

## At the Cross-Roads

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Dr. F. E. Gullison, Yarmouth.

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**I**T seems, at least to some observers, that the methods of caring for the sick in sparsely settled areas, are slowly and imperceptibly undergoing important changes.

The old saying, that we either progress or go back but never stand still (at least in practice), would appear to apply in this instance. So many factors seem to be involved, a few of which are:

The viewpoint of those needing attention in districts some considerable distance from the towns and this may well be the most important.

The attitude of the recent medical graduate of to-day.

The improved methods in modern transportation and hospital facilities in most small towns.

Lastly the economic factors such as the cost of medical service to those in outlying settlements and adequate remuneration to the physician ministering to such.

Transportation has undergone such striking changes in even the past decade. In not a few cases mileage fees were agreed upon and fixed on a basis which at the time appeared reasonable—say 75 cents to a dollar per mile, which in this day of excellent smooth paved highways and six cylinder closed automobiles, make the fee easily and quickly earned, (if ever received). This charge looms in the minds of the public and, in many cases, they will ride by the cross-roads physician and contribute to the office or hospital practice of the man in town. We all know this is very discouraging to the hard working man outside the town, and cuts down his income, never anything to boast of, to a low point. It is to these peoples' advantage to have a physician within easy reach and they are quick to take advantage of it when the roads are impassible in the winter season. The man at the cross-roads feels unjustly treated, which he undoubtedly is, but, being so long in the harness at this point, is unable to make a change and stays on until he leaves this mundane sphere.

But not so the recent medical graduate; his education has taken him five to ten years to acquire, with an expense of from five to ten thousand dollars, and he, or his advisors, can see no fitting return on this investment in a rural practice, so the cross-roads is left without a physician. This condition of affairs is increasing throughout the country and the Profession will, of course, adapt themselves to these changes.



Some of the laity, perhaps, may suggest a partially trained man, one who has not invested so much time and money in his education, in line with the home nursing courses which enable young women to enter the nursing field at wages much less than the five to seven dollars per day now charged by the fully qualified nurse. But such a course is obviously not to be considered.

This fact still remains, that the recent medical graduate, will sell his services in the best market, i. e., the cities and larger towns, for very obvious reasons. Conditions in this respect steadily become worse for the sick, and after all it always has been, and always will be, our first and most important aim to improve their lot, with of course due regard for our future as well.

As a solution of the difficulty it is suggested:—A revision downward of existing mileage fees for long distance calls: the judicious use of the hospitals for prolonged illnesses and obstetrical cases. Both the chief source of income for the rural practitioner might be carefully considered.

In any event we feel sure that the medical profession will do its best to meet changing conditions, with the idea of service uppermost, at the same time assuring a fair living wage for the medical attendant.

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#### BOOKS FOR DISPOSAL.

System of Surgery—4 Vol. Sheep; Dennis, 1895.

System Practical Therapeutics—3 Vol. Sheep; Hare, 1891.

Surgery—1 Vol. Sheep; Wyeth, 1887

Diseases of Women—1 Vol. Sheep; Skene, 1888.

Diseases of Infancy and Childhood—1 Vol. Sheep; Holt, 1897.

Operation Surgery—1 Vol. Sheep; Bryant, 1887.

Erichsen's Surgery—2 Vol. Cloth; 1885.

Physiology—1 Vol. Cloth; Dalton, 1875.

Fowne's Chemistry—1 Vol. Cloth; 1885.

Diseases of the Nervous System—1 Vol. Cloth; Hammond, 1891.

Practice of Medicine—1 Vol. Cloth; Bartholow, 7th Edition, 1889.

These books are available for the Medical Library at Dalhousie, or, for the library of any physician in the Province of Nova Scotia who will pay the expressage. This refers to all, or any one of the lot. Address, The N. S. MEDICAL BULLETIN.



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## The Department of Health

**E**VER since the first issue of the BULLETIN appeared as a four-paged small circular dated January 2nd, 1922, it has been the aim of the General Secretary to make it, in the first place, a medium by which to keep the medical profession as a whole fully in touch with the activities of their own official body, the Medical Society. Then developed the desirability of giving prominence to those matters relating to the welfare of the community especially with regard to the prevention of disease and the promotion of health.

Perhaps it may be said that the BULLETIN appeals equally to the profession and the lay public. The BULLETIN accepts this statement as expressive of its attitude for over eight years. Look over your old copies and you will notice there has been a continuous policy designed to point to the profession ways in which the value of their services to the community may be increased in knowledge, efficiency and moral support, at the same time telling the public both what they need and how the medical profession, hospital and other agencies may assist them in obtaining their requirements. During all these years the BULLETIN has, as far as possible, endeavored to uphold the efforts of the Provincial Department of Health in its own legitimate



field. There has been also a very considerable co-operation for several years which is instanced by the publication of Health Articles under the aegis of the Medical Society of Nova Scotia which were originally delivered by Radio by the Provincial Health Department.

Then a new phase of this co-operation developed when a special Committee of the Society was appointed by request of the Government to be Advisory to the Government in health matters. A further step was taken at the last annual meeting when a Committee from the Health Officers' Association was appointed to co-operate with this Advisory Committee.

It now remains to announce a new addition to, or development of, the consistent policy of the BULLETIN for the entire period of its existence, in that the Department of Public Health will, beginning with this issue, use the BULLETIN for its usual and necessary communications to the medical profession of Nova Scotia in all matters relating to the promotion of health and the prevention of disease. We are assured that this marks a step in advance that perhaps no other Province in Canada has so definitely taken as yet, and is a step in the right direction of co-operation in health work that is bound to be of value to this Province and a credit to the Medical Profession.

S. L. W.

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#### Meeting of the Executive.

Dr. Dan Murray, President of the Medical Society of Nova Scotia, instructs the Secretary as follows:—

“Please give notice of meeting of Executive in Halifax during Dalhousie Refresher Course.”

This meeting will be held on Thursday, September 11th, 1930. There will be an afternoon session beginning at 4.30 P. M., followed by a Dinner at 7.00 P. M., which will merge into an evening session beginning at 8.00 P. M. The two sessions and the Dinner will be held, for the convenience of the greater number, at the Lord Nelson Hotel, for which special arrangements will be made.

The Agenda will be forwarded to each member of the Executive some days previous to the meeting. Each member will assist by bringing this notice with him. Should any member of the Executive, or any of the doctors attending the Dalhousie Refresher Course, desire hotel reservation the General Secretary will be glad to arrange for the same upon request. Please advise day of arrival and length of stay.

S. L. WALKER,  
General Secretary.



## Department of the Public Health

### PROVINCE OF NOVA SCOTIA

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Provincial Health Officer - - - DR. T. IVES BYRNE - - - Halifax.

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#### SPECIAL DEPARTMENTS

Tuberculosis - - - - - DR. P. S. CAMPBELL - - - Halifax.  
 Pathologist - - - - - DR. C. M. BAYNE - - - Sydney.  
 Psychiatrist - - - - - DR. D. J. MACKENZIE - - - Halifax.  
 Supt. Nursing Service - - - - - DR. CLYDE MARSHALL - - - Halifax.  
 MISS M. E. MACKENZIE, R.N., Halifax.

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#### OFFICERS MEDICAL HEALTH OFFICERS ASSOCIATION

President - - - - - DR. W. F. MACKINNON - - - Antigonish.  
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Medical Health Officers for Cities, Towns and Counties.

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#### INFORMATION

The Provincial Public Health Laboratory provides free diagnostic services for the entire Province. It is, however, to be regretted that misunderstanding exists among physicians as to the scope of this work. Roughly speaking, free examinations are made of blood, cerebrospinal fluid, cultures, smears for gonococci, sputum, urine, faeces, pleural fluids, pus, water, milk, brain tissues for rabies, as well as throat, ear and prostatic swabs. Physicians desiring this service should address their communications to, Dr. D. J. MacKenzie, Public Health Laboratory, Pathological Institute, Morris Street, Halifax.

Physicians desiring serums and vaccines should address their communications to the Provincial Health Officer, Halifax, N. S.

# Medical Health Officers, 1930

## ANNAPOLIS COUNTY

Armstrong, M. E., Bridgetown.  
Braine, L. B. W., Annapolis Royal.  
Kelley, H. E., Middleton (Town and Co.).

## ANTIGONISH COUNTY

Cameron, J. J., Antigonish (County).  
MacKinnon, W. F., Antigonish.

## CAPE BRETON COUNTY

Tompkins, M. G., Dominion.  
Gouthro, A. C., Little Bras d'Or,  
(C. B. Co.).  
Poirier, G. J., New Waterford.  
MacKeough, W. T., Sydney Mines.  
McLean, J. A., Glace Bay.  
McLeod, J. K., Sydney.  
O'Neill, F., Louisburg.  
Murray, R. L., North Sydney.

## COLCHESTER COUNTY

Dunbar, W. R., Truro.  
Havey, H. B., Stewiacke.  
Johnson, T. R., Great Village (County).

## CUMBERLAND COUNTY

Bliss, G. C. W., Amherst.  
Drury, D., Maccan (County).  
Gilroy, J. R., Oxford.  
MacKenzie, M. D., Parrsboro.  
Rockwell, W., River Hebert, (M. H. O.  
for Joggins).  
Withrow, R. R., Springhill.

## DIGBY COUNTY

DuVernet, E., Digby.  
Rice, F. E., Sandy Cove (County).  
Belliveau, P. E., Meteghan (Clare Mcpy).

## GUYSBORO COUNTY

Brean, J. S., Mulgrave.  
Elliott, H. C. S., Guysboro (County).  
McGarry, P. A., Canso.  
Stone, O. R., Sherbrooke (St. Mary's  
Mcpy.).

## HALIFAX COUNTY

Almon, W. B., Halifax, N. S.  
Forrest, W. D., Halifax (County).  
Payzant, H. A., Dartmouth.

## HANTS COUNTY

Bissett, E. E., Windsor.  
MacLellan, R. A., Rawdon Gold Mines,  
(East Hants Mcpy.).  
Reid, J. W., Windsor, (West Hants  
Mcpy.).

Shankel, F. R., Windsor, (Hantsport  
M. H. O.).

## INVERNESS COUNTY

Chisholm, A. N., Port Hawkesbury.  
McNeil, A. J., Mabou (County).  
Ratchford, H. A., Inverness.

## KINGS COUNTY

MacKinnon, H., Berwick.  
Bishop, B. S., Kentville.  
Burns, A. S., Kentville (County).  
DeWitt, C. E. A., Wolfville.

## LUNENBURG COUNTY

Davis, F. R., Bridgewater (County).  
Donkin, C. A., Bridgewater.  
Morrison, L. N., Mahone Bay.  
Zinck, R. C., Lunenburg.  
Zwicker, D. W. N., Chester (Chester  
Mcpy.).

## PICTOU COUNTY

Blackett, A. E., New Glasgow.  
Day, F. B., Thorburn (County).  
MacKenzie, S. G., Westville.  
Stramberg, C. W., Trenton.  
Dunn, G. A., Pictou.  
Whitman, G. W., Stellarton.

## QUEENS COUNTY

Ford, T. R., Liverpool (Town and Co.).

## RICHMOND COUNTY

LeBlanc, B. A., Arichat.

## SHELBURNE COUNTY

Hatfield, G. M., Clark's Harbor.  
Churchill, L. P., Shelburne (County).  
Fuller, L. O., Shelburne.  
Densmore, J. D., Port Clyde, (Barrington  
Mcpy.).

## VICTORIA COUNTY

MacMillan, C. L., Baddeck.

## YARMOUTH COUNTY

Blackadar, R. L., Port Maitland, (Yar.  
Co.).  
Lebbetter, T., Yarmouth (Wedgeport M.  
H. O. and Town Yarmouth).  
Siddall, A. M., Pubnico, (Argyle Mcpy.).



## Communicable Diseases

Reported to Provincial Health Department By Medical Health Officers.

Week Ending	July 23	July 30	Aug. 6	Aug. 13	Total
Cerebro-Spinal Meningitis.....					
Chickenpox.....	2				2
Diphtheria.....	7	2	7	2	18
Infantile Paralysis.....		1			1
Influenza.....		2	1	5	8
Measles.....	4	3	3		10
Paratyphoid.....				1	1
Pneumonia.....				2	2
Scarlet Fever.....	7	8	8	9	32
Typhoid Fever.....	2				2
Tuberculosis-Pulmonary.....		3	3	3	9
Tuberculosis-Other Forms.....			1	1	2
V. D. G.....		5		1	6
V. D. S.....		1		1	2
Whooping Cough.....	2			4	6
Total.....					101

**Mental Hygiene.** "One out of every 25 people in Canada will enter mental hospitals this year and more Canadians will become patients than will graduate from the Universities.... In New York State one out of every 22 persons become inmates of such institutions, .... There are more occupied beds in Canadian Mental hospitals than in all general hospitals. ... Mental and nervous disorders are responsible for a greater lack of national efficiency than are physical disabilities." (Dr. C. M. Hincks at the International Congress on Mental Hygiene at Washington, May, 1930).

An Evangelist holding forth recently in Pictou County is reported as saying:—"I have no fight against the doctors—There are millions of people in the world who cannot come to God for healing for they don't know Him, therefore the doctors are needed for them, also there are thousands of Christians who haven't faith to trust God for the healing of their bodies, so they need the doctors, and I certainly advise every one who hasn't faith to trust the Lord for healing to get a doctor every time, but I want to show you your privilege in Christ, the great physician, who never lost a case, and broke up every funeral procession he ever came in contact with."

And this is what the public listens to without any protest.



**Examination of the Blood.** It requires both knowledge and intelligence on the part of the general practitioner if he is to take full advantage of modern laboratory procedures. In a recent number of the A. M. A. Journal attention is directed to the importance attached to the chemical examination of the blood, and its very general employment. Yet obviously there must be an intelligent idea of the information desired in each instance. The Journal then gives some ten clinical aphorisms that might well find a place in every physician's office:—

1. Never ask for both nonprotein nitrogen and urea tests in the same patient.

2. Except in emergency, never ask for a nonprotein nitrogen determination when the excretion of phenolsulphothalein is normal. Determine the output of phenolsulphothalein first.

3. Never ask for the creatinine value of the blood unless the nonprotein nitrogen content is above 60 mg. per hundred cubic centimeters. Then determine the concentration of creatinine as a matter of routine.

4. Order determination of the uric acid content in cases only of gout or suspected gout.

5. Order blood sugar determinations in cases only of diabetes or suspected diabetes or hypoglycemia.

6. Ask for a test of the carbon dioxide combining power of plasma in:—

(a) Diabetic patients with diacetic acid in the urine.

(b) Uremic patients with nitrogen retention and dyspnea.

(c) Patients showing toxic symptoms who are receiving large doses of alkali.

(d) Conditions associated with disturbed motility of the gastrointestinal tract with marked toxemia.

(e) Tetany of all types.

7. Order chloride, nonprotein nitrogen and carbon dioxide combining power determinations in all cases of disturbance of gastrointestinal motility with marked toxemia.

8. Ask for serum bilirubin or icterus index tests in cases of jaundice, but do not pay too much attention to borderland values.

9. Ask for blood calcium determinations in cases only of tetany of unknown origin.

10. Order inorganic phosphorus tests, if practicable, in cases only of rickets and infantile tetany.

With an appreciation of these limitations applicable at the present time, the demand for "routine blood chemistry" with its expensive implications will find a salutary restriction.



**A constant reminder necessary.** Reporting on an epidemic of small pox in Quincey, Ill., Dr. Rhodes, Public Health Officer, formulates the following conclusions:

1. In the 100 cases recorded here the relatively mild or moderate type of smallpox prevailed in the majority, especially children.
2. A surprising degree of ignorance, superstition, prejudice and indifference to vaccination exists among a considerable proportion of the population even when smallpox appears in a community.
3. There is need of more widespread publicity and education as to the dangers of smallpox, with emphasis on the heavy economic loss sustained by the patient and his family while under quarantine.
4. The value of wholesale vaccination in schools, factories and stores as early as possible when smallpox begins to prevail in a community is apparent as the most effective weapon to check an epidemic.
5. There is urgent need in many states of definite laws requiring the vaccination of all school children when entering school.
6. The purity of the vaccine and the improved technic of vaccination at the present time as compared to twenty or twenty-five years ago should lead to an increasing number of vaccinations. In more than 16,000 men, women and children vaccinated in this city in the past four months, not a single fatality of any serious consequences have resulted." (*A. M. A. Journal*, May 3rd, 1930).

Many persons looking over the list of lecturers, which also indicated in general their special subjects, in the recent Summer School conducted by the Department of Education in Halifax, must have been impressed with the entire absence of anything referring to public health, especially in relation to the physical defects of children in the public schools. To this might have been added some presentation to the teachers of the part they might take in the larger field of health education. Surely this omission will be remedied in the future, but the question is, Why not Now?

**Age and Efficiency.** It is quite safe to quote Henry Ford in matters that have come directly in his business experience. It may also be of comfort to some who are afraid of old age. He said:—"If all the men of 55 or over were removed from industry there would not be brains enough to carry on." A medical authority says:—"The maximum efficiency begins at 35 and continues up to 55, the greatest degree of efficiency is attained in the last ten years." These are illustrations of the following of making statements without qualifications and the newspapers seldom feature the qualifications, at least in their headlines and ordinary press despatches.



## Hospital Notes

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**HOSPITAL Construction Delayed.** A recent editorial note in *The Advertiser* of Kentville suggests that, if the Hospital Association of that town is not prepared to go on with a proposed new hospital, they should return the very fine site of a suitable property to its former owner. From subsequent correspondence we believe the donor, Mr. G. E. Calkin, is not of the opinion that immediate action is absolutely necessary. Viewing the situation from an outside but vitally interested viewpoint we feel inclined to endorse the attitude of Mr. Calkin in this particular. We have not achieved as yet in Nova Scotia what appears to us as a very useful function of hospitals so centrally situated as would be one in Kentville. It is suggested then, in all modesty, that the proposed institution be established as a *Health Clinic Centre* for this portion of the Province, and not a purely local hospital for treatment purposes only. Perhaps there is some good in this suggestion.

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Miss Mosher, R.N., of the Memorial Hospital Inverness, was the recipient recently of a bounteous "Shower" accompanied by a well filled purse in view of an interesting coming event.

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Miss Hope McLeod, R.N., of Liverpool, a graduate of Chester Hospital, Cambridge, Mass., has been appointed Assistant Superintendent at the King's Memorial Hospital.

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**It happened** at the Hospital at Berwick, or rather the Berwick Register reports it:—

A. M. Nurse:—"Doctor B's mustache makes me laugh."

Other Nurse:—"It tickled me, too."

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Miss Margaret McKenzie, R.N., of the Provincial Department of Health, was Nurse-in-charge at the Kiwanis' Club, Girls Camp, Sydney, for four weeks in July. In this camp of 45 girls the aggregate gain in weight was 180 pounds for the period. A follow-up system should be established to ensure a continued progress upon return home. Dr. J. K. McLeod, Sydney, Health Officer is Medical director of this local philanthropy.

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Just previous to her resignation as dietitian at Camp Hill Hospital, Miss Isabel Cavanagh was the recipient of many proofs of esteem by her friends. Among these a "shower" of silver spoons from the nurses and stenographers of the hospital was very highly appreciated.



Kings Memorial Hospital, Berwick, is to be congratulated upon a recent gift from Mr. A. C. Fuller of Hartford, Conn., President of the Fuller Brush Company, of \$1500.00 for the purpose of beautifying the grounds surrounding the hospital. It is another instance where Nova Scotians making good elsewhere, have not forgotten the land of their birth and their early education and training. A landscape artist of Toronto, Mr. H. H. Greeno, (who should himself come from Hants County, Nova Scotia) has prepared plans which will make this a very beautiful setting for a memorial hospital.

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The new Highland View Hospital, Amherst, has completed its first year's operations since its disastrous fire. With a daily average of patients of 29.3; with 40 births; 31 deaths; 861 patients receiving attention in the out-patient department; 736 operations; an aggregate attendance for the year of 10,767:—these figures indicate a busy year. This appears to be a very fine record for the following staff:—A Superintendent, (Miss Hillcoat), a night supervisor, an operating room supervisor, two ward supervisors, 14 nurses in training, and 2 probationers. Presumably the Hospital Commission have good reasons for the employment of nurses in training. Incidentally, the **Bulletin** would be glad to have an expression of opinion on this latter matter in such hospitals as we have in Nova Scotia.

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The patients of the Nova Scotia Sanatorium, who were fortunate enough to be classified as Pavillion cases, held their annual summer picnic early in August at Delhaven Beach, when Dr. Miller and his staff furnished the entertainment and supper, and citizens of Kentville furnished the transportation.

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Dear Doctor:—

In no field of therapeutics is Pyridium so effective as in the treatment of pyelitis.

Administered by mouth, either alone, or in combination with other remedies, it exerts its potent bactericidal action on the various species of pathogenic bacteria which attack the organs and tissues of the urinary tract and thus set up infective processes. By its use the distressing symptoms are usually alleviated promptly.

Pyridium may be used even in infants and children and in pyelitis of pregnancy. We have a pamphlet on the use of Pyridium in the treatment of cystitis which we should be glad to send upon request.

Very truly yours,

MERCK & CO., LIMITED.



## Reviews

### THE DALHOUSIE REVIEW.

We sometimes doubt whether this and similar articles, that are now appearing regularly in the BULLETIN, should be headed "Book Reviews" or "Our Exchanges." The July 1930 issue of *The Dalhousie Review* with almost 150 pages of reading matter is much more than an Exchange, although that is why it comes to the BULLETIN. It is really a book of Essays to which even the Editor contributes. Also there is not a Number that does not contain matter of very considerable interest to members of the medical profession. It is, therefore, quite in line with the policy our BULLETIN is gradually developing a journal of general interest and representing various phases of the community life of the Profession,—to carefully read this valued Quarterly *Review*.

The opening article of this present number of the *Review* is rather academic in its title, but its author is Dr. J. A. Lindsay, Emeritus Professor of Medicine, University of Belfast. It is, to be exact, a *study in biology*, and calls for our study of its matter.

The Author lays out for himself four chief questions, thus:—

1. What are the differences between the sexes in the sphere of mind?
2. Are co-education and uniformity of curricula advisable?
3. How far is it sound policy to direct female education on the assumption that women are fitted to fill most of the roles in life, which have hitherto in general been reserved for men?
4. Is education of the young in the facts of the sex life necessary or desirable, and, if so, by whom and when should such education be given?

He also promises that an agreed opinion upon all of these points is not to be expected, yet, "discussion may clear the air and point the line of future progress." Clearing of the air is certainly needed and we hope progress will not end with us

While History reveals the leading part taken by the female sex from the earliest periods recorded, it is pointed out that there are material differences in the intellectual characteristics of the two sexes, "Education cannot run counter to biological law." Not only is there a starting difference in attributes, but the rate of development differs. Then the sexes differ as regards the senses and Dame Nature plays a profound part in the subsequent life and its varied interpretations.

As regards the Practice of Medicine the Author says:—"At the present time the capacity of women for medical science and practice is a question exciting much interest and not a little controversy. It is agreed that female medical students are most diligent in their work, that they are competent clinical observers, and that they make a good show at their examinations. How far their moderate success in the



actual practice of their profession is a temporary or permanent state of things, time alone can determine. Whether or not women have more intuitive faculty than men, may be a matter of debate, but, if this superiority of the female be admitted, it ought to find some field for its exercise in the practice of medicine, while woman's inferior initiative, less self reliance, less readiness in emergencies might suggest less adaptability for surgery...."

Regarding the second question, as to co-education of the sexes, the writer very wisely, we think, treats the question still academically, and announces no definite pronouncement. The pros and cons are so evident, it would be a very brave or very foolish man, who would take a decided stand on the matter.

A similar attitude on the question of directing female education on the basis that women are fitted to fill most of the roles in life hitherto usually reserved to men, is, we think, equally advisable for a careful writer to take, for like reasons.

The author also discusses the fourth proposition he has laid down in an equally guarded manner. The matter of sex education is very important and is so recognized in many countries and by many teachers and writers. He summarizes the arguments in favor of sex instruction of the young as follows:—

- (a) That it is a reproach to our methods of education and to our civilization that the young have no legitimate, natural and healthy means of acquiring the sex knowledge which must be theirs sooner or later.
- (b) That sex knowledge often comes to the young from a tainted source and through undesirable channels.
- (c) That, if sex knowledge has its dangers, sex ignorance has still greater dangers.
- (d) That the young are not warned in time against the evils which arise from breaches of the law of sexual purity.
- (e) That it is foolish to invest the whole domain of sex life with the atmosphere of secrecy, as this attitude stimulates curiosity and tends to pruriency.
- (f) That the natural questions of the children meet with evasive or untrue replies, which have the double disadvantage of shaking the confidence of the young in their parents and teachers, and missing the opportunity of imparting in a natural way information which might be of great value.
- (g) That to allow the shadow of indency to overhang all sex questions is a survival of mockery or perhaps of Manichaeism."

The counter arguments might be summarized as follows:—

- (a) That it is dangerous to excite a premature interest in the question of sex.
- (b) That nature seems to have drawn a veil over these matters, and that this veil may conceal some profound biological purpose.



- (c) That the natural modesty and reserve of the young regarding questions of sex are admirable qualities, and a protection from the perils of life.
- (d) That premature sex revelations are found in certain cases, and especially in girls, to be alarming and even repulsive.
- (e) That it is extremely difficult to determine when and by whom sex knowledge should be given to the young.
- (f) That sex knowledge may come instinctively, in good time and by a process of natural evolution, and that this is the more desirable method."

With this question thus left unanswered he asks the further one as to by whom and when should this knowledge be imparted. There are obvious difficulties for the first two out of our three possible agents, parents and doctors and teachers. He quotes rules suggested by Professor J. Arthur Thomson for the third agent:—

- “(a) While respecting the natural instinct of reserve in regard to sex questions, something might be done to suggest that mystery is observed because sex is sacred, not because it is inherently shameful or unclean.
- (b) Much may be done through nature study—for younger pupils—and biological studies, for senior pupils, to remove the facts of sex and reproduction from a purely human and personal setting, to exhibit them as natural phenomena at many different grades of evolution, to put an end to puriency, and to make the big facts about the continuance of life familiar in the botanical and zoological fields—leaving it to the ordinary intelligence to see the human applications.”

The author then quotes Professor Julian Huxley as giving the best available modern scientific opinion on the subject, but one questions if he adds anything definite for us to accept. Yet this is what he says:—

“If matters concerning sex are treated properly during a child’s development and education, the necessity for psycho-analysis, and any expression of analytic knowledge of the foundations of one’s own mind that it may bring, is done away with. If it can be assured that there is no obvious avoidance of the subject leading to repression in the child’s mind, and, on the other hand, no undue prominence given to it so that a morbid curiosity is aroused, a large proportion of the conflicts that now arise could be avoided. The other necessity is that there should be provision for sublimation—art or music, or social service, or in one’s work, in religion, or, in modified form, in sport or romance.”

All of which, from beginning to end, reminds us of the old saying:—  
“If ifs and ands were pots and pans, there’d be no work for tinkers.”

S. L. W.



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## OBITUARY

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**FREDERICK FORBES SMITH, M.D., Jefferson Medical College,  
1895, Granville Ferry, N. S.**

**T**HE death occurred on July 17th, 1930, at his home in Granville Ferry of Dr. F. F. Smith, aged 63 years. He was a graduate of Dalhousie University and took his degree in Medicine at Jefferson. He has practiced continuously since 1895 at Granville Ferry and his services to the community were very highly appreciated. He leaves to mourn his passing his wife, formerly Miss Annie Sutherland of Granville Ferry, two sisters and one brother.

Dr. Smith was born on April 4th, 1867 at North Brookfield, Queens County, the son of Josiah Smith and Charlotte Fraser. He was a nephew of the late Dr. Gilbert G. Smith of Liverpool and also of Rev. Hibbert Binney Smith of Hebron. For several years during the war he was on duty in the C. A. M. C., at Aldershot. Of him a local paper says:—"A most successful practitioner whose skill was outstanding, Dr. Smith's presence always inspired confidence in patient and family alike. He was a lover of the outdoors, a keen sportsman and gentle to all animals, and his memory will long be marked in this county."

To those who mourn his passing the BULLETIN extends sympathy.

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On July 26th, 1930, Mr. Duncan Robert Campbell passed away at his home on Gottingen Street, Halifax, after a short illness, aged 72 years. He will be remembered by many members of the medical profession as a brother (we think the only surviving brother) of the late Doctors D. A. and Geo. M. Campbell of Halifax. But he was also well known as a Civil Engineer, a keen follower of athletics and a prominent Mason. He was buried in Camp Hill Cemetery with full masonic honors. He is survived by his wife and seven children. One son is Dr. Don. St. C. Campbell of La Plata, Maryland. One daughter, Jean, is the wife of W. C. Dowell, D.D.S. of Halifax; Jessie, the wife of Dr. C. A. Mac-Millan, Fredericton, N. B.; Marion, the wife of Dr. T. J. Morrison, Beacon, N. Y.; to all of whom sincere sympathy is extended.

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Mrs. Fagan, wife of Dr. Albert Fagan, Herkimer, New York, died at her home July 19th, 1930. Mrs. Fagan was formerly Miss Nita MacNeil, a daughter of Mr. and Mrs. M. J. T. MacNeil of Halifax, but formerly of River Bourgeois. Mrs. Murphy, wife of Dr. G. H. Murphy, of Halifax, is a sister of the deceased.



The death occurred on July 12th, 1930, at Mendoza, Argentine Republic, S.A., of Frederick G. Corbin, M.D., a son of the late Major J. G. Corbin of Bedford. He graduated from McGill University in 1890 and ever since has practiced in this South American City. He visited in Halifax some ten years ago. To this note we would add the following from Dr. S. S. Slauenwhite of Rose Bay, N. S.:

"Editor of the *Chronicle*,

Sir:—I noticed the death of Dr. F. G. Corbin of the Argentine and later of Halifax. He was a classmate of the late Dr. W. E. Jenkins of Conqural Bank. After graduation in 1891 he called on Dr. Jenkins, having come to Mahone to take passage on the Barque 'Laura Emily,' to the Argentine. His late mother came with him from Halifax to see him off."

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The BULLETIN greatly regrets to record the death on July 16th of Joey Bruce, the 13 year old son of Dr. and Mrs. James Bruce of Sydney. He had only returned shortly before from a motor trip with his father to Upper Canadian and American cities. In his school he was very popular and loved by all who knew him. To his parents, brothers and sisters the BULLETIN extends sympathy.

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Many persons in Berwick and vicinity, regretted to learn of the death in Boston at the Chelsea hospital of Miss Olive M. Palmer, daughter of Mr. and Mrs. Robert Palmer of Weston, Kings Co., N. S. Miss Palmer had just completed her three years' course in training and she would have been a valuable addition to the nursing profession.

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**Doctors in Politics.** This active participation in politics by members of the Medical Profession is something that a friendly observer of the profession in this province does not, so he informs the BULLETIN, quite understand. Then, in the course of conversation, he recalls some doctors a long time ago who figured very prominently in political affairs. Among others he mentioned Doctors Tupper, Parker, Farrel, Kendall, Black, Borden and others of an early date, also speaking of Reid, Johnstone, MacDonald (J. A.), McGarry, Proudfoot, Rehfuss, Morton (A. McD.), Murphy, McIsaac, Cameron, Muir, Dunbar, McKinnon, Burris, Kennedy, Smith, Lovitt and others, whom we do not at the moment recall, all much interested in this game, in years more or less recent. On top of this we note that in the recent general election, while lawyers head the list as elected members with some 65 elected to Parliament, the Farmers so classified by occupation, elected some 44 members and the doctors made a good third with 29 members. Our friends the Dentists sent 2 members and the Druggists 4 members. Yet we still wonder why such a large number of medical men seek political honors.



## Locals and Personals

**D**R. P. A. Creelman, Dalhousie 1925, Charlottetown, accompanied by Mrs. Creelman, spent a few weeks vacation visiting the latter's parents, Mr. and Mrs. Graham Creighton of Halifax. Dr. Anna St. C. Creighton, Dalhousie 1922, (Mrs. J. R. Laing), of Brooklyn, New York, has also been visiting her former home.

Dr. J. Fabian Bates of Glace Bay spent his short summer vacation visiting in the United States. We are advised that Dr. H. B. Whitman was his *locum tenens* at this time.

**Observe 60th Anniversary.** Dr. Charles S. Morton of Halifax recently participated in one of those comparatively infrequent events, a 60th Wedding Anniversary. He was not by any means a central figure in the event for it was his father and mother who were the honored guests at a mid-day dinner at the Nova Scotian, July 11th, 1930, and afterwards, at their Alexandra Apartments, held a reception, at which many attended to convey congratulations and offer expressions of goodwill. Rev. A. D. Morton, D.D., was for 51 years a notable figure and a power in the Methodist Church of Canada. Perhaps a retiring age may be compulsory and sometimes desirable, but the vigor of body, the keenness and richness of mind of this cultured Minister of the Gospel suggest that this is sometimes very poor business. We extend our greetings to Dr. C. S. Morton's parents, but those who have met them will desire to extend to them, personally, sincere congratulations and all possible good wishes.

Dr. and Mrs. W. N. Rehfuss of Bridgewater motored to Toronto to attend the closing of Toronto University, June 6th, the special attraction being the graduation of their daughter, Miss Margaret; en route Mrs. Rehfuss attended the annual meeting of the National Chapter of the I. O. D. E. in Montreal.

Dr. T. F. Meahan and Mrs. Meahan (Miss Mary Sullivan) were cordially welcomed, after their honeymoon, to New Aberdeen by a large number of friends at a surprise function, when they were presented with a silver fruit bowl, a silver sandwich bowl and a silver cake basket.

Following the war several young men belonging to Truro began the study of medicine, graduating, the most of them, from McGill about 1924. Among these was Dr. L. R. McLaughlin, now on the staff of the Ashland, Pennsylvania State Hospital. He and Mrs. McLaughlin spent a short vacation in July with his parents, Mr. and Mrs. Bert McLaughlin, Truro, at their summer home at Folleyh.



One is inclined to regret the loss to Nova Scotia of young men of the stamp of Dr. McLaughlin, but we must congratulate them on their success elsewhere.

**Appointment at Dalhousie.** The Board of Governors have announced that Miss Anna MacKeen has been appointed Warden of Shireff Hall, a position vacated by the appointment of Miss Margaret Lowe as Principal of Bishop Strachan School in Toronto. Miss MacKeen is a graduate in Arts of McGill University and has had a splendid Executive training for a number of years. She is a Nova Scotian, a member of a well known family, a daughter of the late Dr. R. A. H. MacKeen of Glace Bay and a sister of Dr. R. A. H. MacKeen of the medical staff of Dalhousie. Associated with her as Deputy Warden will be Miss Marion I. Clarke, B.A., R.N., daughter of Rev. J. A. Clark, the revered pastor of St. Matthew's Church, Halifax.

**Collection Accounts.** To our certain knowledge the passing or the removal of a doctor from his community means very small further receipts, either for himself or his family, from that district. The BULLETIN knows that the Medical Audit Association has altered this custom in some instances in Nova Scotia. This is why their advertisement is still found in our official journal.

Mrs. Little, wife of Dr. F. R. Little, of Halifax, left the first of August for an extended visit to Vancouver, with her brother, Mr. David Dixon of that City.

Dr. Jacob Land of Sydney, Dalhousie 1930, has located at Ramea, Nfld. This field has been vacant for at least a year, although an attractive situation for a recent graduate or any medical man who is dissatisfied with his present location as regards an assured income. The BULLETIN has been calling attention to this opening for at least one year and what more can we do? Perhaps, recent graduates and others do not yet realize that the BULLETIN can give recent graduates (and others) very sound advice regarding locations for profitable interim practices. Practices preliminary to those that will cut the large permanent swath. Dr. Land will profit greatly by this experience.

We note that all the Doctors, resident in Ottawa are to be the guests of one of their number who was too confident that Conservatives would be elected in the Capital City at the recent general election. It is said the function will cost him \$700.00.

Dr. R. Shlossberg until recently on the staff of the Nova Scotia Sanatorium, a graduate of Dalhousie in 1929 is now doing post graduate work in Chicago. Dr. M. M. Brauenstein is a recent addition to the Sanatorium staff.



Militia Orders No. 283 note the posting to No. 26 Field Ambulance of Capt. (Qr. Mr.) C. M. Williams with effect from May 7th, 1930.

Miss Love, Dalhousie 1930, daughter of the late Andrew Love, New Glasgow, visited friends in Cape Breton in July and August. It will be remembered that Dr. Love, was for a number of years in practice in Sydney Mines.

**Politics and Longevity.** The recent election brought out at least one centenarian, two or more nonogenarians and several more octogenarians. Col. Thos. Cantley claims the honor of the oldest voter in Canada in the person of Miss Christy Dunn, Queen St., Westville, who had reached her 102nd year. Now that women vote perhaps this will be regarded as a desirable example. Now we learn of another aged voter, 102 years also, who voted differently from Miss Dunn,—but he was only a man.

Dr. F. T. McLeod, New Waterford, took his annual vacation this year in July by motoring to his former home in Pictou and to other parts of the province.

It was at Scotchtown, C. B. he made the most effective speech in the recent campaign. In the course of his remarks he said,—“Ladies and gentlemen I won't tax your memories.” The applause was so general and sustained that he left it at that.

A wedding of considerable interest to recent graduates of the Dalhousie Medical College was that of Dr. Douglas Macdonald, Dalhousie 1929, of New Glasgow to Miss Gladys Adelpha of Brown City, Michigan, on June 28th, 1930. The bride was a graduate nurse of the Henry Ford Hospital, Detroit, and a member of the staff, while the groom has just been appointed House Physician at the same hospital for three years. A portion of the honeymoon trip was spent at the home of the groom's parents, Mr. and Mrs. J. E. Macdonald, Pictou Landing.

Dr. and Mrs. C. H. Morris of Windsor have had the pleasure of entertaining their son, Geoffrey, of the Public Health Department, Tennessee, who, with his wife, formerly Miss Puddicombe of Ottawa, spent part of July on a short vacation in Nova Scotia. Dr. Morris graduated from Dalhousie in the Class of 1928. Mrs. Morris formerly resided in Pictou.

Dr. Clarence Campbell, Dalhousie 1924, for some five years located at West Branch River John, has recently settled at Truro. He is thus located near the former Campbell home at Salmon River, Truro.



Dr. Ross Cameron of Virginia, a son of W. H. Cameron of Halifax, accompanied by Mrs. Cameron and their little daughter, were visitors in July to Halifax. Dr. Cameron is a Dalhousie graduate of 1925.

Dr. and Mrs. Charles MacMillan of Fredericton, N. B., with young "Charlie" were welcome visitors in July and August in Halifax. Dr. MacMillan is a graduate of Dalhousie in 1924 and Mrs. MacMillan was for a number of years an excellent newspaper reporter,—Miss Jessie Campbell.

Dr. Henry Dawson of the staff of the Presbyterian Hospital, New York City, has recently been visiting his parents in Truro, Mr. and Mrs. C. M. Dawson.

#### Striking Classified Ads.

"Wanted—Saleslady must be respectable till after Christmas."

"The ladies of this church have cast off clothing of all kinds. They may be seen in the basement of the church any afternoon this week."

"They Speak *Not* but Tell All."

Dr. W. MacK. MacLeod of Sydney has been retired from medical practice for a number of years, but is by no means laid on the shelf when it comes to matters relating to the Presbyterian Church and the Navy League. Accompanied by Mrs. MacLeod he has recently returned from an interesting trip to Saskatoon and many other western points. In Saskatoon he met Dr. and Mrs. Robert MacDonald both former Cape Bretoners. Also they met an aunt of Mrs. (Dr.) J. Fraser MacAulay of Sydney, and Mrs. MacLeod's cousin, Mrs. Motherwell, wife of the Hon. W. R. Motherwell. At Regina they attended the Annual Convention of the Navy League. Both here and in Winnipeg friends from Cape Breton gave them a fine welcome. At Winnipeg the genial Dr. Daniel McKay, formerly of Reserve, was much in evidence. It was a trip much enjoyed by both the Doctor and Mrs. MacLeod.

Among visitors in the latter part of July to Westville were Dr. and Mrs. A. F. Weir and Miss Margaret of Freeport, Digby County. They spent a pleasant week among friends and relatives in Westville, New Glasgow and other places in Pictou County.

Mother: "Well, John, what did you do with the sixpence I gave you as a reward for taking your medicine."

John: "I bought caramels for threepence, and gave Tom the other threepence for taking the medicine for me."



Mrs. Nathanson, wife of Dr. George Nathanson of New York formerly in practice for a number of years in Sydney, spent the month of August visiting friends in that city, her first visit since their removal to New York. Dr. Nathanson graduated from Bellevue in 1914 and registered in Nova Scotia in 1916.

Dr. and Mrs. E. M. McDonald of Sydney enjoyed a visit in August of their daughter Miss Helen, who is on the staff of the Sun Life Insurance Company, Montreal.

Dr. R. L. Murray of North Sydney, formerly on the staff of the Nova Scotia Hospital, and Mrs. Murray announce the engagement of their daughter Jean Francis to Kenneth E. Spencer of Moncton, the marriage to take place early in September.

Dr. W. J. MacDonald, Mrs. MacDonald and their young son Billie, of Wellsburg, Virginia, spent their vacation in July at Truro, the former home of both Doctor and Mrs. MacDonald. Dr. MacDonald graduated from Dalhousie in 1925.

Dr. Samuel Marcus of New Germany has been gazetted a Lieutenant to the C. A. M. C. and attached to the 1st Bn. Lunenburg Regiment.

**Born.** At Stellarton, August 5th, 1930, to Dr. V. H. T. Parker, and Mrs. Parker, a daughter.

**Born.** At Berwick, N. S., July 22, 1930 to Dr. and Mrs. Hugh McKinnon, a daughter.

An interesting chapter in local history was recently made in Port Hood, N. S., when a monument was unveiled in memory of the late Rt. Rev. Colin Chisholm for over 60 years the local Parish Priest. He was a brother of Dr. D. McL. Chisholm of Port Hood who has been 48 years in the practice of medicine in that community and in 1927 was elected to Honorary Membership in the Medical Society of Nova Scotia.

A recent air visitor to Nova Scotia was Dr. C. R. Baxter, Dalhousie 1925, of Moncton, who recently accompanied Mr. R. A. McCully of Moncton in the latter's De Haviland Gypsy Moth Plane, landing at Stellarton, later at the McDonald farm on Abercrombie Road, and again at Little Harbor. It is suggested that a service shall be established between Moncton, New Glasgow and Sydney. Dr. Baxter is very prominently connected with the Moncton Aero Club. Both the pilot, Mr. McCully and his passenger, Dr. Baxter, received an enthusiastic welcome by many people in that section of Nova Scotia. Dr. Baxter's former home was in Stellarton.



Congratulations to Mrs. Muir, wife of Dr. W. L. Muir, of Halifax, who made such a good showing in the July tournament of the Nova Scotia Women's Golf Association held in Halifax.

Dr. Nat McDonald, Sydney Mines, accompanied by his wife and family spent most of August at the Artillery Meet at Petawawa, going and coming by motor. He will be in command of the 36th Battery. We regret to learn they had quite a serious motor accident just before reaching their destination.

Dr. J. J. and Mrs. McRitchie of Goldboro, Guysboro County, took a good vacation in July and August. They spent some three weeks in Ottawa and on their return visited Mrs. McRitchie's former home in North Sydney.

Dr. George Nathanson, New York, formerly for a number of years in practice in Sydney was a recent visitor to the Steel City, the occasion being the marriage of his sister. Mrs. Nathanson had been a visitor to her former home before the Doctor's arrival.

Dr. F. S. L. Ford, C.M.G., Colonel C.A. M. C., of Toronto spent his summer vacation as usual at his former home in Milton, Queens County in July and August.

The Portuguese naval transport Gil Eames, at present serving as hospital ship to fishermen of Portugal who come to the fishing banks of the North Atlantic, spent several days in Halifax Harbour during July.

West Gore, Hants County had a number of visiting medicos on vacation in August. We noted Dr. Lena Copeland of Brockton, Mass; Dr. Annie Wallace of the School of Mental Defectives at Waverley, Mass.; and Dr. Eliza P. Brison of the Victoria General Hospital Staff, Halifax.

Early in August golfers of the Ken-Wo (Kentville and Wolfville) and Ashburn (of Halifax) Clubs met in friendly contest in which Ken-Wo took eleven out of twenty events. We are interested in some of the results.

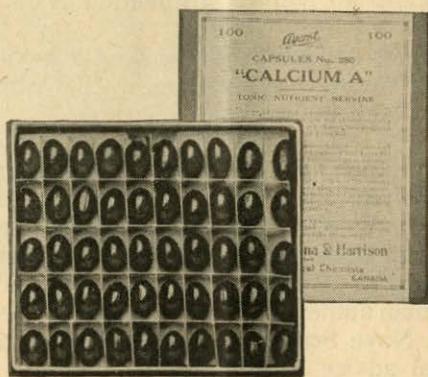
Dr. W. Alan Curry (Halifax) won.

Dr. J. A. M. Hemmeon (K. W.) won.

It is noted that the next heavy weight boxing bout may be featured by the competitors wearing abdominal supports. These would be for protection against what has hitherto been considered foul blows.



# For The 'Tired Out' Patient



VERY FAVOURABLE CLINICAL RESULTS HAVE  
BEEN OBTAINED FROM THE USE OF

*Ayerst*

## "CALCIUM A" CAPSULES

in conditions of lowered resistance and nervous exhaustion resulting from some functional disorder or from prolonged and excessive expenditure of energy.

Each capsule represents the TOTAL VITAMIN CONTENT of about one teaspoonful of an average cod liver oil and contains sufficient calcium, in addition, to furnish an important contribution to the daily requirement.

Supplied in dispensing boxes each containing 100 capsules.

*A Canadian Product by*

**Ayerst, McKenna & Harrison**

Limited

Pharmaceutical Chemists

MONTREAL - 781 WILLIAM STREET - CANADA



The newspaper publishing the announcement says,—“If Mr. Schmeling signs these articles, knowing what they mean, only one inference can be drawn; namely, that he intends to appear in the ring protected by an armored tank.” We would suggest that one might say about these fights that the “contestants would appear in the ring with their tanks protected by armor.” No slur or insinuation is intended.

Dr. R. E. Mathers of Halifax is spending a month's vacation at his favorite summer resort, Keggemakooge. By way of novelty he made a trip by airplane in less than one hour.

Efforts to permit people to refuse recognized forms of medical treatment to themselves, their families or dependents, are not yet fully killed. Recently, an effort was made in the United States Senate to amend the Criminal Code to permit exemption from this law in the case of “Persons using or depending on prayer or spiritual means for the treatment of human ailments as an enjoyment or exercise of religious freedom.” Yet, in Nova Scotia, we permit the Chiropractor to run a hospital and legal advice is against prosecution.

## FERRO-CATALYTIC

FOR THE TREATMENT OF IDIOPATHIC LOW COLOUR INDEX

### ANAEMIA

Gratifying Reports continue to be received from Canadian physicians anent the satisfactory results from the administration of Ferro-Catalytic, originated in the Frosst laboratories, for the treatment of low colour index anaemia. These reports further confirm the careful clinical work which had previously indicated the value of this preparation in those cases of anaemia which did not respond to the ordinary accepted methods of treatment.

The results of preliminary experimental work with our capsules containing iron and copper, carried out by a member of the staff of the Montreal General Hospital form the subject of a report in the Canadian Medical Association Journal, Vol. XXII, No. 2, February 1930, from which the following paragraph is quoted:

“Cases of this disease of long duration were treated with a combination of iron and copper in capsules given by mouth. Prompt improvement followed in all cases, with restoration of the blood to about its normal level.”

For use in cases where administration by capsules is unsatisfactory (as with children) Syrup Ferro-Catalytic is at the physician's service.

#### FERRO-CATALYTIC

S. E. C. No. 82 “Frosst”

<b>R</b> *Blaud.....	= 30 gr.
Copper (as Carbonate).....	1/48 gr.
Phenolphthalein.....	1/12 gr.

\*Approximately three grains of iron in the Ferrous state.

Dose:—One capsule three times daily after meals.

Boxes of fifty capsules.

*Charles E. Frosst & Co.*

MANUFACTURING PHARMACISTS SINCE 1899

MONTREAL

#### SYRUP FERRO-CATALYTIC

No. 36 “Frosst”

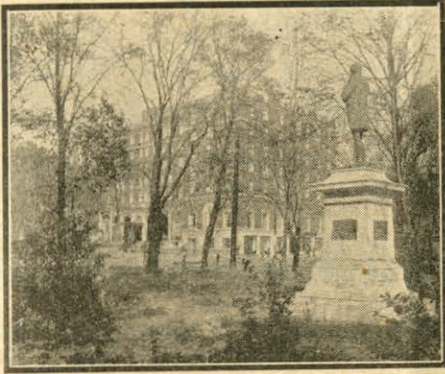
<b>R</b> Iron Glycerophosphate.....	14 gr.
Copper (as Sulphate).....	1/48 gr.
Syrup q. s. ad.....	2 dr.

Dose:—Infants and children— $\frac{1}{2}$  to 1 teaspoonful, three times daily.

Adults:—2 teaspoonfuls three times daily.

In common with iron preparations in general, syrup Ferro-Catalytic tends to cause constipation. It is suggested that a suitable laxative, such as fluid extract cascara or phenolphthalein in small doses be given to offset these effects.





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Opened by the Medical  
Society of Nova Scotia,  
Oct. 15th to 20th, 1928.

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## The Lord Nelson Hotel Halifax

The favored Hotel of professional men and tourists.

Two hundred rooms, each with private bath and outside view.

Directly facing the Public Gardens and Victoria Park. First hotel on the main motor highways to Halifax.

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Most convenient for all attending the Dalhousie Refresher Course Sept. 8th-12th, 1930.

Meeting and Dinner of the Executive of the Medical Society Thursday Afternoon and Evening September 11th, 1930

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No traffic restrictions. Free parking on the premises.

Arriving and departing guests transported by taxi without charge from the station provided they take Yellow Cabs.



Dr. A. W. Miller of New Waterford with some members of his family spent a very pleasant vacation recently among his many friends in the Margaree district of Inverness County.

Dr. P. S. Cochrane, Wolfville, is now residing on Gaspereaux Avenue, his mother residing with him.

Dr. W. H. Chase, Dalhousie 1922, of Montreal spent some time this summer visiting his former home and friends in Kings County.

Mrs. Sutherland, wife of Dr. R. H. Sutherland of Pictou, and family spent the summer vacation at her former home in Hantsport.

Among the August visitors to Sydney were Dr. Abraham Medjuck, Dalhousie 1923, and Mrs. Medjuck, formerly of that city, now of New York.

#### NOVA SCOTIA NOTES IN C. M. A. JOURNAL.

Dr. J. C. Acker has been appointed to the visiting staff of the Dalhousie Public Health Clinic.

Dr. Clyde W. Holland, of the Dalhousie faculty, has returned from a year's leave of absence in which he was engaged in graduate studies.

All of the graduates of the Dalhousie medical school who wrote the June examinations of the Medical Council of Canada were successful in passing and are now licentiates of the Council.

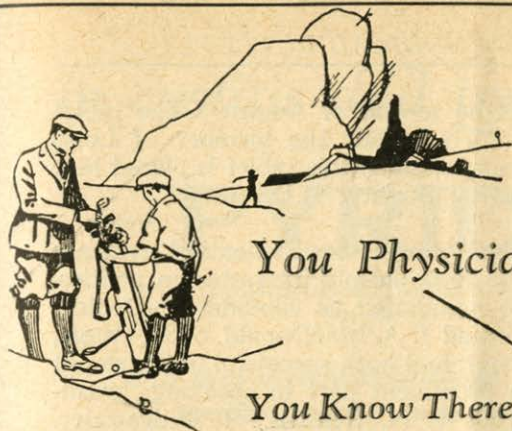
A substantial sum of money has been raised by interested friends to be expended in beautifying the grounds of the West Kings Memorial Hospital, Berwick.

Many physicians of Nova Scotia birth, who have located in other provinces or in the United States or elsewhere, have come back to visit their native province this summer.

A four storey addition to the Hamilton Memorial Hospital, North Sydney, has recently been completed. The addition, which measures 98 by 40 feet, provides for several new public and private wards and also for better accommodation for the operating rooms, x-ray rooms, and other features of a modern hospital.

The eighteenth annual meeting of the Canadian Pharmaceutical Association was held at Halifax from the fourth to the eighth of August. There was a large attendance from the several provinces. Many of the members from a distance came via Digby in order to participate in the ceremonies associated with the unveiling of a memorial to Louis





You Physicians Who Play Golf,

You Know There's a Club for Every Stroke

PHYSICIANS' BABIES  
ARE  
BETTER BABIES

Dextri-Maltose No. 1 (with 2% sodium chloride), for normal babies. Dextri-Maltose No. 2 (plain, salt free), for salt modifications by the physician. Dextri-Maltose No. 3 (with 3% potassium bicarbonate), for constipated babies. "Dextri-Maltose With Vitamin B" is now available for its appetite-and-growth-stimulating properties. Samples on request.

ALMOST any player can swing around the course with a single club, dubbing drives, lifting fairway sods and bringing home a century mark or more for the final score. But the finished golfer needs a club for every shot—a studied judgment of approach or putt before the club is selected.

Similarly in artificial infant feeding. For the normal infant, you prefer cow's milk dilutions. For the athreptic or vomiting baby, you choose lactic acid milk. When there is diarrhea or marasmus, you decide upon protein milk. In certain other situations, your judgment is evaporated milk.

Dextri-Maltose is the carbohydrate of your choice for balancing all of the above "strokes" or formulae and aptly may be compared with the nice balance offered the experienced player, by matched clubs.

To each type of formula (be it fresh cow's milk, lactic acid milk, protein milk, evaporated or powdered milk), Dextri-Maltose figuratively and literally supplies

*the nicely matched balance that gets results.*



Hebert at Annapolis Royal, on the second of August. The tablet bears the following inscription: "To honour the memory of Louis Hebert, pioneer apothecary in Canada, 1604, this tablet is placed here by the Nova Scotia Pharmaceutical Society, A.D., 1930."

The federal election campaign brought forth plentiful evidence that Bluenose physicians continue to be keenly interested in politics. While only two physicians were nominated as candidates—Doctors L. W. Johnston, of Sydney Mines and J. A. MacDonald, of St. Peters, both members of the last parliament, and both successful in the recent contest—a large number took a prominent part in speaking, broadcasting, and other activities. Dr. W. N. Rehfuss, of Bridgewater, who is never happier than when in the thick of a political contest, was unfortunately compelled to abandon the fray and enter the Victoria General Hospital for treatment. It is gratifying to learn that he is now making a good recovery from a very serious illness.

Dr. J. A. Doull, Dalhousie 1914, now Associate Professor of Epidemiology at the Johns Hopkins University, has been appointed Professor of Hygiene and Public Health at the Western Reserve University, Cleveland, in succession to Dr. R. G. Perkins. Dr. Doull is a native of New Glasgow. He served with the R. A. M. C. during the war, receiving the Military Cross and the Croix de Guerre in recognition of his services. After demobilization he obtained the D. P. H. of Cambridge, and on returning home was associated with the Provincial Department of Health for a year. He then spent two years at the Johns Hopkins School of Hygiene, where he obtained the D. P. H., and was appointed associate in Epidemiology. In 1926 he was "loaned" to the University of Rio Janeiro, and on his return to the Johns Hopkins School was given the rank of Associate Professor of Epidemiology. Since 1928 he has been in charge of the Research on the Common Cold which is being carried out under the John J. Abel Fund.

Dr. D. J. MacLean, Superintendent of the Manson State Hospital, Mass., accompanied by Mrs. MacLean, spent their August holiday in a trip to Cape Breton, being visitors at the Doctor's former home in Sydney.

Mrs. M. T. Sullivan of Halifax, with three of her sons spent a week in August at their former home in Glace Bay. Presumably "Miss Mary", Mrs. (Dr.) Meahan was hostess to the party.

Many friends in Halifax were pleased to extend greetings recently to Dr. and Mrs. M. A. Curry of Saint John, N. B. It is now eight years since Dr. Curry removed from Halifax where he had been in practice ever since graduation in 1883.



*in cystitis and pyelitis*

TRADE **PYRIDIDIUM** MARK

Phenyl-azo-alpha-alpha-diamino-pyridine hydrochloride  
(Manufactured by The Pyridium Corp.)

*For oral administration in the specific treatment  
of genito-urinary and gynecological affections.*

*Sole distributors in Canada*

**MERCK & CO. Limited** **Montreal**

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## Give the Home Company Preference

This is Your Own Insurance Company.

Other things being equal, it should have your preference.

The Maritime Life was started by Maritime Capital to fill the gap caused by the fact that there was no life insurance company with headquarters in the Maritime Provinces.

It is staffed by Maritime men.

It invests its funds so that they benefit the Maritime Provinces while in other cases these are largely drained away.

It has unsurpassed record of low premiums, attractive policies and prompt settlements.

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Vice Presidents, Dr. J. G. MacDougall, H. R. Silver;

Sec. Treas. and Actuary, Bernard Lockwood, F.F.A.



Society in Halifax was much interested in the wedding on August 12th, 1930 of Miss Hazel Reading Pearson, daughter of Mr. G. Fred Pearson of Halifax to Dr. Charles J. W. Beckwith of Kentville, N. S. Dr. Beckwith is a son of W. H. Beckwith, D.D.S. of Halifax and a graduate of the Medical College of Dalhousie in 1928. Dr. Lachlan MacPherson of St. John's, Newfoundland, Dalhousie 1929 supported the groom on this important occasion. After a motor trip over the Province the newlyweds will reside at Kentville.

A really creditable rhapsody on Empire Loyalty written by a prominent medical practitioner of Nova Scotia and published in a Halifax Daily paper was robbed of its eloquence and effectiveness by a storm of ballots on July 28, 1930. However, the essential points of the article will appeal to all good citizens.

Dr. and Mrs. D. L. McKinnon of Truro and members of their family spent some weeks in August at their summer cottage at East Lake Ainslie the Doctor's former home.

**Evening News (New Glasgow) notes.** "Dr. and Mrs. J. H. Milne and Dr. Charles Spiro are leaving to-morrow to take in some of the sessions of the Annual Gyro Convention opening there to-day." Where, please?

**How True.** It happened at a local Beach resort. He:—"It's a fine day." She: "How dare you speak to me! I do not know you from Adam." He: "*Mea Culpa.* I could not tell you from Eve."

Dr. R. W. Grant, Dalhousie 1924 after several years in hospitals in Chicago, completed recently his special course in Eye, Ear, Nose and Throat in Glasgow, Scotland. Accompanied by Mrs. Grant he spent a short vacation at the home of his parents Dr. and Mrs. William Grant of Wolfville. He is locating in Saint John, N. B.

The day following the recent election a great number of supporters of Dr. Lewis W. Johnstone of Sydney Mines assembled in the grounds of his beautiful residence there to tender their congratulations. Dr. Lewis thanked them most cordially for their support. What more could he do?—He invited them to be his guests at a local theatre party, irrespective of politics, on two subsequent days.

Elsewhere is a reference to Dr. L. G. McLaughlin of Ashland, Penn., but it was omitted that he was also making this home visit a honeymoon trip. He was married June 28th, 1930, to Miss Emily Hanburger, who was given in marriage by her Uncle, Senator R. D. Heaton of Ashland, Penn.