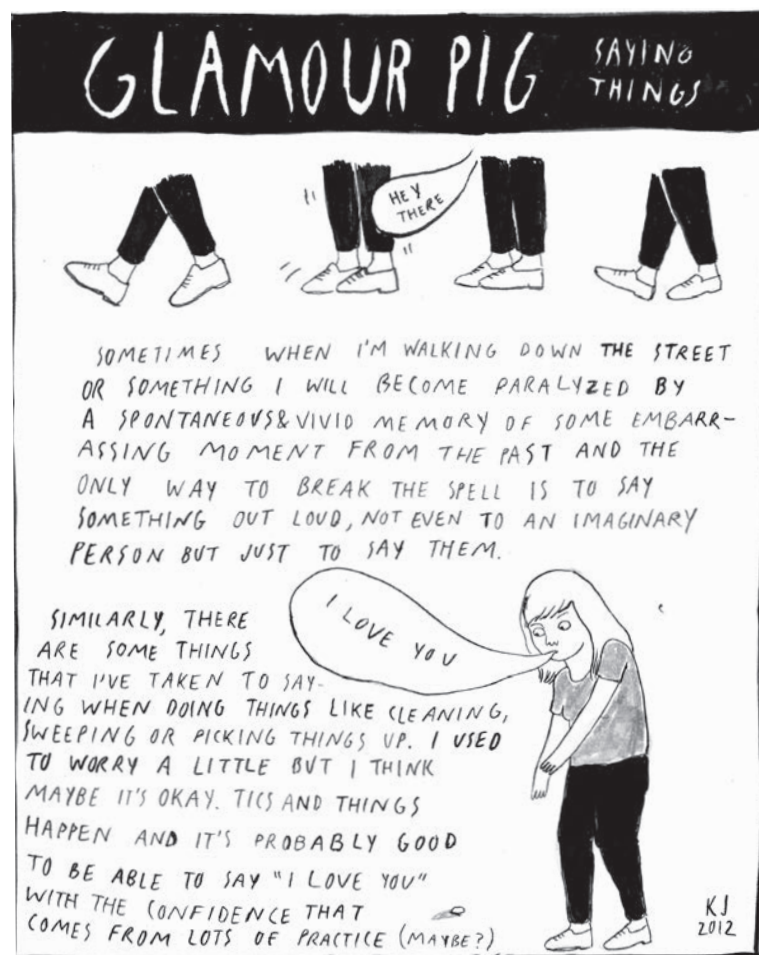
ests, which are not only about basketball.

"I think our relationship off the court is good. I don't know if it's different from other mother/daughter relationships, but it's good," says Anna. "We are similar in many ways—

not in everything—but we share a lot of common ground." ☺

Anna Stammburger and her daughter Tessa are on the same Tigers team.

••• Photo by Rob Grandy





Women's hockey stalled in the standings

Tigers' third period comeback wasn't enough

Graeme Benjamin
Sports Contributor

A win over Mount Allison would have pushed Dalhousie even closer to fifth place St. Thomas in the climb for playoff positioning. Instead, it looks like the Tigers are destined to remain stuck in the sixth and final AUS playoff berth with five games remaining.

The Tigers would not rise in the standings Feb. 4, unable to complete a third period comeback against the Mounties at Memorial Arena to lose the game 5 - 3. The Tigers have lost all three of their matchups against Mount Allison this season.

Dal's Zoe Zivolak came off the bench to take over for Brittany McMacken at the beginning of the second period after McMacken allowed three goals on only seven shots.

"It was pretty cold out there," Zivolak said, "but you just have to forget what happened and try and turn the game around."

Zivolak did her part to keep her team in it. The Tigers were down 4 - 0 entering the third until Rebecca Smyth put in her fourth of the season only 42 seconds into the period, put-

ting the Tigers within three. After the Mounties struck back, Dal's Jenna Currie and Robin Nicholson both scored to put their deficit within two goals, but that 5 - 3 scoreline was as close as Dal would get.

.....
"In the third period we just said we were going to go out and move the puck more, which we did. It just wasn't enough at that point."
.....

"In the third period we just said we were going to go out and move the puck more, which we did," Dal

captain Elizabeth Matheson said. "It just wasn't enough at that point."

Katelyn Morton led the way for the Mounties, recording three points in the last two periods. Morton was named player of the game.

Dal's struggles in this game were not helped by the absence of team point leader Jocelyn Leblanc from the scoresheet. She has yet to record a point in the past three games. The Tigers are going to need more offence from her if they are going to be successful in the later stages of the season.

The rematch between the two teams will take place Feb. 11 at Mount Allison. These two points will be crucial for the Tigers when it comes to playoff positioning.

"We just have to get back to the initial game plan and play a full 60 minutes of hockey," head coach Sean Fraser said.

It goes without saying that their game Saturday is a must win for these ladies if as hope to climb the standings. **G**

Dal's in a fight to climb up the AUS standings.

••• Photo by Adele Van Wyk



February 10-12
heats at 10am, finals at 6pm daily



DAL TIGERS AT HOME!



FRI., FEBRUARY 10
Volleyball vs UNB, W 6pm, M 8pm
Tigers battle breast cancer!

SAT., FEBRUARY 11
Volleyball, W 12pm vs CBU, M 2pm vs UNB
Men's Hockey vs StFX, 7pm
Tigers battle prostate cancer!

Admission is **FREE** for DAL students with ID
Webcasts are available at www.ssncanada.ca

WWW.DALTIGERS.CA



FOLLOW US ON FACEBOOK & TWITTER

DalGazette.com



Tigers keep roaring, win five in a row

No. 2 women's volleyball stays ahead of the pack

Graeme Benjamin
Sports Contributor

Have you heard about Dalhousie's women's volleyball team? Yeah, they're playing pretty well these days. The Tigers beat the St. FX X-Women in front of a packed home crowd Feb. 5 in straight sets to extend their winning streak to five games.

The victory keeps Dal's team placed in second in the AUS, two points ahead of the challenging Cape Breton Capers. The 12 - 3 Tigers will hope to add two more victories to their record this weekend before the regular season draws to a close.

Dal rookie Maggie Li was an obvious choice for player of the game. She led the way with 12 kills and a hitting percentage of .429.

"Maggie has been a key reason why we have kept this winning streak going," said captain Kristie Sheppard.

Head coach Rick Scott agrees. "[Maggie] has a real strong presence

at the net," he said. "Her play has been really solid over the past five games."

The main reason why the Tigers are having success on the floor is because they are playing as a team. There is always high energy to their game and their communication is phenomenal. Even though the game was won in three straight sets, it didn't come easily. The Tigers were down by five in the first set until Scott called a timeout to get his ladies under control. Dal came back to win that set 25 - 21.

Both teams went through an all-out battle to win the second set. The Tigers had a 21 - 14 lead at one point, but the X-Women's Katherine Ryan led her team back, tying the game up. Both teams continued to go point-for-point during numerous long rallies, but the Tigers came out on top in the end, winning the set 30 - 28.

Scott thought they were lucky to pull off a win in that set. "We weren't playing very well," Scott said. "We hung in there, battled and

didn't give up."

The Tigers showed the X-Women how to complete a comeback during the third set. Dal trailed throughout the whole frame, and at one point were down 23 - 18. They were able to get seven straight points, however, to complete the sweep and win the set 25 - 23.

Hilary Sears also had a great game. She had a .500 hitting percentage and 28 assists in the win. 🐅

The Tigers are hoping to extend their winning streak to six games Feb. 10 at 6 p.m. when they take on the dismal 1 - 14 UNB Varsity Reds at home. They also have a big season-ending game the next day at 12 p.m. against Cape Breton that will likely determine whether Dal finishes in second or third in the league.

Louise Facca and Maggie Li put up the Tigers' block.

••• Photo by Shauna Brown

SPORT/RETORT

Men's volleyball rivalry serves a new chapter

Ian Froese
Sports Editor

Losing a championship stings. It hurts. It hurts even more when you snap an illustrious legacy of 24 consecutive banners in the process.

That's exactly the pain Dalhousie's men's volleyball team may recall this weekend, much to their displeasure, when the league-leading UNB Varsity Reds return to the Dalplex for the first time since last February when the V-Reds did the unthinkable: steal a championship from the Tigers.

To Dal, it was a robbing of the worst kind. You could see the pain on the players' faces when they saw the other side of the floor erupt in jubilation. You could hear the loud shriek when a player's shoe angrily scraped against the gym floor, its sound piercing through the building. This Dal team would be remembered as the ones that ended the streak.

Graduating senior Max Burt told the *Gazette* shortly after that he "never, ever imagined my career ending like this." He, like his team, expected championships, and maybe even a national crown; he didn't expect to miss the dance in his last chance.

When the two rivals face off at the Dalplex Feb. 10-11 it will be behind the backdrop not just of last year's changing of the guard, but at the outset of a welcome change to the league: a new era in the rivalry.

See, men's volleyball has a grand total of three teams in the loop. Yes, three. You've got the habitual winners in Dal, the bridesmaids in UNB and the regular sad-sacks in Memorial. The circuit was actually four teams strong until 2006 when Moncton dropped out.

Either way, when UNB got to strap on the wedding dress themselves last year it was an affirmation of what has already been seen around the league for a number of years. The V-Reds were creeping on Dal's dominance; they were bound to eventually take the league crown, and in 2011 they

did just that.

UNB's victory, too, was seen as a blessing to the league—a loop so small they must play three interlock tournaments a season with Quebec universities to have some fresh faces to play against.

A one-horse race is not desirable to any league, AUS included. It prevents other schools from putting in the considerable financial resources needed to field a team of their own. A two-horse race, however, is a notable improvement. It gives the other teams a hope they can one day compete with the best themselves.

The league still has a long way to go, given it's still a formality that Dal and UNB will compete in the AUS championships every year. But this is a much-needed change. A two-sided battle between rivals for the league crown is far better than simply handing it to Dal. It's good for the teams. It's good for the fans. It's good for the sport.

Although we may groan the state of the three-team circuit, we cannot ignore the bright side of UNB's continued success. In the immediate timeline, this weekend's matches will be brilliant. The matches are regularly among the top Dal sporting events you can catch on campus. V-Reds outside hitter Julio Fernandez is simply dominant, and will be the man to watch on the opposing side.

Meanwhile, fifth-year Graeme Higgins will lead the charge for Dal. We'll see how Dal will adapt without Daniel Bremner on the attack in what is surely the team's most important matches since the holiday break when Bremner and his rookie brother William quit the team.

On a weekend when Dal is sure to add two more AUS banners in swimming, it's nice to know the men's volleyball banner is no longer a guarantee. 🐅

GET INVOLVED, GET ACTIVE AND LIVE WELL @DAL!

Dalhousie University's Department of Athletics and Recreational Services offers Dal students plenty of opportunities to get active, meet up with friends, show your competitive spirit and take your mind off the books! You can also head to Dalplex with your student ID and unwind while staying healthy.

FRIDAY February 10

Battle Breast Cancer with W/M Volleyball vs. UNB @ 6/8pm

Make a splash with the Tigers this weekend at the Subway AUS Swim Championships! Heats begin at 10am with finals starting at 6pm daily.

Free for Dal students!

SATURDAY February 11

SUBWAY Challenge! W Volleyball vs. CBU @ 12pm
M Volleyball vs. UNB @ 2pm

Battle Prostate Cancer with M Hockey vs. StFX @ 7pm

Subway AUS Swim Championships Heats begin at 10am with finals starting at 6pm daily.

Free for Dal students!

SUNDAY February 12

Make a splash with the Tigers at the Subway AUS Swim Championships! Heats begin at 10am with finals starting at 6pm.

Free for Dal students!



MONDAY February 13



We're hitting the slopes - you should join us! **Wentworth ski/snowboard trip.** Friday, Feb. 24. \$65 for Dal students, includes lift ticket, transportation and rentals. For more details, visit our website.

TUESDAY February 14

Move more this winter with a great **Cardio Plus deal!** Add it to your membership for **10 weeks for only \$39!**

Connect online with **Dalplex and the Dal Tigers** on Facebook & Twitter!



WEDNESDAY February 15

Register today for **Intro to Bartending.** Starts March 1st. 6 classes on Thursdays from 6-8pm. \$115 for Dal students, 19 yrs +. For more details, visit our website.

THURSDAY February 16

Did you know...if you're a **Dal student, you're already a Dalplex member!** Drop by today with your DalCard and work up a sweat!



WWW.ATHLETICS.DAL.CA



THE SEXTANT

DALHOUSIE'S OFFICIAL ENGINEERING NEWSPAPER

February 10th, 2012
Page 1 of 1

Editor in Chief:
Ben Wedge

Should Sexton Campus vote as a block?

Elizabeth Croteau
Industrial '13

With the DSU elections coming up, it's time to bring up the issues, new and old, to comment on during the campaign. One of the big ones for us as engineers is wondering what the DSU actually does for us. It's a relatively well-rehashed fact that Sexton campus feels separated from Dalhousie University as a whole. Engineering, Planning, and Architecture all find themselves - at some point or another - feeling the distance from Studley (Dalhousie Main) campus.

And indeed, part of this has to do with the distance itself - who hasn't complained about walking to Robie in the (currently non-existent) snow? Who really enjoys having to actually leave a building to go to class 20 minutes away? Especially with the transit strike going on, it's easy to see how those relatively few blocks make a huge difference.

But that's an excuse for us - engineering students with a full 5

or 6 courses a semester. For the DSU executive, who are not only paid, but take just 1 course a semester, it's a mite laughable that they barely make any office hours on our campus a week. What's

the ever-essential Engineering to name a few. But there are many services that DUES cannot provide with the resources available, such as Accessibility Services, Counseling, and I.T. These services are not



The official logo of DSU Elections, taken from www.dsuelections.ca

even more troubling is the tendency of DSU candidates to ignore Sexton campus completely.

The Dalhousie Undergraduate Engineering Society provides many services for the students on this campus - academic support, student events, tutoring support, Engineering O-Day, and of course

adequately provided for at Sexton by the DSU at this time. Candidates should speak to this issue.

Which leads me back to my original question: what can Sexton Campus do to effect change within the DSU and the services it provides at Sexton? To me, it seems obvious that the best way to send

a message is to vote as a block.

For those of us who aren't politically inclined, this would mean the students on Sexton campus - engineers, planners, and architects alike - voting for the candidate in each race that speaks most to Sexton Campus issues.

Some quick math, off the top of my head - at approximately 17,000 students, with a voting population of 18%, that leaves 3000 votes. If even 40% of Sexton campus - at 1500 students - voted, that means 600 students. That's enough to sway an election right there.

I would advocate for Sexton campus - rather than assuming no one cares, and not voting accordingly - to choose the candidate that best represents sexton campus and *vote*. Nothing will ever change with student service delivery - which we pay for even if we don't receive - unless we take a stand and elect those who will pledge to do what they can to make our student experience the best it can be.

So maybe this year, it would be in the best interest of Sexton Campus for us to endorse a candidate and, well, vote for them. Who's with me?



Write.

Get Paid.

Send articles to sextant@dal.ca

100-200 words = \$15

200-400 words = \$25

400-600 words = \$30

600+ = \$35

Picture of the Week,
Comic, Abstract = \$20

CO-OP CORNER

Rankings have been sent to students. Match day is February 13.



Follow us on our new Foursquare page to discover tips about Sexton Campus!

foursquare.com/dalsextant

Sexton Events

Friday, February 10th

1 pm - Engineering in the Design Commons

9:30 pm - Trivia in the T-Room

Thursday, February 16th:

9 pm - Wayne Cover Band, the Mountains and the Tress, and Corey Isenor - T-Room.

Buy your Dalhousie Engineering Gear at the DSEUS office (just inside the Design Commons)



HALIFAX'S BEST TRIVIA!

Does your society have an event on Sexton Campus? Send an email to sextant@dal.ca and we'll post it here!

The Sextant is published by the Dalhousie Sextant Publishing Society and aims to represent all of the students studying and living on Sexton Campus. If you have any concerns about the paper, please email sextant@dal.ca and we'll arrange to meet and discuss them.

Editor-In-Chief: Ben Wedge
Assistant Editor: Damon Surgenor
Treasurer: Sebastian Manchester

Design at Dal: Formula SAE

Damon Surgenor
Mechanical '12
Assistant Editor

Dalhousie has a formula-style race car and it is designed and built entirely by engineering students.

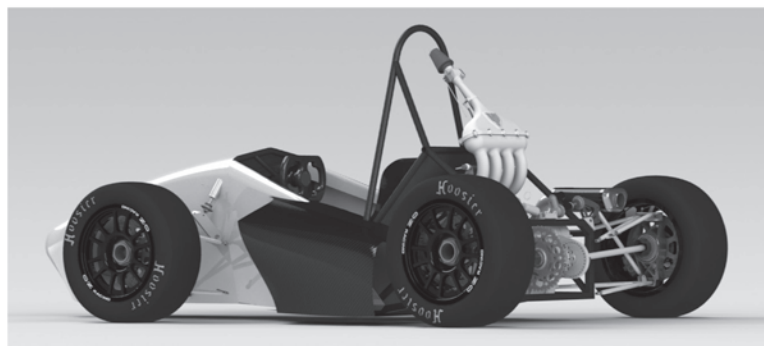
The Dalhousie University Formula SAE Team is a group of undergraduate and graduate engineering students dedicated to the design, development and construction of a Formula-style race car. The team is a student run organization consisting of students from all disciplines of engineering. Entirely funded by the teams' ability to obtain sponsors, the project is not only a difficult technical exercise but a lesson in business, management and marketing as well.

Throughout the year, students apply textbook theories to design and fabricate the majority of components involved in a complete

car: frame, drive chain, brake system, carbon fibre body, differential, wiring systems, pedal assembly, suspension... the complete package. With the intentions of participating in the annual Formula SAE® competition in Detroit, Michigan the car evolves from concept to fabrication to a working model in a 10 month period.

Formula SAE is a collegiate design series organized by the Society of Automotive Engineers (SAE). The first competition was held in 1979 in the United States, and the series has since grown to be an international event, with 500 active teams and 6 competitions held worldwide.

The concept behind Formula SAE is that a design team has been contracted to develop a small Formula-style race car. The prototype design will be evaluated based on design, manufacturing and marketing for



CAD rendering of 2012 Dalhousie Formula SAE car

its potential as a production vehicle. The competition consists of both static events and dynamic events. Static events involve the evaluation of the car's design, cost and marketing while dynamic events test the car's performance.

The Dalhousie University FSAE team has participated in the event 3 times in the past 5 years, the past two years being the most recent instances. The 2011 car was Dalhousie's most successful yet placing 77th out of over 120 teams from top engineering schools across

North America. Building on accumulated knowledge and lessons learned with previous 2011 car the Dalhousie FSAE team hopes the 2012 year will be its best yet.

With the construction of the frame well underway the 2012 Dalhousie FSAE car is scheduled to be complete by mid-April. The picture complimenting this article gives a taste of what the car should look like upon completion. Check out the website at blogs.dal.ca/formulaSAE or contact fsae@dal.ca for more information.

News briefs

- Engineers Without Borders is holding an Annual General Meeting on February 14th. Contact dal@ewb.ca for more details.
- Pulling for the Kids will be

held March 3rd from 8am — 8pm. Teams will pull cars around the loop in the Sexton entrance road to raise money for the Halifax Region Children's Aid Foundation. Con-

- contact engineer@dal.ca for more information on this event or to register your team of five.
- Executive Reports from the DUES Winter General Meeting are available at [\[leng.ca\]\(http://leng.ca\). Students in their 7th or higher academic semester are now able to run for President.

 - The Sextant is looking for articles, please email us if you have any ideas.](http://www.dal-

</div>
<div data-bbox=)

Questions, Comments and to Contribute sextant@dal.ca



www.thesextant.ca

Visit Sexton Campus's Online Resource dalsextant.ca

facebook.com/dalsextant



CANDIDATE PROFILES AND PLATFORMS + ALL THE LATEST

DalGazette.com



Dalhousie Gazette AGM

Feb. 15, 2012 @ 7 p.m. in Room 307, the SUB
There will be pizza. There may be ballots.
You had better be there.



The Celtic Heart of Halifax
Food for the Body, Drink for the Spirit, Music for The Soul

Welcome

- Pick Your Triangle ▶
- Daily Features ▶
- Find Us ▶
- Hours ▶
- Our Menu ▶
- Gig Calendar ▶

The Old Triangle Irish Alehouse

5136 Prince St.
downtown Halifax

Live music 7 nights a
week
Never a cover
charge

m.oldtriangle.com



Stay up to date with
the Triangle
on our new mobile site!!

Jean's

www.jeansrestaurant.ca
5972 Spring Garden Road
Tel 444 7776

Jean's

Eat in, Take Out
ACCEPTED:
DEBIT
Dal Cards
Credit Cards
ALL-DAY
FREE
DELIVERY
Call for Details



5 YEARS IN A ROW !!!

6th annual
BEST OF FOOD
BEST OF THE BEST READERS SURVEY

1st runner up:
"Best of Chinese restaurant 2007, 2008, 2009, 2010" the Coast
2nd runner up: Best Server +2011

"good food,
cheap, and
lots of it!"

Quote:
Bill Spurr, Chronicle Herald

Join us for
Tapas & Taps Hour
 4:00pm-6:30pm daily



Fine food, fine brews,
 in the heart of Europe!
 446.4700 • BrusselsRestaurant.ca
 1873 Granville St., Granville Square

@HamachiHouse
 Lovers of Hamachi

Take in the new year with
Halifax's "Best Sushi"
 for the past 9 years*



Happy Maki hour daily
 from 10pm to 12am
 425.7711 • HamachiHouse.com
 5190 Morris St., Halifax, Nova Scotia

*The Coast's Best of Food Reader's Survey



STUDENT SPECIAL



**STUDENT'S RECEIVE
 ANY REGULAR PRICED MENU ITEM
 50% OFF**
 MUST SHOW VALID STUDENT ID. NOT VALID WITH ANY OTHER OFFER

PLUS THESE GREAT OFFERS EVERY WEEK!

**MEGA
 Monday**

One large Pizza with
 4 single toppings
\$10.99

Mention Code: 4202 Valid on Monday only



2x Tuesday

Buy any Pizza at
 regular menu price &
 get a second Pizza of
 equal or lesser value

FREE

Mention Code: 8521. Valid on Tuesday only.



**Wacky
 Wednesday**

One medium
 1-topping Pizza
\$5.00
 EACH

Min. order of 3 for delivery.
 Mention Code: 3008. Valid on Wednesday only.



902-420-9999 6112 Quinpool Rd.
 (Vernon Street) Serving Halifax Peninsula and Fairmont

902-444-9999 480 Parkland Dr.
 Serving Clayton Park, Fairview, Kingswood and Bedford (South of Hammond Plains Rd.)



*Double portions, premium toppings and extra cheese are subject to an additional charge. Coupons are not valid with other offers. Copyright Domino's Pizza of Canada Ltd. Products may not be exactly as shown. Limited delivery area. Delivery charges may apply. Drivers carry less than \$20. Prices subject to change without notice. Applicable taxes not included in advertised prices. © Trade-Mark of Interac Inc. TD Canada Trust authorized user of the Trade-Mark or Trade-Mark of Interac Inc. Used under license. Offers expire May 1st, 2011.